



# War Memorial Recreation Center

## Summer 2026 Programming

**Do you have experience coaching youth swimming?**

The Sea Dawgs competitive swim program (p.8) is looking for coaches!  
Email [msantoro@cambridgema.gov](mailto:msantoro@cambridgema.gov) for more information.

1640 Cambridge Street (Door 15)  
Cambridge, MA 02138

617-349-6279

[www.cambridgema.gov/WarMemorial](http://www.cambridgema.gov/WarMemorial)



**CITY OF  
CAMBRIDGE**

Human  
Service  
Programs

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## Operating Hours — Summer 2026

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Monday, June 22 – Friday, August 14, 2026

Monday – Friday: 9 a.m. – 9 p.m. *Doors lock at 8:30 p.m.*

*Opening on 6/22 – 6/26 will be delayed until 5 p.m. due to school still being in session*

## Closures

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The War Memorial Recreation Center **will be closed** during the following dates:

- Friday, June 19
- Friday, July 3
- Saturday, August 15 – Monday, August 31

*The facility will reopen on Tuesday, September 1.*

# Rules, Regulations, and Policies

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## Rules and Regulations

- Please bring proof of Cambridge residency to secure resident rate.
- The Recreation Department reserves the right to verify age.
- The Recreation Department reserves the right to make schedule changes.
- Classes will be rescheduled if canceled due to the weather or instructor absence.
- The City of Cambridge is not responsible for valuables lost or stolen.
- Inappropriate behavior and use of offensive language will not be tolerated.
- No heeled or marking-soled shoes in the field house.
- Patrons are asked to return all equipment after use.
- No glass is allowed in the building.
- Patrons are required to leave the facility on time.
- The City of Cambridge is not responsible for lost or stolen valuables.

*Pool Rules and Regulations are available on page 15.*

## Refund Policy

Full refunds will be provided if a class is canceled due to low enrollment or a patron can no longer participate due to a medical need and provides a doctor's note. All other requests will result in a credit to your household. Household credit requests must be made no later than the second class and only two household credits will be allowed in a calendar year (January 1 – December 31).

## Lock Personal Belongings

War Memorial patrons can use locker rooms located in the building. It is recommended that patrons bring a lock to use when storing personal items in lockers. The War Memorial Recreation Center is not responsible for lost, stolen or damaged personal property.

## Food and Drink Policy

Food and drinks are not allowed in the facility; with the exception of non-glass containers or bottles for water. Please help us keep the Center as clean as possible.



# Children's Swim Programs

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**Session I: June 29 – July 2 (4 days) • Monday – Thursday**

**Session II: July 6 – 17 (2 weeks) • Monday – Friday**

**Session III: July 20 – July 31 (2 weeks) • Monday – Friday**

**Session IV: August 3 – 14 (2 weeks) • Monday – Friday**

Parents are required to be in the pool during toddler/pre-school instruction. Parents of children in Level 1 through Level 6 are asked to leave the pool deck due to swimmer development and pool safety. They can observe the class from the balcony. Please prepare your child in advance for this so s/he has realistic expectations.

Children who are not toilet trained must wear a swim diaper in order to prevent pool contamination. Please change your child in

the locker room and not on the pool deck. Only participants are allowed in the pool during lessons. When a student's lesson is over, they need to leave the water. Please do not interrupt instructors while they are teaching. If you have comments or concerns about instruction or need information from the teacher please address your questions to the swim school manager. All children will be screened for placement at their first class. The swim school manager and the staff assigned will make the determination as to appropriate level and group.



## Toddler/Preschool

**Ages:** 18 months – 4.5 years

Parents are required to participate; one child per adult. **Children who are not toilet trained must wear a swim diaper.**

**Time:** 1:30 – 2 p.m.

**Registration Codes:**

**Session I:** 410101-01

**Cost:** \$30 resident / \$35 non-resident

**Session II:** 410101-02

**Session III:** 410101-03

**Session IV:** 410101-04

**Cost:** \$70 resident / \$75 non-resident

**Time:** 3:30 – 4 p.m.

**Registration Codes:**

**Session I:** 410102-01

**Cost:** \$30 resident / \$35 non-resident

**Session II:** 410102-02

**Session III:** 410102-03

**Session IV:** 410102-04

**Cost:** \$70 resident / \$75 non-resident

## Level 1: Water Exploration

**Ages:** 5 – 11 years

**Time:** 2 – 2:30 p.m.

**Registration Codes:**

**Session I:** 410104-01

**Cost:** \$30 resident / \$35 non-resident

**Session II:** 410104-02

**Session III:** 410104-03

**Session IV:** 410104-04

**Cost:** \$70 resident / \$75 non-resident

**Time:** 2:30 – 3 p.m.

**Registration Codes:**

**Session I:** 410105-01

**Cost:** \$30 resident / \$35 non-resident

**Session II:** 410105-02

**Session III:** 410105-03

**Session IV:** 410105-04

**Cost:** \$70 resident / \$75 non-resident

**Purpose:** Helps students feel comfortable in the water. Level 1 participants learn to:

- Enter and exit water safely
- Float on front and back
- Open eyes underwater, and submerge to pick up object
- Submerge mouth, nose, and eyes
- Explore arm and hand movements
- Exhale underwater
- Explore swimming on front and back
- Use a life jacket
- Explore forward and backward motion without barbell
- Learn proper body position on front and back
- Demonstrate proper safety skills

**Exit skills:**

- Enter unassisted, swim 5 yards with barbell, bob 5 times with head fully submerged, safely exit the water, travel along the gutter or “swim”.
- Float on front with support for 3 seconds,

roll to back (with assistance), float on back with support for 3 seconds.

