

TOWARD A BIKEABLE FUTURE

Bicycle Network Master Plan Cambridge, MA December 2014

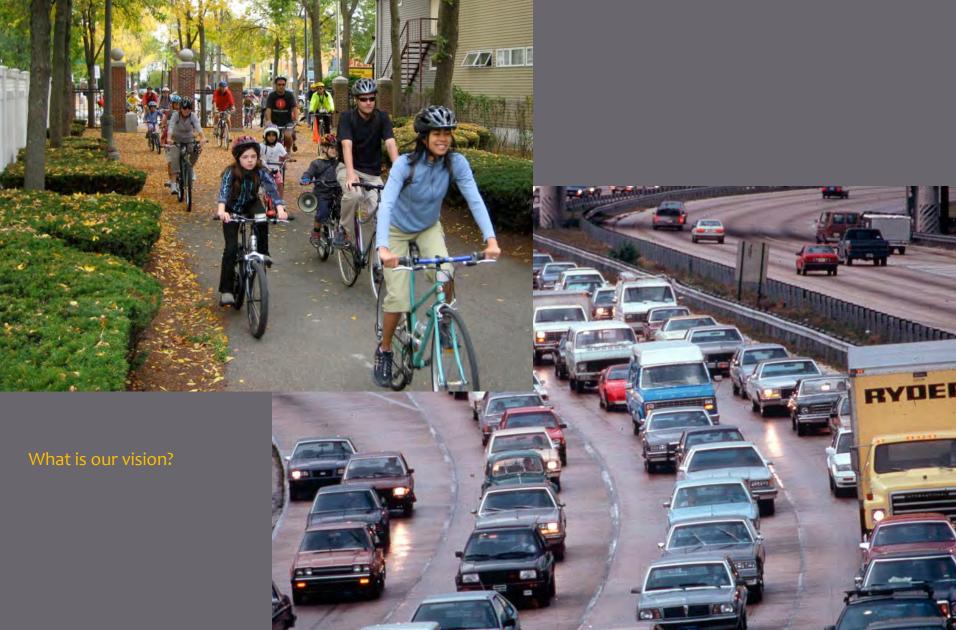


The following is an overview to provide general background to the

Draft Bicycle Network Plan.

For more details on any of the topics go to: <u>www.cambridgema.gov/bike</u>

Which Future?



Environmental Benefits



Sustainable transportation is key to solving our climate change and air quality challenges.



Health Benefits





Active transportation is an effective way of keeping ourselves healthy.

You Choose!



If people can easily bike and walk as part of their daily routines, they don't need to take extra time to be fit.



Health Benefits of Bicycling

4 3.5 3 2.5 + Health Impact (years) 500 Years 2 31 - Fatal Crash Risk (years) 1.5 Total Change in Life Expectancy 1 1.40 5 0.08 .0.04 0.5 0 Scenario A: Scenario B: -0.5 Cycle 30 minutes (5 miles) per day Cycle 1 hour (10 miles) per day

Cycling's Impact on Life Expectancy

Studies show that people who bicycle regularly are healthier, providing economic benefits to employers and society as well as health benefits to themselves.

http://www.peopleforbikes.org/statistics/category/health-statistics

Health Benefits of Separated Bike Facilities

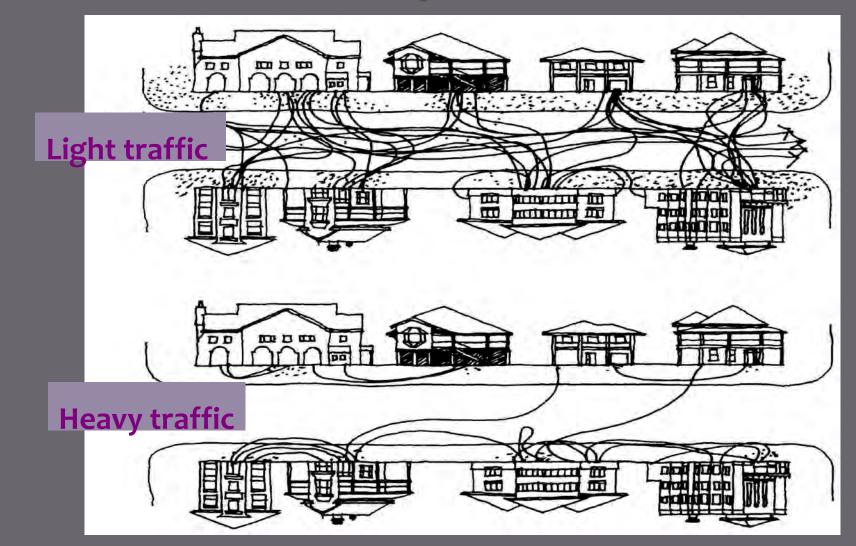


Cyclists on separate facilities have markedly lower exposure to pollutants

Community Benefits



Community Benefits



People who live on streets with less traffic are more likely to know their neighbors. Lines on the diagram represent social connections.

Reference: http://books.google.com/books/about/Livable_Streets.html?id=pfreUQKD_4QC

Economic Benefits

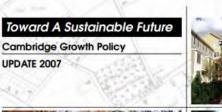
People who shop by bike spend more money locally

http://www.peopleforbikes.org/statistics/category/protectedbike-lane-statistics

http://www.citylab.com/commute/2012/12/cyclists-andpedestrians-can-end-spending-more-each-month-drivers/4066/



Policies

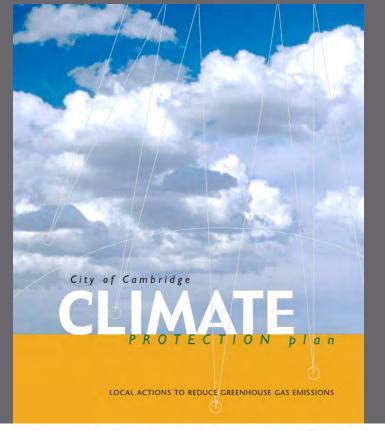






Encourage all reasonable forms of nonautomobile travel including, for example, making improvements to the city's infrastructure which would promote bicycling and walking.





Improve facilities for walking and cycling. Install more bicycle lanes and parking facilities; create and improve off-road paths including railroad rights-of-way; expand efforts to retrofit streets and intersections to better accommodate bicycles and pedestrians.

Cambridge has numerous policies that emphasize the importance of bicycle transportation.

CITY OF CAMBRIDGE, MASSACHUSETTS

Planning Board and Community Development Department

The Vision of an

"8 - 80 City"





Goal:

To create a city that's safe for anyone from the ages of 8 to 80* to be able to walk or bike independently.

This will mean the city is safe for all.

* approximately!

Goal is a City for Everyone



Cycling for All Trip Purposes



Cycling for All Ages

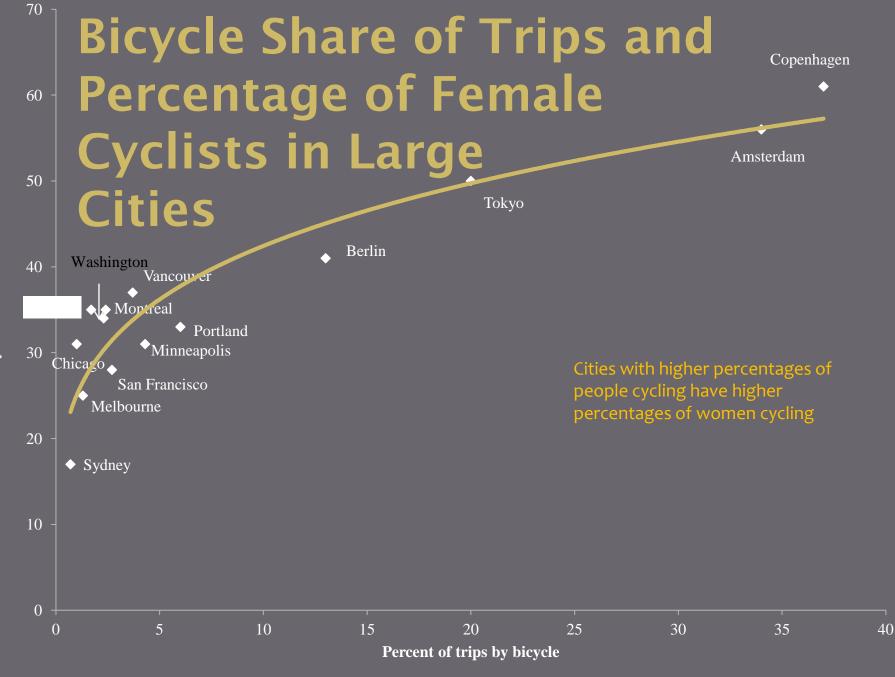




Cycling for All Genders



Where do women bike?



