

Minutes of COA Board Meeting of June 8, 2015

Board Members Present: Kenneth Hebert, Miranda Heibel, Benjamin Horner, Lily Owyang, Jeanne Ryde

Absent: Ethel Ampey, Daniel Buroso, Lois Carra, Anne Fabiny, Pearl Hines, Ismail Laher,

Staff Present: Lisa Castagna, Alicia Johnson, Vincent McCarthy, Susan Pacheco and Emma Watkins
May meeting minutes were approved.

COA Executive Director – Susan Pacheco

- May 6th was a good budget hearing with increases in food, food pantry and delivery for the COA. The MA House of Representatives has concluded their proposal for the FY16 Budget. It will add \$1/elder to the EOEA Formula Grant increasing it to \$9/elder/year.
- The Cambridge Elder Abuse Prevention Coalition gave a presentation at MAPS (Massachusetts Alliance of Portuguese Speakers) to show what elder abuse looks in later life. Charitable giving is a major problem because legitimate charities and scammers find workers to call speaking someone's first language.
- The Cambridge Elder Abuse Prevention Coalition Presents: Protecting Your Financial Interest and Personal Well Being Thursday, June 18, at the Citywide Senior Center.

Citywide Senior Center – Emma Watkins

- There are many exciting activities this month: Outing to Charlesgate Yacht Club Tuesday, June 9. Health & Wellness Program with Roberta Robinson of the Cambridge Health Alliance. 2 dance programs 12 weeks Zumba Gold series and a 9 week Latin dance class. Senior Brunch at the Cambridge Boat Club Wednesday, June 24 Down by the Sea Dance Party Thursday, June 25. Walking Club resumes for the season.
- Viola Castagna interns for the summer and is sitting in with the Women's group. Muna Kangsen joins the Fulltime staff in activities including Friday and Saturday.

North Cambridge Senior Center (NCSC) - Alicia Johnson

- Money Smart Discussion With Century Bank was on June 3rd. Safety Awareness June 4th. This month's lunch walk is to Newtowne Grille June 11th, Bingo and Ice cream Social on June 15th. Health Discussion on Vitamins and Supplements June 16th. Movie showcase has increased attendance since changing to once a month. CPR Training Wednesday June 24th. What's That APP? Tuesday June 30th.
- The North Cambridge Senior Center is excited to offer an expanded Yoga class in July and August.
- In the fall there is an initiative in coordination with Kitty Connection, for a pet adoption to take place at 2050.
- **Client Services** – Vincent McCarthy
- Monday evening presentations continue this month with Parkinson Disease tonight. The Men's Group plans Lunch at The Tavern in Central Square Tuesday, June 9th. Tuesday, June 23rd Movie & Pizza Lunch **Fast and Furious 6** facilitated by Muna Kangsen.
- Summer Fan outreach continues, focusing on YMCA seniors.
- Vincent has completed his internship at Cambridge Rehab and Nursing and will graduate from Cambridge College this semester.

1. Old Business

#47 Bus terminal?

2. New Business

With member's terms expiring in the fall, the request of continuing board members to solicit possible candidates for the new term.

Discussing reverting back to the original meeting date and time, the 2nd Tuesday of the month 9:30 -11 starting October 13th. Members present were positive with the change, will do formal vote at September's meeting.

Meeting adjourned at 12:10 pm

Next meeting: Monday, September 14, 2015 @ 11:00 a.m.

Minutes respectfully submitted by Lisa Castagna and Susan Pacheco.