

# Pool Schedule – Spring 2024

- Children's fee must be paid from birth–17 years.
- Senior Citizen rates are for those 55 and over as well as participants with a disability with suitable documentation.
- Lap swim may be impacted from time to time for regularly scheduled swim meets.
- Proof of age must be shown when ticket or passes are purchased. MBTA card, MA Driver's License or ID accepted.
- A couple constitutes two people living at the same address. Proof must be shown by both participants.
- To purchase a family ticket all family members must have proof they live at the same address.
- To receive the resident rate on any activity proof of residence must be shown. Proof of residence is a valid MA Driver's License or ID, utility bill, or rent receipt. This is all that will be accepted.
- Please be aware that our pool is a shared space and this schedule may shift as needed.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Senior Aqua Aerobics 3:30–4:30 p.m.		Senior Aqua Aerobics 3:30–4:30 p.m.		Cambridge Synchro 8–10 a.m.	Family Swim 12:30–4:30 p.m.
Adult Lap Swim 5:30–7:45 p.m.	Adult Lap Swim 5:15–6:45 p.m.	Adult Lap Swim 5:30–7:45 p.m.	Adult Lap Swim 5:15–6:45 p.m.	Adult Lap Swim 7:30–8:45 p.m.  Effective March 22: 5:15–8:45 p.m.	Children's Swim Lessons 10 a.m. – 2 p.m.	Adult Lap Swim 12:30–4:45 p.m.
Sea Dawgs 5:15–7:30 p.m.	Family Swim 5:15–6:30 p.m. (lap pool not available)	Sea Dawgs 5:15–7:30 p.m.	Family Swim 5:15–6:30 p.m. (lap pool not available)	Family Swim 5:15–8:30 p.m. (lap pool not available)	Family Swim 2–4:30 p.m.	
Aqua Aerobics 5:30–7:45 p.m.	Cambridge Synchro 6:15–9 p.m.	Aqua Aerobics 5:30–7:45 p.m.	Cambridge Synchro 6:15–9 p.m.		Adult Lap Swim 2–4:45 p.m.	
	Masters Swim 6:45–8 p.m.	Cambridge Synchro 7–8:30 p.m.	Masters Swim 6:45–8 p.m.			