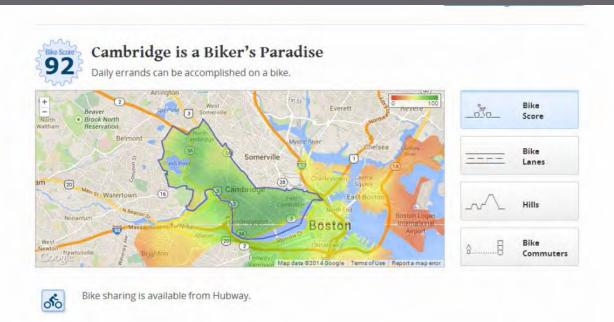
Source: Pucher, J., Buehler, R. (eds.), *City Cycling*. Cambridge, MA: MIT Press, 2012

Percent of bicyclists who are female

Cambridge is a GOLD rated Bicycle Friendly Community



Highest Bike Score in the Country





Being bike friendly is more than just the facility network; here are just a few examples of other important elements of being a Bicycle Friendly Community.

For more details on any of the topics go to: <u>www.cambridgema.gov/bike</u>

Hubway Bike Share



Bike Parking



Community Bike Rides

Wayfinding





Saturday, May 18th, 2013

| 10:00am |
|-----------------------------|
| Cambridge Public Library, |
| Main Branch, 449 Broadway |
| 10:15am Sharp - Ride starts |
| Cambridge Public Library |
| Approximately 12 miles |
| Approximately 2.5 hours |
| |



Workshops



The City of Cambridge proudly presents:

FREE Bicycle Workshops

For Cambridge residents and employees!

February 11 – Winter Cycling, 7pm 344 Broadway, 2nd Floor

February 12 – **Urban Cycling Basics**, 12pm 449 Broadway – Main Library

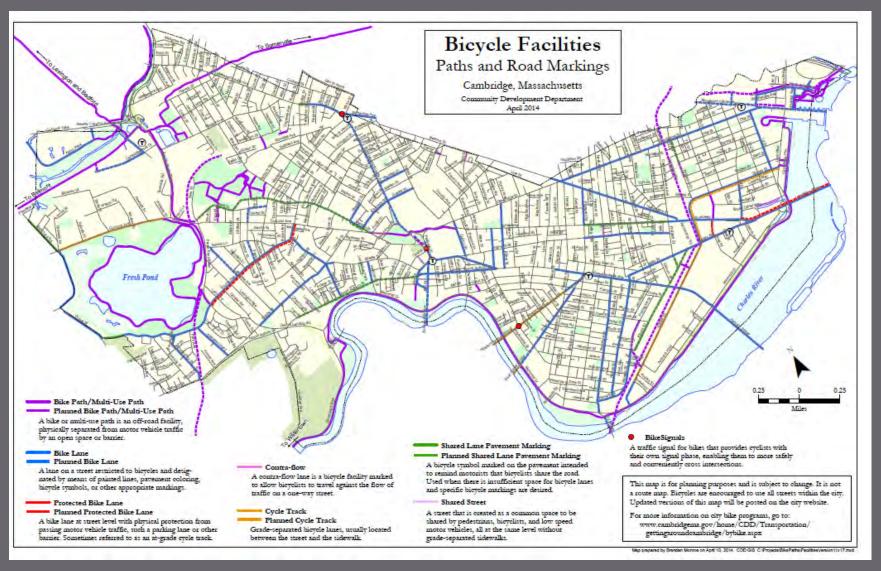
March 11 – **Bike Maintenance Basics**, 7pm 344 Broadway, 2nd Floor

April 30 – Urban Cycling Basics/Hubway, 7pm 449 Broadway – Main Library

May 10 – **On-bike Training**, 2pm (at the Alewife Bike Cage)

Please RSVP to Jennifer Lawrence, jlawrence@cambridgema.gov, 617-349-4671

Increasing Amount of Facilities



There are 60+ miles of Bicycle Facilities in the city.



Here are a few of the important bicycle facility types.

For more details on the full range of bicycle facilities: http://www.cambridgema.gov/CDD/Transpo rtation/bikesincambridge/biketoolbox.aspx

Bike Lanes Invite Cycling



Buffered Bike Lanes Provide More Space



Protected Bike Lanes are Safer and More Comfortable



Protected Bike Lanes (Cycle Tracks) with Enhanced Streetscape Elements

Vassar Street



Western Ave.

