Health Care FSA Eligible Expenses

BABY/CHILD TO AGE 13

- ☐ Lactation Consultant*
- ☐ Lead-Based Paint Removal
- ☐ Special Formula*
- ☐ Tuition: Special School/Teacher for Disability or Learning Disability*
- ☐ Well Baby /Well Child Care

DENTAL

- ☐ Dental X-Rays
- ☐ Dentures and Bridges
- ☐ Exams and Teeth Cleaning
- ☐ Extractions and Fillings
- ☐ Oral Surgery
- ☐ Orthodontia (reimbursable after payment)
- ☐ Periodontal Services

EYES

- ☐ Eye Exams
- ☐ Eyeglasses and Contact Lenses
- ☐ Laser Eye Surgeries
- ☐ Prescription Sunglasses
- ☐ Radial Keratotomy

HEARING

- ☐ Hearing Aids and Batteries
- ☐ Hearing Exams

LAB EXAMS/TESTS

- ☐ Blood Tests and Metabolism Tests
- ☐ Body Scans
- ☐ Cardiograms
- ☐ Laboratory Fees
- ☐ X-Rays

MEDICAL EQUIPMENT/SUPPLIES

- ☐ Air Purification Equipment*
- ☐ Arches and Orthotic Inserts
- ☐ Contraceptive Devices
- ☐ Crutches, Walkers, Wheel Chairs
- ☐ Exercise Equipment*
- ☐ Hospital Beds*
- ☐ Mattresses*
- ☐ Medic Alert Bracelet or Necklace
- ☐ Nebulizers
- ☐ Orthopedic Shoes*
- ☐ Oxygen*
- ☐ Post-Mastectomy Clothing
- ☐ Prosthetics
- ☐ Syringes
- ☐ Wigs*

MEDICAL PROCEDURES/SERVICES

- ☐ Acupuncture
- ☐ Alcohol and Drug/Substance Abuse (inpatient treatment and outpatient care)
- ☐ Ambulance
- ☐ Fertility Enhancement and Treatment
- ☐ Hair Loss Treatment*
- ☐ Hospital Services
- ☐ Immunization
- ☐ In Vitro Fertilization
- ☐ Physical Examination (not employment-related)
- ☐ Reconstructive Surgery (due to a congenital defect, accident, or medical treatment)
- ☐ Service Animals
- ☐ Sterilization/Sterilization Reversal
- ☐ Transplants (including organ donor)
- ☐ Transportation to Medical Facility

MEDICATIONS/DRUGS

- ☐ Insulin
- ☐ Prescription Drugs
- ☐ **Over the Counter Drugs/Medicines, such as Tylenol, Advil, NyQuil, allergy, heartburn, etc.; *not* *vitamins or supplements*

OBSTETRICS

- ☐ Doulas*
- ☐ Lamaze Class
- ☐ OB/GYN Exams
- ☐ OB/GYN Prepaid Maternity Fees (reimbursable after date of birth)
- ☐ Pre- and Postnatal Treatments

PRACTITIONERS

- ☐ Allergist
- ☐ Chiropractor
- ☐ Christian Science Practitioner
- ☐ Dermatologist
- ☐ Homeopath
- ☐ Naturopath*
- ☐ Optometrist
- ☐ Osteopath
- ☐ Physician
- ☐ Psychiatrist or Psychologist

THERAPY

- ☐ Alcohol and Drug Addiction
- ☐ Counseling (not marital or career)
- ☐ Exercise Programs*
- ☐ Hypnosis*
- ☐ Massage*
- ☐ Occupational
- ☐ Physical
- ☐ Smoking Cessation Programs*
- ☐ Speech
- ☐ Weight Loss Programs* (excluding food)

The following is a high-level list of OTC items that are *not* medicine or drugs and *are eligible* for purchase with Health Care FSA Plans. *Vitamins & supplements are not eligible.*

Denture Adhesives, Repair, and Cleansers

- ☐ PoliGrip, Benzodent, Efferdent

Diabetes Testing and Aids

- ☐ Insulin, insulin syringes, Ascencia, One Touch, Diabetic Tussin, glucose products

Diagnostic Products

- ☐ Thermometers, blood pressure monitors, cholesterol testing

Elastics/Athletic Treatments

- ☐ ACE, Futuro, elastic bandages, braces, hot/cold therapy, orthopedic supports, rib belts

Eye Care

- ☐ Contact lens care
- ☐ Reading Glasses and Maintenance Accessories

Family Planning & Female Menstrual Products

- ☐ Pregnancy and ovulation kits
- ☐ Tampons/pads/sponges

First Aid Dressings and Supplies

- ☐ Band Aid, 3M Nexcare, non-sport tapes *without antiobiotic strip

Incontinence Products

- ☐ Attends, Depends, GoodNites for juvenile incontinence

For a detailed and current eligibility list, visit buyFSA or the FSA Store

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