City of Cambridge **Commission for Persons with Disabilities** 51 Inman Street · Cambridge, MA · 02139-1732 <u>617-349-4692 voice · 617-492-0235 TTY · 617-349-4766 fax</u>



Philibert Kongtcheu Chair

Gary Dmytryk Secretary

Loring Brinckerhoff Avril dePagter Mary Devlin Jerry Friedman Stelios Gragoudas Valerie Hammond Nicole Horton-Stimpson Jackie Jones Daniel Stubbs

Rachel Tanenhaus Executive Director/ ADA Coordinator

Kate Thurman Project Coordinator

The next meeting of the Cambridge Commission for Persons with Disabilities will be held online via Zoom on Thursday, February 10, 2022 at 5:30 PM

PLEASE MAKE EVERY EFFORT TO JOIN BY 5:30 PM AGENDA *Please keep your microphone muted when you are not speaking* 1. Introductions 2 min. If needed, alternates named 2 min. CCPD staff / Board 2. Announcements 3. Our Parks Our Plan: 40 min. Gary Chan Parks & Open Space Planning See page 4 of this agenda packet for presentation 4. Approval of January 13 minutes **CCPD Board** 2 min. See page 20 of this agenda packet for minutes 5. Public Works Update 10 min. Jerry Friedman 6. Executive Director's Report 10 min. **Executive Director** 7. Chair's Report 10 min. Phil Kongtcheu 8. Old Business 3 min. CCPD staff / Board 9. New Business CCPD staff / Board 3 min. 10. Public Input 3 min. general public

See pages 2&3 of this agenda packet for instructions on providing public comment

CART/closed captioning will be provided for this meeting

Captions can be turned on within the Zoom platform. Additionally, you may stream CART in a separate URL at <u>http://bit.ly/CCPDCART</u> (captions will not appear until the meeting has started)

The City of Cambridge Commission for Persons with Disabilities, does not discriminate, including on the basis of disability. The Commission for Persons with Disabilities will provide auxiliary aids and services, written materials in alternative formats, and reasonable modifications in policies and procedures to persons with disabilities upon request.

The next CCPD meeting will be held online on Thursday, March 10

Members of the public: See instructions on following pages on how to watch the CCPD meeting and provide public comment via Zoom

Instructions on How to Join the February 10, 2022 CCPD Meeting as a Member of the Public

Join Online:

Registration is required in order to view the meeting or to participate in public comment. Register online at https://cambridgema.zoom.us/webinar/register/WN CmDuuVAVQLqcGO6085r2sg

After registering, you will receive a confirmation email containing information about joining the webinar. For more information regarding Zoom technology visit: https://www.cambridgema.gov/Departments/citycouncil/zoomonlinemeetinginstructions

Join by Phone:

If you do not have access to the internet, you may also call into the meeting using a phone by dialing any of the following numbers and entering the Webinar ID (registration is not required). For higher quality, dial a number based on your current location:

When prompted, enter the webinar ID: 882 0358 8098

NOTE: your microphone will be automatically muted until you are called on to speak during the public comment period of the meeting. See instructions on the following page for how to "raise your hand" in order to indicate that you would like to speak during the public comment period on the agenda.

Instructions for Providing Public Comment During CCPD Meetings via Zoom

Anyone wishing to address the Cambridge Commission for Persons with Disabilities (CCPD) during the Public Comment section of the agenda may indicate that by "raising their hand" virtually within the Zoom platform. The host (CCPD staff) will call on members of the public to speak in the order in which their hands were raised. Please note that while you may raise your hand at any point during the meeting, you will not be called on to speak until the Public Comment period of the meeting.

To raise your hand:

- On a Mac or PC:
 - o Click "raise hand" in the webinar control panel
 - Alternatively, you may you the keyboard shortcut to raise and lower your hand:
 - Windows: press "Alt+Y"
 - Mac: press "Option+Y"
 - When you are called on by the host to speak, you will be prompted to unmute your microphone (you must unmute yourself, as the host does not have the ability to unmute individuals).
 - After you have spoken or once your 3 minutes are up, your microphone will be muted by the host
- If you are calling in by phone:
 - Press *9 to raise and lower your hand
 - When you are called on to speak during the public comment period, you will need to press *6 to unmute yourself (press it again to mute yourself)
 - Note: your phone number will be visible to only the host of the meeting (CCPD staff). Because your name will not be displayed, we will call on you when it's your turn to comment by using the last four (4) numbers of your phone number to identify you. For example, "The person calling in from the number ending in ####, you may now provide public comment."
 - After you have spoken or once your 3 minutes are up, your microphone will be muted by the host

Once they have the floor, members of the public are asked to identify themselves, and each speaker is limited to not more than three (3) minutes. Although the public comments should, whenever possible, address one or more items on the agenda for that particular meeting, if time permits, the Chair may allow a speaker to comment on matters that may not directly address an item on the agenda, but do concern the Commission.