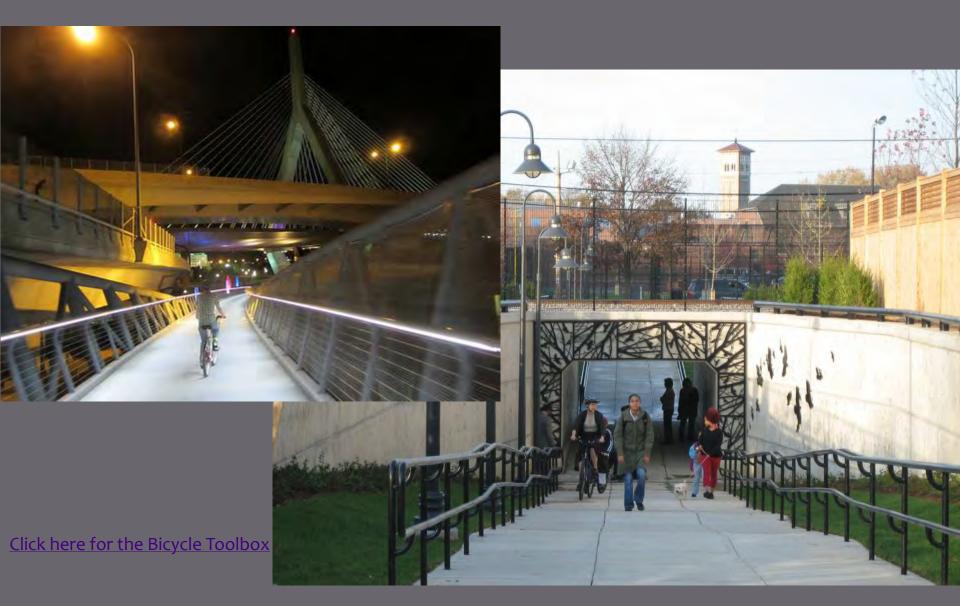


Protected Bikeways: Off Road Paths





Bridges and Underpasses



Bike Signals Help with Challenging Crossings





Traffic Calming Make Streets Better for All Users



Shared Lane Markings



Bicycle Boulevards/ Bicycle Priority Streets

NUA



e III BLVD

<u>Click here for the Bicycle Toolbox</u>

Shared Streets

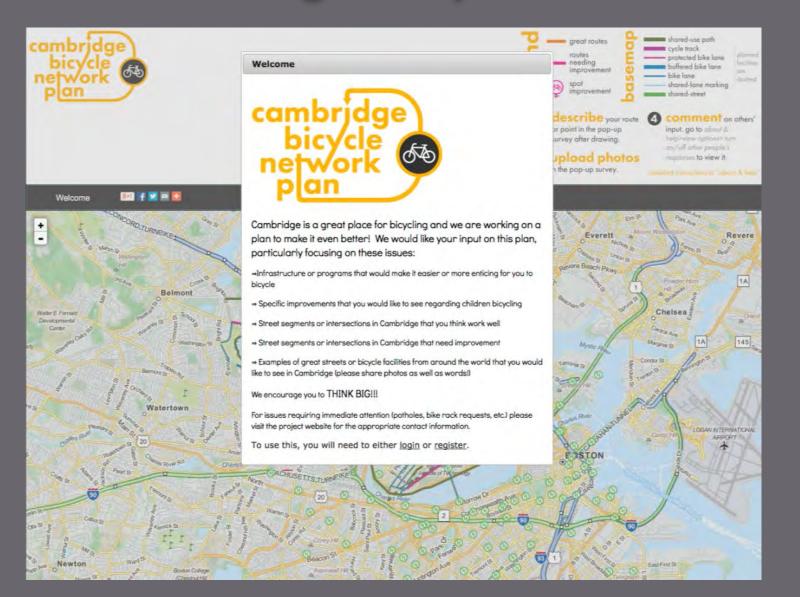
Winthrop Street Before



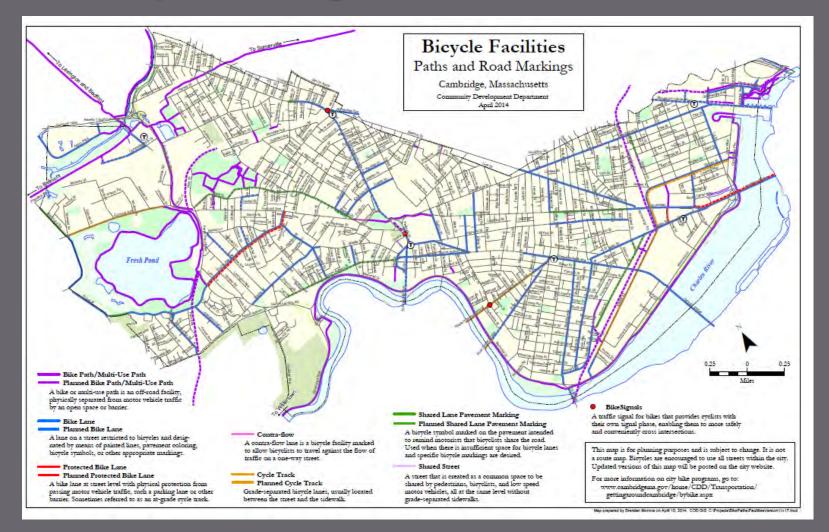
Click here for the Bicycle Toolbox

Winthrop Street After

Toward a Bikeable Future: Cambridge Bicycle Plan



Expanding the Network



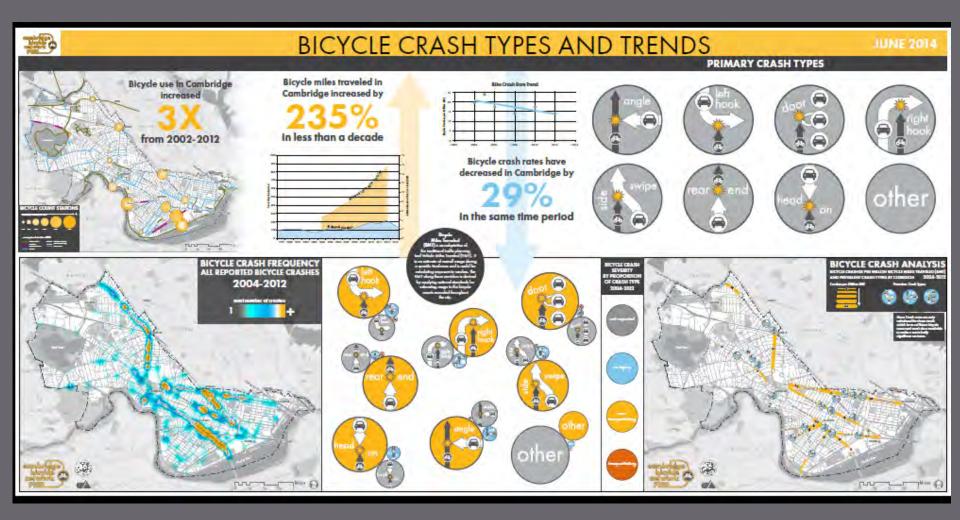
What are the next steps?



What analysis and input is being used to develop the Draft Bicycle Network Plan?

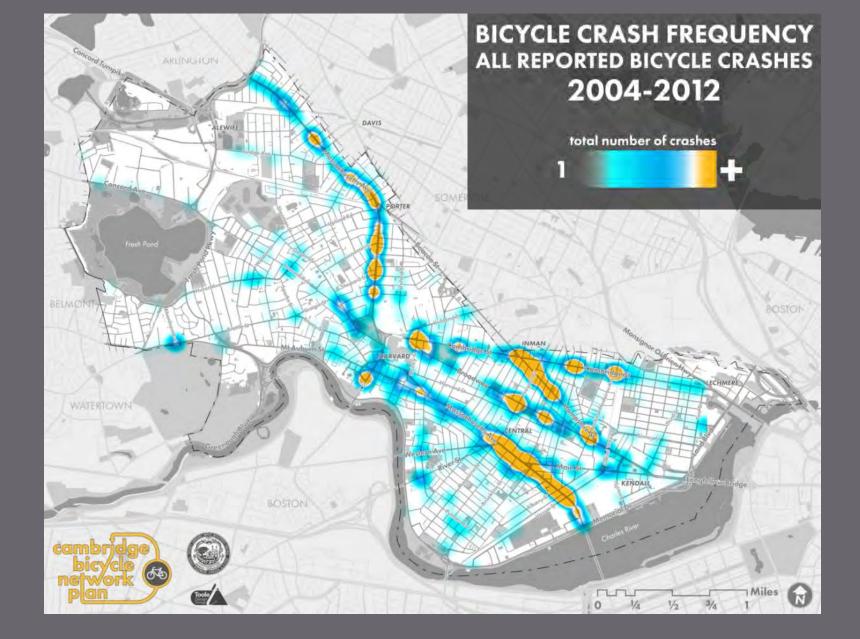
Following are some of the key steps.

Bicycle Crash Analysis



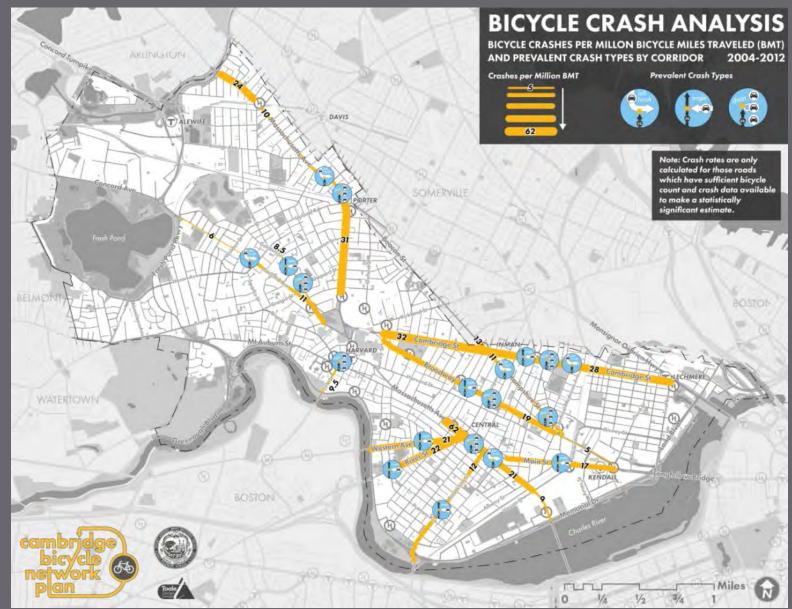
For more detail on the bicycle crash analysis:

http://www.cambridgema.gov/CDD/Transportation/bikesincambridge/bicyclecrashinformation.aspx



