



Hey kids!

Ready, set, go!

Do you love to ride your bike and run? Compete in the **third annual, kids only duathlon** with biking and running in and around CambridgeSide Galleria! Run & Ride at CambridgeSide is for kids ages 5-15 years old, with **prizes, race T-shirts, giveaways, entertainment and more.** Race with your friends and make new friends - sign up for Run & Ride at CambridgeSide today!

Sunday, July 29, 2012

8:30am Registration • 10am Event Begins

**CambridgeSide Galleria
100 CambridgeSide Place
Cambridge, MA**

**Pre-register today at
www.shopcambridgeside.com**

FREE family fun!

Help a child turn a page.
Bring a new, unused school supply item
for donation to East End House.



Join us for

Family Fun!

StoryWalk, Entertainment, Treats & More

This is a USAT sanctioned duathlon event. Races will not be timed. Course is handicap accessible. Children ages 5 and 6 will participate in run only. Helmets are required and must be CPSC certified – check the inside of your helmet! All bicycle handle bar ends must be plugged. Bicycles will be available on a first come, first serve basis if needed.

For more information, please email csginfo@nedevdevelopment.com or call 617.621.8668.

Parent/Guardian must present photo identification at event and must attend for duration of event with child(ren).



City of Cambridge
Department of Human
Service Programs

CAMBRIDGE PUBLIC HEALTH DEPARTMENT



Cambridge Health Alliance



URBAN ADVENTOURS
BOSTON'S DOWNTOWN BIKE SHOP
TOURS • RENTALS • SALES



100 CambridgeSide Place | Cambridge, MA
617.621.8666 | www.shopcambridgeside.com



Conveniently located at the Lechmere (T) on the Green Line or take our FREE shuttle bus from Kendall Square (T) on the Red Line.

Let's Move was launched by First Lady Michelle Obama.