

# Cambridge Middle School Network



## 2019 Winter/Spring Resource Guide for 6th, 7th, and 8th Graders



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[www.agendaforchildrenost.org](http://www.agendaforchildrenost.org)

## About This Resource Guide:

1. Afterschool opportunities for middle schoolers happen all over the city- at Upper School campuses, at City Youth Centers, at local non-profits, and businesses. This guide brings all of these opportunities together in one place.
2. The information is subject to change – for the most current and accurate information, please contact each program/opportunity directly.
3. There is no guarantee of available space, even if you apply before the deadline listed.
4. Opportunities are listed by neighborhood/location, but are available to youth throughout Cambridge unless otherwise noted.
5. The Cambridge Middle School Network (MSN) is *not* responsible for the administration of any of the opportunities listed in this Guide and strives for accuracy in all of the information provided.

## Looking for more info about resources or programs in Cambridge?

Go to [www.finditcambridge.org](http://www.finditcambridge.org)

All ages, all differing kinds of resources, all in one place.



## ABOUT MSN

The Middle School Network (MSN), a program from Cambridge Agenda for Children Out-of-School Time, aims to ensure the equitable access and engagement of middle school youth in out-of-school time experiences in Cambridge.

Cambridge Agenda for Children Out-of-School Time is a citywide intermediary situated in both the City's human services and school departments.

For any questions about the Middle School Network, or being included in this Resource Guide, please contact Annie at the email address below.

## CONTACT

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[annie@agendaforchildrenost.org](mailto:annie@agendaforchildrenost.org)  
617.349.6017



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Cambridge Synchro  
Cambridge Jets Track Club  
Title IX Girls Running Club  
Cambridge Police Youth Boxing Program  
Olympia Fencing  
Bay State Fencers  
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# After School in Cambridge Upper Schools

## What You Should Know

**FACT #1:** In 6-8th grade, it's helpful for young people to have an everyday routine, a place to do homework and a supported social space with friends after the school day.

**FACT #2:** Middle school is also an important time for young people to try NEW activities, expand their horizons, discover their talents and figure out who they are and what they want for their future. It is a time when many young people start specializing in one or more areas that they are truly beginning to love.

**FACT #3:** Cambridge middle schoolers overwhelmingly enjoy their experiences in summer and after school programs, even if they are hesitant at first about joining something new.\* Sitting at home won't help you discover your talents and new friends!

The system of opportunities in Cambridge is designed so that young people don't have to choose between trying new activities and having an everyday afterschool routine – **they can mix & match.**

### Group 1: Everyday After School

These are youth centers that operate five days a week, offer a wide range of different activities, and have some type of homework support and can be helpful to establish an every day after school routine. They are not at the school site (on-site clubs are usually 1-2 days/week) but some are very close to school campuses.

Examples: Russell Youth Center, Cambridge Community Center, Moses Youth Center, East End House, Community Arts Center

### Group 2: Specialty Opportunities

These are opportunities, usually once or twice a week, in a range of locations that focus on more specific type of experiences. Clubs and Intramurals at Upper School Campuses fall in this category because they are usually 1-2 times a week.

Examples: Girls Media Program, Clubs and Intramurals at Upper Schools, Cambridge Youth Boxing, Beats by Girlz, City Step, Cambridge PRIDE, Science Club for Girls, Maud Morgan

All of these places would be happy to see you everyday, but they also want you to try new things – so you can go to a different program one day a week and the youth center other days – they are designed to be mixed & matched.

...which allows you to try a few more specialty activities (clubs, etc) & go to the youth center on other days

MON.	TUE.	WED.	THUR.	FRI.
Walk	@RAUC	Walk	School Bus	Walk
Go to Gately Youth Center	IM Volleyball	Go to Gately Youth Center	School Bus to YMCA Boxing	Go to Gately Youth Center
Walk or Pick Up	Late Bus Home	Walk or Pick Up	Pick Up	Walk or Pick Up

\*See recent report on *Engaging Middle School Youth in Cambridge* at [www.agendaforchildrenost.org/publications](http://www.agendaforchildrenost.org/publications)





# After School (continued)

## Transportation

**FACT #1:** Students who take the school bus home **can arrange to have the school bus drop them off at a different location** (see list of stops below). Most specialty opportunities are within a short walk from one of those stops.

**FACT #2:** **All Upper Schools run a late bus** that can take students home after intramurals or clubs (usually around 4:30pm, Tues-Thurs). It is possible to drop students off at/near youth centers instead of at home, so young people can join late afternoon programming until they have to be home, or can be picked up.

**FACT #3:** If your child does not normally ride a school bus, **they still may be able to arrange to take a school bus** to one of the stops listed (as long as space on the bus is not an issue; please work with your school clerk to arrange).

**FACT #4:** It can take multiple steps to arrange transportation and go to multiple programs, **but it is worth it!** You don't want to miss out on all the activities happening across the city.

### AVAILABLE LATE BUS STOPS

- King Open School, 850 Cambridge Street
- Kennedy-Longfellow School, 158 Spring Street (temporary CSUS)
- 60 Wadsworth Street
- Fletcher Maynard Academy, 225 Windsor Street
- Cambridgeport School, 89 Elm Street
- Area 4 Youth Center, 243 Harvard Street
- Old Longfellow School, 359 Broadway (temporary King School)
- Cambridge Rindge and Latin School, 459 Broadway
- YMCA, 820 Massachusetts Avenue
- Audrey Street & Vassar Street
- Amigos School, 15 Upton Street
- Morse School, 40 Granite Street
- King School, 100 Putnam Avenue
- Mt. Auburn Street & Brewer Street
- Baldwin School, Oxford Street
- Graham & Parks, 44 Linnaean Street
- Walden Square Apartments
- Peabody School, 70 Rindge Avenue
- Rindge Towers, 362 Rindge Avenue
- Haggerty School, 110 Cushing Street
- Tobin School, 197 Vassal Lane

## Not Sure About Where to Start?

Each Upper School has a designated person for young people and families to talk to about afterschool and summer options. If you need some help figuring out the best situation for your family, or if you aren't sure how to make these opportunities possible for your child, please reach out to your school clerk to ask who can help. Listings of school-based staff can also be found at [www.agendaforchildrenost.org/msn-resources.html](http://www.agendaforchildrenost.org/msn-resources.html)



Agenda for Children | Middle School Network  
51 Inman Street, Cambridge, MA 02139  
[www.agendaforchildrenost.org](http://www.agendaforchildrenost.org)

# Afterschool Planning Tool

P.	Grade	Start Date	Mon	Tue	Wed	Thur	Fri	Sat	Sun	\$	Page # in Guide
EVERYDAY AFTERSCHOOL PROGRAMS (5 DAYS/WEEK)											
Middle School Program @ Moses Youth Center (CYP)	6, 7, 8	Sept 4th	X	X	X	X	X			no cost	p. 9
Middle School Program @ Frisoli Youth Center (CYP)	6, 7, 8	Sept 4th	X	X	X	X	X			no cost	p. 9
Middle School Partnership @ Gately Youth Center CYP	6, 7, 8	Sept 4th	X	X	X	X	X			no cost	p. 9
Middle School Program @ Russell Youth Center (CYP)	6, 7, 8	Sept 4th	X	X	X	X	X			no cost	p. 10
The Work Force-- Multiple Sites	6, 7, 8	rolling	X	X	X	X	X			no cost	p. 10
Community Art Center: Upper School Program	6, 7	mid Sept	X	X	X	X	X			\$20/day	p. 10
Cambridge Community Center	6	Sept 4th	X	X	X	X	X			\$110/wk	p. 11
East End House Middle School Program @ PAUS	6, 7, 8	rolling	X	X	X	X	X			no cost	p. 11
SPECIALTY OPPORTUNITIES (1-2 DAYS/WEEK)											
Academic Support & Enrichment											
Tutoring Plus @ CSUS	6, 7, 8	Oct 2nd		X		X				no cost	p. 11
Tutoring Plus @ Fresh Pond Apartments	6, 7, 8	Oct 1st	X		X					no cost	p. 11
Cambridge School Volunteers (CSV) Learning Centers	6, 7, 8	October		X	X	X				no cost	p. 11
Club Z! Tutoring	6, 7, 8	Ongoing	Days & times are flexible							varies	p. 12
Middle School Activities Club (CYP)	6, 7, 8	Ongoing					X	X		varies	p. 12
Real Talk	6, 7, 8	Mar 11th	X							no cost	p. 12
Leadership Development											
Agassiz Baldwin Youth Employment Program	6, 7, 8	Jan	X	X	X	X	X			paid	p. 12
Girls Only Leadership Development Program (GOLD)	8	Nov 7th			X					no cost	p. 13
Salvation Army: Bridging the Gap	6, 7, 8	Ongoing	X		X					no cost	p. 13
The Neighborhood Service Project	8	February	Days of the week vary							paid	p. 13
Teen Snow Shoveling Project	8	December	Days vary- depending on snowstorms							paid	p. 13
Performing Arts (Dance, Music, Theatre)											
CityStep	6, 7, 8	Oct 1st		Days of the week vary						no cost	p. 14
Jose Mateo Ballet Company	6, 7, 8	Jan 3rd				X				\$150	p. 14
Boston Mobile Dance Studio	6, 7, 8	Ongoing	Classes happen on every day of the week							\$15/class	p. 14
Dance Complex	6, 7, 8	Ongoing	Classes happen on every day of the week							\$15/class	p. 14
Fresh Pond Ballet School	6, 7, 8	Jan 7th	Day depends on level class you join							\$420	p. 15



# Afterschool Planning Tool

PROGRAM NAME	Grade	Start Date	Mon	Tue	Wed	Thur	Fri	Sat	Sun	\$	Page # in Guide
Performing Arts (Dance, Music, Theatre)											
North Cambridge Family Opera Sci. Festival Chorus	6, 7, 8	January			X					no cost	p. 15
School of Honk Street Band	6, 7, 8	Ongoing							X	no cost	p. 15
Cambridge Arts Academy	6, 7, 8	Ongoing	Classes happen on every day of the week							varies	p. 15
New School of Music	6, 7, 8	Sept 10	Days vary (Monday- Saturday)							varies	p. 15
Repertory Chorus	6, 7, 8	Feb 2nd						X		\$475	p. 16
HARMONY Mentoring	6, 7, 8	Feb 1st	Days of lessons vary							no cost	p. 16
CPS All-City Ensembles: Band, Chorus, & Orchestra	6, 7, 8	October			X					no cost	p. 16
ImprovBoston Afterschool Laughter School	6, 7, 8	early Oct		X				X		\$250	p. 16
Beyond the 4th Wall Rising Starts Theatre Classes	6, 7, 8	Sept 15						X		\$350	p. 17
Visual/ Media Arts											
Teen Program @ Community Art Center	8	mid Sept	Days vary- contact program for details							no cost	p. 17
Maud Morgan Arts	6, 7, 8	Jan 7th	X	X	X	X	X	X		varies	p. 17
Girls Media Program	6, 7, 8	Mar 6th			X					no cost	p. 17
Sports/ Athletic											
Premier Hoops	6, 7, 8	Dec 1st					X	X		varies	p. 18
Shoot Straight	6	Jan 5th						X		\$35	p. 18
Cambridge Baby Falcons Basketball Program	6, 7, 8	February						X		no cost	p. 18
Women's Volleyball @ the Moses	8	Jan 8th		X						no cost	p. 18
Tennis Lessons @ War Memorial	6, 7, 8	Jan 5th						X		\$70	p. 18
Cambridge Youth Soccer (Winter Indoor League)	6, 7, 8	January				X				no cost	p. 19
Cambridge Youth Soccer (In-town League)	6, 7, 8	April 6th	Practice schedule TBD						X	\$110	p. 19
Cambridge Youth Soccer (BAYS Travel Soccer)	6, 7, 8	April 6th	Practice and game schedule TBD							\$100	p. 19
Cambridge Girls Softball- Winter Clinic	6, 7, 8	Dec 1st						X		\$75-125	p. 19
Central Cambridge Little Baseball League	6, 7, 8	mid-April	Varies			Varies				\$85	p. 20
East Cambridge Little Baseball League	6, 7	Mar 1st	Days vary							\$30-60	p. 20
North Cambridge Little Baseball League	6, 7, 8	mid-April	Practice and game schedule TBD							TBD	p. 20
West Cambridge Little Baseball League	6, 7, 8	April 20	Practice and game schedule TBD							TBD	p. 20
Swimming Lessons @ War Memorial	6, 7, 8	Jan 5th						X		\$70-80	p. 20
Sea Dawgs Swim Team @ War Memorial	6, 7, 8	Mar 25th	X		X		X			\$150	p. 21