- Jump independently, float on back with support for 3 seconds, roll to front with support, and float on front for 3 seconds with support.

## Level 2: Primary Skills

**Ages:** 5 – 11 years

**Time:** 1:45 – 2:15 p.m.

*This section will take place in the lap pool*

### Registration Codes:

**Session I:** 410106-01

**Cost:** \$30 resident / \$35 non-resident

**Session II:** 410106-02

**Session III:** 410106-03

**Session IV:** 410106-04

**Cost:** \$70 resident / \$75 non-resident

**Time:** 3 – 3:30 p.m.

*This section will take place in the small pool*

### Registration Codes:

**Session I:** 410107-01

**Cost:** \$30 resident / \$35 non-resident

**Session II:** 410107-02

**Session III:** 410107-03

**Session IV:** 410107-04

**Cost:** \$70 resident / \$75 non-resident

### Purpose:

Learning proper body positioning and body mechanics. Level 2 participants will learn to:

- Demonstrate proper head position for freestyle and backstroke
- Rotary breathing
- Independently kick with assisted materials
- Perform arm circles with barbell
- Swim freestyle and backstroke
- Demonstrate proper safety skills

### Exit skills:

- Independently swim 12 yards of freestyle
- Independently swim 12 yards of backstroke
- Kick independently with assisted device to 25 yards on front
- Streamline underwater for 5 yards
- Jump into deep water independently

## Level 3: Stroke Development

**Ages:** 5 – 14 years

**Time:** 3:45 – 4:30 p.m.

### Registration Codes:

**Session I:** 410109-01

**Cost:** \$35 resident / \$40 non-resident

**Session II:** 410109-02

**Session III:** 410109-03

**Session IV:** 410109-04

**Cost:** \$80 resident / \$85 non-resident

### Purpose:

Refining level 2 skills and progressing stroke technique. Level 3 participants learn to:

- Refine freestyle
- Refine backstroke
- Learn breaststroke kick fundamentals
- Demonstrate proper safety skills

### Exit skills:

- Continuously swim freestyle with rotary breathing for 50 yards
- Continuously swim backstroke with proper head alignment for 50 yards
- Perform proper breaststroke kick
- Perform kneeling dive

## Level 4: Stroke Refinement

**Ages:** 5 – 14 years

**Time:** 2:15 – 3 p.m.

### Registration Codes:

**Session I:** 410110-01

**Cost:** \$35 resident / \$40 non-resident

**Session II:** 410110-02

**Session III:** 410110-03

**Session IV:** 410110-04

**Cost:** \$80 resident / \$85 non-resident

### Purpose:

Develops confidence and endurance in skills previously learned with focus on technique. In addition to refining freestyle and backstroke, level 4 participants learn to:

- Dive
- Swim breaststroke
- Tread water
- Perform butterfly kick
- Perform open turns on front and back
- Demonstrate proper safety skills

### Exit Skills:

- Successfully tread water for extended amount of time
- Perform freestyle for 100 yards
- Perform backstroke for 100 yards
- Perform breaststroke for 50 yards
- Perform butterfly kick for 25 yards
- Standing dive
- Tread water for three minutes

## Levels 5 and 6:

## Skill Proficiency and Endurance Training

**Ages:** 5 – 14 years

**Time:** 3 – 3:45 p.m.

### Registration Codes:

**Session I:** 410111-01

**Cost:** \$35 resident / \$40 non-resident

**Session II:** 410111-02

**Session III:** 410111-03

**Session IV:** 410111-04

**Cost:** \$80 resident / \$85 non-resident

### Purpose:

Refines Freestyle, Backstroke, Breaststroke, and Butterfly so students swim them with ease, efficiency, and power over greater distances. Participants also learn front flip turn, backstroke flip turn, competition start from blocks, and how to demonstrate proper safety skills. This level is designed to prepare swimmers for competitive swimming, aquatic activities, synchronized swimming, water polo, and diving.

### Exit skills:

- Swim 500 yards continuously using the strokes in the following order: 200 yards of freestyle, 100 yards of backstroke, breaststroke, and butterfly
- 5 minutes of treading water

# Cambridge Sea Dawgs Recreation Swim Team

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## Join the 2026–2027 Competition Season!

Are you looking for a competitive swim program for your child? Consider the **Cambridge Sea Dawgs!** We are a nonprofit organization dedicated to promoting youth swimming in Cambridge through skill development, sportsmanship, and healthy competition in an inclusive and supportive environment.

