

## City of Cambridge Department of Human Service Programs Cambridge Youth Programs Summer 2014 opportunities



## CYP has five exciting summer programs for your child!

**Discovery Program** 

**Girls Empowerment Program** 

@ Russell/West Cambridge Youth Center

@Frisoli Youth Center

**Middle School Summer Program** 

**Sports Leadership Academy** 

Mission 13

@Gately Youth Center

@Area IV Youth Center

@Moore Youth Center

The **Discovery Program** will take place in our state-of-the art facility and provide opportunities for youth to develop a wide range of interests and to express themselves through performing and visual arts, science exploration, sports and other fun activities. Youth participate in a variety of classes that are designed for all skill levels and focus on mastery of new skills.

The Girls Empowerment Program is for young women to explore a host of enriching activities including volleyball, self-defense, tennis, swimming, arts, science and other academic areas, field trips and more. The curriculum is designed to build the confidence and self-esteem of the young women in the program and build community.

The **Middle School Summer Program** Designed especially for youth entering 6<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup> grades, the program offers a variety of fun and enriching activities ranging from sports and arts instruction to creating and teaching workshops to peers and younger youth. Healthy living and leadership development are central themes in the curriculum.

The **Sports Leadership Program** is for boys and girls interested in learning, practicing, and playing sports for the summer. Each youngster will be involved in soccer, basketball, swimming, tennis, and more. The daily schedule is a physically active combination of fitness activities with specific sports instruction and competition. While the emphasis is on athletics, activities will also focus on enrichment, leadership and sportsmanship.

The Mission 13 is a new, free, pilot program for 13 year olds that will offer to earn a \$150 stipend while engaging in leadership and pre-workforce skills development through career and college exploration. Activities will include: hands on, experiential learning, exploring local college campuses, identifying interests and job shadowing.

**Who:** Rising 4<sup>th</sup>-8<sup>th</sup> graders

(activities will be designed specifically for 4<sup>th</sup> and 5<sup>th</sup> graders and 6<sup>th</sup>-8<sup>th</sup> graders)

When: June 30<sup>th</sup> – August 15<sup>th</sup>

**Time:** 8:30 am - 6:00 pm

Fee: \$80.00 per week (13 year olds are free!) Financial aid is available for those who qualify