Thank you for your patience as we work together to make virtual meetings accessible for everyone!

Our Parks Our Plan

City of Cambridge Community Development Department



Parks and open spaces are a key part of the City's infrastructure for maintaining and increasing quality of life

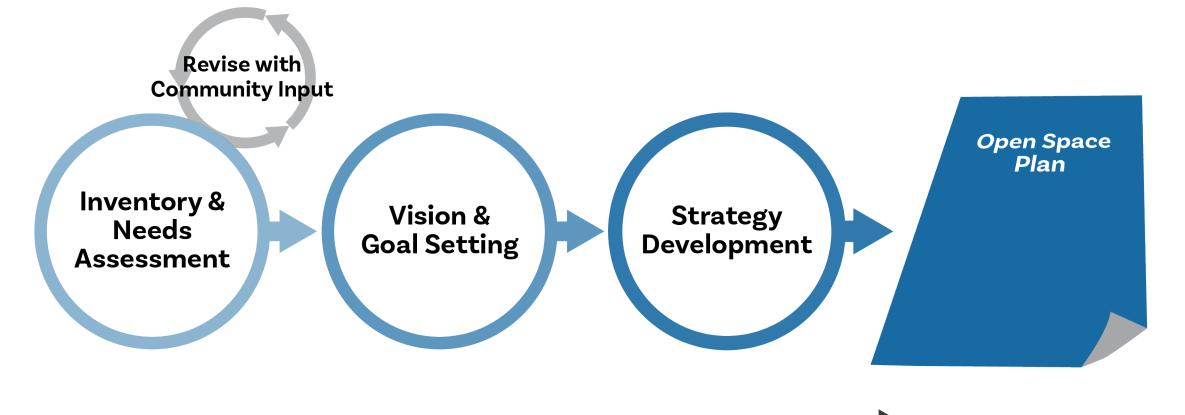




Purpose of Open Space Planning

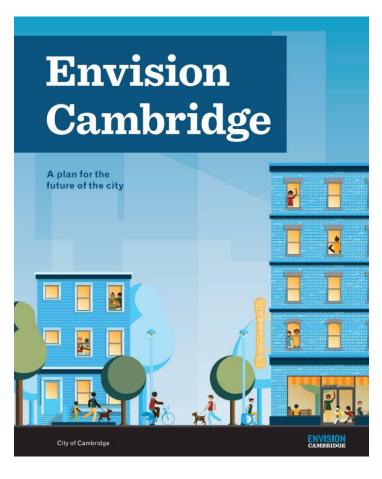
- How can our parks and open space system reflect our community priorities and values?
- How should our open space system evolve over time?
- How do we use the public space that we have well?