### Who Can Join?

Our program is open to Cambridge residents ages 6–14 who meet the following swim requirements:

- **8 years of age and under:** must be able to complete 50 yards (2 lengths) of legal freestyle, backstroke, and breaststroke; must be able to perform a streamline fly (dolphin) kick on their front and attempt the butterfly stroke.
- **9–10 years of age:** must be able to complete 100 yards of legal freestyle and backstroke; must be able to complete 50 yards of legal breaststroke and butterfly; will be asked to attempt a dive.
- **11–12 years of age:** must be able to complete 150 yards of legal freestyle and backstroke with flip turns; must be able to complete 100 yards of legal breaststroke and butterfly; will be asked to dive from a block
- **13 and over:** must be able to complete 200 yards of freestyle and backstroke; must be able to complete 100 yards of legal breaststroke and butterfly; must be able to dive off the block.

### Please note:

This is not a learn to swim program.

The Cambridge Sea Dawgs is a competitive swim team, and participating in meets is a required part of the experience. All swimmers, including returning team members, must participate in tryouts. While we aim to include everyone who meets our swim requirements, team selections will be based on the criteria listed above, with a strong emphasis on technique. Timed swims will also be a part of the tryout process.

### Season and Commitment

The season runs from **early October to mid March**. Swimmers practice **three times per week** on Mondays, Wednesdays and Fridays, and compete in 5–6 meets held on Sunday mornings. Swim meets typically last about 3 hours. The swim meet schedule will be provided as soon as it becomes available (typically late October).

To support steady progress and team growth, swimmers are expected to attend all practices, and swim meets. Please consider this time commitment before registering for tryouts.

### The Sea Dawgs are looking for coaches!

Email [msantoro@cambridgema.gov](mailto:msantoro@cambridgema.gov) for more information

## Group Placement and Practice Times

Swimmers are grouped by ability, not age, following tryouts.

- Group 1: 5:15 – 6:15 p.m.
- Group 2: 6:15 – 7:30 p.m.

## Low Travel and Volunteer Support

Our swim meet schedule involves minimal travel outside of Cambridge. To keep our program affordable, we depend on caregiver volunteers to assist during meets with tasks like lane timing, scorekeeping, and running concessions. Volunteer information will be shared before the first swim meet and caregivers are expected to volunteer.

## Cost

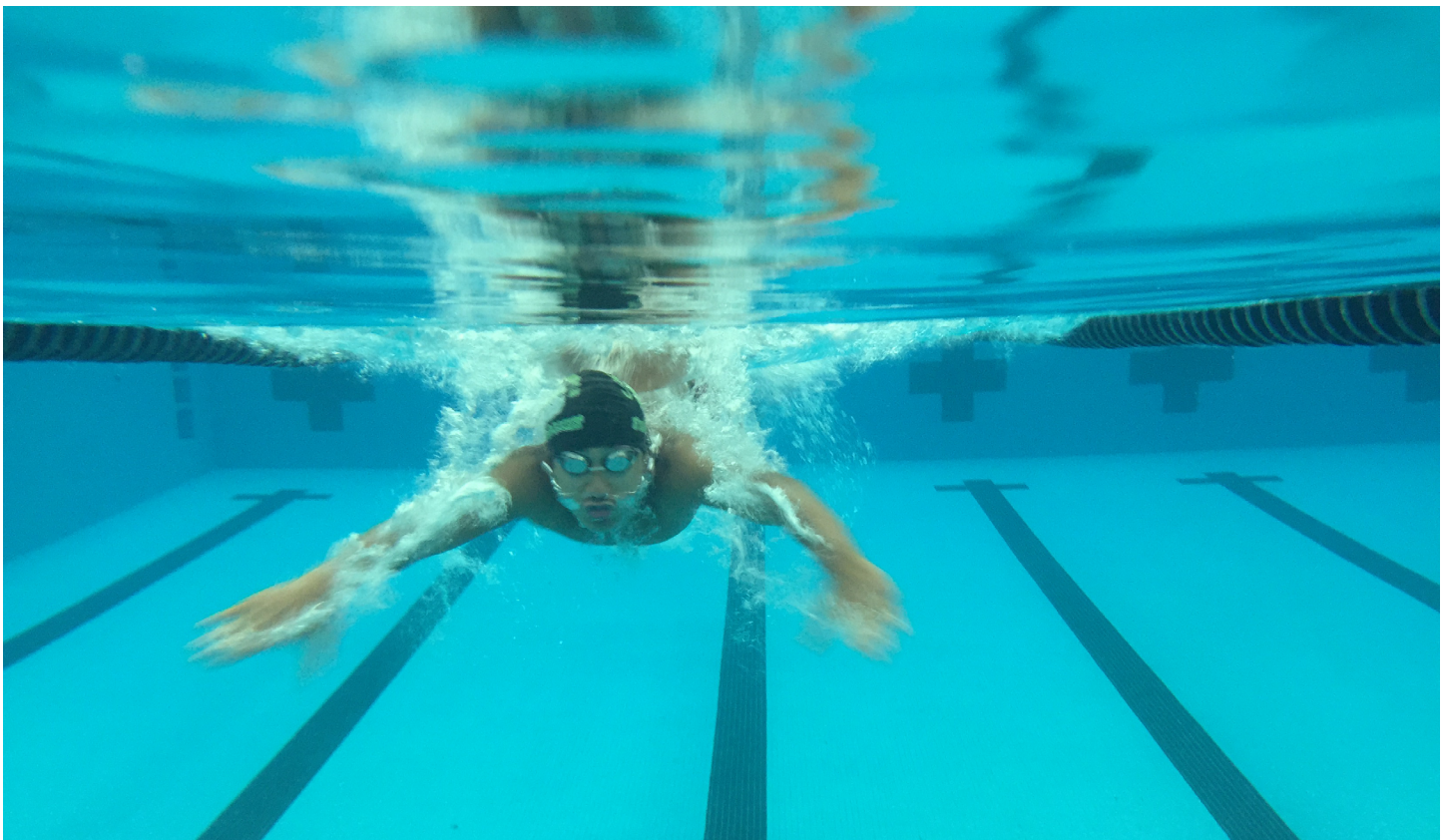
The cost of the program for one participant is \$450, and \$225 for each additional sibling. There will be a bathing suit cost that will be determined at the beginning of the season. The cost is partially subsidized by both the City of Cambridge and the caregiver volunteers and swimmers who fundraised throughout the 2025–2026 season.

