Food & Nutrition Programs

Community Meals for seniors only (60 or older) Breakfast (8:30-9:30 daily - Citywide Senior Center, 806 Mass Ave., Central Sq, 617-349-6060) - suggested donation \$1.25 Lunches (at various locations, reservations required unless noted) - suggested donation \$1.50 Citywide Senior Center: Monday -Thursday, 11:30-12:45, Friday, 11:00-11:30, Saturday, 11:30-12:15 res. required 116 Norfolk St.: daily 11:30-1, contact Liz Olson (617-547-3543 Ext. 22) North Cambridge Senior Center: weekdays 11:30-12:30, 2050 Mass Ave., Porter Sq. (617-349-6320) Mass. Alliance of Portuguese Speakers: Mon-Thurs 12-1, 1046 Cambridge St. (617-864-7400) Salvation Army Silver Threads Program: Tues-Thurs 12:30-1, no donation requested, 402 Mass. Ave. (617-547-3400) Miller's River Apartments: daily 11:30-1p.m., 15 Lambert St. (617-499-7154) Burns Apartments: daily 11:30-12:30, 50 Churchill Ave. (617-492-7247) Dinners – Mon-Fri 5-6pm at Cambridge Hospital. (1493 Cambridge St.) Info: 617-665-1665 - suggested donation \$1.50 Community Lunches - all ages -- no charge • Weekdays: 12 noon - Salvation Army (402 Mass Ave., between MIT and Central Sq., 617-547-3400) 12 noon - Bread & Jams (see p.3) (Swedenborg Chapel basement, 50 Quincy St., outside Harvard Sq., 617-441-3831) 11:30am - women only -- Heading Home Women's Drop-In (109 School St., 617-547-1885) • Weekends: Saturdays at 11:30am and Sundays at 1:00pm - Salvation Army Community Dinners – all ages -- no charge Mon: 6:00 Mass. Ave. Baptist Church (146 Hampshire St, Inman Sq.) (617-868-4853) 5:00 (except 3-day weekends) First Congregational Church (95 College Ave., Davis Sq.) 617-776-SOUP 5:30 First Parish Church (3 Church St., Harvard Sq.) (617-876-7772) 6:30 Faith Lutheran Church (311 Broadway at Prospect St) (617-354-0414) 2nd & last Tuesdays of the month. Wed: 6:00 St. Bartholomew's/MIT Community Dinner (St. Bartholomew's Episcopal Church, 239 Harvard St., Central Sq.) Thurs: 6:00 Harvard Sq. Meals Program at Christ Church (Zero Garden St.) (617-876-0200) 5:00 Union Baptist Church (874 Main St., Central Sq.) (617-864-6885) 4:00 Good Food, Good Friends women only meal (temporary location: 16 Beech St., Porter Sq.) (617-491-7986) 6:00 Mass. Ave. Baptist Church (146 Hampshire St, Inman Sq.) (617-868-4853) Fri: 6:00 Loaves and Fishes Meal Program First Korean Church (35 Magazine St, Central Sq.) (617-497-7277) Sat: **Sept to June Only**: Common Care, a participatory meal program & food pantry, held on the 2nd and 4th Saturday of the Sat: month at 6pm at St. Peter's Episcopal Church, 15 Sellers St. in Central Sq. Persons wishing to eat or get food from the pantry are invited to help with preparation (between 3-5pm) and/or clean-up. (617-547-7788) Sun: 6:00 Hope Fellowship Church (16 Beech Street, Porter Sq.) Doors open at 5:45 p.m. (617-868-3261) Note: This meal can only accommodate 17 persons. Showers are also available at this time and location. Food Pantries (call to verify hours and/or eligibility requirements) (see also Common Care Saturday dinner, above) • CEOC (617-868-2900) 11 Inman St. (Central Sq.) Mon & Wed 4-6 PM Tues 12-2pm Thurs 11-1PM St. James Church (617-876-4381) Helping Hand Food Pantry at Fresh Pond Apartments, 362 Rindge Ave. (during construction redevelopment at church) Tues. 4-6PM Thurs. 11-1PM Sat 10AM-12 noon - photo ID required 🖾 Cambridge Senior Center (617-349-6060) for Persons 55 and Older -- 806 Mass. Av. (opposite City Hall) Tues 2-4pm & Thurs 12 noon-2pm • Margaret Fuller House (617-547-4680) 71 Cherry St. Wed. 5-7:30pm, Thurs. 1-4pm Fri/Sat 9am -12noon and emergencies Cambridgeport Baptist Church (617-576-6779) 459 Putnam Ave. (near Magazine St.) 1st & 3rd Sat 9:00-11:30am **St. Paul AME Church** (617-661-1110) 85 Bishop Allen Dr. Wed 12-2pm Sat 10-12 noon

- Massachusetts Ave. Baptist Church (617-868-4853) 146 Hampshire St. 4rd Saturday of the month 8:00-10:00AM
- East End House (617-876-4444) 105 Spring St. Tues 12 noon 2pm Fri 10am -12:30pm ID required
- Common Care/St. Peter's Episcopal Church (617-547-7788) 838 Mass. Ave. 2nd & 4th Saturdays 5-6pm, 6:45-7:15pm
- Salvation Army (617-547-3400) 402 Mass. Ave. Help available daily until 3pm, by appointment
- Zinberg Clinic Pantry for patients with HIV/AIDS at Cambridge Hospital (617-665-1606)
- □ Catholic Charities (617-625-1920) 270 Washington St., Somerville (Union Sq.) M-Th:10-4pm, F:10-1pm by appointment

Food Stamps & WIC

- Food Stamps can help pay for packaged & prepared food. To assess eligibility or for help applying, call Project Bread (800-645-8333) or a HomeStart Field Based Case Manager (617-234-5340) or access www.gettingsnap.org/
- WIC nutritional & medical services for pre-natal women and new mothers and their infants are offered at the Windsor St. Health Center (119 Windsor St., 617-665-3600) & North Cambridge Health Center (617-665-3340) 266 Rindge Ave.