# Afterschool Planning Tool

PROGRAM NAME	Grade	Start Date	Mon	Tue	Wed	Thur	Fri	Sat	Sun	\$	Page # in Guide
Sports/ Athletic											
Cambridge Synchro	6, 7, 8	Jan 5th			X			X		\$135+	p. 21
Cambridge Jets Track Club	6, 7, 8	November	X		X			Meets		\$250	p. 21
Title IX Girls Running Club	6, 7, 8	Feb 10th							X	\$200	p. 21
Cambridge Police Youth Boxing Program	6, 7, 8	Ongoing		X		X				no cost	p. 22
Olympia Fencing	6, 7, 8	Ongoing		X		X		X		varies	p. 22
Bay State Fencers	6, 7, 8	Jan 3rd		X		X				\$80-95/ month	p. 22
Kenpo Karate @ War Memorial	6, 7, 8	Jan 5th						X		\$170	p. 22
New England Aikikai	6, 7, 8	Ongoing		Classes offered on variety of days						\$115-125/m	p. 23
Jae H. Kim Taekwondo	6, 7, 8	Ongoing	Classes offered on variety of days							\$579	p. 23
Parkour Generations Boston	6, 7, 8	Ongoing		Days & times vary						varies	p. 23
BKBeasts Climbing Club Team	6, 7, 8	Ongoing		X		X				\$300/m	p. 23
STEM											
Innovators for Purpose: Saturdays @ MIT	7, 8	Oct 6th						X		no cost	p. 24
IfP: Robots that make a difference	7, 8	Feb 26th		X						no cost	p. 24
Girls Who Code	7, 8	Jan 16th			X					no cost	p. 24
Youth Cities March-to-May Bootcamp	6, 7, 8	March						X		\$475	p. 24
City Sprouts: Vertical Farm Club	6, 7, 8	early Oct		X	X					no cost	p. 25
Bio-Coding Club with the Broad Institute	6	Jan 30th						X		no cost	p. 25
Science Club for Girls	6, 7, 8	Mar 2nd						X		no cost	p. 25
Flagship Clubhouse	8	Ongoing			Open Wed-Sat, drop-in					no cost	p. 25
At Upper Schools											
Clubs at Upper Schools	6, 7, 8	Oct. 3rd		X	X	X				no cost	p. 26
Intramural Sports	6, 7, 8	Oct. 3rd		X	X	X				no cost	p. 26
Academic Resource Centers	6, 7, 8	Oct. 3rd		X	X	X				no cost	p. 26
East End House Middle School Program @ PAUS	6, 7, 8	Sept 24	X	X	X	X	X			no cost	p. 11
Tutoring Plus @ CSUS	6, 7, 8	Oct 2nd		X		X				no cost	p. 11
Cambridge School Volunteers (CSV) Learning Centers	6, 7, 8	October		X	X	X				no cost	p. 11
City Sprouts: Vertical Farms Club	6, 7, 8	early Oct		X	X					no cost	p. 25



# Everyday Afterschool Centers (4-5 days/week)

## Middle School Program at Moses Youth Center



September 4th- June 14th  
 \*Open during Feb and April vacations  
 2-6pm, Monday- Friday  
 \*Every day commitment not required  
 MOSES YOUTH CENTER  
 243 HARVARD STREET, CAMBRIDGE MA 02139  
 NICOLE RODRIGUEZ | 617-349-6262  
 NRODRIGUEZ@CAMBRIDGEMA.GOV  
 TRACIE BROTHERS  
 TBROTHERS@CAMBRIDGEMA.GOV

### Primary Program Activities:

Young people have a voice in what the program can offer:

- Homework assistance
- Healthy snacks
- Leadership development
- Girls/boys group programming
- Community service opportunities
- Arts and crafts
- Basketball leagues
- Event planners
- Cooking
- Theatre, fashion & dance
- STEM programming

**Grades/Ages Served:** Grades 6-8

**Eligibility:** Cambridge residents

**To Enroll:** Download registration form:  
<https://www.cambridgema.gov/~media/Files/DHSP/youthcenterprograms/MSAC/MsacApp.pdf?la=en> OR pick up and return form to any of Cambridge's 5 Youth Centers.

**Enroll by:** Contact director to find out about current openings

**Cost:** None for 6th-8th graders

**For more information:**  
[www.cambridgema.gov/dhsp/area4](http://www.cambridgema.gov/dhsp/area4)

## Middle School Program at Frisoli Youth Center



September 4th- June 14th  
 \*Open during Feb and April vacations  
 2-6pm, Monday- Friday  
 \*Every day commitment not required  
 FRISOLI YOUTH CENTER  
 61 WILLOW STREET, CAMBRIDGE MA 02141  
 (BEHIND CSUS/ KING OPEN SCHOOL)  
 VANESSA FISHER | 617-349-7746  
 VFISHER@CAMBRIDGEMA.GOV  
 MARLEES WEST | MWEST@CAMBRIDGEMA.GOV

### Primary Program Activities:

Frisoli offers young people an opportunity to have a voice and take leadership.

- Homework assistance
- Healthy snacks
- Leadership development
- Girls/boys group programming
- Community service opportunities
- Arts and crafts
- Dance, theatre, fashion
- Cooking

Frisoli culture is focused around: Family, a Judgement Free Zone, Healthy Lifestyle, Motivation, the Arts, & Experiential Learning

**Grades/Ages Served:** Grades 6-8 (Grades 4-5 in pre-teen program)

**Eligibility:** Cambridge residents

**To Enroll:** Download registration form:  
<https://www.cambridgema.gov/~media/Files/DHSP/youthcenterprograms/MSAC/MsacApp.pdf?la=en> OR pick up and return form to any of Cambridge's 5 Youth Centers.

**Enroll by:** Contact director to find out about current openings

**Cost:** None for 6th-8th graders

**For more information:**  
[www.cambridgema.gov/dhsp/frisoli](http://www.cambridgema.gov/dhsp/frisoli)



## Middle School Partnership Program at Gately Youth Center



September 4th- June 14th  
 \*Open during Feb and April vacations

2-6pm, Monday- Friday  
 \*Every day commitment not required

GATELY YOUTH CENTER  
 70R RINDGE AVE, CAMBRIDGE MA 02140  
 (BEHIND RAUC/ PEABODY SCHOOL)  
 BO LEMBO | RLEMBO@CAMBRIDGEMA.GOV  
 MELINDA MAXWELL | 617-349-6277  
 MMAXWELL@CAMBRIDGEMA.GOV

### Primary Program Activities:

- Specialized homework help
- Healthy snacks
- Sports
- Arts
- Science
- Social activities
- Field trips
- Cultural exploration

**Grades/Ages Served:** 6th- 8th grades

**Eligibility:** Cambridge residents

**To Enroll:** Download registration form:  
<https://www.cambridgema.gov/~media/Files/DHSP/youthcenterprograms/MSAC/MsacApp.pdf?la=en> OR pick up and return form to any of Cambridge's 5 Youth Centers.

**Enroll by:** Contact director to find out about current openings

**Cost:** None for 6th-8th graders

**For more information:**  
[www.cambridgema.gov/dhsp/gately](http://www.cambridgema.gov/dhsp/gately)



<b>SB</b>	School-based
<b>CW</b>	Citywide
<b>EC</b>	East Cambridge
<b>WC</b>	West Cambridge
<b>NC</b>	North Cambridge
<b>PT</b>	The Port
<b>KM</b>	Kendall Square / MIT
<b>CR</b>	Coast/Riverside
<b>MC</b>	Mid-Cambridge/Harvard
<b>SO</b>	Somerville
<b>BO</b>	Boston
<b>FREE</b>	No cost

# Everyday Afterschool Centers (continued)

## Middle School Program at Russell Youth Center



September 4th- June 14th  
\*Open during Feb and April vacations  
2-6pm, Monday- Friday  
\*Every day commitment not required

RUSSELL YOUTH CENTER  
680 HURON AVE, CAMBRIDGE MA 02138  
NELITA DEPINA | 617-349-6314  
NDEPINA@CAMBRIDGEMA.GOV  
GREG GREEN | 617-349-6292  
GGREEN@CAMBRIDGEMA.GOV

### Primary Program Activities:

Russell offers young people an opportunity to have a voice and take leadership.

- Homework assistance
- Healthy snacks
- Leadership development
- Girls/boys group programming
- Community service opportunities
- Arts & crafts
- Sports
- Event planners
- Cooking
- Dance, theatre, and fashion
- STEM programming

**Grades/Ages Served:** 6th-8th grades

**Eligibility:** Cambridge residents

**To Enroll:** Download registration form:  
<https://www.cambridgema.gov/~media/Files/DHSP/youthcenterprograms/MSAC/MsacApp.pdf?la=en> OR pick up and return form to any of Cambridge's 5 Youth Centers.

**Enroll by:** Contact director to find out about current openings

**Cost:** None for 6th-8th graders

**For more information:**  
[www.cambridgema.gov/dhsp/russell](http://www.cambridgema.gov/dhsp/russell)

## The Work Force



Mid-September through June  
\*Second semester starts February 25th  
3:00-5:30pm, Monday-Friday  
FOUR LOCATIONS AROUND CAMBRIDGE:

**119 WINDSOR STREET**, CAMBRIDGE 02139  
(COMMUNITY CENTER BASEMENT)  
MANOUCHECA LORD | 617-499-7107  
MJULCE@CAMBRIDGE-HOUSING.ORG

**CAMBRIDGE RINDGE AND LATIN SCHOOL**  
459 BROADWAY, CAMBRIDGE 02138  
AYESHA WILSON | 857-235-9923  
AWILSON@CAMBRIDGE-HOUSING.ORG

### ROOSEVELT TOWERS

14 ROOSEVELT TOWERS, CAMBRIDGE 02141  
BRYAN ZULUAGA | 617-499-7169  
BZULUAGA@CAMBRIDGE-HOUSING.ORG

**JEFFERSON PARK**, CAMBRIDGE 02140  
ELKA ULCHMAN | 617-499-7110  
EUCHMAN@CAMBRIDGE-HOUSING.ORG

### Primary Program Activities:

- Five year curriculum that works towards personal empowerment, academic achievement and economic mobility for students
- Employment mentoring through paid afterschool jobs
- On-site homework help and tutoring
- Individual case management that includes parents and teachers
- College tours

**Grades/Ages Served:** 8th- 12th grades

**Eligibility:** Cambridge Housing Authority or Section 8 Residents only

**To Enroll:** Visit site **or** download application at <http://chaworkforce.org/for-current-students-and-parents/forms>

**Enroll by:** First come, first serve, young people can join anytime throughout their 8th grade year

**Cost:** None

**For more information:**  
<http://chaworkforce.org/>



## Community Art Center: Upper School Program



Mid September- June  
\*Open during Feb and April vacations  
2-6pm, Monday- Friday

119 WINDSOR STREET, CAMBRIDGE MA 02139  
MARIE FRANCE ST GERMAIN | 617-868-7100  
MFRANCE@COMMUNITYARTCENTER.ORG

### Primary Program Activities:

- Artistic Growth, Personal Development and Community Engagement; learn to become creative problem solvers through hands-on arts curriculum
- Classes cover disciplines including the visual arts, dance, theater and media arts
- Junior Leadership Groups and intermediate level arts classes prepare pre-teens for success in high school and beyond

**Grades/Ages Served:** Ages 9-12

**To Enroll:** Contact Marie France

**Enroll by:** Anytime

**Cost:** \$20.71/day, scholarships available, vouchers accepted

### For more information:

<http://www.communityartcenter.org/#lsacc/c1q8g>



<b>SB</b>	School-based
<b>CW</b>	Citywide
<b>EC</b>	East Cambridge
<b>WC</b>	West Cambridge
<b>NC</b>	North Cambridge
<b>PT</b>	The Port
<b>KM</b>	Kendall Square / MIT
<b>CR</b>	Coast/Riverside
<b>MC</b>	Mid-Cambridge/Harvard
<b>SO</b>	Somerville
<b>BO</b>	Boston
<b>FREE</b>	No cost



# Everyday Afterschool Centers (continued)

## Cambridge Community Center

CR

September 4th - June 21st

\*Open during school vacations & holidays

2-6pm, Monday- Friday

\*Every day commitment not required, but recommended

5 CALENDAR STREET, CAMBRIDGE MA 02139

RACHEL KINCH | 617-547-6811

RACHELK@CAMBRIDGECC.ORG

### Primary Program Activities:

- Karate
- Cooking
- Girls group
- Boys group
- Sports

**Grades/Ages Served:** 4th- 6th grades

**To Enroll:** Download forms or fill out online at <http://www.cambridgecc.org/enrollment.html>

**Enroll by:** Anytime!

**Cost:** \$110/week, scholarships available, vouchers accepted

### For more information:

<http://www.cambridgecc.org/enrollment.html>

## East End House Middle School Program

CR

SB

FREE

September 24th - June

2:55-5:30pm, Monday- Friday

\*Youth are required to participate at least 3 days/ week

PUTNAM AVE UPPER SCHOOL

100 PUTNAM AVE, CAMBRIDGE MA 02138

CHRISTINE DEL VECCHIO | 617-876-4444

CHRISTINE@EASTENDHOUSE.ORG

### Primary Program Activities:

- Homework help
- Sports & fitness
- Student-driven clubs
- Cooking

**Grades/Ages Served:** Grades 6-8

**To Enroll:** Fill out enrollment packet and entrance interview. Contact Christine, or stop by EEH or PAUS to get the enrollment packet.