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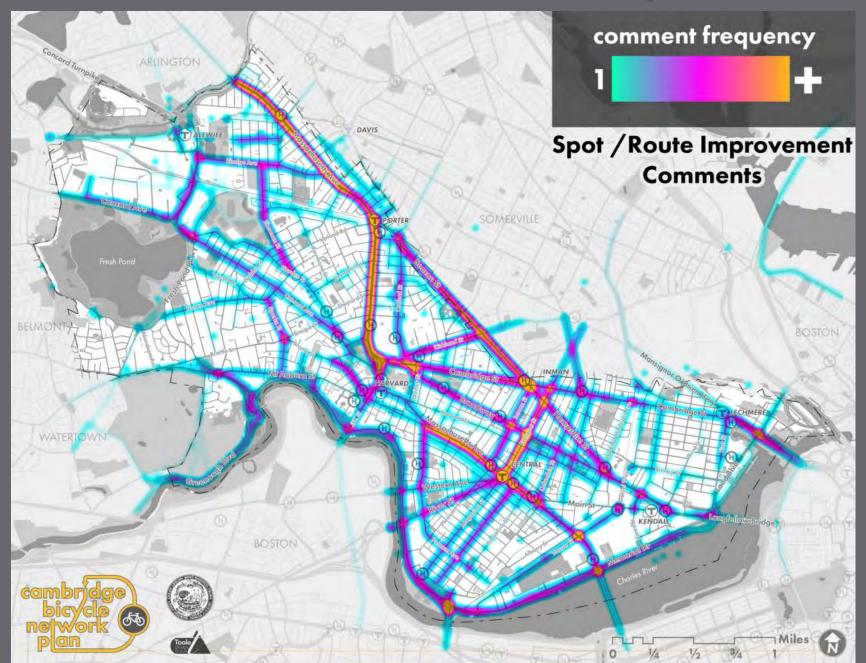
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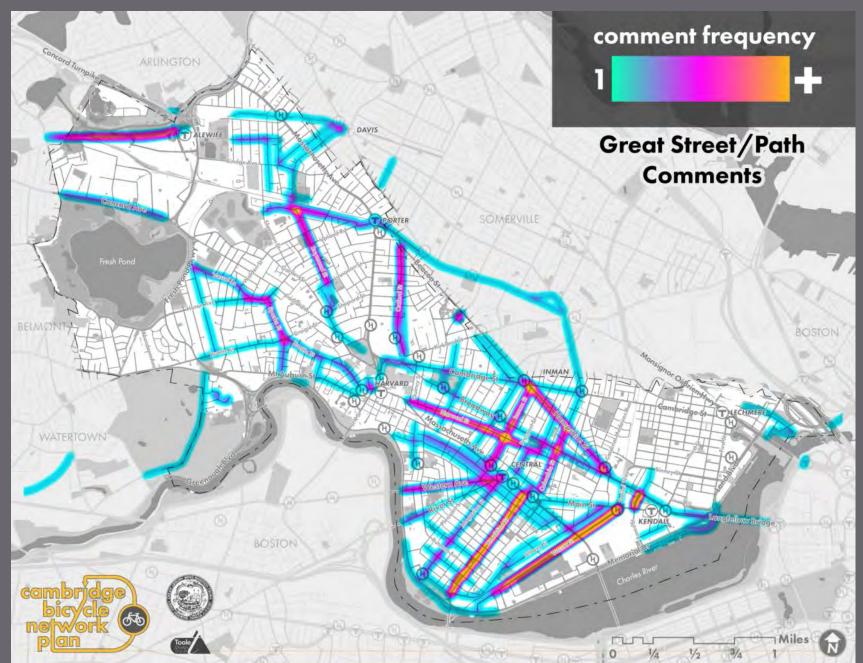


Public input into the Draft Plan was collected in a variety of ways.

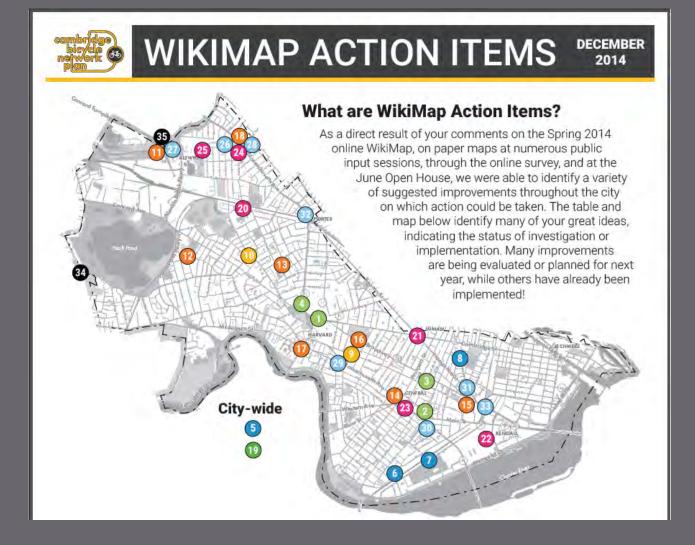
Public Comments – Needed Improvements



Public Comments – Good Infrastructure



Short Term Action Items



A variety of suggested improvements were made through the initial public input process. Here (Map on this slide and table on next) are some of the projects that will be implemented or evaluated.

Short Term Action Items

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|-----|----------------------------|---|--|--|
| ID | CATEGORY | LOCATION | STATUS | DESCRIPTION |
| | Signs, Markings | Mass Ave and Cambridge St | Will Be Looked At | Signage to aid in merge coming out of tunnel from Mass Ave onto Cambridge St |
| | Signs, Markings | Main St and Columbia St | Done | Bike Box on Main St at Coumbia St to facilitate turns toward Mass Ave |
| | Signs, Markings | Norfolk St | Done | Add double yellow line ot Norfok St contraflow lane |
| 4 | Signs, Markings | Waterhouse St Contraflow | Will Be Looked At | Better signage for Waterhouse St contraflow lane |
| 5 | Construction, Paving | Multiple | Sent to Public Works | Reported potholes and poor pavement conditions |
| 6 | Construction, Paving | Fort Washington Park | Will Be Done | Pave access path to the at-grade railroad crossing |
| 7 | Construction, Paving | Vassar St and Pacific St | Identify Funding and Who will Implement | Provide a pedestrian and bicycle crossing on Vassar St at the Pacific St railroad crossing to connect with eastbound Vassar St cycle track |
| 8 | Construction, Paving | Webster Ave and Lincoln St | Will Be Done | Remove the intersection pavers at the intersection of Webster Ave and Lincoln St |
| | Signals | Trowbridge St at Harvard St | | Add bike detection at Trowbridge St at Harvard St |
| | | Huron Ave and Garden St | + | |
| 11 | Bike Parking, Fix-its | Alewife T Station | Will Be Looked At | Bicycle Fix-It Station at Alewife T |
| 12 | Bike Parking, Fix-its | Tobin School | Added to 2015 List | Bike Parking needed: Tobin School |
| 13 | Bike Parking, Fix-its | Graham and Parks | Added to 2015 List | Bike Parking needed: Graham and Parks |
| 14 | Bike Parking, Fix-its | Mass Ave and Western Ave/River St | Added to 2015 List | Bike Parking needed: Mass Ave at Western Ave/River St |
| 15 | Bike Parking, Fix-its | Broadway at Portland St | Added to 2015 List | Bike Parking needed: Broadway at Portland St |
| 16 | Bike Parking, Fix-its | Main Library | Added to 2015 List | Bike Parking needed: Main Library |
| 17 | Bike Parking, Fix-its | Galleria | Done | Bike Parking needed: Galleria |
| 18 | Bike Parking, Fix-its | Mass Ave and Cedar St | Will Be Looked At | Bike Parking needed: Mass Ave and Cedar St |
| 19 | Hubway | Multiple | Will Be Looked At | All Hubway suggestions recorded for consideration |
| 20 | Longer Term Potential | Bolton St and Walden Square Rd | Determining Public Easements | Pave an existing gravel path between Bolton St and Walden Square Rd |
| 21 | Longer Term Potential | Inman Square | Major Planning Study Underway | Several comments about signal improvements at Inman Square |
| 22 | Longer Term Potential | Ames St | Planning Stages | Remove the existing curb extensions on Ames Street to continue the cycle track to the south |
| 23 | Longer Term Potential | Mass Ave and Western Ave | Planning Stages | Intersection improvements on Mass Ave to connect bicyclists to the Western Avenue cycle track |
| 24 | Longer Term Potential | Alewife Linear Park and Mass Ave | | Add signage and /or bike boxes at Alewife Linear Park and Mass Ave indicating how to transition from path to road |
| 25 | Longer Term Potential | Russell Field | Done by others? | Improvements to paths around and through Russell Field |
| 26 | Need More Evaluation | Linear Path at Westley Ave | Evaluation | Provide connection to Linear Path at the end of Westley Ave |
| 27 | Need More Evaluation | Alewife T Station Access Road | | Convert wide sidewalk to cycle track and pedestrian path on Alewife T Station Access Road |
| w28 | Need More Evaluation | Linear Path, Mass Ave, Cedar St | Planning Stages | Provide direction on how bicyclist's should cross at the intersection of Linear Path/Mass Ave/Cedar Street |
| 29 | Need More Evaluation | Mass Ave and Putnam St | | Bicyclists traveling westbound on Mass Ave would like to be able to turn left onto Putnam St |
| 30 | Need More Evaluation | Sidney St, Mass Ave, Main St | | Allow bicyclists traveling northbound on Sidney St to cross Mass Ave onto Main St |
| 31 | Need More Evaluation | Webster Ave and Hampshire St | | Improve visibility for turns from Webster Ave to Hampshire St |
| 32 | Need More Evaluation | Mass Ave and Somerville Ave | Evaluation | Improved signal timing at Mass Ave and Somerville Ave |
| 33 | Need More Evaluation | Galileo and Broadway | | Bike box for left turns from Galileo (N Bound) to Broadway |
| 34 | Not Anticipated to Advance | Grove St and Huron Ave | Outside Limits | Add intersection treatment for bicyclists turning left from Grove St to Huron Ave |
| 35 | Not Anticipated to Advance | Minuteman Path and Discovery Park Path Reported loops will be checked for sensitivity. Som | Outside Limits | Add crosswalk and curb ramp from Minuteman path to Discovery Park path, It appears this part of the path may be in Arlington |

