

OUTPATIENT SERVICES



IHR, A CARF ACCREDITED & LICENSED OUTPATIENT behavioral health provider, is accepting referrals for men, women and youth age 12 and up at our Boston, Cambridge and Lowell offices.

We offer:

- Individual outpatient treatment for adults, youth and families struggling with substance use and/or mental health issues
- Walk-in services, no appointment necessary, 9am–5pm, Monday–Friday (Cambridge office only)
- Recovery and wellness groups for young and adult women

We provide treatment in client homes, other community locations and at IHR's Boston, Cambridge or Lowell offices. These offices serve greater Boston and all of northeast Massachusetts.

For more information, please contact us:

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IHR Boston

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IHR Lowell

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IHR
INSTITUTE FOR
HEALTH & RECOVERY