**Enroll by:** Rolling enrollment- currently still enrolling PAUS students

**Cost:** None

### For more information:

<http://eastendhouse.org/programs-and-services/middle-school-program>

# Academic Support & Enrichment (1-2 days/week)

## Tutoring Plus @ CSUS & Fresh Pond Apartments

EC

NC

SB

FREE

Week of October 1st- Week of June 3rd

5-7pm, Tuesday & Thursday (CSUS)

5:30-7:15, Mon & Wed (Fresh Pond)

TWO LOCATIONS:

### CAMBRIDGE STREET UPPER SCHOOL

158 SPRING ST, CAMBRIDGE MA 02141

### FRESH POND APARTMENTS

364 RINDGE AVE, CAMBRIDGE MA 02140

ERICA TALAMO | 857-266-7960

TALAMO@TUTORINGPLUS.ORG

### Primary Program Activities:

- 1-on-1 tutoring and mentoring
- Develop academic skills; improve grades; and become stronger, more confident students

**Grades/Ages Served:** 6th- 8th grades

**Eligibility:** Cambridge residents only

The Fresh Pond location is giving priority to students who live in the Fresh Pond Apartments at Rindge Ave.

**To Enroll:** Returning families will be mailed a registration packet, new families can register online or come to the office to pick up a registration packet in the Fall.

**Enroll by:** Call to see if there is space. Program may be full, but you can add yourself to the waitlist.

**Cost:** None

### For more information:

<https://tutoringplus.org/tutoring-programs/1-on-1-programs/>



## Cambridge School Volunteers (CSV) Learning Centers

CW

SB

FREE

October- May

3:00-4:15pm, Tuesday- Thursday

LOCATION: AT EACH UPPER SCHOOL

KASEY APPLEMAN | 617-349-6794

KAPPLEMAN@CPSD.US

### Primary Program Activities:

- Upper School Learning Centers serve students in grades 6-8 at all Upper Schools (including the Amigos School) and provide individual academic support services via on-to-one tutoring.
- Programs are developed and coordinated by CSV staff and Upper School staff collaboratively.

**Grades/Ages Served:** 6th- 8th grades

**To Enroll:** Talk to your Upper School teacher, referral required for student enrollment. Spots are limited- referral does not guarantee enrollment.

**Enroll by:** April

**Cost:** None

### For more information:

<http://www.csvinc.org>

SB

School-based

CW

Citywide

EC

East Cambridge

WC

West Cambridge

NC

North Cambridge

PT

The Port

KM

Kendall Square / MIT

CR

Coast/Riverside

MC

Mid-Cambridge/Harvard

SO

Somerville

BO

Boston

FREE

No cost

## Academic Support & Enrichment (continued)

### Club Z! Tutoring

**CW**

Ongoing

Days and times are flexible

AT YOUR HOME OR AT A CAMBRIDGE PUBLIC LIBRARY BRANCH

CELENE BEWSHER | 617-245-2507

CBEWSHER@CLUBZTUTORING.COM

**Primary Program Activities:** Customizable individual tutoring programs, including:

- **Singapore Math Program** encourages active thinking process, communication of mathematical issues, and problem solving in real world contexts
- **Academic Subject Tutoring** follows the school curriculum in the respective subject
- **Individualized study skills** such as time management, concentration and memory, test preparation and anxiety, organization skills, and more

**Grades/Ages Served:** 1st- 12th grades

**To Enroll:** Contact Celine by phone or email to enroll

**Enroll by:** Call to see if there is space

**Cost:** Varies based on level and program length, usually starts at \$64/hour

**For more information:**

[www.clubztutoring.com/cambridge](http://www.clubztutoring.com/cambridge)

### Middle School Activities Club (sponsored by Cambridge Youth Programs)

**CW**

Most activities occur on Fridays and Saturdays, but each activity will have a different schedule and may include early release days and some evenings.

LOCATION VARIES BY ACTIVITY

PATRICIA BRADSHAW | 617-349-1289

PBRADSHAW@CAMBRIDGEMA.GOV

**Primary Program Activities:** Structured

social events, activities, and field trips designed for middle school youth to have experiences with peers

Some activities use the youth center vans for transportation and provide transportation from the youth centers.

**Grades/Ages Served:** 6th- 8th grades

**Eligibility:** Cambridge residents

**To Enroll:** Registration forms are available at the City's 5 youth centers or 5 upper schools, or you can download it at <https://www.cambridgema.gov/~media/Files/DHSP/youthcenterprograms/MSAC/MsacApp.pdf?la=en>

**Enroll By:** For each activity, register one week before the event

**Cost:** Varies by activities; some activities are no cost.

**For more information:**

<https://www.cambridgema.gov/DHSP/programsforkidsandyouth/youthcenterprograms/MSAC>

### Real Talk

**PT** 

March 11th- May 6th  
5-7pm, Monday

225 WINDSOR STREET, CAMBRIDGE 02139

ERICA TALAMO | 617-349-6588 x 421

TALAMO@TUTORINGPLUS.ORG

**Primary Program Activities:** Participate in discussions and activities facilitated by high school peer leaders and the program leader focused on breaking down masculinity, healthy relationships, media messages, and future planning.

**Grades/Ages Served:** 6th- 8th grades

**Eligibility:** For male-identifying middle school students

**To Enroll:** Families can pre-register online at [www.tutoringplus.org](http://www.tutoringplus.org). Tutoring Plus staff will reach out to give families the full registration materials before youth can start participation in our programs. Families can also come into our main office to fill out registration materials in person.

**Enroll by:** Programs are filled on a first-come, first-served basis. Call to check availability.

**Cost:** None

**For more information:**

<https://tutoringplus.org/enrichment-programs/gender-programs/>

## Leadership Development (1-2 days/week)

### Agassiz Baldwin Community Youth Employment Program (YEP)- Teacher Training Program

**MC** 

Winter session: January- March

Spring session: April- June  
2-5:30pm, Monday- Friday

TWO LOCATIONS:

AGASSIZ BALDWIN COMMUNITY CENTER  
20 SACRAMENTO ST, CAMBRIDGE 02138 OR  
MARIA BALDWIN SCHOOL

85 OXFORD ST, CAMBRIDGE, MA 02138

JESS LEACH | 617-349-6287 x28

YEP@AGASSIZ.ORG

**Primary Program Activities:** teachers in training

**Grades/Ages Served:** 6th- 8th grades


**To Enroll:** Fill out the application online and submit it by December 14th. Ask your parent or guardian to fill out the permissions. Interview for the position (we will schedule a phone interview with you).

**Enroll by:** December 14th for winter session, March 14th for spring session

**Cost:** None

**For more information:**

<http://agassiz.org/childrens-programs/teen-programs/>

<b>SB</b>	School-based
<b>CW</b>	Citywide
<b>EC</b>	East Cambridge
<b>WC</b>	West Cambridge
<b>NC</b>	North Cambridge
<b>PT</b>	The Port
<b>KM</b>	Kendall Square / MIT
<b>CR</b>	Coast/Riverside
<b>MC</b>	Mid-Cambridge/Harvard
<b>SO</b>	Somerville
<b>BO</b>	Boston
	No cost

# Leadership Development (continued)

## YWCA Girls Only Leadership Development (GOLD)

PT FREE

November 7th- May 30th  
5-7pm, Tuesdays and Wednesdays  
CAMBRIDGE YWCA  
7 TEMPLE STREET, CAMBRIDGE MA 02139  
AMANDA OKAKA | 617-491-6050  
AOKAKA@YWCACAM.ORG

### Primary Program Activities:

- Girls empowerment
- Leadership
- Life skills
- Mentoring
- Field trips

**Grades/Ages Served:** 8th graders

**Genders served:** Anyone that identifies as a GIRL

**To Enroll:** Register online at  
<https://ywcacam.org/gold/>

**Enroll by:** Still spots available!

**Cost:** None

**For more information:**  
<https://ywcacam.org/gold/>



## Salvation Army: Bridging the Gap

PT FREE

Year-round  
4-6:30pm, Mondays and Wednesdays  
SALVATION ARMY  
402 MASS AVE, CAMBRIDGE MA 02139  
CYNTHIA GUEVARA | 617-547-3400 x235  
CYNTHIAGUEVARA@USE.SALVATIONARMY.ORG

### Primary Program Activities:

- Leadership
- Life skills
- Community Service
- Self-esteem
- Field trips

**Participants who complete the 12-week program will earn a free laptop**

**Grades/Ages Served:** Ages 11-13

**Genders served:** All

**To Enroll:** Contact Cynthia to schedule an initial meeting

**Enroll by:** Anytime- admission is rolling. Young people can start at any point.

**Cost:** None

**For more information:**  
<https://massachusetts.salvationarmy.org/ma/cambridge>

## The Neighborhood Service Project (NSP)

CW FREE

February- May  
Times and days vary by youth center  
CAMBRIDGE YOUTH CENTERS (VARIES)  
KEN BOWERS | 617-349-6272  
KBOWERS@CAMBRIDGEMA.GOV

### Primary Program Activities:

- Community service learning
- Social action projects
- Public speaking
- Group work
- Media
- Event creation

**Grades/Ages Served:** Ages 14-15

**Eligibility:** Must be Cambridge resident and eligible to work in the U.S.

**To Enroll:** Complete and submit program application, interview with staff

**Enroll by:** Mid-February

**Cost:** None; participants are paid for their work in the program

**For more information:**  
<https://www.cambridgema.gov/DHSP/programsforkidsandyouth/youthemployment/neighborhoodserviceproject.aspx>

## Teen Snow Shoveling Project

CW FREE

December- April  
Times and days vary  
CAMBRIDGE RESIDENTS' ADDRESSES AND SCHOOLS IN CAMBRIDGE  
GEORGE HINDS | 617-349-6268  
GHINDS@CAMBRIDGEMA.GOV

**Primary Program Activities:** Youth will be assisting seniors, residents with disabilities, and schools with snow shoveling

There is no set price for shoveling; many of those needing assistance are on fixed incomes and we advise youth to set a reasonable rate with residents in advance if possible. This arrangement is between residents and youth, facilitated by the City's Office of Workforce Development and the Council on Aging.

**Grades/Ages Served:** Ages 14-15

**Eligibility:** Must be physically able to shovel snow during or after a snowstorm

**To Enroll:** Complete and submit program application to have your name added to the list. You will be contacted depending on weather (when it snows) and need (amount of residents needing shoveling).

