

Biking in Cambridge by Ingrid

Whether it's the economy, environment or fitness, bicycling is certainly on the increase, year round, even in our varying New England climate. More and more bicycles are on the road suggesting a growing need for safety, maintenance, and other cycling related information. To enhance your riding savvy and enjoyment we offer these titles and sites for your review. Please note: pedestrians and car drivers can benefit from some of these titles too!

Bicycle Selection and Maintenance

[The big book of bicycling: everything you need to know, from buying your first bike to riding your best](#) [compiled by] Emily Furia and the editors of Bicycling.

[The Bicycling guide to complete bicycle maintenance & repair: for road & mountain bikes](#) by Todd Downs

[Bicycling, a reintroduction: a visual guide to choosing, repairing, maintaining & operating a bicycle](#) by Karen Ruth

[Urban bikers' tricks & tips: low-tech & no-tech ways to find, ride, & keep a bicycle](#) by Dave Glowacz

[Bicycle technology: understanding the modern bicycle and its components](#) by Rob van der Plas and Stuart Baird.

Road , and Off Road , Tips – Commuters and Others

[The enlightened cyclist: commuter angst, dangerous drivers, and other obstacles on the path to two-wheeled transcendence](#) BikeSnobNYC. Also available as a downloadable [E-book resource](#)

[Knack cycling for everyone: a guide to road, mountain, and commuter biking](#) by Leah Garcia and Jilayne Lovejoy

[Smart cycling: promoting safety, fun, fitness, and the environment](#) League of American Bicyclists, Andy Clarke, editor.

[Just ride: a radically practical guide to riding your bike](#) by Grant Petersen

[Bicycling with children: a complete how-to guide](#) by Trudy E. Bell with Roxana K. Bell

Fun, Fitness and more

[On bicycles: 50 ways the new bike culture can change your life](#) edited by Amy Walker

[Ride your way lean: the ultimate plan for burning fat and getting fit on a bike](#) by Selene Yeager

[Moon spotlight. Massachusetts Biking](#) - compact guide covering Massachusetts' best biking trails

[Bike snob : systematically and mercilessly realigning the world of cycling](#) by Eben Weiss

[Bicycling Magazine](#)

Leisure Reading

[It's all about the bike](#) [electronic resource]: the pursuit of happiness on two wheels / Robert Penn

[Bicycle Diaries](#) by David Byrne

[Bicycle: the history](#) by David Herlihy

[Wheels of change: how women rode the bicycle to freedom](#) (with a few flat tires along the way) / Sue Macy (for children)

And if you're biking in or around Cambridge don't forget to check out this site sponsored by the City of Cambridge: [CDD at 344 City Smart / Biking](#)