



CBHI

The **Children's Behavioral Health Initiative** is an interagency initiative of the Commonwealth's Executive Office of Health and Human Services whose mission is to strengthen, expand, and integrate Massachusetts state services into a comprehensive, community-based system of care to ensure that families and their children with significant behavioral, emotional, and mental health needs obtain the services necessary for success in home, school, and community. Six services – described below – have been developed and implemented to meet this mission.

\*\*\*\*\*

**INTENSIVE CARE COORDINATION (ICC)** is delivered by a Community Service Agency (CSA) and provides care coordination through the *Wraparound* care planning process for youth under the age of 21 who have been diagnosed with a serious emotional disturbance (SED). A Care Coordinator works with the youth, family/caregiver(s), supports, providers, schools, state agencies, and others who play a key role in the youth's life. The Care Coordinator works with those identified to facilitate the development of a care planning team for the youth, and together this team comes up with an Individual Care Plan to address the youth's needs and support the goals identified by the youth and family/caregiver.

**FAMILY SUPPORT AND TRAINING (FS&T)** provides a structured, one-to-one, strength-based relationship between a Family Partner and a parent/caregiver of a youth under 21. The purpose of this service is for resolving or ameliorating the youth's emotional and behavioral needs by improving the capacity of the parent/caregiver to parent the youth. FS&T aims to improve the youth's functioning in the community or support the youth's return to the community via work with the caregiver. Services may include education; assistance in navigating the child-serving systems (DCF, education, mental health, juvenile justice, etc.); fostering empowerment, including linkages to peer/parent support and self-help groups; assistance in identifying formal and community resources (e.g., after-school programs, food assistance, summer camps, etc.); and support, coaching, and training for the parent/caregiver.

**MOBILE CRISIS INTERVENTION (MCI)** is the youth-serving (under the age of 21) component of an emergency service program (ESP) provider. MCI provides a short-term service that is a mobile, onsite, face-to-face therapeutic response to a youth experiencing a behavioral health crisis for the purpose of identifying, assessing, treating, and stabilizing the situation and reducing immediate risk of danger to the youth or others consistent with the youth's risk management/safety plan, if one exists. This service is provided 24-hours a day, 7 days a week and includes: a crisis assessment; development of a risk management/safety plan, if the youth/family does not already have one; up to 72 hours of crisis intervention and stabilization services including: onsite, face-to-face, therapeutic response, psychiatric consultation, and urgent psychopharmacology intervention, as needed; and referrals and linkages to all medically necessary behavioral health services and