Open Space Planning Process



Community Engagement & Feedback

Community Core Values



Livability

Diversity and Equity

Economic Opportunity

Sustainability and Resilience

Community Health and Well-Being

Learning

Community Values and Priorities

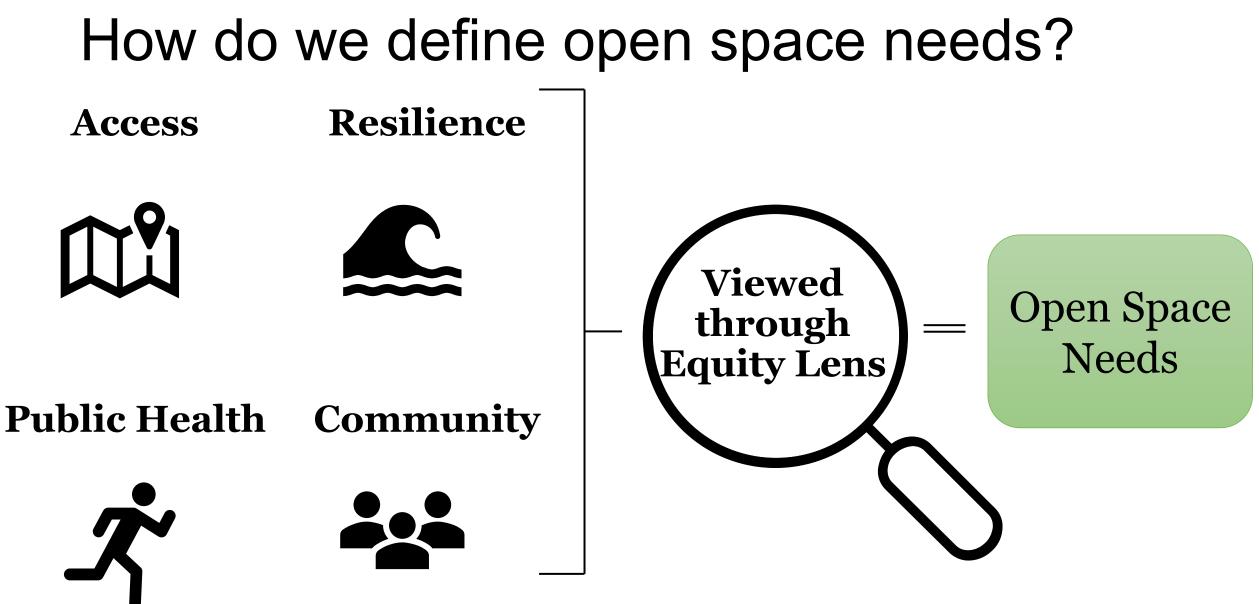


STRATEGIES Categorical, "tools in the toolbox."

> VISION & GOALS Broad, but directional.

COMMUNITY VALUES & PRIORITIES

Broad values that inform Vision & Goals. Shapes how we interpret what we see (needs).



Factors and Metrics

Park Access		Resilience					
Park type walksheds		Tree canopy density					
Proximity to multiple park types		Urban heat island (current day)					
Access to open space acreage		FEMA 100-yr flood (current day)					
Population density with housing starts		Projected flooding (100 and 500-yr flood by 2070)					
Accessible acres of park space per resident							



Public Health 🥂	Community
Asthma (estimated prevalence)	Age Distribution (65+)
Diabetes (estimated prevalence)	Family populations
High Blood Pressure (estimated prevalence)	Person with any disability
Obesity (estimated prevalence)	Population at or below 200% poverty level
Lack of Physical Activity (estimated prevalence)	Percentage Minority Population by Census tract
	Population without vehicle access



Park Access

Park types and park type walksheds

Areas of the city that are within a 5-minute to 10-minute walking distance (quarter- and half-mile) to different park types.

Proximity to Multiple Park Types

Areas within walking distance to multiple park types.

Access to Open Space Acreage

Total acreage amount of park space accessible (within walking distance) for different areas of the city

Population density (with housing starts)

Residents per acre

Accessible Acres of Park Space per Resident

Amount of park space per resident based on population density and parks (walking distance, and uniform $\frac{1}{4}$ mi)

Resilience

Tree canopy density

Urban heat island (current day)

FEMA 100-yr flood (current day)

Projected flooding (100-year flood by 2070)





Public Health

Estimated prevalence among adults of chronic health issues or other factors, based on data from 500 Cities Project (now PLACES).

Asthma Diabetes High blood pressure Obesity Lack of Physical Activity

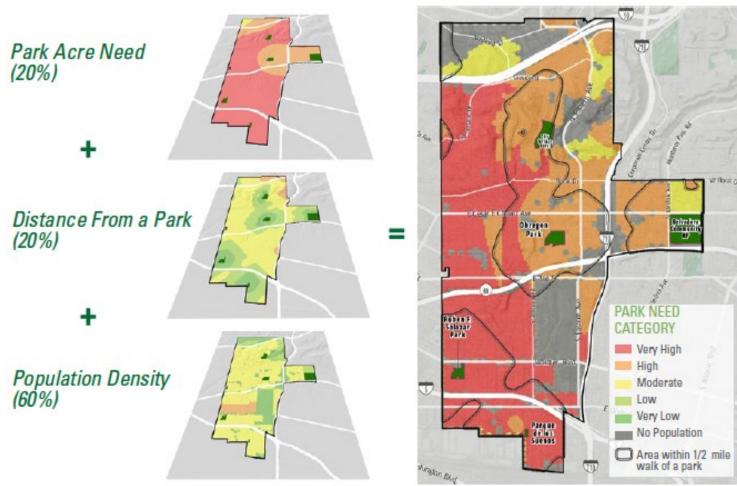


Community Age Distribution (65+) **Family Populations Person with Any Disability Population at or below 200% Poverty Level Percentage of Minority Population Population without Vehicle Access**