## Registration for Tryouts

**Come make waves with the Sea Dawgs!**

Please note that registrations for tryouts closes **Wednesday, September 9**.

[Click or scan the QR code to register:](#)



# Adult Swimming

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## Level I

**Schedule:** July 9 – July 30 (4 weeks)

**Time:** Thursday, 5 – 5:45 p.m.

**Registration Code:** 420201-01

**Cost:** \$40 Resident / \$45 Non-Resident

Are you afraid of the water? Did you not have the opportunity to learn how to swim? Then this class is for you. Lessons will take place in our small pool with a maximum depth of 3½ feet. In the security of this pool, you will learn to feel comfortable in the water, float on your back and front, put your face in the water, begin to learn the front and back crawl, and many other skills.

## Level II

**Schedule:** July 9 – July 30 (4 weeks)

**Time:** Thursday, 6 – 6:45 p.m.

**Registration Code:** 420201-02

**Cost:** \$40 Resident / \$45 Non-Resident

This class is for you if you can swim 25 yards, are comfortable in water over your head, and need to work on your skills. If you would like to swim for exercise but tire after a couple of laps, this class will help you become more effective with stroke improvement. The better your strokes, the less energy you will expend.

Come take this class and learn to enjoy the time you spend swimming.

## Aqua Aerobics (deep water)

**Schedule:** June 22 – August 12 (8 weeks)

**Time:** Monday and Wednesday, 5:30 – 6:30 p.m.

**Registration Code:** 420301-01

**Cost:** \$80 Resident / \$90 Non-Resident

**Time:** Monday and Wednesday, 6:45 – 7:45 p.m.

**Registration Code:** 420301-02

**Cost:** \$80 Resident / \$90 Non-Resident

Whether you are new to exercise or in peak physical condition, aquatic exercise is an excellent and diverse form of fitness training. This exercise form utilizes the resistant property of water to yield a challenging workout, with minimal impact on the joints.

These deep water classes are geared toward a range of ages and conditioning levels, in order to address individual fitness goals. Aquatic exercise is safe, fun, and effective!

## Senior Aqua Aerobics

**Schedule:** June 25 – July 28 (5 weeks)

**Time:** Tuesday and Thursday, 4 – 5 p.m.

**Registration Code:** 430101-01

**Cost:** \$50 Resident / \$55 Non-Resident

This class is available to students ages 55 and older and takes place in the 3.5 foot circular pool.

This is a low impact but high intensity water aerobics class where no swimming skills are needed. This class is designed to improve flexibility, range of motion, strength, muscle tone and cardiovascular endurance while using the resistance of the water to cushion the feet, knees and back. Exercises are performed to lively, motivating music and are effective and easy to follow.



# Adult Recreation Programs

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## Iaido

**Ages:** 18 years and older

**Time:** Monday and Thursday, 7 – 9 p.m.

Iaido, the way of the sword, is the art of drawing and using the traditional Japanese sword. Our group practices Muso Jikiden Eishin-Ryu Iaido, the most widely practiced style of Iaido and the second oldest martial art form in Japan.

Today, Iaido is practiced to develop mental discipline, awareness, and physical harmony. This is achieved through diligent practice and control of body and sword movements. Classes by Boston Iaido focus on correct breathing and posture, stretching and exercise, proper mental attitude, and mutual respect. This is emphasized by fostering a sense of camaraderie in a collegial and friendly atmosphere. For detailed information please visit [www.bostoniaido.com](http://www.bostoniaido.com) or email [bostoniaido@yahoo.com](mailto:bostoniaido@yahoo.com).

