

Minutes of Board Meeting of September 14, 2010

Board Members Present Mollie Gadarowski; Vice President, Patricia Burgess, Mary Ann Dalton, Edna Stamp and Carmela Schipani.

Staff Present: Eileen Ginnetty, Patricia Johnson, Vincent McCarthy, Susan Pacheco and Emma Watkins.

In the President's absence the Vice President, Mollie, presented the minutes from June 8 which were accepted as written.

COA Executive Director's Report; Eileen welcomed everyone back from summer break and notes that Lisa Hartnett's and Mollie Gadarowski's board seats have expired.

On September 9 Somerville-Cambridge Elder Services will conduct a Health & Wellness forum at the West Cambridge Youth Center.

Aging in Place plans have been submitted to City Council for review.

On October 7 the Cambridge Public Library will feature "What's Next-Volunteering and Life Long Learning in Cambridge". Another Cambridge sponsored event to save the date is November 10th for a panel discussion focusing on: Housing as We Age. This will be held at the Cambridge Main Library 6:30 to 8:30 p.m.

Citywide Senior Center: Emma reported that management is making on-going evaluations of the food pantry: staffing increased participation, participants coming hours before the pantry opens, bags taking seats on the transportation bus. We will conduct tours to other food pantries to view their operating methods.

Discovery the Mysteries of the Cosmos is a program that has been well received. Our next change of pace program is "Senior for Sci-Fi" which will featured on September 14 with a film,

I Know What I Saw. Sci-Fi programming also seems to appeal to seniors.

Humorist and standup comic, Mel Simons will entertain us at our monthly party September 30.

Kathryn Simmons will conduct a workshop at our next ladies breakfast on October 8—Energy Healing Workshop.

North Cambridge Senior Center: Vincent has announced that two classes that did not meet in the summer will resume: WOW and Watercolors.

2050 has had a "face lift" with recent painting, floor waxing and installation of new doors.

On September 8 an Odyssey luncheon cruise is planned. *Art through the Ages* continues at Paine Park on September 23. Vincent is excited to announce a new 8 week balance and stretch class to be held at the West Cambridge Youth Center. Registered 8 week participants will be bused to that great facility. North Cambridge Senior Center will host a Cambridge Public Health Flu Clinic on October 28.

Client Services: Susan noted that VNA Care Network & Hospice and the Cambridge Council on Aging have come together to provide home safety assessments in Cambridge for seniors. Call the COA office for details.

On September 14 we will sponsor Keep Our Seniors Safe Program with three sessions on Falls Prevention; Home Safety Program. November 4 we will provide a Medicare Forum. Call the COA office for registration. Citywide's Flu Clinics will be held on November 3 and December 1.

Respectfully Submitted

Pat Johnson

Cambridge Council on Aging
MEETING REMINDER AND AGENDA

COA BOARD MEETING

Tuesday October 12, 2010 9:30 a.m.

AGENDA:

- 1. President's welcome**
- 2. Goodbys to Mollie Gadarowski and Lisa Hartnett.**
- 3. Review/Acceptance of minutes from meeting September 14, 2010.**

4. Reports

COA Executive Director
Client Services
Citywide Senior Center
North Cambridge Senior Center

5. Old Business

6. New Business