Citywide Open Space Need

Precedent: LA Countywide Comprehensive Parks & Recreation Needs Assessment

Figure 35. Where Are Parks Most Needed?



How we're using this framework:

- Based on these factors and metrics, where (and what) is open space need?
- What can we learn from how these factors and metrics interact? Do they compound?
- What do these various metrics tell us, and what do they not, about goals, strategies, and actions?

Capital Planning (Site-Level) Prioritization

Precedent: Minneapolis Neighborhood Parks Plan

- We are also using a similar framework to understand these lenses at the site level to help guide capital planning and identify opportunity areas
- Example data for each park site:
 - Condition and Recent
 Investments
 - Community
 - Resilience
 - Program Needs and Areas of Emphasis

		Criteria Matrix for MPRO Capital and Renabilitation Under 20-tear religno														
							_				Ent	uring Equity in	i Mirko s Cap	ntai imp	ovenint Progra	
				KEY:		parks in 2017-2022 CIP										
						parks added in 2023										
						increased score										
						decreased score										
												2017				
	2046															
2017 Rank	2016 Rank	+/-	Park Name	Total Score	Neighborhood Name	for the form	ACP	PoC50	2017 RCAP	1. RCAP WEIGHT	2016	POPULATION DENSITY	2. DENSITY WEIGHT	2016	2017 YOUTH POPULATION	3. YOU WEIGH
2017 Kank						Service Area					2010			2010		
2	14	13	Corcoran Park Bassett's Creek Park	18.74 18.40	Corcoran Harrison	South North/Southwest	Yes	Yes	Yes	5	5	9495	2	1	27.7%	2
- 2	3	-1	Central Gym Park	18.40	Central	South	Yes	Yes	Yes	5	5	14808	3	1	23.0%	2
4	12	8	Stewart Field Park	18.37	Midtown Phillips	South	Yes	Yes	Yes	5	5	14808	3	3	30.4%	2
5	9	4	Farwell Park	18.24	Willard - Hay	North	Yes	Yes	Yes	5	5	8496	2	3	31.1%	2
6	2	-4	28th St Totlot	17.50	Whittier	Southwest	Yes	Yes	Yes	5	5	17897	3	2	16.2%	1
7	6	-1	Phillips Pool & Gym	17.50	Midtown Phillips	South	Yes	Yes	Yes	5	5	17897	3	3	31.1%	2
8	11	-1	Hall Park	17.30	Near - North	North	Yes	Yes	Yes	5	5	6173	1	3	36.5%	2
9	10	1	Peavey Park	17.32	Ventura Village	South	Yes	Yes	Yes	5	5	15452	3	2	30.3%	2
10	26	16	Riverside Park *	17.21	Cedar Riverside	South	Yes	Yes	Yes	5	5	15452	3	3	18.6%	1
10	7	-4	Sumner Field Park	17.00	Sumner - Glenwood	North	Yes	Yes	Yes	5	5	7618	2	3	42.8%	2
12	13	1	Powderhorn Park	16.87	Powderhorn Park	South	Yes	Yes	Yes	5	5	12551	3	2	27.3%	2
13	24	11	Whittier Park	16.77	Whittier	Southwest	Yes	Yes	Yes	5	3	17897	3	3	16.2%	1
14	18	4	Perkins Hill Park	16.58	McKinley	North	Yes	Yes	Yes	5	5	5269	1		31.9%	2
15	19	4	Folwell Park	16.30	Folwell	North	Yes	Yes	Yes	5	5	9034	2	2	32.4%	2
16	15	-1	Jordan Park	16.30	Jordan	North	Yes	Yes	Yes	5	5	10592	3	2	36.2%	2
17	16	-1	Currie Park	16.25	Cedar Riverside	South	Yes	Yes	Yes	5	5	15022	3	3	18.6%	1
18	53	35	Bohannon Field Park	16.14	Lind - Bohanon	North	Yes	Yes	Yes	5	0	6792	2	1	30.5%	2
19	5	-14	Phelps Field Park	16.03	Bryant	South	Yes	Yes	Yes	5	5	10664	3	3	30.9%	2
20	8	-12	Lovell Square Park	16.00	Near - North	North	Yes	Yes	Yes	5	5	6173	1	1	36.5%	2