## Coed Volleyball (Pick-Up)

**Ages:** 18 years and older

**Cost:** \$7 for two-hour session

**Schedule:** June 22 – August 14

*Closed on July 3*

**Time:**

Monday: 7 – 9 p.m.

Friday: 7 – 9 p.m.

## Weight and Cardio Room

**Time:**

Monday – Friday: 6 – 9 p.m.

## Zumba

**Schedule:** June 24 – August 12

**Time:** Wednesday, 7 – 8 p.m.

**Registration Code:** 420702-01

**Cost:** \$70 Resident / \$80 Non-Resident

***Drop-in option available:***

\$10 Resident / \$12 Non-Resident

Zumba is an exhilarating class that combines dance, Latin music, and aerobics. You'll burn 400–700 calories in one hour of fun. The class feels more like a party than a gym workout! Beginners and adults of all ages, shapes, and sizes are welcome. All you need is a fun-loving attitude and a desire to move.

# War Memorial Pool — Summer 2026 Schedule

June 22 – August 14 • Monday – Friday

**Please note:**

Our pool is a shared space and scheduling changes may occur. Lap swim may be impacted by scheduled swim meets.

## Pool/Facility Closures

- Friday, June 19
- Friday, July 3
- Saturday, August 15 – Tuesday, September 1

*The facility will reopen on Wednesday, September 2.*

## Adult Lap Swim Schedule (at the lap pool)

| Monday                                 | Tuesday                                | Wednesday                             | Thursday                              | Friday                                 |
|--|--|---------------------------------------|---------------------------------------|--|
| 9:30 a.m. – 1 p.m.<br>starting June 29 | 9:30 a.m. – 1 p.m.<br>starting June 30 | 9:30 a.m. – 1 p.m.<br>starting July 1 | 9:30 a.m. – 1 p.m.<br>starting July 2 | 9:30 a.m. – 1 p.m.<br>starting July 10 |
| 5 – 8:45 p.m.                          | 5 – 8:45 p.m.                          | 5 – 8:45 p.m.                         | 5 – 8:45 p.m.                         | 5 – 8:45 p.m.                          |

## Family Swim Schedule

*Please note the altered timings below for Thursdays on July 9, July 16, July 23, and July 30.*

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|---|---|---|--|---|
| 5:15 – 8:30 p.m.<br><i>Lap pool not available</i><br><i>Diving Tank not available</i> | 5:15 – 8:30 p.m.<br><i>Lap pool not available</i> | 5:15 – 8:30 p.m.<br><i>Lap pool not available</i><br><i>Diving Tank not available</i> | 5:15 – 8:30 p.m.<br>5:45 – 8:30 p.m.<br>on July 9, July 16,<br>July 23, and July 30<br><i>Lap pool not available</i> | 5:15 – 8:30 p.m.<br><i>Lap pool not available</i> |

*Please see next page for Pool Schedule for Classes, Programs and Teams →*

## Pool Schedule for Classes, Programs and Teams

|                                    | Monday           | Tuesday          | Wednesday        | Thursday         | Friday           |
|------------------------------------|------------------|------------------|------------------|------------------|------------------|
| <b>Adult<br/>Swim Lessons</b>      |                  |                  |                  | 5 – 6:45 p.m.    |                  |
| <b>Children’s<br/>Swim Lessons</b> | 1:30 – 4:30 p.m. | 1:30 – 4:30 p.m. | 1:30 – 4:30 p.m. | 1:30 – 4:30 p.m. | 1:30 – 4:30 p.m. |
| <b>Aqua Aerobics</b>               | 5:30 – 7:45 p.m. |                  | 5:30 – 7:45 p.m. |                  |                  |
| <b>Senior<br/>Aqua Aerobics</b>    |                  | 4 – 5 p.m.       |                  | 4 – 5 p.m.       |                  |

# War Memorial Pool — Rates, Rules and Regulations

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## Pool Rates (see Facility Rates on pages 17–18 for details)

- Children’s fee applies to children and youth ages birth –17 years.
- Senior Citizen fee applies to people ages 55 and older and participants with a disability (suitable documentation required).
- Proof of age must be shown when pool use passes are purchased. MBTA card, MA Driver’s License or other ID are accepted.
- **To receive the resident rate**, provide a valid MA Driver’s License or ID, utility bill, or rent receipt showing your Cambridge address. This is all that will be accepted.
- A “couple” constitutes two people living at the same address. To be eligible for a “Couple” rate, proof of address must be shown by both participants.
- To purchase a Family ticket, all family members must show proof of living at the same address.

