

Road to Mental Health Recovery A Family Perspective



January 8, 2015, 1:00-2:30 pm

Location: Cambridge Seniorwide Senior Center
806 Mass. Ave., Cambridge

- Hear personal stories about supporting family members with a mental health and/or substance use condition
- Learn about local resources for family members

Presenters:

Sharon de Vos

NAMI Family to Family Teacher

Board Member of the NAMI Cambridge-Middlesex Affiliate

Carolyn White

NAMI Family to Family Teacher

Board Member of the NAMI Cambridge-Middlesex Affiliate

Presented by the Cambridge Council on Aging and the Cambridge Somerville Aging and Mental Health Coalition in collaboration with Somerville-Cambridge Elder Services and Paine Senior Services.

Please RSVP to 617-628-2601 x3089