**Enroll by:** Mid-April

**Cost:** None; participants are paid for their work in the program

**For more information:**  
<https://www.cambridgema.gov/DHSP/programsforkidsandyouth/youthemployment/snowshoveling>

- SB** School-based
- CW** Citywide
- EC** East Cambridge
- WC** West Cambridge
- NC** North Cambridge
- PT** The Port
- KM** Kendall Square / MIT
- CR** Coast/Riverside
- MC** Mid-Cambridge/Harvard
- SO** Somerville
- BO** Boston
- FREE** No cost



# Performing Arts (Dance, Music, Theatre) (1-2 days/week)

## CityStep



October 1st- April 6th (On break from December 15th- January 25th)

3-4:45pm, Tuesday-Friday  
(Times/days of the week vary depending on level; Each class meets once a week for 90 minutes)

LOCATIONS VARY, CONVENIENT TO SCHOOLS

ABBY ALTER | 650-714-0498

CITYSTEP.HARVARD@GMAIL.COM

### Primary Program Activities:

- Dance
- Twice-yearly dance performances
- Improvisation games
- Music and rhythm activities
- Harvard dance group workshops
- Healthy snacks
- No experience required!

**Grades/Ages Served:** 5th-7th grades

**To Enroll:** Ask for a CityStep application at your school, or email [citystep.harvard@gmail.com](mailto:citystep.harvard@gmail.com)

**Enroll by:** We encourage students to register by October, but welcome new students through the end of January.

**Cost:** None

**For more information:** [citystep.org](http://citystep.org)



## Jose Mateo Ballet Theatre: Intro to Ballet for Teens

MC

January 3- March 14 (no class Feb 21)  
March 21- May 30 (no class April 18)  
6-7:30pm, Thursdays

JOSE MATEO BALLET THEATRE

400 HARVARD STREET, CAMBRIDGE 02138

617-354-7467

REGISTRATION@BALLETTHEATRE.ORG

**Primary Program Activities:** "Intro to Ballet for Teens" is designed for students who have no previous ballet or dance experience, starting with basic positions and vocabulary.

Each class builds on the previous class, so attendance at all 10 classes is highly encouraged.

**Grades/Ages Served:** Ages 10-19

**To Enroll:** Registration is available online through a site called MindBody. You set up a profile with your info and you are able to see classes, register and keep it all in one place.

If you are having trouble, please reach out to your school-based MSN staff for assistance - we can sit down to do it with you!

**Enroll by:** First day of class (Jan 3 for winter session, March 21 for spring session)

**Cost:** \$150

### For more information:

<http://www.ballettheatre.org/classes-for-teens/>

## Boston Mobile Dance Studio

PT

Days and times vary- see below

DANCE COMPLEX OR STUDIO @ 550

CENTRAL SQUARE, CAMBRIDGE

**Primary Program Activities:** Variety of dance classes offered

### Classes and Hours:

- Sunday Hip Hop Class (Ages 12+): Sundays 10 -11am
- Youth Hip Hop Dance: Sundays 4-5pm
- Dance Hall Workout, (Ages 12+): Thursdays 8:30-9:30pm
- Party Dance 101 (Ages 12+): Saturdays 9:30-10:30am
- Saturday Hip Hop Class (Ages 12+): Saturdays 10:30 -11:30am

**Grades/Ages Served:** youth classes (ages 5-12) or beginner classes (ages 12-adult)

**To Enroll:** View full schedule

<https://www.bostonmobiledance.com/services/dance-for-youth/>

**Enroll by:** Join any time!

**Cost:** \$15 per class, \$10 when you sign up online. Purchase a 10 class card for \$90. Discount for online purchase.

### For more information:

<https://www.bostonmobiledance.com/>



## Dance Complex

PT

Classes happen all days of the week- including Sat and Sun (see website)

DANCE COMPLEX IN CENTRAL SQUARE

536 MASS AVE, CAMBRIDGE MA 02139

**Primary Program Activities:** Community dance center with a wide variety of classes for youth and adults. Middle school youth are able to take many of the classes not listed especially for youth.

Some examples of classes offered: West African dance, Jazz, Capoeira, Salsa, Ballet, Bhangra, Barre, and Hip Hop

**Grades/Ages Served:** All ages

**To Enroll:** Register online at

<http://www.dancecomplex.org/classes-for-youth-teens/>

**Enroll by:** Join any time!

**Cost:** Between \$12-15 per class, varies (see schedule for cost info). For some classes, you can buy a 10 class 'card' at a discount.

### For more information:

<http://www.dancecomplex.org/classes-for-youth-teens/>

SB	School-based
CW	Citywide
EC	East Cambridge
WC	West Cambridge
NC	North Cambridge
PT	The Port
KM	Kendall Square / MIT
CR	Coast/Riverside
MC	Mid-Cambridge/Harvard
SO	Somerville
BO	Boston
FREE	No cost

# Performing Arts (continued)

## Fresh Pond Ballet School

NC

January 7th- June 16th  
Monday-Saturday (Day/time depends  
on which level class you join)

FRESH POND BALLET SCHOOL  
1798A MASS. AVE (NEAR PORTER SQ),  
CAMBRIDGE MA 02140  
NINA R. ALONSO, DIRECTOR | 617-491-5865  
NARALONSO@GMAIL.COM

### Primary Program Activities:

- Ballet classes
- Variety of classes and levels (See website for details)

**Dress Code Required:** ballet slippers,  
leotard (different colors for each level), tights

**Grades/Ages Served:** Ages 3 to adult  
(dancers are grouped by age and level)

**To Enroll:** Download application online:  
[http://freshpondballet.com/docs/reg\\_form\\_121213.pdf](http://freshpondballet.com/docs/reg_form_121213.pdf) and bring to the studio

**Enroll by:** Start of class

**Cost:** \$525 to take one class per week for  
the semester

**For more information:**  
[www.freshpondballet.com](http://www.freshpondballet.com)

## North Cambridge Family Opera Science Festival Chorus

NC

FREE

January- April  
6-8pm, Wednesdays

PEABODY SCHOOL  
70 RINDGE AVE, CAMBRIDGE MA 02140  
CLAUDETTE BELT-AHARON | 617-821-5043  
CLAUDETTE@FAMILYOPERA.ORG

### Primary Program Activities:

- A chorus of children, teens, and adults learns 20 songs about science
- MIT graduates lead discussions about science concepts in the music
- Rehearse singing, acting and

- dancing
- Three performances in the Cambridge Science Festival in April

**Grades/Ages Served:** Ages 6 to adult  
(children ages 6 to 11 should be accompanied in the chorus by an adult)

**To Enroll:** Show up for rehearsal in late January or early February

**Enroll by:** Mid February

**Cost:** None

**For more information:**  
[www.familyopera.org](http://www.familyopera.org)

## School of Honk Street Band

SO

FREE

Ongoing, join any time!  
3-5pm\*, Sundays  
(\*Newcomers arrive at 2:30pm)

COMMUNITY ARTS CENTER  
119 WINDSOR STREET, CAMBRIDGE 02139  
KEVIN LEPPMAN | 617-349-6824  
KEVIN@SCHOOLOFHONK.ORG

### Primary Program Activities:

- Community band weekly meet up
- Open to beginners – just come early on a Sunday and you'll get a little bit of help!
- Learn fun songs that get people dancing!

**Grades/Ages Served:** 5th- 8th graders  
(Families welcome, too!)

**To Enroll:** Show up on a Sunday afternoons!  
Also, you can go to [Schoolofhonk.org](http://Schoolofhonk.org) for more info and go to "Join" tab to be added to the mailing list.

**Enroll by:** Join any time!

**Cost:** None

**For more information:**  
<http://schoolofhonk.org>

## Cambridge Arts Academy

SO

Private lessons offered year round  
Dates and times vary

JAM SPOT, 111 SOUTH ST, SOMERVILLE 02143  
617-319-5113  
ADMIN@CAMBRIDGEARTSACADEMY.COM

**Primary Program Activities:** Private music lessons for:

- guitar
- bass
- drums
- piano
- voice
- saxophone/woodwinds

**Grades/Ages Served:** All ages

**To Enroll:** Contact Cambridge Arts Academy

at <http://cambridgeartsacademy.com/get-started/>

**Deadline:** Join any time!

**Cost:** Lessons range from \$40-\$75 per lesson, depending on length and frequency

**For more information:**  
<http://cambridgeartsacademy.com>



## New School of Music

WC

September 10th- June 15th  
Times and days vary (Mon- Sat)

NEW SCHOOL OF MUSIC  
25 LOWELL ST, CAMBRIDGE MA 02138  
KRISTINE KIRBY | 617-492-8105  
INFO@NEWSCHOOLOFMUSIC.ORG

### Primary Program Activities:

- Group instrument classes
- Musical ensembles
- Private lessons

**Grades/Ages Served:** All ages

**To Enroll:** Register for programs online, or by contacting our office at 617-492-8105 or [info@newschoolofmusic.org](mailto:info@newschoolofmusic.org)

**Enroll by:** Registration is rolling- sign up anytime.

- SB School-based
- CW Citywide
- EC East Cambridge
- WC West Cambridge
- NC North Cambridge
- PT The Port
- KM Kendall Square / MIT
- CR Coast/Riverside
- MC Mid-Cambridge/Harvard
- SO Somerville
- BO Boston
- FREE No cost

# Performing Arts (continued)

## New School of Music (continued)

**Cost:** Varies depending on the program. Scholarships are available for all programs by submitting an application. Applications are available online or by contacting our office.

**For more information:**  
[www.newschoolofmusic.org](http://www.newschoolofmusic.org)

## Repertory Chorus

**WC**

February 2nd- June 8th  
10:00-11:50am, Saturdays

NEW SCHOOL OF MUSIC  
25 LOWELL ST, CAMBRIDGE MA 02138  
LAUREN COOK | 617-492-8105  
DIRECTOR@CAMBRIDGEMUSIC.ORG

### Primary Program Activities:

- Music
- Singing
- Music Literacy
- Teamwork

**Grades/Ages Served:** Ages 9-17

**To Enroll:** A brief audition with the conductor is required. To schedule the audition, email Lauren. If you are accepted, the registrar will help with enrollment.

Choir open house on January 12th (time TBD). If you are interested, you can sit in on rehearsal, meet the group, and do your audition at that time.

**Enroll by:** March 15th

**Cost:** \$475. Scholarships are available. Applications are available online or by emailing Lauren.

**For more information:**  
[www.newschoolofmusic.org](http://www.newschoolofmusic.org)

## HARMONY Mentoring (Harvard and Radcliff Musical Outreach to Neighborhood Youth)

**MC** **FREE**

February 1st- April 30th  
Times and days of the week are flexible, and depend on the schedules of the mentor and mentee.

HARVARD UNIVERSITY MUSIC DEPARTMENT  
3 OXFORD STREET, CAMBRIDGE MA 02138  
ALEX YOUN | 408-466-0100  
AYOUN@COLLEGE.HARVARD.EDU  
HARMONYMENTORING@PBHA.ORG

### Primary Program Activities:

- Weekly private music lessons
- Instruction in voice and most instruments
- Music lessons typically range from 30 minutes to 1 hour in length

HARMONY Mentoring aims to give all youth in the Cambridge area access to a musical education.

**Grades/Ages Served:** 1st- 12th grades

**Eligibility:** CPS students only

**To Enroll:** Fill out this form:  
<https://goo.gl/forms/G0uUnjBwRXyUSt3T2>

**Enroll by:** February 1st (but email us if you cannot make this deadline)

**Cost:** None

**For more information:**  
<http://www.hcs.harvard.edu/harmony/>



## CPS All-City Ensemble: Band, Chorus, and Orchestra

**MC** **FREE**

September 26th- April  
3:30-4:45, Wednesdays

CAMBRIDGE RINDGE AND LATIN SCHOOL  
459 BROADWAY, CAMBRIDGE MA 02138  
BRIAN GELLERSTEIN | 617-349-6788  
BGELLERSTEIN@CPSD.US

### Primary Program Activities:

Instrumental music and chorus program for middle schoolers

- Advanced opportunity to play in ensembles
- Two evening performances
- Transportation provided from Upper Schools to CRLS after school

**Grades/Ages Served:** 6th- 8th grades

**To Enroll:** Register directly with the VPA office or through your school band, orchestra, or choir teacher. Permission slips are available with music teachers, at the VPA office, or online.

**Enroll by:** Rolling enrollment

**Cost:** None

**For more information:**  
<https://www.cpsd.us/cms/One.aspx?portalId=3042869&pageId=15670400>

## ImprovBoston: Afterschool Laughter School

**PT**

January 12th- March 16th  
3:30pm, Tuesdays or  
10:30am, Saturdays

\*Also offer February Vacation Program

IMPROVBOSTON

40 PROSPECT ST (CENTRAL SQ), CAMBRIDGE

MIKE CARR | 617-576-1253

COMEDYSCHOOL@IMPROVBOSTON.COM

### Primary Program Activities:

- Improvisation
- Games
- Comedy
- Storytelling
- No previous experience required!