## Pool Rules and Regulations

- No one may enter the pool if the lifeguards are not present.
- No running, pushing or rough play allowed.
- All children will be evaluated for swimming ability before going into the diving well.
- Children under the age of 12 must be accompanied by an adult (limit 1) during family swim.
- Children 7 and under must be accompanied by an adult while in the pool.
- Children who are not toilet trained must use a swim diaper.
- The only swim device allowed on a child is a US Coast Guard approved life jacket and parent/guardian is required to be in the water with the child.
- Only Recreation Department staff are allowed to instruct in facility pools.
- Cleansing shower required before entering the pool.
- Adult lap swim is for persons 18 years and older.
- Pool lanes may be pulled for other activities.
- Please stay off pool lane lines.
- Diving may take place only in the diving well.
- One person on the diving board at a time.
- No diving into lap or small pool.
- Catching people on or off the diving board is prohibited.
- No lap swimming in the diving well.
- No shoes or strollers on the pool deck
- Speed of lane is determined by the fastest swimmer.
- Circle swimming is permitted only in the lap pool.
- Kickboards and pull buoys may be used in any lane of the pool as long as you can keep up with the fastest swimmer.
- Please allow lifeguards to focus on keeping the pool safe while they are on duty.
- Lifeguards will manage speed of lanes and may ask you to move based on the speed of the lane.
- Lifeguards and managers have final say in all pool related matters.
- Patrons are not allowed on the starting blocks of the lap pool.

# Birthday Pool Parties

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## Available by Reservation September – June

Host a pool party for your child's next birthday at the War Memorial Recreation Center! Patrons can reserve the War Memorial Recreation Center pools for birthday parties through June 2026.

*(Reservations are not available July – August.)*

- The fee for a pool party is \$100.
- Pool parties are limited to 20 kids.
- [Online registration](#) for pool parties between September 2026 – January 2027 will open on Monday, July 20 at 5 p.m.
- [Online registration](#) for pool parties between February 2027 – June 2027 will open on Monday, December 14 at 5 p.m.

## Location and Setup Information

### Saturday and Sunday Party Schedule

Setup: 1:30 p.m.

Pool Available: 2 – 3:30 p.m.

Vacate Building by 4 p.m.

The lounge area is available for refreshments. No one is to go into this area until they are dry and dressed. Refreshments are to be served after the pool portion of the party is over.

The lounge area will be setup in advance for your party. **Please do not rearrange the space.** You may decorate the lounge area but do not tape anything to the painted walls or surfaces as this will cause damage.

## Birthday Pool Party Rules and Regulations

- A minimum of 2 adults needs to be present at all times.
  - 1 adult per child if the child is using a life jacket.
- A pool party that involves children under the age of 8 will require adults in the pool. Children under the age of 8 will be required to use life jackets provided by the facility. No outside life jackets or other items may be used in the facility. No toys are allowed in the pool. Please inform your guests.
- The lap pool is not available. If children wish to use the diving well, they must pass a test by swimming 25 yards without stopping. Staff will determine if a child qualifies.
- Guests must put all belongings in lockers in the locker room. Items left on the floor, tables, or chairs are tripping hazards.
- The Recreation Center may cancel parties due to weather or mechanical failure. Money will be refunded unless another date that is feasible is available.
- Guests are responsible for following the party rules and the general facility rules (see page 3). Failure to follow rules will result in no further bookings.

# Facility Rates

## Resident Rates

| Resident            | Pool     | Weight and Cardio Room | Combo (Pool, Weight and Cardio Room) |
|---------------------|----------|------------------------|--------------------------------------|
| Single Visit Child  | \$1.25   | N/A                    | N/A                                  |
| Single Visit Adult  | \$5.00   | \$5.00                 | \$5.75                               |
| Single Visit Senior | \$2.00   | \$2.00                 | \$2.75                               |
| Single Visit Couple | \$6.50   | \$6.50                 | \$7.00                               |
| Single Visit Family | \$7.50   | N/A                    | N/A                                  |
| 10 Visit Adult      | \$45.00  | \$45.00                | \$55.00                              |
| 10 Visit Senior     | \$17.00  | \$17.00                | \$25.00                              |
| 10 Visit Couple     | \$60.00  | \$60.00                | \$70.00                              |
| 10 Visit Family     | \$70.00  | N/A                    | N/A                                  |
| 24 Week Adult       | \$165.00 | \$165.00               | \$185.00                             |
| 24 Week Senior      | \$55.00  | \$55.00                | \$75.00                              |
| 24 Week Couple      | \$190.00 | \$190.00               | \$205.00                             |
| 24 Week Family      | \$205.00 | N/A                    | N/A                                  |
| 48 Week Adult       | \$215.00 | \$215.00               | \$255.00                             |
| 48 Week Senior      | \$80.00  | \$80.00                | \$95.00                              |
| 48 Week Couple      | \$305.00 | \$305.00               | \$355.00                             |
| 48 Week Family      | \$355.00 | N/A                    | N/A                                  |

