

Minutes of Board Meeting of January 14, 2013

Board Members Present: William Cobham, President, Pat Burgess, Yaw O. Adjei-Koranteng, Lois Carra, Maureen Harty, Ismail Laher, Carmela Schipani

Staff Present: Lisa Castagna; Susan Pacheco; Vincent McCarthy

Minutes from December 10, 2012 meeting were accepted.

Directors update: Susan recommends Flu vaccination at CPH Windsor St. Clinic as there are still 6 more weeks of flu season left. If staff or participants get flu please stay home to protect our vulnerable population. The Golden Age senior aide candidate Yaw referred is in the application process. The Golden Age Center is going through the grant process to fund a professional again.

YMCA changes: In the past 10 passes were funded by the Cambridge Friends. We had 20 to 25 Y users a day. Seniors were freezing personal memberships and the Y was losing revenue. Now there are day passes which we distribute on a daily basis. 3 on Monday, 2 Tuesday through Friday for a total of 11 per week. This is an adjustment for everyone, staff and participants. \$10 daily passes are available at the Y and the War Memorial is also a resource. There are recreation and wellness programs at senior buildings. Newslines will review fitness options in Cambridge.

The decision has been made to not renew North Charles' contract at the end of FY2013 on 7/1/13. The current coordinator is leaving as of 1/18/13 and COA has been considering terminating position because of limited scope of services. It may terminate sooner, if a hire is not made to complete contract for this fiscal year. 10 years ago Somerville COA and Cambridge COA supported a 40 hour position which was contracted to North Charles. As funding decreased the position was cut. There currently is a lack of mental health providers for seniors and no geriatric detoxification facility available. Day programs exist at McLean Hospital.

Citywide: Managing Diabetes workshop is scheduled to start on 1/28/13 with 7 members funded by the Men's health grant. Emma and staff plan to capture membership of the Senior Center utilizing RecTrac. Registration is to start in February. It will be helpful to have an address and photo on file.

North Cambridge:

Vincent has completed his internship on Wednesdays and Saturdays. Thanks to Susan and Maureen for supervision and to Bill for his support with the men's group. Marybeth Joyce and Margaret Murray provided coverage at 2050 in Vincent's absence. Market Basket a new vendor has worked out well, supplying food for several events. Vincent is also participating in the 2013 homeless census overnight 1/30 – 1/31.

Client Services: The Client Services Director position posted this week. There will be a Hoarding 101 training here at the center, Wednesday 2/6 9 am to 4 pm for community members and providers.

New Business: The terms of the COA Board have mostly expired. Ismail, Lois, and Elizabeth are current. We will solicit new members in the next Newslines. Community members are 60+ and act as advocates for Cambridge seniors. Agency members are recruited from same agencies working with the COA for continuity.

Respectfully Submitted
Lisa Castagna

Next Meeting: Monday, February 11, 2013 11:00 am