**Grades/Ages Served:** Ages 9-16

**To Enroll:** Register online  
[www.improvboston.com](http://www.improvboston.com)

**Enroll by:** One week after classes begin

**Cost:** \$300 (\$250 for Cambridge residents)

**For more information:**  
[www.improvboston.com/](http://www.improvboston.com/)

- SB** School-based
- CW** Citywide
- EC** East Cambridge
- WC** West Cambridge
- NC** North Cambridge
- PT** The Port
- KM** Kendall Square / MIT
- CR** Coast/Riverside
- MC** Mid-Cambridge/Harvard
- SO** Somerville
- BO** Boston
- FREE** No cost



## Performing Arts (continued)

### Beyond the 4th Wall: Rising Stars Theater Classes

MC

January 19th - June 15th  
1-3pm, Saturdays

GRAHAM & PARKS SCHOOL  
44 LINNAEAN ST, CAMBRIDGE MA 02138  
LACE CAMPBELL | 617-710-3864  
LACE@BEYONDTHE4THWALL.COM

**Primary Program Activities:** Training in acting, singing and dancing, and an opportunity to perform in our mini-musical

**Grades/Ages Served:** 6th- 8th grades

**Eligibility:** Cambridge residents. No experience is necessary!

**To Enroll:** Register on the website

**Enroll by:** January 19th

**Cost:** \$350 with sliding scale and scholarships available

**For more information:**  
<http://beyondthe4thwall.com>

## Visual/ Media Arts (1-2 days/week)

### Teen Program @ Community Art Center

PT 

Mid-September - June  
Contact Amanda for dates/ times  
COMMUNITY ART CENTER  
119 WINDSOR ST, CAMBRIDGE MA 02139

AMANDA MCGARRITY | 617-868-7100 x117  
AMANDA@COMMUNITYARTCENTER.ORG

#### Primary Program Activities:

- Multimedia literacy & public art courses
- Professional development
- Sequenced, multi-year curriculum that uses artistic expression to develop creative skills in video, photo, digital art, photography, public art, and social justice

**Grades/Ages Served:** Ages 13- 19 years old

**To Enroll:** Contact Amanda at  
[amanda@communityartcenter.org](mailto:amanda@communityartcenter.org) or  
617-868-7100 x117

**Enroll by:** January 10th, 2019

**Cost:** None

**For more information:**  
<http://www.communityartcenter.org/tmp>

### Maud Morgan Arts

MC

January 7th- March 25th  
Classes are in session at these times:  
3:30-5:30pm, Monday- Friday  
10am-12pm, Saturday

MAUD MORGAN ART CENTER  
20 SACRAMENTO STREET, CAMBRIDGE 02138  
VALERIE MENDEZ | 617-349-6287 x29  
VMENDEZ@AGASSIZ.ORG

**Primary Program Activities:** Explore art with professional artists

- Ceramics
- Printmaking
- Drawing
- Painting
- Sewing
- Sculpture

**Grades/Ages Served:** 6th-8th grades

**To Enroll:** Register online at  
<http://www.maudmorganarts.org>

**Enroll by:** Up until classes start. Register early- classes can fill up.

**Cost:** Varies based on class, scholarships are available for CPS students. Check with the MSN Liaison/ Youth Connector at your school.

Talk to adults at your school or email Valerie Mendez for scholarship information. Scholarships are available for each session and it is easy to set them up!

**For more information:**  
<http://www.maudmorganarts.org>



### Girls Media Program

TBD 

March 6th- May 15th  
5-7pm, Wednesday

LOCATION IS TBD- CHECK WEBSITE FOR DETAILS  
ERICA TALAMO | 617-349-6588 x 421  
TALAMO@TUTORINGPLUS.ORG

**Primary Program Activities:** Students will explore identity, healthy relationships, media representations of gender and race, and create powerful and positive media of their own.

**Grades/Ages Served:** 6th- 8th grades


**Eligibility:** For middle school students who identify as female

**To Enroll:** Families can pre-register online at [www.tutoringplus.org](http://www.tutoringplus.org). Tutoring Plus staff will reach out to give families the full registration materials before youth can start participation in our programs. Families can also come into our main office to fill out registration materials in person.

**Enroll by:** Programs are filled on a first-come, first-served basis. Call to check availability.

**Cost:** None

**For more information:**  
<https://tutoringplus.org/enrichment-programs/gender-programs/>

SB	School-based
CW	Citywide
EC	East Cambridge
WC	West Cambridge
NC	North Cambridge
PT	The Port
KM	Kendall Square / MIT
CR	Coast/Riverside
MC	Mid-Cambridge/Harvard
SO	Somerville
BO	Boston
	No cost



# Sports/ Athletic Opportunities (1-2 days/week)

## Premier Hoops

MC WC

December 1st- March 2nd  
2:45-4:45pm, Saturdays OR  
7:15-8:15 (Jr.) 8:15-9:15 (Elite), Fridays  
\*Can sign up for Fridays or Saturdays-  
see below for more details

FRIDAYS: SHADY HILL SCHOOL  
178 COOLIDGE HILL, CAMBRIDGE 02138  
SATURDAYS: WAR MEMORIAL REC CENTER  
1640 CAMBRIDGE ST, CAMBRIDGE, MA 02138  
MIKE LEYKIN | 781-724-8125  
[PREMIERHOOPS@GMAIL.COM](mailto:PREMIERHOOPS@GMAIL.COM)

### Primary Program Activities:

- 10 week basketball clinic with instruction by Division I, II and III college athletes and coaches.
- Focus on goal setting for life as well as conditioning, hard work and citizenship.

**Friday program:** Triple-Threat Skills (footwork, shooting, & IQ) & scrimmaging

**Saturday program:** Mixed skills (ball handling, defense, passing, shooting) & scrimmaging

**Grades/Ages Served:** Ages 7-18 (Jr. Skills for Ages 7-12; Elite Skills for Ages 13-18)

**Genders Served:** Girls & Boys

**To Enroll:** Call Mike or go to <https://premierhoopsters.com/product/fall-pre-season-basketball-training-cambridge/>

Pre-registration is recommended but not required.

**Enroll by:** Anytime!

**Cost:** Fridays:\$25 for a drop-in (just one class); Saturdays:\$50 for a drop-in (just one class).

Financial assistance is available – please ask (email PremierHoops@gmail.com)! If paying for only a few weeks, a reduced cost can be arranged.

**For more information:**  
<https://premierhoopsters.com/>

## Shoot Straight

MC

January 5th- March 9th  
10:30am-12:30pm, Saturday  
CRLS AL COCCOLUTO GYMNASIUM  
1640 CAMBRIDGE ST, CAMBRIDGE, MA 02138  
LANCE DOTTIN | [LDOTTIN@CPSD.US](mailto:LDOTTIN@CPSD.US)  
VLAD PIERRE | 617-349-6228

### Primary Program Activities:

- 10 week basketball clinic for boys and girls
- Focus on basketball skills, teamwork, and sportsmanship
- Each session will be a combination of skills instruction and game play

**Grades/Ages Served:** 5th- 6th grades

**Genders Served:** Girls & Boys

**To Enroll:** Fill out form on website

**Enroll by:** ASAP, fills fast!

**Cost:** \$35 for 10-week program.

### For more information:

<https://www.cambridgema.gov/DHSP/newsandevents/News/2018/12/shootstraightbasketball>



## Cambridge Baby Falcons Basketball Program

MC FREE

Starts at the end of CRLS Girls Basketball season, usually in February  
9-11am, Saturday (5th & 6th grades)  
11am-1pm, Saturday (7th & 8th grades)

CRLS MAIN GYMNASIUM  
1640 CAMBRIDGE ST, CAMBRIDGE, MA 02138  
DANA ELLCOCK | 617-892-0070  
[DANAELLCOCK@YAHOO.COM](mailto:DANAELLCOCK@YAHOO.COM)

**Primary Program Activities:** Girls' basketball team

**Grades/Ages Served:** 4th- 8th grades

**Genders Served:** GIRLS only

**To Enroll:** Contact Dana Ellcock at [danaellcock@yahoo.com](mailto:danaellcock@yahoo.com) or 617-892-0070

**Cost:** \$30 registration fee

## Women's Volleyball @ The Moses

PT FREE

January 8th- Early March

6:30-8:30pm, Tuesday  
MOSES YOUTH CENTER  
243 HARVARD ST, CAMBRIDGE, MA 02139  
TYRELL DORTCH | 617-349-6262  
KESSON GREEN  
[KGREEN@CAMBRIDGEPOLICE.ORG](mailto:KGREEN@CAMBRIDGEPOLICE.ORG)

### Primary Program Activities:

- Girls' volleyball team
- Run by the Moses Youth Center and the Cambridge Police

**Grades/Ages Served:** 8th- 12th grades (Ages 13-19)

**Genders Served:** GIRLS only

**To Enroll:** Come join in on a Tuesday and we will send you home with the sign-up form.

**Enroll by:** Join anytime!

**Cost:** None

**For more information:** Contact Kessen Green at [kgreen@cambridgepolice.org](mailto:kgreen@cambridgepolice.org) or Tyrell Dortch at 617-892-0070

## Tennis Lessons @ War Memorial

MC

January 5th- March 9th  
12-12:45pm, Saturdays  
WAR MEMORIAL RECREATION CENTER (DOOR 15)  
1640 CAMBRIDGE ST, CAMBRIDGE MA 02138  
CONTACT: 617-349-6279

**Primary Program Activities:** Tennis lessons for beginners or those with a little bit of experience

**Grades/Ages Served:** Ages 12-14

**Genders served:** Girls & Boys

- SB** School-based
- CW** Citywide
- EC** East Cambridge
- WC** West Cambridge
- NC** North Cambridge
- PT** The Port
- KM** Kendall Square / MIT
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- SO** Somerville
- BO** Boston
- FREE** No cost

# Sports/ Athletic Opportunities (continued)

## Tennis Lessons @ War Memorial (continued)

**To Enroll:** Online at [www.cambridgema.gov/dhsp/warmemorial](http://www.cambridgema.gov/dhsp/warmemorial)

**Enroll by:** First session

**Cost:** \$70 for Cambridge residents

**For more information:** See winter brochure <https://www.cambridgema.gov/~media/Files/DHSP/Recreation/programbrochures/RecreationGuide.pdf?la=enRecreationGuide>.

## Cambridge Youth Soccer: Indoor Winter League

MC 

January- March  
6-8pm, Thursday

GRAHAM AND PARKS SCHOOL GYMNASIUM  
44 LINNEAN STREET, CAMBRIDGE 02138  
JOHN DE LANCEY | 617-864-2588  
[JOHNDELANCEY@COMCAST.NET](mailto:JOHNDELANCEY@COMCAST.NET)

### Primary Program Activities:

- Keep your soccer skills sharp, or get practice and experience to prepare you for the spring season
- No experience required
- Wear sneakers and shin guards

**Grades/Ages Served:** 6th- 8th grades

**Genders served:** Girls & Boys

**Eligibility:** Anyone who played soccer in the fall, or is interested in playing in the spring

**To Enroll:** Just show up- you can come as frequently or infrequently as you like

**Enroll by:** Join anytime!

**Cost:** None

**For more information:** <http://cambridgeyouthsoccer.org/>

## Cambridge Youth Soccer: Spring Upper School League

NC

April 6th- June 15th  
Games on Saturdays; Weekday practices are late afternoon

GAMES: DANEHY PARK, CAMBRIDGE MA  
PRACTICES AT VARIOUS FIELDS IN CAMBRIDGE  
SUSAN RUFF | 617-876-5414  
[SUSAN@CAMBRIDGEYOUTHSOCCER.ORG](mailto:SUSAN@CAMBRIDGEYOUTHSOCCER.ORG)

### Primary Program Activities:

- Soccer skill development and competition for 6-8th graders
- No experience required
- Used cleats available through league, shin guards required