21	20	-1	North Commons Park	15.97	Willard - Hay	North	Yes	Yes	Yes	5	5	8496	2	2	34.9%	2
22	25	3	Cedar Field Park	15.75	East Phillips	South	Yes	Yes	Yes	5	5	11711	3	3	37.2%	2
23	17	-6	Painter Park	15.75	Lyndale	Southwest	Yes	Yes	Yes	5	5	15406	3	3	18.1%	1
24	27	3	East Phillips Park	15.68	East Phillips	South	Yes	Yes	Yes	5	5	11711	3	3	37.2%	2
25	48	23	Shingle Creek Park *	15.14	Shingle Creek	North	Yes	Yes	Yes	5	0	6550	1	2	27.0%	2
26	21	-5	Willard Park	15.08	Willard - Hay	North	Yes	Yes	Yes	5	5	8496	2	2	34.9%	2
27	30	3	Cottage Park	15.00	Jordan	North	Yes	Yes	Yes	5	5	10592	3	3	36.2%	2
28	29	1	Franklin Steele Park	15.00	Elliot Park	South	Yes	Yes	Yes	5	5	16705	3	3	7.4%	0
29	22	-7	Murphy Square Park	15.00	Cedar Riverside	South	Yes	Yes	Yes	5	5	15022	3	3	18.6%	1
30	28	-2	Elliot Park	14.89	Elliot Park	South	Yes	Yes	Yes	5	5	16705	3	3	7.4%	0
31	23	-8	Harrison Park	14.50	Harrison	North	Yes	Yes	Yes	5	5	6596	1	1	23.0%	1
32	33	1	Glen Gale Park	14.33	Willard - Hay	North	Yes	Yes	Yes	5	5	8496	2	2	34.9%	2
33	32	-1	Farview Park	14.31	Hawthorne	North	Yes	Yes	Yes	5	5	5226	1	1	37.5%	2
34	31	-3	Humboldt Triangle	14.00	Near - North	North	Yes	Yes	Yes	5	5	6173	1	1	36.5%	2
35	4	-31	Bossen Field Park	13.92	Wenonah	South	Yes	Yes	Yes	5	5	3608	1	1	24.3%	2
36	34	-2	Bethune Park	13.57	Near - North	North	Yes	Yes	Yes	5	5	6173	1	1	36.5%	2
37	52	15	Cleveland Park	13.21	Cleveland	North	Yes	No	No	3	0	7741	2	2	29.3%	2
38	36	-2	Lyndale School Pool	13.00	East Harriet	Southwest	No	No	No	0	0	2980	1	1	18.3%	1
39	35	-4	Victory Park	12.83	Victory	North	Yes	No	No	3	3	6615	1	2	21.1%	1
40	37	-3	Jackson Square Park	12.50	Holland	Northeast/Southeast	Yes	Yes	Yes	5	5	9446	2	2	27.8%	2
41	61	20	St. Anthony Park	12.40	St. Anthony East	Northeast/Southeast	Yes	No	No	3	3	8851	2	2	11.2%	0
42	44	2	Audubon Park	12.38	Audubon Park	Northeast/Southeast	No	No	No	0	0	7629	2	2	17.9%	1

Example from Minneapolis, MN

Criteria Matrix for MPRB Capital and Rehabilitation Under 20-Year Neigh

Guiding Citywide Park Design and Uses

- Up next: visioning process and engagement around park uses
- The goal for this overall process is not to redesign specific park spaces
- The aim is to develop or refine guidance for future projects, based on needs assessment and open space vision

playful inclusive relaxing creative

(Examples of aspects of a vision)

Stay Involved

For More Information:

- Visit our project page: <u>cambridgema.gov/openspaceplan</u>
- Contact Gary Chan at <u>gchan@cambridgema.gov</u>

More Ways to Engage (links on project page):

- Take our survey(s)
- Sign up for our email list
- Sign up for (virtual) office hours

Cambridge Commission for Persons with Disabilities

Minutes for Thursday, January 13, 2022

Online via Zoom

Meeting was called to order at 5:30 pm

Present:

Members: Loring Brinckerhoff, Avril dePagter, Mary Devlin, Jerry Friedman, Stelios Gragoudas, Nicole Horton-Stimpson, Phil Kongtcheu and Dan Stubbs

Absent: Gary Dmytryk, Valerie Hammond, and Jackie Jones

Staff: Rachel Tanenhaus and Kate Thurman

Minutes:

• A motion to approve the minutes for the December meeting was seconded and passed.