*All loops are intended to function for bicycles. Reported loops will be checked for sensitivity. Some bicycles will not be detected because of their material (carbon fiber bikes, for example)
**Outside Limites = not in the City limits and/or not under City control

Bicycling Survey

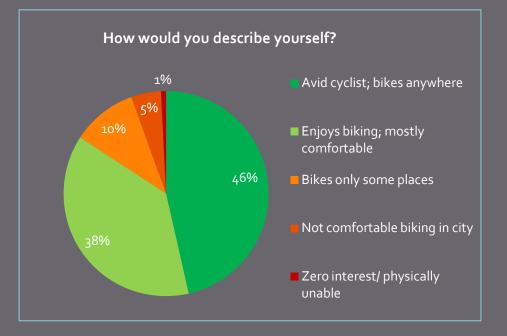


Although most people who responded to the on-line survey about bicycling in Cambridge ride frequently and everywhere, they report that they are not comfortable on many of the existing streets and would like to see more protected bicycle facilities and bicycle friendly street designs.

- A few findings follow.
- Click here for summary report.



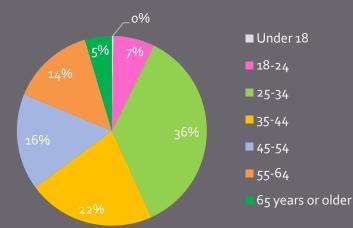
Bicycling Survey





What do you identify as your gender?

As of your most recent birthday, what is your age?



Bicycling Survey

Photos of Bicycle Facilities on Busy, Commercial Streets





Conventional Bike Lane





Buffered Bike Lane

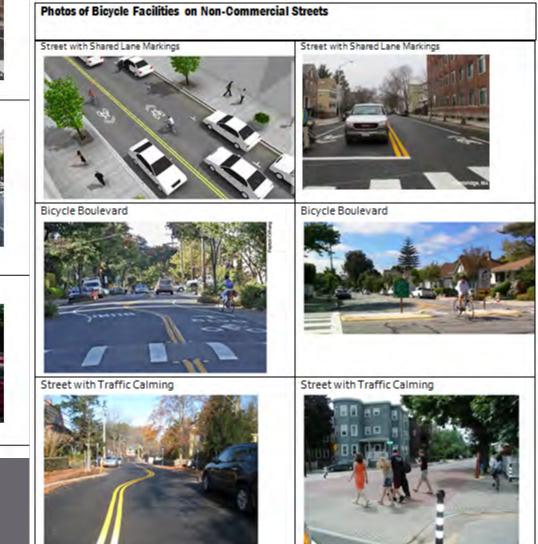
Buffered Bike Lane

Conventional Bike Lane





People were asked about their comfort levels on various facilities and street types.





*Concerned cyclists are defined as survey respondents who reported that they bike only some places or are not comfortable biking in the city

Bicycling Survey - "Very Comfortable"

Bike Lanes 25% all cyclists 4 % concerned cyclists

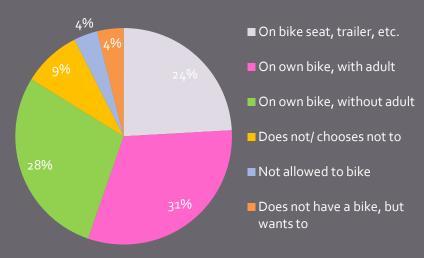
Protected Bike Lanes 81% all cyclists 68 % concerned cyclists





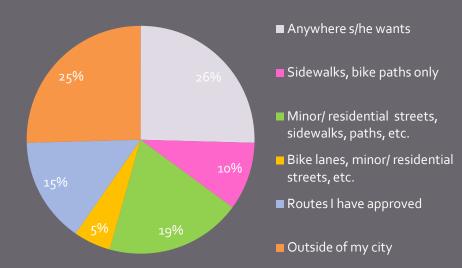
Survey Bicycling with Children

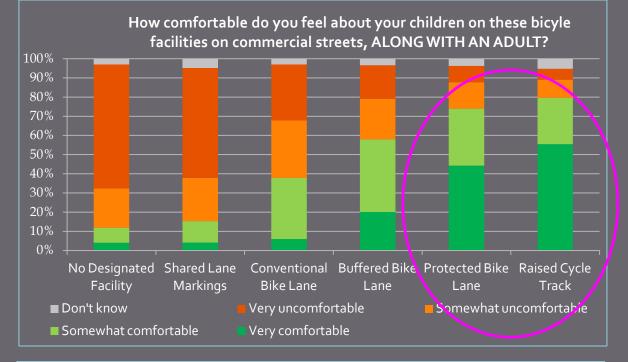
Do you bicycle with your children or do your children bike?

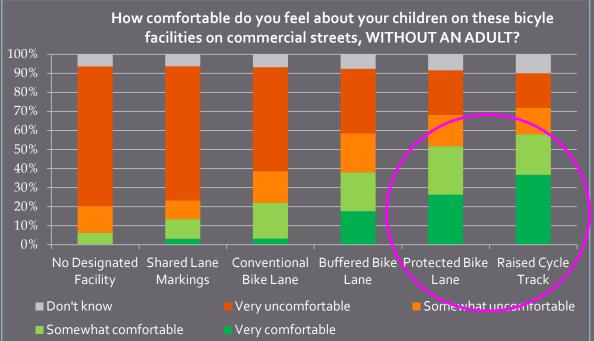




If your child bikes on his/her own without an adult, where does she/he bike?



