

**Center for Families
Fathers' Program**



Luis Vasquez is the Center for Families and the Agenda for Children Literacy Initiative **Father Outreach Worker**. Both agencies have jointly hired him part-time to serve our Cambridge dads!

You can receive updates from him about Dads Events/ Workshops/Resources/ Playgroups & Activities for Dads as well as events for the whole family. Just for you to know, when we say “dads” we are also referring to step dads, grandfathers, uncles or any males who are playing an active role in a child’s life.

His email is lvasquez@cambridgema.gov. Feel free to contact him with any questions!

Cambridge Dads on Social Media!

Cambridge Dads on social media is building an online network of Dads to promote active parenting and self-care. It is an initiative of the Center for Families and the Agenda for Children Literacy Initiative.

Follow @CambDads on Twitter

‘Like’ Cambridge Dads on Facebook

Get connected today!

Fatherhood Text Campaign

Join the Center for Families Fatherhood Text Campaign!

Receive a text once a week about fatherhood, events, and activities to do with your kids in and around Cambridge.

Step 1: Text “father” to 95577
(standard text messaging rates apply)

Step 2: Receive a confirmation text

Step 3: Keep Being A Great Dad!

Dads and Kids at the Gym!

Come have fun at the gym playing and meeting other dads and their children. We will have food and fun gym toys for all ages. Yes, also for babies!

Saturdays, January 31 and February 7 at the Gately Youth Center, 70 Rindge Ave. (behind Peabody School, door 13), 10:00-11:30am

Facilitators: Michael Clontz and Luis Vasquez

To sign up or for more information, Luis Vasquez at 617-349-6385 or lvasquez@cambridgema.gov.

Workshop for Dads

A 2-Part Workshop for Dads: Supporting Positive Behaviors in Children

Mondays, February 2 and 9 at the Center for Families, 70 Rindge Ave. (rear of the school, enter through door 10), 6:15 to 8:00

*Childcare available upon request. Light snacks available.

Workshop topics include:

- Understanding & responding to challenging behaviors
- Setting realistic expectations in your family
- Being on the same page as your partner about discipline

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