

## **Minutes of Board Meeting of October 9, 2012**

Board Members Present: William Cobham, President,  
Lois Carra, Ismail Laher, Carmela Schipani and Edna Stamp.

Staff Present: Lisa Castagna; Vincent McCarthy; Susan Pacheco Ellen Kokinda

Welcome- President William Cobham

Minutes from September 11, 2012 meeting were accepted

Susan COA updates: Thanked the staff for their strong support during the director transition. Eileen's posted position closed on 9/27. Emma is back on a part time basis. Vincent is working on a Counseling psychology degree and will intern at the COA. He will work with the men's group and be at Citywide on Wednesdays and Saturdays.

Vincent North Cambridge updates: 2050 to offer Flu shots on Oct. 10. A trip to Wayside Inn is on the 18<sup>th</sup>, Taxpayer assistance on the 23<sup>rd</sup>. Award plaques for the donation of a large screen TV and white board.

Susan Client Services updates: CS has a mental health grant and has screened Talking with Delores. Future topics to be considered are Clutter control and hoarding. Films include Grey Gardens, My Mother's Garden and The Bridge, a documentary about suicide from the Golden Gate Bridge. A representative from the Samaritan group presented "Taking care of yourself and others" which was well received by the staff.

Oct. 15 – Dec. 7 is Medicare open enrollment. Flu Clinics Oct 31

Old business: Restructuring of the front desk area to reduce exposure to reception staff. Suggestions include keeping the same hours as City Hall closing at 12:00 on Friday, checking stats to see what number participants use the center between 12:00 – 3:00. Security of building back door locked at 12:00 on Fridays 3:00 Monday – Thursday.

New business: Ellen is working with Community Development Commission as part of her thesis research in Urban Planning. She is working on outreach and the City Survey. The Silver Ribbon Commission report is due out in a month.

Lois Carra and Edna Stamp are interested in Seniors helping Seniors. With medical advances people are living longer and active seniors are less anxious and more relaxed. Bill plans to never stop working.

Respectfully Submitted

Lisa Castagna

**Next Meeting: Tuesday, November 13, 2012 9:30 am**