



**Center for Families
Baby Massage/Nurturing Touch
Infant Development Series**

Christine Doucet, CMI, a lactation counselor and infant massage instructor with a background as a nurse-midwife, leads several programs just for infants and their parents/caregivers. For more information on any of the following programs, you can contact Christine at 617-349-3003 or e-mail her at cdoucet@cambridgema.gov

Baby Massage/Nurturing Touch & Infant Development Series (based on WINC without borders material and curriculum)

4-week series on Wednesdays July 13, 20, 28, and August 3 12:00pm—1:15pm, Center for Families, 70 Rindge Ave. Massaging your baby and growing child helps you develop a strong relationship with your baby. The discussion topics are designed to support you in your parenting. Also, this series might help your baby to have less gas and constipation, relax better and cry less, and sleep longer. **To register, contact Christine at 617-349-3003 or cdoucet@cambridgema.gov.**

Did you know? For breastfeeding information, contact the Doula Program at the Cambridge Health Alliance at 617-665-1164. For more infant programming, contact the Jewish Family & Children Services-at Temple Eitz Chayim at 781-693-5652.