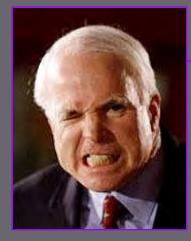


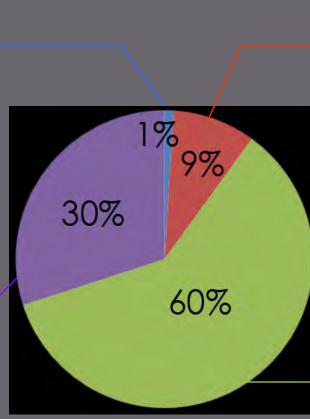


Types of (Potential) Cyclists



Strong and fearless







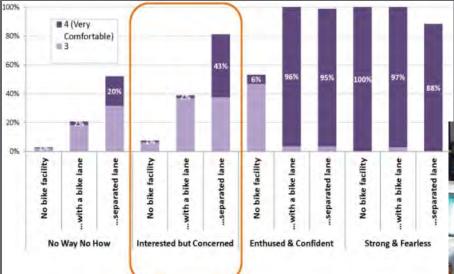
Enthused and confident



"No Way No How!"

Interested but concerned

More People Feel Comfortable on Protected Bicycle Facilities





Source: Dill, J. (2012). Categorizing Cyclists: What Do We Know? Insights from Portland, OR.

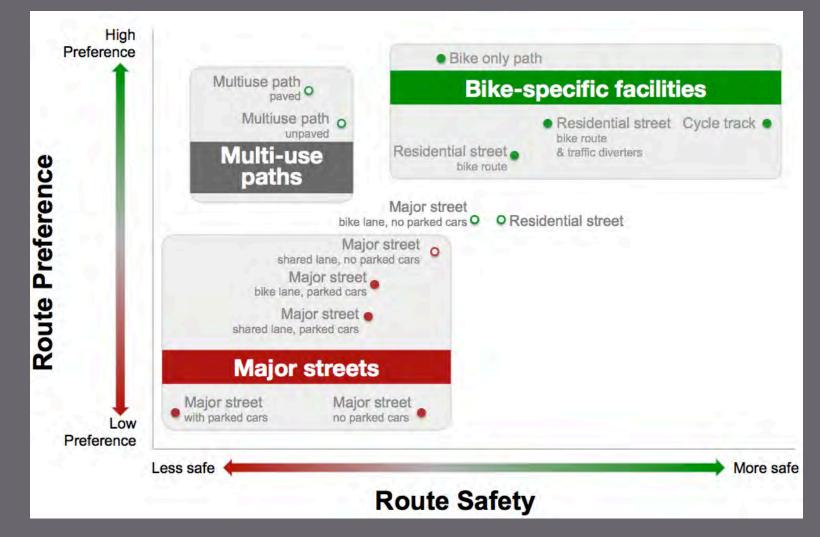
Cyclists AND Motorists Prefer Protected Bicycle Facilities







Bicycle-specific facilities = lowest risk of crashes and injuries



References: http://www.cambridgema.gov/~/media/Files/CDD/Transportation/Bike/Final_CycleTrackWhitePaper_20140722.ashx .

How Comfortable is Your Route?

BICYCLE LEVEL OF COMFORT CONCEPT

Bicyclists have varying levels of tolerance for traffic stress created by volume, speed, and proximity of adjacent traffic. Their tolerance may vary by time of day or trip purpose. A person's tolerance is likely to change over time and with bicycling experience.

The Cambridge Bicycle Level of Comfort analysis is based on the Dutch concept of increased separation from traffic as volume and speed increase and the provision of safe crossings of major roadways.



The Draft Bicycle Network Plan for Cambridge is being developed with an aspiration of having cyclists able to travel throughout the city on streets that are categorized as a Bicycle Level of Comfort 1 or 2, which meet the "8-80" Goal. These categories are explained in the next series of slides.

http://www.cambridgema.gov/~/media/Files/CDD/Transportation/Bike/Bicycle_Comfort_Levels_20140612.ashx

Bicycle Level of Comfort (draft)



Bicycle Level of Comfort -Current Conditions (draft)



Building the Bicycle Network

How is this being done?

- 1. Consider who the network is for: the "8-80" goal
- 2. Which facilities are safest/where do changes need to be made based on the crash analysis?
- 3. Which facility types are preferred surveys and Level of Comfort Analysis
- 4. What have users identified as either preferred streets/routes or ones that need improvement
- 5. What are the key destinations/land uses that we need to connect (schools, universities, employment, retail, etc.)
- 6. What are the regional connections
- 7. Where are the opportunities (projects underway)
- 8. Where are the missing links
- 9. What short-term improvements can be made
- 10. Further input on the Draft Plan

Level of Accommodations (draft)

Accommodations supporting the 8-80 Goal.

Shared-use Path



Raised Cycle Track



Protected Bike Lane



Two-way Cycle Track



Bicycle Boulevard



BLC 1





Bike Lane without Parking



Contra-flow Bike Lane

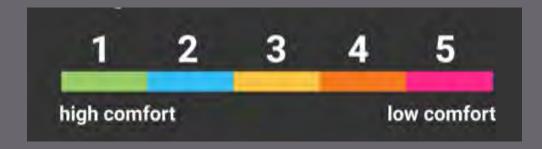


BLC 2



Next Step:

Determine which streets will be added to the priority network with the goal of having a more integrated system where most key destinations can be reached on streets where the Bicycle Level of Comfort is proposed to be 1 or 2



Note that all streets in Cambridge are considered "bicycle routes;" this draft network proposes a plan for which streets are give particular priority for improvements.

Draft Network Plan

1. Green Lines

- Off-Street Paths
- Primarily through parks and open space and along linear corridors such as rail lines and rivers

2. Purple Lines

 Bicycle comfort through increased separation from traffic with protected bike lanes, cycle tracks, etc.



- Primarily along major through street streets with higher traffic volumes and speeds
- Focus on providing access to shopping, jobs, neighboring communities, regional trail network

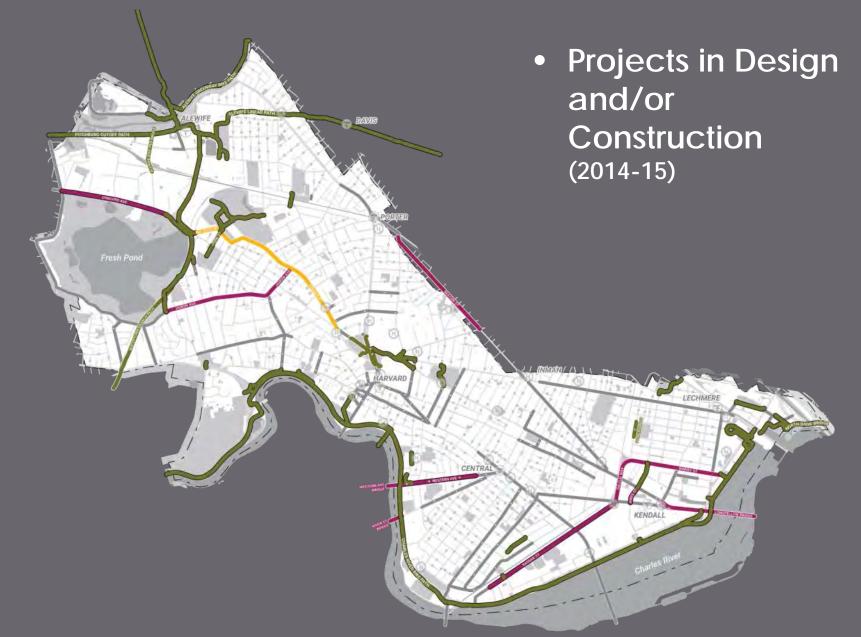
3. Orange Lines

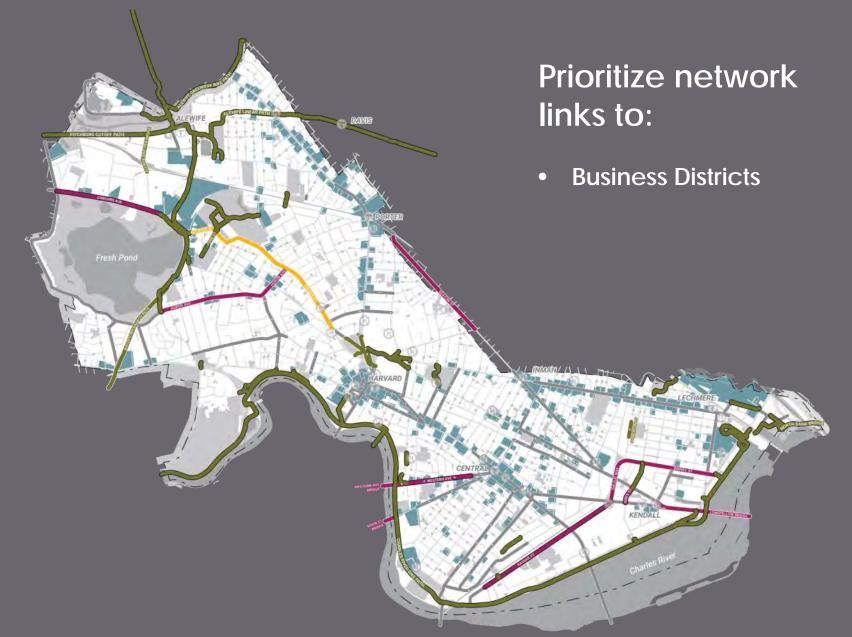
- Bicycle comfort through lower vehicle volume and/or speed with bicycle-friendly traffic calming, priority crossing treatments at major streets, etc.
- Primarily along residential and less busy through streets
- Focus on providing access within and between neighborhoods and to local parks and schools