Presentation by the Disabled Persons Protection Commission (DPPC):

• See attached presentation, "Reporting Abuse and Neglect of Persons with Disabilities" by Sarah Nechamen, Outreach and Training Specialist. (Content warning: Descriptions of abuse of people with disabilities).

Introduction of CCPD's New Police Liaison:

- Deputy Superintendent John Boyle introduced himself as CCPD's new police liaison.
- Deputy Boyle is the commanding officer of night operations (11:00 PM 7:00 AM). He also commands the Harvard and Central Square walking initiative, in which police officers patrol those areas.
- He reported working closely with the Harvard and MIT police departments.
- The Police Department has a Community Relations Unit that is specially trained to work with elderly affairs and mental health issues.
- The Department also has a full-time psychiatrist and social workers on staff.
- He invited members to reach out to him at jboyle@cambridgepolice.org with any questions or concerns.

CCPD Meeting Expectations:

• Kate said that the Commission has in the past developed meeting expectations and wondered if current members may be interested in doing so, as well. Members will take some time to think about what they want to set as meeting expectations.

Public Works Update:

• Jerry Friedman said that DPW has submitted their budgets to City Council for the next fiscal year. They are requesting a significant increase in their budget for miscellaneous sidewalk work. Those funds are used to identify and repair sidewalks, curb ramps, and driveways that fall outside of the major capital projects like Inman Square or River Street reconstruction. DPW plans to use the increase in funds for smaller projects in order to clear a backlog of repair requests. Jerry encouraged folks to continue reporting sidewalk accessibility issues via SeeClickFix or to Rachel and Kate.

Chair's Report:

- Phil and his company have been in touch with the Internal Revenue Service's (IRS) division that specializes in working with people with disabilities. He reported that he has met with the Mayor about assisting people with disabilities in Cambridge with filing taxes. Phil is trying to see if he can do so during the current tax season. This is a project he is carrying out independently from the CCPD Board.
- He said that a lot of training, equipment, and volunteers will be involved.

• Phil asked members to let him know if they are interested in helping with this project.

New Business:

- A few members expressed interest in having Deputy Superintendent John Boyle attend every CCPD meeting.
 - Staff can also arrange for officers from the Police Department's Community Relations Unit and Youth divisions to present at a CCPD meeting.
 - There was interest in learning more about how the Police Department communicates with people with disabilities, including those who are deaf or hard of hearing and those with disabilities that affect their speech.
- Avril said that she has done a lot of research into The Ride and has discovered that they are no longer able to pick up passengers in some specific locations because of bus and/or separated bike lanes. She also reported that ridership has increased significantly in the past few years.

Meeting adjourned at 6:52 PM.

Respectfully submitted, Kate Thurman

Commonwealth of Massachusetts

Disabled Persons Protection Commission



Reporting Abuse and Neglect of Persons with Disabilities

SARAH NECHAMEN

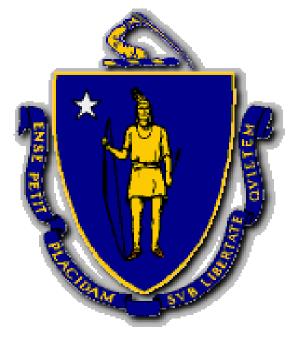
SARAH.NECHAMEN@MASS.GOV DISABLED PERSONS PROTECTION COMMISSION OUTREACH AND TRAINING SPECIALIST

Disabled Persons Protection Commission (DPPC)

