Volunteering & Interning

Volunteer Opportunities

We have many ways that people can volunteer at the Center for Families, from one-time help at events to long-term commitments such as helping to lead a playgroup.

Here are ways that we need volunteers:

Short-term volunteer opportunities

- Newsletter Party Our newsletter goes out every other month to over 1000 families in Cambridge. We need help folding and labeling newsletters. Children can play and look at books in the play room while you help us with the newsletters. Light refreshments will be served. Music provided as well!
- Donate snack Is there a playgroup you and your children attend every week? Donating snack to just one playgroup will save us money. The money we save we can put toward having more programs. Sign up with your group leader.
- Share a talent at an event (1-2 hours) Do you play an instrument? Are you a great storyteller? Do you make animal balloons? Share your talent at either a Family Fun Night or a Family Fun Day.
- Prepare art activities for an event or playgroups (1-3 hours) Art activities take a lot of time to get ready! We need help with photocopying & cutting materials throughout the year.

Long-term volunteer opportunities

- Be a playgroup leader (2 1/2 hours/week) Help plan and run a playgroup with a staff member. Training will be provided. We require a 3-month minimum commitment, and you must have a CORI check done.
- Be on the Advisory Council (4-6 meetings during the year) Come share your ideas about how to keep making the Center for Families even better! Childcare and light snacks are provided at these meetings.

Internships

We have spots for 2-3 internships for undergraduates during the Fall & Spring semesters (with the possibility of interning for the entire school-year), as well as 2-3 spots during the summer. Duties typically include: Assisting staff members with 1-2 adult-child playgroups per week

- Preparing materials for playgroups
- Preparing materials for and working at family events
- Assisting with our bi-monthly newsletter
- Assisting with office tasks
- Attending meetings with collaborating agencies

This is a great opportunity to learn about human services; family support; child development; and working in a collaborative, supportive environment.

We can be contact at: 617.349.6385 or centerforfamilies@cambridgema.gov.

Please note: All interns must complete a CORI check.