**Grades/Ages Served:** 6th- 8th grades

**Genders served:** Girls & Boys

**Eligibility:** CPS student or Cambridge resident

**To Enroll:** Register online at [www.cambridgeyouthsoccer.org](http://www.cambridgeyouthsoccer.org)

**Enroll by:** March 15th

**Cost:** \$110/ season. Reduced fee available- ask Susan for reduced fee at registration

**For more information:** <http://cambridgeyouthsoccer.org/>



## BAYS Travel Soccer

CW

April 6th- June 9th  
Times and days to be determined

TRAVELING TEAM: LOCATION VARIES  
SUSAN RUFF | 617-876-5414  
[SUSAN@CAMBRIDGEYOUTHSOCCER.ORG](mailto:SUSAN@CAMBRIDGEYOUTHSOCCER.ORG)

### Primary Program Activities:

- Cambridge Youth Soccer
- Requires full season commitment to practices and games
- Travel league- some games are played in other cities/towns

**Grades/Ages Served:** Ages 10-12 & 12-14

**Genders served:** Girls & Boys

**To Enroll:** Register online or download pdf form at: <http://www.cambridgeyouthsoccer.org/registration.html>

**Enroll by:** March 15th

**Cost:** \$100/ season

**For more information:** <http://cambridgeyouthsoccer.org/>

## Cambridge Girls Softball- Winter Clinic

MC

December 1st- February 9th  
6-8:30pm, Saturdays

CRLS FIELD HOUSE (CAMBRIDGE ST ENTRANCE)  
JOHANNA LOPEZ OR IRVING ALLEN  
[GIRLSOFTBALLCAMBRIDGE@GMAIL.COM](mailto:GIRLSOFTBALLCAMBRIDGE@GMAIL.COM)

### Primary Program Activities:

- Girls Softball
- Pitching practice from 6-7pm
- Hitting and fielding from 7-8:30pm

**Grades/Ages Served:** Ages 8-17


**Genders served:** GIRLS only

**To Enroll:** Register online at [www.cambridgegirlssoftball.com](http://www.cambridgegirlssoftball.com)

**Enroll by:** Late registration is okay

**Cost:** \$75/ hitting and fielding; \$125 for pitching; \$200 for both

**For more information:** <http://cambridgegirlssoftball.com>

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-  No cost

# Sports/ Athletic Opportunities (continued)

## Central Cambridge Little Baseball League

CR

Usually mid-April through late June 6pm, Tuesday & Friday (majors) 5:30pm, Monday & Thursday (minors) LINDSTROM FIELD, NEXT TO THE MORSE SCHOOL JAKE KAUFMANN | 617-388-8454 [CENTRALCAMBRIDGEYOUTHBASEBALL@GMAIL.COM](mailto:CENTRALCAMBRIDGEYOUTHBASEBALL@GMAIL.COM)

**Primary Program Activities:** Community-based youth baseball league

**Grades/Ages Served:** Ages 10-12 (Minors) & Ages 12-14 (Majors)

**Genders served:** Girls & Boys

**To Enroll:** Register online at [www.centralcambridge.org](http://www.centralcambridge.org)

**Enroll by:** March 15th

**Cost:** \$85/ season

**For more information:** [www.centralcambridge.org](http://www.centralcambridge.org)

## East Cambridge Little Baseball League

EC

March 1st- July 1st 5-8pm, weekdays (days vary) DONNELLY FIELD YORK & BERKSHIRE ST, CAMBRIDGE MA 02141 JILL GORSKI | 617-372-4692 [JGORSKI678@GMAIL.COM](mailto:JGORSKI678@GMAIL.COM)

**Primary Program Activities:**

- Learn the fundamentals of baseball
- Play baseball games

**Grades/Ages Served:** K-7th grades

**To Enroll:** Email Jill ([jgorski678@gmail.com](mailto:jgorski678@gmail.com)) or visit our website

**Enroll by:** May 15th

**Cost:** \$30 or \$60/ season; scholarships available- contact Jill for more information

**For more information:** [www.eclbl.com](http://www.eclbl.com)

## North Cambridge Little Baseball League

NC

Usually mid-April through late June Times and dates TBD

COMEAU FIELD, NORTH CAMBRIDGE 02140 PETER MCCANN | 617-852-5606 [PGMCC56@GMAIL.COM](mailto:PGMCC56@GMAIL.COM)

**Primary Program Activities:** Community-based youth baseball league

**Grades/Ages Served:** Ages 10-12 (Minors) & Ages 12-14 (Majors)

**Genders served:** Girls & Boys

**To Enroll:** Enroll online at <http://www.nclbl.org>

**Enroll by:** The start of the season

**Cost:** Visit <http://www.nclbl.org> or contact Peter for cost

**For more information:** <http://www.nclbl.org>



## West Cambridge Little Baseball League

WC

April 20th- Mid-June Practices on Saturdays and Sundays 2 games during the week (days vary) STEVE KENDALL | 617-335-4589 [SPKENDALL@ROCKETMAIL.COM](mailto:SPKENDALL@ROCKETMAIL.COM)

**Primary Program Activities:** Community-based youth baseball league focused on skill development, sportsmanship, and team spirit

**Grades/Ages Served:** Ages 10-12 (Minors) & Ages 12-14 (Majors)

**To Enroll:** Visit our website or call Steve 617-335-4589

**Enroll by:** The start of the season

**Cost:** Visit the website or contact Steve for cost

**For more information:** <https://www.leaguelineup.com/welcome.asp?url=wclbl>

## Swimming Lessons @ War Memorial

MC

January 5th- March 9th 10am-2pm, Saturdays (time of class depends on swim level) WAR MEMORIAL POOL & RECREATION CENTER (DOOR 15) 1640 CAMBRIDGE ST, CAMBRIDGE MA 02138 MARK SANTORO | 617-349-6279 [MSANTORO@CAMBRIDGEMA.GOV](mailto:MSANTORO@CAMBRIDGEMA.GOV)

**Primary Program Activities:**

- Swim lessons
- Swimmers are placed in classes based on swim level

**Grades/Ages Served:** Ages 5-14

**Genders served:** Girls & Boys

**To Enroll:** Online at [www.cambridgema.gov/dhsp/warmemorial](http://www.cambridgema.gov/dhsp/warmemorial)

**Enroll by:** First session

**Cost:** \$70-\$80 for Cambridge residents (depending on swim level)

**For more information:** See winter brochure <https://www.cambridgema.gov/~media/Files/DHSP/Recreation/programbrochures/RecreationGuide.pdf?la=enRecreationGuide.pdf>

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- FREE** No cost



# Sports/ Athletic Opportunities (continued)

## Sea Dawg's Swim Team @ War Memorial

MC

March 25th- June 7th  
(No classes May 24th & 27th)  
5:30-7:30pm, Mondays & Wednesdays  
5:45- 7:15pm, Fridays

WAR MEMORIAL POOL & RECREATION CENTER  
(DOOR 15)

1640 CAMBRIDGE ST, CAMBRIDGE MA 02138

CONTACT: 617-349-6279

MSANTORO@CAMBRIDGEMA.GOV

**Primary Program Activities:** Competitive swim team

**Grades/Ages Served:** Ages 5-18

**Eligibility:** Must be able to swim 25 yards of freestyle, backstroke, and breaststroke without stopping

**Genders served:** Girls & Boys

**To Enroll:** Registration for existing team members begins on February 25th; registration for new team members begins on March 4th

**Enroll by:** Sign up early!

**Cost:** \$150 for Cambridge residents (sibling discount available); girls swimsuits \$15, boys swimsuits \$5

**For more information:** See winter brochure <https://www.cambridgema.gov/~media/Files/DHSP/Recreation/programbrochures/RecreationGuide.pdf?la=enRecreationGuide.pdf>

## Cambridge Synchro

MC

January 5th-March 9th (Beginners)  
January 5th- June 15th (Novice team)  
7:15-8:30pm, Wednsdays AND  
10-11am, Saturdays (Novice Team);  
10-11am, Saturdays (Beginners)

WAR MEMORIAL POOL & RECREATION CENTER  
(DOOR 15)

1640 CAMBRIDGE ST, CAMBRIDGE MA 02138

KATIE RICE | 518-527-1945

CAMBRIDGESYNCHRO@GMAIL.COM

### Primary Program Activities:

- Synchronized Swimming (if you love swimming, dancing, gymnastics or being creative, this might be for you!)
- There are groups for beginners, novices, and intermediates.

**Grades/Ages Served:** Ages 6-18

**Eligibility:** Must be able to swim 25 yards

**Genders served:** Girls & Boys

**To Enroll:** Email Katie for more information

**Enroll by:** January 5th

**Cost:** \$135-185 for beginning or novice teams (10 sessions).

Scholarships are available, please contact [cambridgesynchro@gmail.com](mailto:cambridgesynchro@gmail.com)

### For more information:

[www.cambridgesynchro.org](http://www.cambridgesynchro.org)

## Cambridge Jets Track Club

BO

September- July  
6:30-7:30pm, Mondays & Wednesdays  
There are 4-8 competitions per season, on weekends.

HARVARD UNIVERSITY INDOOR/OUTDOOR TRACK  
65 N HARVARD STREET, ALLSTON, MA  
CURTIS JACKMAN | 617-380-8080  
CAMBRIDGEJETS@GMAIL.COM

### Primary Program Activities:

- Running: Distance & sprinting
- Some field events, mainly long jump
- Open to anyone who likes to run! Visit a practice to try it out and talk to the coaches.

**Indoor track:** Nov- Feb (\$250)

**Outdoor track:** April- July (\$250)

Check out a typical schedule at: [www.cambridgejetsofma.org/schedule.html](http://www.cambridgejetsofma.org/schedule.html)

**Grades/Ages Served:** Ages 8-18

**Genders served:** Girls & boys

**To Enroll:** Sign up online at: [www.cambridgejetsofma.org/join.html](http://www.cambridgejetsofma.org/join.html)

To complete registration, submit a recent physical and payment.

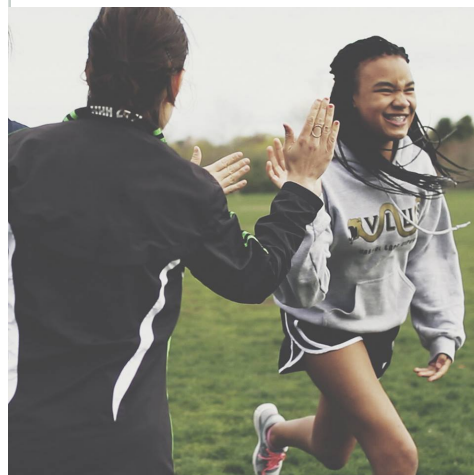
**Enroll by:** Join anytime; best to join close to the beginning of a season.

**Cost:** \$100-250 per season or \$400 for the year (3 seasons per year). Additional costs include including joining AAU, USATF, and purchasing a uniform.

Scholarships available: fill out financial aid form on website and talk to Coach Curtis <http://cambridgejetsofma.org/registration/jetsfinancialaid.pdf>

### For more information:

[www.cambridgejetsofma.org/](http://www.cambridgejetsofma.org/)



## Title IX Girls' Running Club

CR

February 10th- March 31st  
1:45-3:15pm, Sundays

WELLBRIDGE ATHLETIC CLUB

5 BENNETT ST, CAMBRIDGE MA 02138

KARA BLUE | 813-395-2433

KARA@TITLEIXGIRLS.ORG

### Primary Program Activities:

- Running to strengthen the connection of mental, social and physical health
- No experience necessary; all skill levels welcome
- Three 8-week sessions (Fall, Winter (indoors), Spring)

**Grades/Ages Served:** Ages 9-15

**Genders served:** GIRLS only

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- FREE** No cost



# Sports/ Athletic Opportunities (continued)

## Title IX Girls' Running Club (continued)

**To Enroll:** Online at <http://titleixgirls.org/running-club/>

**Enroll by:** Mid-February

**Cost:** \$200; full scholarships available- apply online at <http://titleixgirls.org/running-club-application/>

**For more information:** <http://titleixgirls.org/running-club/>

## Cambridge Police Youth Boxing Program

**PT** **FREE**

Ongoing and drop-in: join any time!  
4:00-5:30pm, Tuesdays & Thursdays  
CENTRAL SQUARE YMCA  
820 MASSACHUSETTS AVE, CAMBRIDGE 02139  
ELANA KLEIN, LICSW | 617-349-9345  
EKLEIN@CAMBRIDGEPOLICE.ORG

**Primary Program Activities:** Boxing lessons for all levels

- Learn the art of boxing
- All equipment provided
- Individual workouts and cross-training as a group
- No contact; punching bags or mitts, not people
- Great for off season athletes

**Grades/Ages Served:** 6th- 12th grades

**Genders served:** Girls & Boys

**To Enroll:** Fill out and return our enrollment forms which can be downloaded from our website: <http://www.cambridgema.gov/cpd/communityresources/cambridgeboxingprogram.aspx>

**Enroll by:** Admission is rolling- join any time! Young people do not need to attend both Tues and Thursdays; come when you can!