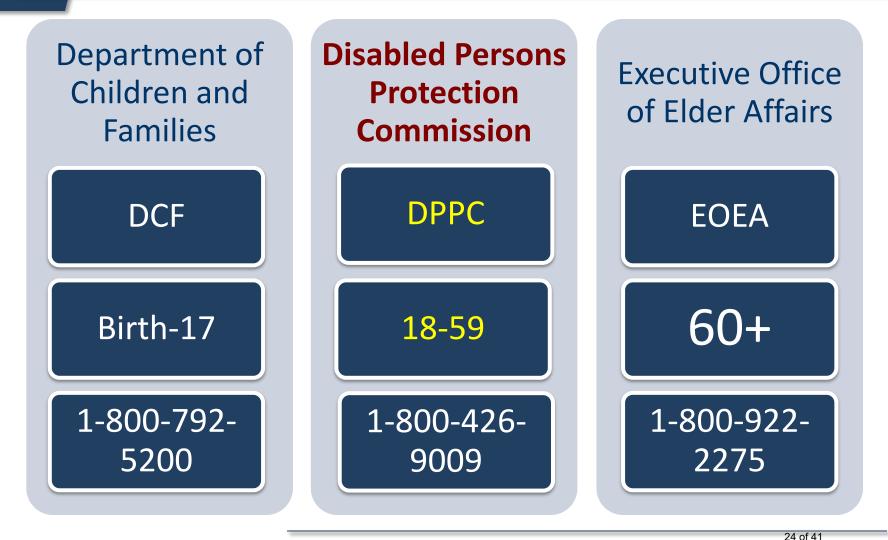
Independent state agency responsible for:

- The investigation and remediation of abuse
- Against adults with disabilities
- By caregivers

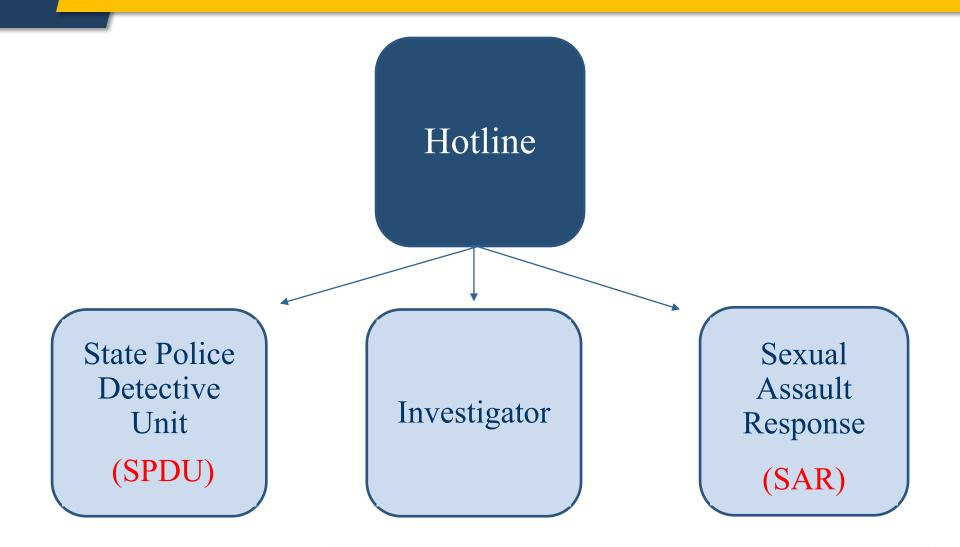
mass.gov/dppc



Reporting Agencies for Abuse Against Persons with Disabilities



Screening of Reports



Protective Services

To Support the Victim

➢ Counseling ➢ Healthcare Peer Support ► Transportation Additional necessary services and supports

To Prevent Future Abuse

Respite services
 Staff training
 Policy changes
 Staffing ratios
 Agency action

What Is Reportable?

Scenario:

Brian is a member of the Cambridge Commission on Disability. His next-door neighbor is a man named Arthur, who has an intellectual disability and attends a Day Program outside of town. Twice recently, Arthur has returned from the Day Program with injuries, and he has been more withdrawn than usual. Brian suspects some sort of abuse is happening at the program– but he has no proof. He hasn't seen anyone abuse Arthur and Arthur hasn't told him anything.

Do these circumstances warrant a report to DPPC?

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What is Reportable?