# Facility Rates

## Non-Resident Rates

| Non-Resident        | Pool     | Weight and Cardio Room | Combo (Pool, Weight and Cardio Room) |
|---------------------|----------|------------------------|--------------------------------------|
| Single Visit Child  | \$1.25   | N/A                    | N/A                                  |
| Single Visit Adult  | \$6.00   | \$6.00                 | \$6.50                               |
| Single Visit Senior | \$2.25   | \$2.25                 | \$3.00                               |
| Single Visit Couple | \$7.50   | \$7.50                 | \$8.00                               |
| Single Visit Family | \$9.00   | N/A                    | N/A                                  |
| 10 Visit Adult      | \$55.00  | \$55.00                | \$65.00                              |
| 10 Visit Senior     | \$21.00  | \$21.00                | \$35.00                              |
| 10 Visit Couple     | \$70.00  | \$70.00                | \$80.00                              |
| 10 Visit Family     | \$80.00  | N/A                    | N/A                                  |
| 24 Week Adult       | \$185.00 | \$185.00               | \$205.00                             |
| 24 Week Senior      | \$80.00  | \$80.00                | \$105.00                             |
| 24 Week Couple      | \$205.00 | \$205.00               | \$230.00                             |
| 24 Week Family      | \$230.00 | N/A                    | N/A                                  |
| 48 Week Adult       | \$235.00 | \$235.00               | \$280.00                             |
| 48 Week Senior      | \$105.00 | \$105.00               | \$125.00                             |
| 48 Week Couple      | \$330.00 | \$330.00               | \$380.00                             |
| 48 Week Family      | \$405.00 | N/A                    | N/A                                  |

# Registration Information

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## Register Online

- Visit:  
[www.cambridgema.gov/WarMemorial](http://www.cambridgema.gov/WarMemorial)
- Click “Register for War Memorial Programs”
- If you have never participated in an activity with us, click the “Need an Account” link and fill out the form completely.
- If you have taken an activity with us but never enrolled online, we will email you a temporary username and password. Once logged in, the system will prompt you to change it.
- If you have forgotten your password, click the “Forgotten your Information” link and follow the security prompts.
- If you have problems with online registration please call 617-349-6279.

## Register by Mail

*See registration form on page 20.*

A postmark is required (no hand delivery please).

Please mail registrations to:

Vladimir Pierre  
Summer 2026 Registration  
51 Inman Street  
Cambridge, MA 02139

Mailing in your registration does not guarantee a spot in our enrollment.



# Registration Form

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Please fill using CAPITAL letters.

## Head of Household

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City/Town \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Email address for notification purposes \_\_\_\_\_

Cambridge Resident     Non-resident     Change of Address

## Emergency Contact

Name \_\_\_\_\_ Phone \_\_\_\_\_

## Child Participant

Child's Name \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Class Code \_\_\_\_\_ Title \_\_\_\_\_

Day \_\_\_\_\_ Time \_\_\_\_\_ Fee \_\_\_\_\_

Class Code \_\_\_\_\_ Title \_\_\_\_\_

Day \_\_\_\_\_ Time \_\_\_\_\_ Fee \_\_\_\_\_

## Adult Participant

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Class Code \_\_\_\_\_ Title \_\_\_\_\_

Day \_\_\_\_\_ Time \_\_\_\_\_ Fee \_\_\_\_\_

Class Code \_\_\_\_\_ Title \_\_\_\_\_

Day \_\_\_\_\_ Time \_\_\_\_\_ Fee \_\_\_\_\_

## Second Choice if Class is Full

Class Code \_\_\_\_\_ Title \_\_\_\_\_

Day \_\_\_\_\_ Time \_\_\_\_\_ Fee \_\_\_\_\_

## Media Release

I do       I do not      give permission to the City of Cambridge and War Memorial Recreation Center to use photographic and video reproductions for publicity purposes.

## Participant Signature (parent/guardian signature if participant is under 18 years of age)

\_\_\_\_\_ Date \_\_\_\_\_

# Scholarship Request Form

## City of Cambridge Department of Human Service Programs Recreation Department Scholarship Request Form

Mail to: Vladimir Pierre • Summer 2026 Registration  
51 Inman Street, Cambridge, MA 02139

Program Name \_\_\_\_\_

Child's Name \_\_\_\_\_ Child's Name \_\_\_\_\_

Address of Child/Children \_\_\_\_\_

### Family Information

1. Parent/Guardian Name \_\_\_\_\_ Social Security Number \_\_\_\_\_

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

Place of Employment \_\_\_\_\_ Work Phone \_\_\_\_\_

2. Parent/Guardian Name \_\_\_\_\_ Social Security Number \_\_\_\_\_

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

Place of Employment \_\_\_\_\_ Work Phone \_\_\_\_\_

### Income Information

**Proof of residency and documentation of income must accompany this application.** Please report the income of **ALL** adults in the household. Failure to do so, withholding information, under-reporting income, or submitting false information will result in disqualification of your scholarship request.

