

Resources for People Homeless in Cambridge During Extreme Summer Heat (2018)



Extreme summer temperatures can be particularly dangerous for people experiencing homelessness in our community, who are at higher risk of exposure-related conditions. If you are concerned about yourself or someone you see on the street, please contact the FirstStep Street Outreach team (see below), or call 911 if it is a medical emergency. According to the National Health Care for the Homeless Council, "awareness of the importance of keeping as cool as possible and drinking liquids during hot weather is important for prevention of heat disorders." To learn more about how to keep yourself safe in the heat, visit www.cdc.gov/disasters/extremeheat.

See these additional resources in Cambridge, to locate a place out of the heat and sun for yourself or someone else:

Medical Emergency:

Call **911** if you are experiencing a medical emergency. Or, if you are able to get to the emergency room yourself:

Cambridge Hospital

1493 Cambridge Street, Cambridge

Mount Auburn Hospital

330 Mount Auburn Street, Cambridge

Non-Emergency Medical:

Bridge Over Troubled Waters (age 14-25 only)
directly outside Harvard MBTA stop ("The Pit")

hours: Monday to Friday, 7 to 8:30pm

Cambridge Healthcare for the Homeless

617-806-8781

Free primary care clinics throughout the week offered at CASPAR Emergency Services Center, Salvation Army, and On The Rise. Call for times.

Street Outreach:

Street outreach workers can help you get out of the heat to somewhere cool, and can also assist with referrals to other services you may need.

CASPAR FirstStep

617-592-6895

hours available: 7 days a week, 2pm to midnight

First Responders:

Cambridge Police Department

CPD, along with Pro EMS, FirstStep street outreach, and other community partners, makes a concerted effort to locate and assist people on the street.

Pro EMS

Pro EMS/Pro Ambulance patrols for unsheltered individuals during extreme weather, arranging transportation to shelters and working with CPD and other partners to help at-risk people on the street.

Drop-ins:

In addition to these drop-in programs, many public buildings are accessible to the community during the day for short relief from the weather.

Access: Drug User Health Program

359 Green Street, Cambridge

617-661-3040

hours: Monday, Tuesday, Wednesday and Friday, 9am to 5pm; Thursday, 9am to 2pm

For people who use injection drugs.

CASPAR Emergency Services Center

240 Albany Street, Cambridge

617-661-0600

hours: Monday to Friday, 9am to 5pm

Open during the day to individuals who are night-time guests at the shelter.

Citywide Senior Center

806 Massachusetts Avenue, Cambridge

617-349-6060

hours: Monday, 8:30am to 8pm; Tuesday to Thursday, 8:30am to 5pm; Friday from 8:30am to 3pm; Saturday and holidays from 8:30am to 1pm

For people age 60 and older.

On The Rise (women only [self-identified gender])

341 Broadway, Cambridge

617-497-7968

hours: Monday, Tuesday, Thursday, and Saturday, 8am to 2pm; Wednesday and Friday, 8am to 4pm

Intake required to assess client's fit for program.

Salvation Army

402 Massachusetts Avenue, Cambridge

617-547-3400

hours: Monday to Friday, 8:30am to 3:30pm; Saturday, 11:30am to 1pm; Sunday, 1 to 3pm

Youth On Fire (age 14 to 24 only)

1 Church Street (basement), Cambridge

617-661-2508

hours: Monday, Wednesday, and Friday, 11am to 5:45pm