

So, you just bought cannabis in Cambridge.



Before you light up, read up. Know how to keep yourself (and the people around you!) healthy and safe.

1

ounce

Know how much you can carry.

You can have up to one ounce (28 grams) of cannabis flower or bud on you in public.

Have a plan for transporting your stash.

Driving? Keep your cannabis in a locked glove box or trunk, no open containers allowed.

Don't drive or bike while high.

It's still illegal (and dangerous) to drive under the influence. If you need to get somewhere, walk or use a ride-sharing service.

Know where you can and can't light up.

It's illegal to smoke cannabis in public

spaces, like parks, restaurants, bars, streets, sidewalks, and parking lots. You can smoke on private residential property.

Rental rules.

Your landlord can ban smoking or vaping in your building. They can't keep you from consuming cannabis by methods other than smoking, like edibles, oils, tinctures and ointments.

Secondhand smoke: not cool.

Cannabis smoke has many of the same cancer-causing chemicals as tobacco smoke. Don't smoke around kids or anyone who doesn't want to be exposed to smoke (it's common courtesy!).

Smart storage.

At home, make sure your cannabis is kept locked up, out of reach and out of sight. Edibles can look like regular candy or baked goods and can be tempting for kids.

Go sloooow with edibles.

Edibles can take up to four hours to kick in. If you don't feel anything at first, give it some time before ingesting another dose.

Don't mix cannabis and alcohol.

Using both at the same time can result in greater impairment than either one alone. Use with caution!