

May Words of Wisdom

may 2018
@ Fresh Pond Reservation
all events are free & open to the public!



Henry David Thoreau
on springtime

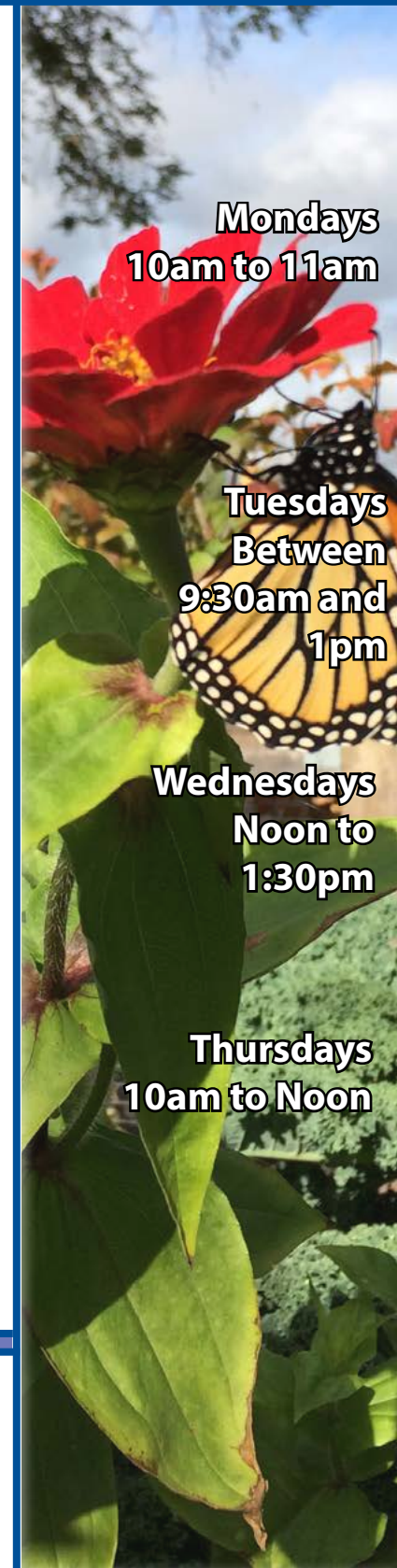
**"Spring.
March fans it,
April christens it,
and May puts on its jacket and
trousers."**

**"...the coming in of spring is
like the creation of Cosmos
out of Chaos and the realiza-
tion of the Golden Age."**

The International Migratory Bird Treaty Act Turns 100!



Every May we enjoy the return of our favorite song birds and celebrate World Migratory Bird Day. During the heyday of the feather trade, migratory birds were in peril due to the political lines they flew across-- therefore flying in and out of different hunting regulations. In 1918, North America became unified in its one-of-a-kind protection of migratory birds and the international community has only grown from there! May is a month in which we revere our little world travellers and their hardships.



Mondays
10am to 11am

Tuesdays
Between
9:30am and
1pm

Wednesdays
Noon to
1:30pm

Thursdays
10am to Noon

Ongoing Weekly Opportunities

Weekly Walk for Health

Meets at the Ranger Station, 250 Fresh Pond Parkway

Start your week off right with a weekly fitness walk! Join us as we walk the perimeter of the pond (2.25 miles). Meet other park goers, get some exercise, and together notice what's happening on the Reservation. All ages and abilities are welcome! inclement weather cancels. Feel free to contact Catherine Pedemonti at friendsoffreshpond@yahoo.com with any questions.

Woodland Restoration Area Gardening

Meets at the Woodland Habitat (Northeast Sector)



Join other stewardship-minded volunteers in caretaking the native plant restoration area next to Lusitania Meadow, and learn about the diversity of native plant life! We seek dedicated participants who enjoy camaraderie and hard work that includes weeding, pruning, planting, watering new plantings, hauling wood chips and moving logs. Please email friendsoffreshpond@yahoo.com if you would like to come, and for more information.

Fresh Air Walks

Meets at the Ranger Station, 250 Fresh Pond Parkway

These casual walks, led by Ranger Tim, will encompass Fresh Pond and take an informal look at each week in nature, life, and the city. Come alone or bring your co-workers! Rain or shine. Questions? Contact: tpuopolo@cambridgeMA.gov

Fresh Pond Stewards

Meets at the volunteer trailer near the front of the Water Treatment Facility, 250 Fresh Pond Parkway.



Join our weed-warrior crew! We are Fresh Pond citizens dedicated to keeping invasive plants at bay for the benefit of wildlife, water and humans alike. No experience or long-term commitment necessary! All tools are provided; sturdy shoes, pants, long-sleeves and a water bottle are strongly recommended. Meets at the volunteer trailer in the lower parking lot. Contact tpuopolo@cambridgeMA.gov for more information.



= Open Volunteer Opportunity

more inside...

Live Music! Activities! Tours! More!

FRESH POND DAY 2018, Sat. Jun. 9th 11 to 3



Fresh Pond Reservation:
Protecting the Cambridge
water supply since 1889



Cambridge Water Department
www.cambridgema.gov/water
(617) 349-6489



**Friends of Fresh Pond
Reservation**
www.friendsoffreshpond.org
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Fresh Pond Reservation Public Programming

Protecting Cambridge's Public Water Supply Since 1889

Friday
May 4th
10am to 11am

Fresh Pond Kids Walk

Meets at Country Kitchen, lower level of Neville Place (back building), 650 Concord Ave.

Join us for casual nature explorations, designed for young kids and their parents/caretakers, and play in our urban wild! We might look for frogs and turtles at Black's Nook, or find pill bugs and bird nests in the Butterfly Meadow. Please come dressed ready for the weather and in clothes that are OK to get a bit dirty! Feel free to contact Catherine Pedemonti at friendsoffreshpond@yahoo.com to RSVP or for parking information.