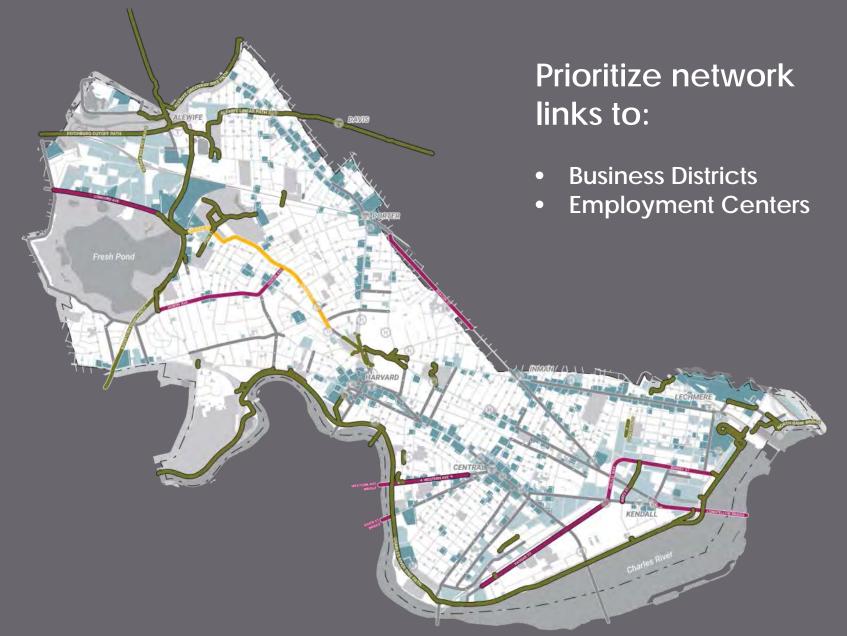


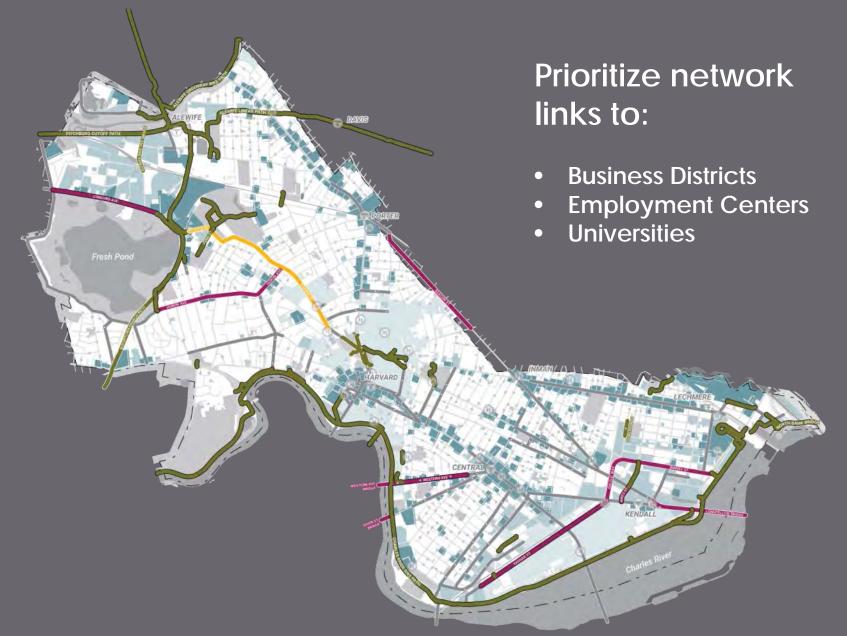


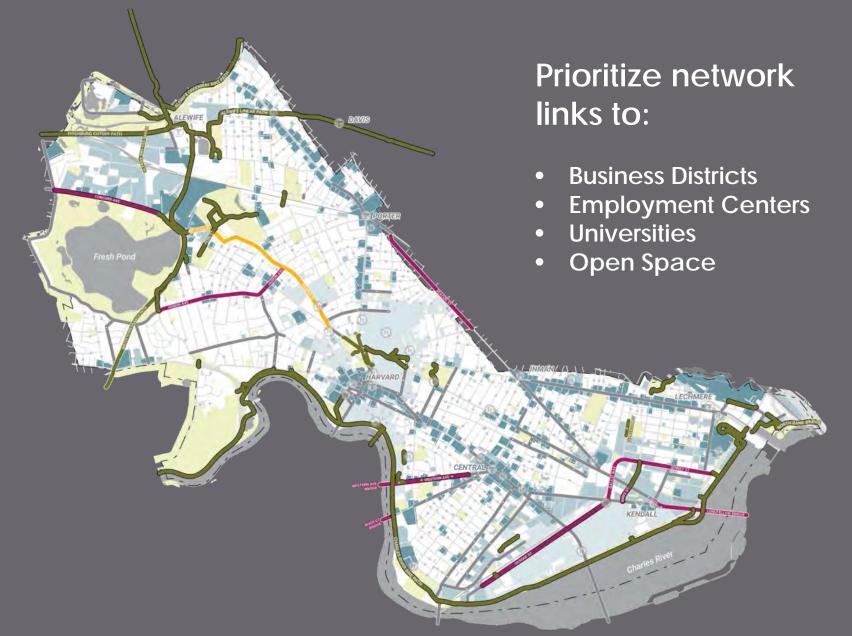


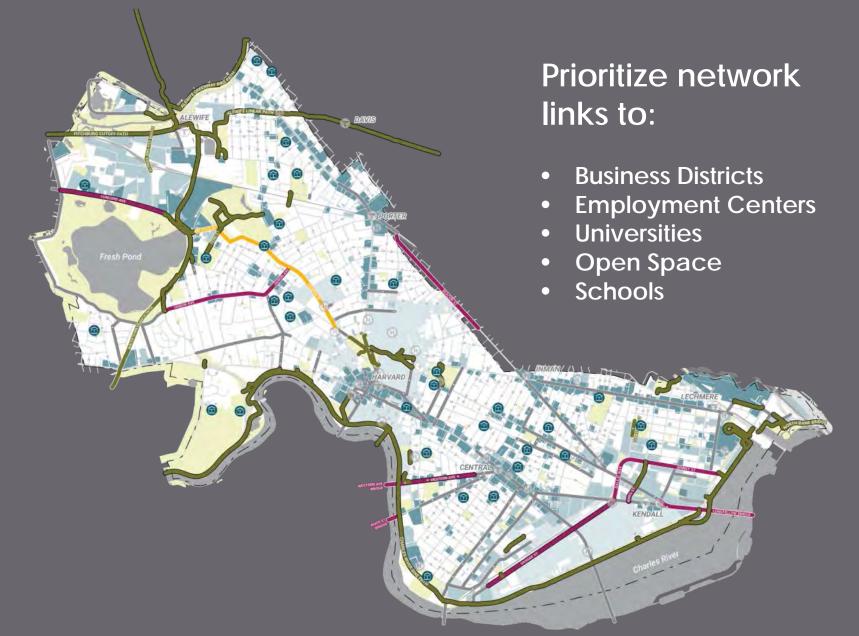


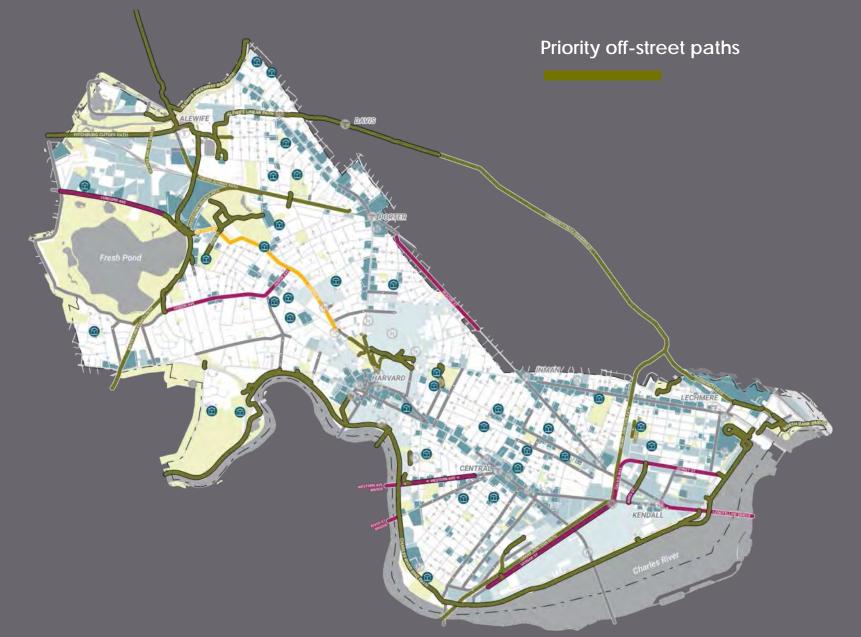


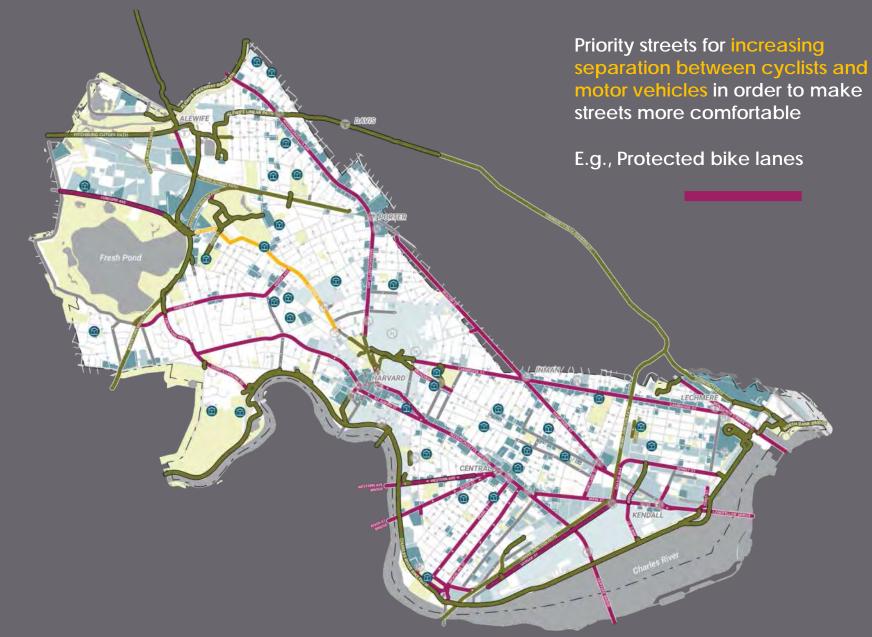


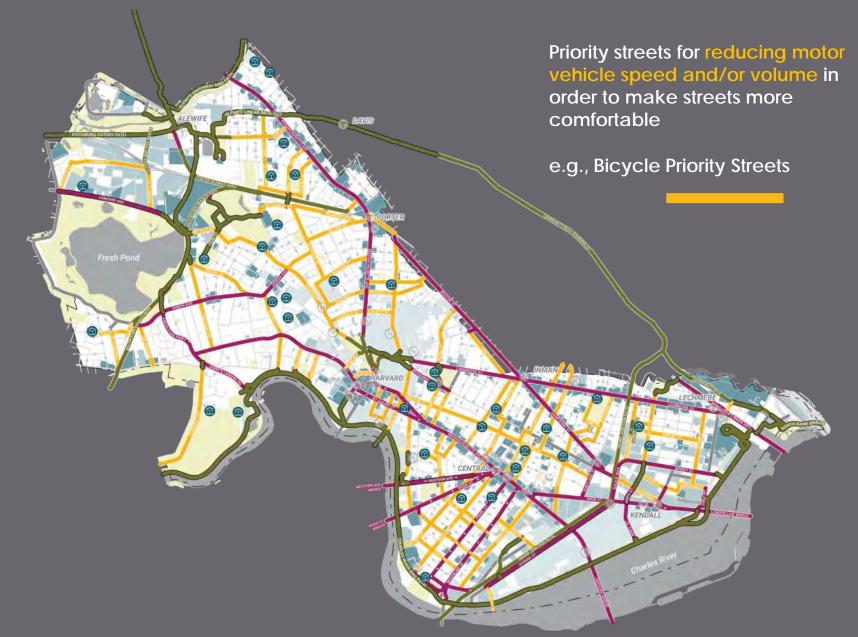




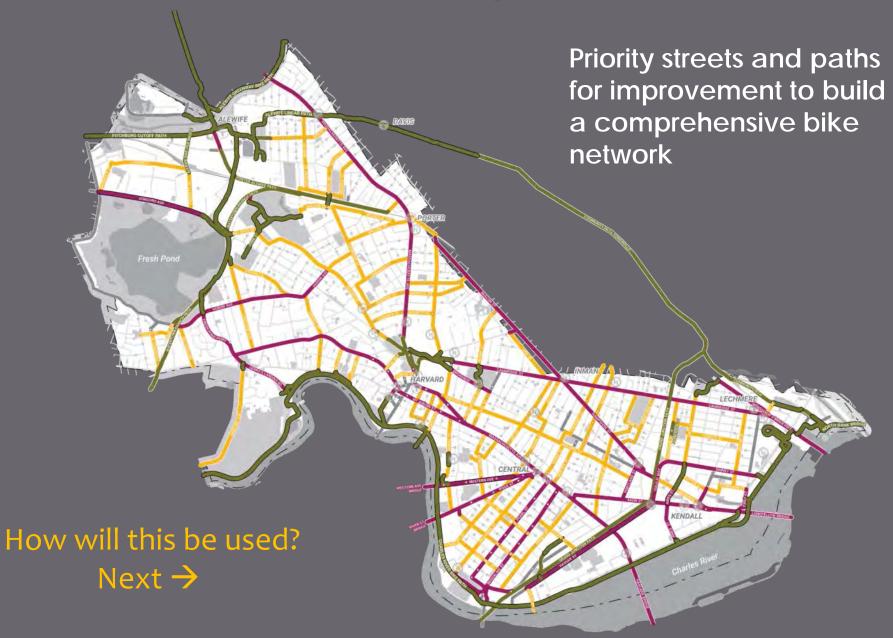








Draft Bike Priority Network Plan



Draft Bike Priority Network Plan

How will this be used?

This work will be used as the City plans for the redesign and reconstruction of infrastructure through the DPW Five Year Plan for Street & Sidewalk Reconstruction . It also will be used to identify priorities for undertaking special projects (e.g., seeking grants, state funding, etc.). It will be a "living" plan, which will be regularly updated as new opportunities and ideas emerge.

Next Steps

- Now it is your turn to provide feedback on the Draft Bicycle Priority Plan.
- Add your comments to the WikiMaps Page:
- WikiMaps Page

- Attend the December 4 Open House:
- December 4 Open House

Thank you!