**Cost:** None

**For more information:** <http://www.cambridgema.gov/cpd/communityresources/cambridgeboxingprogram.aspx>

## Olympia Fencing: Youth Learn to Fence NC

Ongoing, join any time!  
5-6:30pm, Tuesday and/or Thursday  
10am-12:30pm, Saturday  
127 SMITH PLACE, CAMBRIDGE MA 02138  
JULIA HONDOR | 617-945-9448  
JULIA@OLYMPIAFENCINGCENTER.COM

**Primary Program Activities:** Discover the Olympic sport of fencing in our 6500sq ft. club featuring state of the art equipment. All experience levels are welcome!

**Grades/Ages Served:** Ages 6-15

**Genders served:** Girls & Boys

**To Enroll:** Call 617-945-9448 to reserve a spot in a free trial class!

**Enroll by:** Admission is rolling- join any time!

**Cost:** \$99-135/month. All equipment is included. FIRST CLASS IS ALWAYS FREE!

**For more information:** <http://olympiafencingcenter.com/>



## Bay State Fencers SO

Starts January 3rd or 8th  
5-6:30pm, Tuesdays (Cadet) OR  
4:30-5:30pm, Thursdays (Youth)

BAY STATE FENCERS  
561 WINDSOR STREET, SOMERVILLE MA 02138  
COACH EDDY OR STACY EDDY | 617-591-0101  
DIRECTOR@BAYSTATEFENCERS.COM

**Primary Program Activities:**

- Fencing
- Aerobic & anaerobic activity
- Games and fencing bouts
- Open to all levels!

**Cadet Intro to Fencing**  
Ages 13-16; Tuesdays from 5-6:30pm

**Youth Intro to Fencing**  
Ages 8-12; Thursdays from 4-5pm

**Grades/Ages Served:** Ages 8-12 (Youth); 13-16 (Cadet)

**Genders served:** Girls & Boys

**To Enroll:** Register online

**Enroll by:** Admission is rolling- join any time!

**Cost:** \$80 per month for Youth class; \$95 per month for Cadet class

**For more information:** <http://baystatefencers.com/>

## Kenpo Karate @ War Memorial MC

January 5th- March 9th  
10:30-11:15am, Saturdays

WAR MEMORIAL RECREATION CENTER (DOOR 15)  
1640 CAMBRIDGE ST, CAMBRIDGE MA 02138  
CONTACT: 617-349-6279

**Primary Program Activities:**

- Karate class
- Students are taught traditional stances, blocks, kicks, and strikes. The program focuses on respect, discipline, and integrity.

**Grades/Ages Served:** Ages 8 and up

**Genders served:** Girls & Boys

**To Enroll:** Registration can be done by mail or in person. Online registration is not available.

**Enroll by:** First session

**Cost:** \$170 (includes uniform, belt, patches)

**For more information:** See winter brochure: <https://www.cambridgema.gov/~media/Files/DHSP/Recreation/programbrochures/RecreationGuide.pdf?la=en>

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<b>PT</b>	The Port
<b>KM</b>	Kendall Square / MIT
<b>CR</b>	Coast/Riverside
<b>MC</b>	Mid-Cambridge/Harvard
<b>SO</b>	Somerville
<b>BO</b>	Boston
<b>FREE</b>	No cost

# Sports/ Athletic Opportunities (continued)

## New England Aikikai

NC

Ongoing, join any time!  
Days & times of classes vary- see below and visit website for details

NEW ENGLAND AIKIKAI  
2000 MASS AVE, CAMBRIDGE MA 02140  
SHARON KANAI | 617-661-1959  
SKANAI@NEAIKIKAI.COM

### Primary Program Activities:

- Martial Arts focused on personal transformation & self-defense
- Learn the tradition of Japanese warrior arts
- "Aikido is more than a science of tactics and self-defense; it is a discipline for perfecting the spirit."

Try one of their FREE classes on Saturdays from 11-12:30pm to see if you like it!

### Weekly schedule:

**Children's Aikido** (Ages 5-12)

- Wednesday, 4:30-5:30pm
- Saturday, 1:30-2:30pm
- Sunday, 1:30-2:30pm

### Aikido Basics

- (Ages 13+)
- Tuesday, 7-8pm
  - Thursday, 7-8pm

**Grades/Ages Served:** Ages 5 to adult

**Genders served:** Girls & Boys

**To Enroll:** Sign up online at <http://www.neaikikai.org/sign-up/>

**Enroll by:** Admission is rolling- join any time!

**Cost:** \$115 (Ages 5-12) or \$125 (Ages 13+) per month for unlimited classes

**For more information:**  
<http://www.neaikikai.org>

## Jae H. Kim Taekwondo

NC

Ongoing, join any time!  
4:30-5:30pm, Mon, Tue, Thur, Fri  
10-11am, Saturdays

JAE H. KIM TAEKWONDO SCHOOL  
2000 MASS AVE (PORTER SQUARE), CAMBRIDGE

JAE HWANG | 617-492-5070  
JAEKIM.TAEKWONDO@GMAIL.COM

### Primary Program Activities:

- Taekwondo
- Martial Arts
- Fitness
- Self defense

**Grades/Ages Served:** Ages 9-13

**Genders Served:** Girls & Boys

**To Enroll:** Call or drop in to register

**Enroll by:** Any time!

**Cost:** \$579 for three-month program

**For more information:**  
<http://www.tkd-cambridge.com>



## Parkour Generations Boston

SO

Classes are ongoing- join anytime!  
Days, times, and locations vary- see below and visit website for details

BLAKE EVITT | 617-302-7542  
BOSTON.INFO@PARKOURGENERATIONS.COM

**Primary Program Activities:** Parkour is a movement discipline in which participants learn to move their bodies through their environment, overcoming mental and physical obstacles, conquering challenges, and learning to apply these skills in the real world.

Parkour training is entirely progression-based, which makes it a safe, fun, and scaleable activity for all ages (6 - 70+), abilities, and fitness levels!

### Weekly schedule:

**Girls Parkour** @ Somerville Armory

- Monday, 4-6pm; Ages 8-13

**Indoor Class** @ Somerville Armory

- Tuesday, 7:30-8:30pm; Ages 10-13

**Advanced Indoor Class** @ Brooklyn Boulders (Requires instructor permission)

- Thursday, 6-7:30pm; Ages 8-13

**Afterschool Program** @ Brooklyn Boulders

- Friday, 4-6pm; Ages 8-13

**Outdoor Class-** location varies

- Sunday, 11am-12:30pm; Ages 6-13

**Grades/Ages Served:** All ages (see above)

**Genders Served:** Girls & Boys

**To Enroll:** Go to [www.pkgenboston.com](http://www.pkgenboston.com) to sign up for classes, email [boston.info@parkourgenerations.com](mailto:boston.info@parkourgenerations.com) or call 617-302-7542

**Enroll by:** Admission is rolling- join any time!

**Cost:** Varies- see website; Scholarships available (email [blake@parkourgenerations.com](mailto:blake@parkourgenerations.com))

**For more information:**  
[www.pkgenboston.com](http://www.pkgenboston.com)

## BKBeasts Climbing- Club Team

SO

Ongoing- join any time!  
5-7pm, Tuesday & Thursday

BROOKLYN BOULDERS SOMERVILLE  
12A TYLER STREET, SOMERVILLE MA 02143  
SARAH BUCKNAM | 617-623-6700  
SARAH.BUCKNAM@BROOKLYNBULDERS.COM

### Primary Program Activities:

- Indoor rock climbing (top roping, bouldering, and lead climbing)
- Opportunities to learn about outdoor rock climbing
- Physical fitness training
- Team building
- Open to all levels and abilities

We also have competitive teams for kids looking to improve their climbing ability and compete against other kids at the local, regional, and even national level!

**Grades/Ages Served:** Ages 11-18

**To Enroll:** Contact Sarah (head coach); sign up at the front desk at Brooklyn Boulders

**Enroll by:** Admission is rolling- join any time!

**Cost:** \$300/month. Scholarships available (email [sarah.bucknam@brooklynboulders.com](mailto:sarah.bucknam@brooklynboulders.com))

**For more information:**  
<https://brooklynboulders.com/somerville/youth-teams/>

SB	School-based
CW	Citywide
EC	East Cambridge
WC	West Cambridge
NC	North Cambridge
PT	The Port
KM	Kendall Square / MIT
CR	Coast/Riverside
MC	Mid-Cambridge/Harvard
SO	Somerville
BO	Boston
FREE	No cost

# STEM

(Science, Technology,  
Engineering, and Math)  
(1-2 days/week)

## Innovators for Purpose: Saturdays @ MIT



October 6th- May 12th  
11am-3pm, designated Saturdays  
(about twice a month)  
MIT, 77 MASS AVE, CAMBRIDGE MA 02142  
MICHAEL K. DAWSON | 978-206-1440  
INFO@INNOVATORSFORPURPOSE.COM

### Primary Program Activities:

- iFp Saturdays exposes youth to people, places and opportunities in the innovation economy.
- Students interact with Science & Technology by participating in hands-on activities at different Businesses, Colleges and Museums in Greater Boston including MIT and Harvard.
- Students not only explore the analytical side of innovation, but the creative elements as well. Students are introduced to the field of Design – one of the fastest growing areas in the innovation space.
- Designers use their creativity to turn ideas into products or services that add value to people's life.

**Grades/Ages Served:** Ages 13 and up

**Eligibility:** Desire to learn about Design, Science and Technology, and available to attend at least 75% of remaining sessions.

**To Enroll:** Sign up online:  
bit.ly/iFpSaturdays2018-19

**Enroll by:** New students accepted until March 1st

**Cost:** None

**For more information:**  
www.innovatorsforpurpose.org

## Innovators for Purpose: Robots that Make a Difference



February 26th- May 14th  
3:30-6:30pm, Tuesday  
CAMBRIDGE PUBLIC LIBRARY- MAIN BRANCH  
449 BROADWAY, CAMBRIDGE MA 02138  
MICHAEL K. DAWSON | 978-206-1440  
INFO@INNOVATORSFORPURPOSE.COM

### Primary Program Activities:

- Integrated Design, Science and Technology program focusing on robots from a human-centered perspective.
- Design robots that "make a difference" with an emphasis on assistive technologies.
- Skills Learned: Human Centered Design, Mechanical Engineering, Electronics, Computer Programming, 3D Modeling and more.

Students (and/or their parents) can arrange transportation from Upper Schools to CRLS on after-school bus. Must check with their school's Clerk/front office to make arrangements.

**Grades/Ages Served:** Ages 13 and up

**To Enroll:** Sign up online:  
bit.ly/ifprobots2018-19

**Enroll by:** Space is limited- enroll ASAP!

**Cost:** None

**For more information:**  
www.innovatorsforpurpose.org



## Girls Who Code



January 16th- March 27th  
4-6pm, Wednesdays  
CAMBRIDGE PUBLIC LIBRARY- MAIN BRANCH  
449 BROADWAY, CAMBRIDGE MA 02138  
MAYA ESCOBAR | 617-349-4027

**Primary Program Activities:** Learn to code!

**Grades/Ages Served:** Ages 13-18

**Genders served:** Anyone who identifies as a GIRL

**To Enroll:** Advanced registration is required. Registration will open at start of January.

Please call the Teen Room phone number Monday-Thursday, 12:00-7:00, or Friday-Saturday, 9:00-5:00, to register.