Sunday
May 6th
7:30am to
9:30am

Birding by Ear

Register for parking and meeting information and for notice of cancellation due to inclement weather

Walk leader Herb Pearce will help us learn to identify and locate birds by their songs. The birds will be singing up a storm, courting or defending territories, while some will be hard at work building nests. We will use guides with pictures of the birds to help you get to know them. Birders of all experience levels are welcome. We have binoculars to lend and will show you how to use them.

Register with Catherine Pedemonti at friendsoffreshpond@yahoo.com

Sunday
May 6th
1pm to 3pm

Drinking Water Week Kickoff

In front of the Ranger Station (inside in case of inclement weather)

The American Water Works Association sets aside the first full week of each May to promote awareness around the health and benefits of public drinking water. Stop by the 'water table' in front of the Ranger Station to learn a little about the process behind making drinking water, the benefits of the tap, and even enjoy a free sample!

Friday
May 11th
10:30am to
11:30am

Seasonal Walkabout @ Lusitania Wet Meadow

Meets at the "meeting rocks" [where the meadow meets the main trail]

Come out for a seasonal walkabout with Ranger Jean at the Lusitania Wet Meadow. We will monitor wildlife by sign, track or presence, and make note of weather, state of plants, condition of water and other abiotic resources. You can help chart the seasonal changes of some of our most active wildlife spots, or simply come to enjoy the walk. Come dressed to be outdoors for the hour. All knowledge levels welcome. We will be walking off-path. To RSVP, please contact Ranger Jean at (508) 562-7605 or email jrogers@cambridgeMA.gov. Heavy rain postpones to the following Friday.

Monday
May 14th
6pm to
7:30pm

Walter J Sullivan Water Purification Facility Tour

Meets at the front door, 250 Fresh Pond Parkway

Come learn how the Cambridge Water Department purifies drinking water for your tap after it's conveyed from nearby Fresh Pond into our facility. You'll have the chance to speak with water treatment staff, see the equipment in action and check out our water quality lab! For more information, contact Ranger Tim at (617) 349-6489 or tpuopolo@cambridgeMA.gov. Please email ahead if coming with a group.

Spring Bird Walk

Register for parking and meeting information and for notice of cancellation due to inclement weather

By mid-May our avian summer residents have returned and many will have babies in the nest. We may see tree swallows, catbirds, grackles, red-winged blackbirds, phoebes, vireos, warblers and orioles. We also may hear baby birds crying for breakfast, and see their parents bringing them food. Led by Nancy Guppy. Beginners are welcome. We have binoculars to lend and will show you how to use them. To register and for important meeting and parking information, email Catherine Pedemonti at friendsoffreshpond@yahoo.com.

Animal Detectives: Song Birds

Meeting place given upon registration

May's spotlight is on the song birds. Celebrate World Migratory Bird Day and see what it takes to be a bird as we explore how they live. This family program is best suited for kids between 4 and 12. Accompanying adult must be present, service dogs only please, and dress appropriately as this is an outdoor program. Groups please check-in with Ranger Tim at tpuopolo@cambridgeMA.gov prior to Thursday, May 17th.

Sketching Fresh Pond

Meets at The Gazebo at Neville Place, 650 Concord Ave.

Come and join us for a relaxed morning of sitting, seeing, and sketching at Fresh Pond Reservation with local artist and educator Erica Beade. Become a better nature observer, using sketching and nature journaling as a tool. We'll practice techniques for capturing all kinds of natural wonders more accurately in your drawings. Adults of all skills are welcome, as are families with kids of all ages.

Please bring your favorite notebook and writing utensil(s)! Please contact Catherine Pedemonti at friendsoffreshpond@yahoo.com with any questions! Erica Beade is a freelance illustrator specializing in science, health and nature subjects. She teaches observational drawing for adults and kids at the Harvard Museum of Natural History and other venues. Learn more about her classes at www.observationaldrawing.com or on her Facebook page: www.facebook.com/observationaldrawing

FRESH POND DAY 2018

Takes place at 250 Fresh Pond Parkway

Parking at 197 Vassal Lane, Cambridge MA (Tobin School)



Fresh Pond Reservation is truly Cambridge's green gem - an urban wild that protects Fresh Pond, Cambridge's in-city drinking water reservoir. Fresh Pond Day is the Cambridge Water Department's annual tribute to this unique Reservation that is a vital natural resource, an invaluable sanctuary for wildlife, and a beloved recreational escape in the City. So, let's give Fresh Pond the celebration, jubilation and love it deserves; join in the festivities! Attendees will enjoy **live wildlife presentations (pond creatures this year!), parade, live music, facepainting, snacks truck climb-boards, tours, and more.**

Free and open to all, activities will take place around the Water Treatment Facility located at 250 Fresh Pond Parkway, Cambridge - at Kingsley Park, and the two parking lots. For those arriving by car, please plan on parking at the Tobin School (197 Vassal Lane). There are plenty of green transit options: the bikeway, bus routes 72, 74, 75 & 78; and Alewife T Station is 1 mile away. On-leash dogs are welcome. Please note that rain cancels this event.

Saturday
May 19th
7:30am to
9:30am

Sunday
May 20th
11am to Noon

Saturday
May 26th
10am to
11:30am

Saturday
June 9th
11am to 3pm



Fresh Pond Reservation is managed by the Cambridge Water Department
all events are free & open to the public!



/FreshPondReservation

Like us on Facebook for
events, updates and more!

Questions? Volunteers?

Contact Ranger Tim:

(617) 349-6489 or

tpuopolo@cambridgeMA.gov