The standard for reporting in Massachusetts is *reasonable cause to believe* that abuse or neglect exists

Determining Reasonable Cause

You witness abuse or neglect



You notice an injury



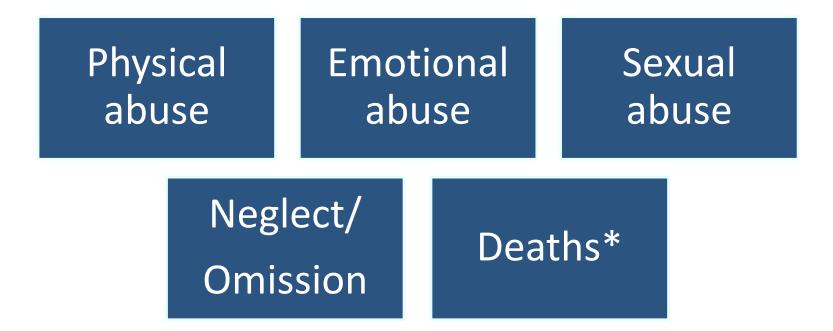
Someone disclosed it to you



Changes in mood or behavior



What Should I Report?



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How to File an Abuse Report?

Call the DPPC 24-Hour Hotline at

1-800-426-9009

*Deaf and hard of hearing callers, please use

VRS or MARelay (711) to contact the DPPC hotline.

10

What is a Mandated Reporter?

- A person, who as a result of their profession, is more likely to be aware of abuse
- List of Mandated Reporters is defined in M.G.L.
 19C

DPPC Mandated Reporters*

- Medical personnel
- Medical examiners
- Social workers
- Foster parents
- Police Officers
- Dentists
- Public or private school teachers
- Educational administrators
- Psychologists

- Family or guidance counselors
- Animal Control Officers
- Day care workers
- Private agencies providing services to people with disabilities
- State agencies within the Executive Office of Health and Human Services

*Includes interns and volunteers

FREE DPPC MANDATED REPORTER TRAINING

Virtual and in-person trainings on reporting abuse of persons with disabilities, offered by the Disabled Persons Protection Commission (DPPC)

LEARN



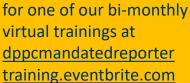
how to recognize signs of abuse, what you're required to report and how to report.



CONTACT

DPPCInfo@massmail.state.ma.us to schedule a virtual or in-person training for your organization.

SIGN UP



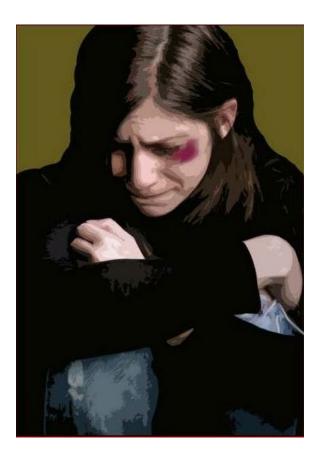
Recognizing Abuse and Neglect of Persons with Disabilities

Handout Available

Indicators of Physical Abuse

Bruises

- Human bite marks
- Unexplained internal injuries
- Fractures, sprains, dislocations
- Burns shaped like an object
- Injuries to mouth
- Extreme changes in behavior



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Examples of Emotional Abuse

- Screaming, shouting, yelling, cursing
- > Threatening violence
- Making discriminatory remarks, degrading
- Mimicking, cruel teasing
- Sexual harassment

- Threatening withdrawal of food, shelter, care, clothes, possessions or necessary equipment
- Using demeaning labels
- Silent treatment
- Intimidating gestures

Emotional Abuse: Behavioral Indicators

- > Obsess, worry, anxious, cry easily and frequently
- Low self-esteem
- Sudden loss or gain of appetite/weight
- Fear of caregiver
- Self-injurious behavior
- Emotionally withdrawn or anger
- Distrust of others
- Difficulty getting out of bed/sleeping

Indicators of Sexual Abuse

- Genital or rectal bleeding
- Bruising to inner thighs
- Difficulty walking or sitting
- Forn/stained clothing/bedding
- Exposure to sexually explicit material
- > Unexplained gifts from caregiver
- Frequent bathing
- > Urinary tract infections/STDs
- Extreme changes in behavior



Indicators of Neglect/Omission

- Dehydration or malnutrition
- > Outdated/unmarked medications
- Decubiti (bedsores), skin rashes
- Evidence of poor hygiene
- Individual to individual abuse
- Lacks needed equipment



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Sarah Nechamen

Outreach and Training Specialist at DPPC

Sarah.Nechamen@mass.gov



Abuse Reporting Hotline (800) 426-9009