

Cambridge Council on Aging

MEETING AGENDA

COA BOARD MEETING

Tuesday April 13, 2010 9:30 a.m.

AGENDA:

- 1. President's welcome**
- 2. Review/Acceptance of minutes from meeting of March 9, 2010.**
- 3. Reports**

COA Executive Director

North Cambridge Senior Center

Client Services

Citywide Senior Center

- 3. Old Business**
- 4. New Business**

Minutes of Board meeting of March 9, 2010

Board Members Present, Bill Cobham, President; Mollie Gadarowski; Vice President, Patricia Burgess, Mary Ann Dalton; Lisa Hartnett; Carmela Schipani; and Edna Stamp.

Staff Present: Eileen Ginnetty, Patricia Johnson, Vincent McCarthy, Susan Pacheco and Emma Watkins.

Minutes from February 9th meeting were accepted as written.

COA Executive Director's Report; State Representative Alice Wolf conducted a forum with special guest, Ann Hartsein, Secretary of Elder Affairs. The focus of the meeting included home care wait list, as well as home health care for the future, Prescription Advantage, and the start of a Falls Commission.

North Cambridge Senior Center is currently holding a "Matter of Balance" class, but enrollment is low. This class is geared to improve senior fall issues due to poor balance. The LGBT feedback from the recently held dinner at 2050 was to establish a meal site where members could meet on a monthly basis. This will be reviewed.

Finally, Eileen distributed an article showing that 38% of MA nursing homes failed to make an approval grade with the Department of Public Health surveys.

North Cambridge Senior Center: Vincent is excited to announce that 2050 is participating the Open Art Studios Program displaying participants art work on Saturday April 24 and Sunday April 25. North Cambridge continues this year with VITA income tax assistance to participants: Thursday March 11 and Thursday March 25 from 1:30-4:30. Appointments are necessary. A tour of the new Cambridge Library is scheduled for March 11. St Patrick's Day will be celebrated with a luncheon trip to White's in Westport, MA. March 18 Sarah Boyer will continue Cambridge Memories. On April 8, 2050 will tour the new Cambridge Police Station with the Safety Awareness Program.

Client Services: Susan noted that Alicia Johnson is attending SHINE meetings hoping for June certification as a SHINE councilor.

Susan distribution the newly designed fact sheet for Cambridge Council on Aging. On March 8 the Cambridge Consumer Council will speak on identity thefts and scams. The post office has shared several brochures for seniors regarding scams. One suggestion was to shred all magazines or any postal material that has your name and address on it. The date for the MIT Picnic is May 12.

Citywide Senior Center: Emma reported that she has received a small grant from the Public Health Department to sponsor a Health & Wellness event for men.

We are continuing our Men's Group: Movie and Pizza twice a month.

Senior Center staff will visit surrounding senior centers to evaluate their environments, as well as their programming activities.

Emma is excited to note that funding donated through TUFTS Health Plan Foundation and sponsored by SCM Community Transportation community members can enjoy Door to Door Transportation to the theater, music, dance and museum events.

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Coming up is an ongoing event for story telling which will start early spring.
The interviewing process for the front desk receptionist 19/hr/week position will start soon.
All board members are welcome to our St. Patrick's Day luncheon.

Respectfully submitted,

Pat Johnson
Cambridge Council on Aging