**Enroll by:** Registration closes on February 5th, the third week of the program.

**Cost:** None

**For more information:**  
<https://girlswhocode.com/>

## Youth Cities March-to-May Bootcamp



Early March- Early May  
Usually 9am-12pm, Saturday  
CAMBRIDGE INNOVATION CENTER (CIC)  
1 BROADWAY, CAMBRIDGE MA 02142  
VICKY WU DAVIS | 617-290-5499  
VICKY@YOUTHCITIES.ORG

### Primary Program Activities:

- 10-week Saturday program
- Work as teams or as individuals to start a venture
- Work with a variety of entrepreneurs to start a venture, figure out how it impacts your local community, and determine how it will generate revenue while driving social change

**Grades/Ages Served:** 5th- 12th grades

**To Enroll:** Register online:  
<http://youthcities.org/march-to-may-bootcamp/?rmcb=1545668837>

**Enroll by:** Usually early February- see website for details

- SB** School-based
- CW** Citywide
- EC** East Cambridge
- WC** West Cambridge
- NC** North Cambridge
- PT** The Port
- KM** Kendall Square / MIT
- CR** Coast/Riverside
- MC** Mid-Cambridge/Harvard
- SO** Somerville
- BO** Boston
- FREE** No cost



# STEM Opportunities (continued)

## Youth Cities March-to-May Bootcamp (continued)

**Cost:** \$475 + registration fee. Scholarships are available. To apply, check the Financial Aid box in online registration (at least 50% of our students receive program fees waivers).

**For more information:**

<http://youthcities.org/march-to-may-bootcamp/?rmcb=1545668837>

## City Sprouts: Vertical Farms Club



October- June

3-4:15pm, Tuesday & Wednesday

LOCATIONS: RAUC & PAUS

SOLOMON MONTAGNO | 617-876-2436

MIDDLESCHOOLPROGRAM@CITYSPROUTS.ORG

**Primary Program Activities:**

- STEM
- Leadership development
- Learn about ecosystems & food systems
- Gardening
- Vertical gardens

**Grades/Ages Served:** 6th- 8th grades

**Eligibility:** CPS students

**To Enroll:** Email Solomon at [middleschoolprogram@citysprouts.org](mailto:middleschoolprogram@citysprouts.org), call 617-876-2436, or ask your OST coordinator or Youth Connector for details

**Enroll by:** No deadline, however space is limited.

**Cost:** None

**For more information:**

<http://www.citysprouts.org>

## Bio-Coding Club with the Broad Institute



January 30th- May 29th

3-4:15pm, Wednesday

PUTNAM AVENUE UPPER SCHOOL (PAUS)

100 PUTNAM AVE, CAMBRIDGE MA 02139

ASHLEY JOHNSON | 617-714-8849

AJOHNSON@BROADINSTITUTE.ORG

**Primary Program Activities:**

- Explore how computers are used to solve health problems
- Learn about biology through hands-on activities
- Code your own project using the Scratch coding language

**Grades/Ages Served:** 6th grade

**Eligibility:** 6th grade PAUS students only

**To Enroll:** Contact Ashley Johnson at [ajohnson@broadinstitute.org](mailto:ajohnson@broadinstitute.org) or 617-714-8849

**Enroll by:** February 6th

**Cost:** None

**For more information:** Contact Ashley



## Science Club for Girls



March 2nd- May 4th

10:15- 11:30am, Saturdays

MARGARET FULLER NEIGHBORHOOD HOUSE

71 CHERRY STREET, CAMBRIDGE MA 02139

CRISTINA ULLMAN | 617-391-0361

SCFGPROGRAMS@SCIENCECLUBFORGIRLS.ORG

**Primary Program Activities:**

Hands-on STEM activities

**Grades/Ages Served:** 6th- 8th grades

**Eligibility:** GIRLS only

**To Enroll:** Register online and/or email [scfgprograms@scienceclubforgirls.org](mailto:scfgprograms@scienceclubforgirls.org)

**Enroll by:** March 9th

**Cost:** None

**For more information:**  
[www.scienceclubforgirls.org](http://www.scienceclubforgirls.org)



## Flagship Clubhouse



Ongoing- come anytime!

2:30-7pm, Wednesday- Thursday

2:30-8pm, Friday

12-6pm, Saturday

THE CLUBHOUSE (NEW LOCATION: DUDLEY SQ)

2107 WASHINGTON ST, ROXBURY MA 02199

JEFF ROGERS | 617-318-3460

JROGERS@THECLUBHOUSENETWORK.ORG

**Primary Program Activities:**

Afterschool drop-in program focused on media arts/production and STEM (Science, Technology, Engineering and Math)

- Music
- Art
- Programming
- Building
- Technology

**Grades/Ages Served:** Ages 14-18

**To Enroll:** Come to the Flagship Clubhouse to sign up and be a member (forms also online)

**Enroll by:** Join anytime!

**Cost:** None

**For more information:**

<http://clubhousebeat.org/>

SB	School-based
CW	Citywide
EC	East Cambridge
WC	West Cambridge
NC	North Cambridge
PT	The Port
KM	Kendall Square / MIT
CR	Coast/Riverside
MC	Mid-Cambridge/Harvard
SO	Somerville
BO	Boston
FREE	No cost



# Upper School Clubs & Intramural Sports

**Starting in early January**, each Upper School offers a variety of **FREE enrichment clubs, intramural sports, and Learning Centers.**

Clubs, Academic Resource Centers (ARC), and Intramural Sports that meet **AFTER SCHOOL** will run from **3:05pm – 4:20pm** on Tuesdays, Wednesdays, and/or Thursdays and typically operate on a **TRIMESTER** schedule (Fall: October – Dec, Winter: Jan – March, Spring: April – May).

A **LATE BUS** will be available to students that participate (see page 3 for a list of available bus stops). Please note that the late bus only runs on Tuesdays, Wednesdays and Thursdays.

Each Upper School will develop and offer its own selection of **ENRICHMENT CLUBS** that are available to students that attend that school

**ACADEMIC RESOURCE CENTERS** are either operated by school staff or in collaboration with Cambridge School Volunteers at all Upper Schools. They may be offered before and after school.

**INTRAMURAL SPORTS** are usually twice a week.

## CPS Upper School Winter/Spring Intramural Sports\*: Volleyball, Basketball, Soccer, Track, Orienteering (\*varies by school)

January- March, April- May  
3:05-4:20pm, days vary by school  
(Tuesdays, Wednesdays, Thursdays)

LOCATION: AT EACH UPPER SCHOOL

### Primary Program Activities:

- Volleyball starts in November
- Basketball starts in January
- Soccer starts in April
- Spring orienteering starts in April
- No experience necessary! Try something new – most sports include both brand new athletes and more experienced athletes

**Grades/Ages Served:** 6th- 8th grades

**To Enroll:** Sign up at school, usually with the school clerk, PE teacher, or coach

**Cost:** None

**For more information:** Visit YOUR Upper School's website

## Other options at Upper School Campuses:

For Middle School Programming **run by outside organizations AT Upper Schools**, check out:

- **East End House Middle School Program @ PAUS** on page 11
- **Tutoring Plus @ CSUS** on page 11
- **Cambridge School Volunteers** on page 11
- **City Sprouts** on page 25

If you choose to participate in any of these programs at your Upper School, you can still take the **LATE BUS** home afterwards (usually around 4:30pm).

### This year's club offerings at each upper school have included:

<b>Amigos</b>	Cross Country (T,Th), Volleyball (T,Th), Homework Help (T,W,Th), some programming through Amigos-Cambridgeport Community School
<b>Cambridge Street</b>	Student Council (Th), Math Circle (W), Cobra Dance Crew (T,W), Colorguard (Th), The Art of Thinking (W), Debate Team (W,Th), Photography (Th)
<b>Putnam Avenue</b>	David Walker Scholars (M,F), Dare to Dream (TBD), Student Government (W), TED-Ed (Th), City Sprouts (T,W), East End House (M,T,W,Th,F), Anime (Th), Retro Games (T), Model United Nations (T), Drum Line (W), Choir (T)
<b>Rindge Avenue</b>	RAUC Morning News (T), Parkour (T), Debate (T), Board & Card Games (T), Math Club (W), Dance Club (W), City Sprouts (W), Model United Nations (Th), Polar Bear Running Club (Th)
<b>Vassal Lane</b>	HW Help Centers (6th- WTh before school, 7th- W, 8th- TWTh), Nature Explorers (T), Brass Ensemble (T), Black & Caribbean Studies (W), Origami (W), Photography (W), Black Student Union (Th), City Sprouts (Th), Student Government (F morning)

**For current information, please check each with each Upper School office or visit each Upper School's website:**

**Amigos:** <http://amigos.cpsd.us/activities>

**Cambridge Street Upper School:**  
<http://cambridgestreet.cpsd.us/activities>

**Putnam Avenue Upper School:**  
<http://putnamavenue.cpsd.us/activities>

**Rindge Avenue Upper Campus:**  
<http://rindgeavenue.cpsd.us/activities>

**Vassal Lane Upper School:**  
<http://vassallane.cpsd.us/activities>



# Cambridge Public Libraries

Visit one of the 6 branches of the **Cambridge Public Library** to:

- Browse or borrow books, movies, music, video games, magazines, comics, and graphic novels.
- Log in, surf, text, or game—free WIFI!
- Do your homework
- Attend an event where you and your friends can watch a movie, play video games, make something, or meet your favorite author
- Join a book club!

## For more information:

<http://www.cambridgepubliclibrary.org>

## BRANCH HOURS AND LOCATIONS:

### Cambridge Public Library - Main Library

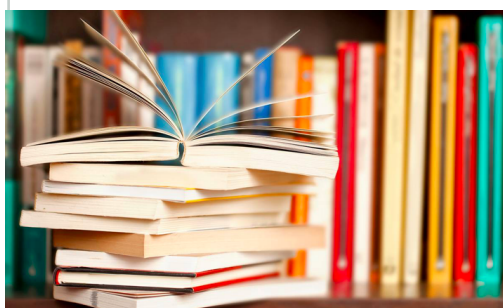
449 Broadway 02138:  
Open Monday-Thursday 9am-9pm,  
Friday-Saturday 9am-5pm,  
Sunday (fall-spring) 1-5

**Children's Room:** open  
Monday-Thursday 9am-7pm,  
Friday-Saturday 9am-5pm, Sun  
(fall-spring) 1-5

**Teen Room:** open Monday-Thursday  
12-7pm, Friday 12-5pm, Saturday  
9am-5pm, Sun (fall-spring) 1-5

### Phone Numbers:

- Circulation Desk: 617-349-4040
- Q&A Desk: 617-349-4041
- Children Room/Services: 617-349-4038
- Teen Room/Services: 617-349-4027



### Boudreau Branch (617-349-4017)

245 Concord Avenue 02138  
Open Monday, Wednesday, Friday  
10am-6pm, Tuesday 10am-8pm, closed  
Thursday

### Central Square Branch (617-349-4010)

45 Pearl Street 02139  
Open Mon, Wed, Fri 10am-6pm, Tue &  
Thu 10am-9pm, Sat 10am-2pm

### Collins Branch Library (617-349-4021)

64 Aberdeen Avenue 02138  
Open Monday, Tuesday, Friday  
10am-6pm, Thursday 1-8pm, Closed  
Wednesday

### O'Connell Branch (617-349-4019)

48 Sixth Street 02141  
Open Monday, Tuesday, Wednesday  
10am-8pm, Thursday & Friday  
10am-6pm

### O'Neill Branch (617-349-4023)

70 Rindge Avenue 02140  
Open Monday & Wednesday  
10am-8pm, Thursday & Friday  
10am-6pm, closed Tuesday

## For Middle School Programming at the Library, check out:

- **Girls Who Code** on page 24

## COMING SOON:

Stay tuned for the **Summer Resource Guide** that will come out in March, and highlights the many summer camps and opportunities.

Many of the summer programs (especially overnight camps) start enrollment **EARLY**, so you don't want to miss out!

## Winter/Spring Resource Guide Photo Credits:

Cover: *Cambridge Police Youth Boxing Program*

Inside cover: *Frisoli Youth Center*

Table of contents: *Russell Youth Center*  
p. 9: *Frisoli Youth Center & Gately Youth Center*

p. 10: *Workforce & Frisoli Youth Center*

p. 11: *Moses Youth Center*

p. 13: *Girls Only Leadership Development (GOLD)*

p. 14: *CityStep (both)*

p. 15: *New School of Music*

p. 16: *New School of Music*

p. 17: *Maud Morgan Art*

p. 18: *Premier Hoops*

p. 19: *Cambridge Youth Soccer*

p. 20: *East Cambridge Little Baseball League*

p. 21: *Title IX Girls Running Club*

p. 22: *Olympia Fencing*

p. 23: *Jae H. Kim Taekwondo*

p. 24: *Innovators for Purpose*

p. 25: *City Sprouts & Science Club for Girls*

p. 26: *RAUC Cross-Country*



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@agendacambridge



[www.agendaforchildrenost.org](http://www.agendaforchildrenost.org)