**Center for Families**
**Parenting Support Programs**

**Baby Massage and Infant Development Series** *(Based on WINC without Borders Curriculum)*
(parents with infants 11 weeks - pre-crawling)
Massaging your baby gives you a wonderful opportunity to connect with your child. Massage helps with digestion, sleep, and baby's health. Topics of discussions: infant sleep, infant motor and social development, and childproofing your home. This is a fun and relaxed group setting.
**Wednesdays 5-sessions series: 9/10, 9/17, 9/24, 10/1, 10/8**
Margaret Fuller Neighborhood House, 71 Cherry Street, 12:30-1:45pm,
**To register contact Christine at 617-349-3003 or cdoucet@cambridgema.gov.**

**Success from the Start: Early Childhood Development 5-week-series. Sign up now!**
*Thursdays, October 2, 9, 16, 30 and November 6*
*6:30 to 8pm (Come at 6:15 if using childcare) at 119 Windsor Street Clinic (second floor conference room)*
The 5 part Early Childhood series focuses on critical areas of social and emotional development and gives strategies for parents to support their child's needs in order to provide a foundation for future learning, strong relationships, and psychological and emotional health.
Limited childcare available upon request. Light snack will be served. Facilitated by Families First Parenting Programs staff. **To register contact Christine at 617-349-3003 or cdoucet@cambridgema.gov.**