

Minutes of COA Board Meeting of June 14, 2016 @ 9:30 am

Board Members Present: Jennifer Chisholm, Kathleen Connolly, Mary Ann Dalton, Pearl Hines, Benjamin Horner, Lily Owyang, and Jeanne Ryde

Absent: Ethel Ampey, Daniel Buroso,

Staff Present: Lisa Castagna, Vincent McCarthy, Susan Pacheco and Emma Watkins

Call to Order – Vice President Owyang called meeting to order at 9:35 a.m.

Minutes of May 10, 2016 meeting were reviewed and accepted.

COA Executive Director – Susan Pacheco

- World Elder Abuse Awareness Day is June 15th. Circulated the flyer and purple ribbons to all.
- Elder Abuse Coalition in collaboration with the Cambridge Public Health Dept. will be sponsoring a “Take Back Drug” program on 9/13, 12:00 -3:00 p.m. Expired medications can be dropped off at the Senior Center.
- On June 14th, Liz Seelman is coordinating a “Sorting Workshop” to assist individuals with hoarding disorder. It is being facilitated by Jesse Edsell-Vetter. This is the last event for this grant cycle from MassHousing. The COA will be applying for additional funds in FY17.
- 6/15 (6:30 p.m. – 7:30 p.m.) – Focus Group specifically for COA Board; Disability Commission and other commissions under Dept. of Human Services have the opportunity to meet with consultant firm hired to assist in City Manager search. Share your ideas about what attributes the new City Manager should possess to lead the City of Cambridge.
- As ED for COA, one responsibility is appointing individuals to the Somerville Cambridge Elder Services Board of Directors. If interested, please contact Susan for more information.

Citywide Senior Center – Emma Watkins

- On June 1st the Evergreen Chorus presented a Spring Concert. On the 2nd at Town Meeting Mike Orr spoke about the BYOB Bring Your Own Bag ordinance.
- Other activities in June: Cambridge Boathouse Lecture and Senior brunch 6/22. Dance Party with DJ Jimmy Caserta 6/23 and the annual Charlesgate Yacht Club trip on 6/29.
- On 6/30 Joseph Caparco presents “What makes us a Creative Person?”
- Emma recommends a Frontline special Being Mortal, How medicine can not only improve life but also the process of its ending.

North Cambridge Senior Center (NCSC) - Alicia Johnson

- The North Cambridge Senior watercolor paintings are on display at the O’Neil library branch.
- We were joined by the Cambridge Budget Office to discuss the 3rd cycle of Participatory Budget on June 6th.
Birthday Iced Tea and Lemonade was Wednesday June 8th.
- WOW Group June 8th Presentation about Memory Care with Roberta Robinson. June 15th Presentation about DASH Diet with Satsuko a Registered Dietician from SCES
- Charlesgate Yacht Club Tuesday June 14th
- Safety Awareness Appreciation Luncheon June 16th with Cambridge Police Community Relations Officers Dan Burroso and Matt Mahoney
- Happy Father’s Day June 20th Join us for bagels, muffins and coffee.
- Pet Therapy with Gracie Tuesday June 21st Gracie returns with Vincent McCarthy.
- Internet Safety Presentation Tuesday June 21st USAlliance in Porter Square will give an informative discussion about computer phishing, malware and viruses
- Day Trip to Old Mill Restaurant and Verrill Farm Thursday June 23rd

Client Services – Vincent McCarthy

- 40 Fans are to be delivered for the Summer Fan program.
- On 6/21 a Men's group Father's day brunch. Coming in July Men's group and Walking Club together on 7/6.
- The Film and Discussion move is Love Is Strange on 6/28.
- Vincent continues Pet Therapy with Gracie at NCSC.
- The Stronger Together group meeting on Tuesdays is now co-facilitated by Vincent and Liz Aguilo.
- Save the date for Drug Take Back Day for Senior Safety on 9/13.

Old Business**New Business**

- Pearl Hines has been reappointed to a 3 year term on the Board. Thank you Pearl for your commitment to serve!
- Thank you to members: Benjamin Horner and Jeanne Ryde. Thank you for your service to the COA Board and Cambridge Seniors. We look forward to your continued presence at the Center.

Meeting adjourned at 11:05 am

Next meeting: Tuesday, September 13, 2016 @ 9:30 a.m.

Minutes respectfully submitted by Lisa Castagna and Susan Pacheco.