Total Number in Family \_\_\_\_\_ Number of Adults \_\_\_\_\_ Number of Children \_\_\_\_\_

Are all adults working?  Yes  No

Wage Earner #1 Gross Weekly Income \$ \_\_\_\_\_

Wage Earner #2 Gross Weekly Income \$ \_\_\_\_\_

Other Family Income (Monthly) \$ \_\_\_\_\_

WIC  Welfare  Child Support  Rents  Alimony  Unemployment  Other

Total Monthly Income \$ \_\_\_\_\_

**All of the above information for each adult in the household must be documented in writing.**

Have you been awarded a DHSP scholarship in the past?  Yes  No

If yes, when? Year \_\_\_\_\_ Amount \$ \_\_\_\_\_ Program \_\_\_\_\_

**I state UNDER THE PENALTIES OF PERJURY that the above information is true and accurate to the best of my knowledge.**

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Partial scholarships are available. Two children per family per semester may receive scholarship assistance. Children 3–12 years old are eligible for scholarship assistance. No more than two scholarships per child will be granted between July 1, 2025, and June 30, 2026. Mail in your completed registration form, scholarship request form, and a copy of your 2025 tax return. Please do not send a check at this time. If you receive a scholarship, you will be requested to pay when your confirmation is received.

# Gold Star Pool (123 Berkshire St.)

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## Opens Saturday, June 20, 2026

**Monday–Friday:** 2 – 7 p.m. *Pool will open at 3 p.m. June 22 – June 26 while school is still in session*

**Saturday–Sunday:** 11 a.m. – 7 p.m.

- The Gold Star Pool is open to residents of Cambridge with proof of residency.
- Residents can swim at the pool on a first-come, first-served basis. You do not need to pre-register to swim at the pool.
- Capacity is limited at the pool. If the pool reaches maximum capacity we reserve the right to stop allowing additional patrons into the pool. State law dictates our capacity.
- Swimmies, tubes, and other flotation devices are not allowed in the pool at any time.
- Children who are not toilet trained must wear a swim diaper.
- Children 12 and under must be accompanied by an adult 18 or older to the pool and in the water.
- Food, glass bottles, gum chewing, alcohol, vaping or smoking are not allowed inside the pool area for the health and safety of the patrons.
- Pool checks will be at the discretion of the management staff.
- No running, pushing, ducking, ball playing, or other inappropriate behavior is allowed.
- No diving into the shallow end or from the corners of the pool.
- No spitting on the deck or in the pool.
- Patrons are not allowed in the lifeguard chairs or to jump from them.
- Patrons with eye or other obvious infections, open wounds, impetigo, ring worm, or other communicable diseases will not be allowed into the facility.
- Band-Aids can not be worn in the pool.
- Patrons are not allowed in the office or first aid area unless receiving treatment.

**Thank you for your cooperation in making your visit healthy and safe. We hope to see you this summer!**



# ACE Summer Tennis and Writing Program



## Summer Tennis and Writing Program



[www.allcourtenrichment.org](http://www.allcourtenrichment.org)

Cambridge Lorentz Park / Somerville - Foss Park / Medford -  
Dugger Park

June 23 - August 22 (choose the week(s) that work best)

Days: Monday- Friday

Times: Morning: 9am-12pm Afternoon: 1pm-3pm

Sign up for both! Lunch is supervised, not provided

Ages: 7-15 years old

FREE! / Sliding scale for payment

Contact: [drewhendrickson@allcourtenrichment.org](mailto:drewhendrickson@allcourtenrichment.org)

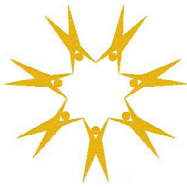


Scan here to register →



# Cambridge Recreation Summer Basketball Leagues

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## Cambridge Recreation SUMMER BASKETBALL LEAGUES

### **"Medina Dixon Instructional Basketball Girls League" Ages 8-11**

Tuesday & Thursday 5:30pm Skills 6:00-8:00  
Games at **Ahern Field** (Charles St)  
Registration & Scrimmages June 30<sup>th</sup> & July 2<sup>nd</sup>  
Games Begin July 7<sup>th</sup>, 2026

### **"Level Up Girls Basketball League" Ages 12-14**

Tuesday & Thursday 5:30pm Skills 6:00-8:00  
Games at **Ahern Field** (Charles St)  
Registration & Scrimmages June 30<sup>th</sup> & July 2<sup>nd</sup>  
Games Begin July 7<sup>th</sup>, 2026

### **"Davonte Neal Instructional League" Co-ed ages 8-11**

Mondays and Wednesday 5:30pm Skills, 6:00pm-8:00pm  
Games at **Sennott Park** (behind 243 Harvard Street)  
Registration & Scrimmages June 29<sup>th</sup> & July 1<sup>st</sup>  
Games Begin July 6<sup>th</sup>, 2026

### **"Sharif Moustafa Instructional League" Co-ed ages 9-13**

Tuesdays and Thursdays 5:30pm Skills, 6:00pm-8:00pm  
Games at **Glacken** (next to Fresh Pond Golf Course)  
Registration & Scrimmages June 30<sup>th</sup> & July 2<sup>nd</sup>  
Games Begin July 7<sup>nd</sup>, 2026

### **"Kito Jackson League" Boys 12-14 (grades 6-8)**

Tuesdays and Thursdays 6:00pm – 8:15pm  
Games at **Hoyt Field** (off Western Ave)  
Games Begin July 7<sup>th</sup>, 2026

### **"Eurie Stamps Sr. League" Boys 15 – 19 (grades 9-12+)**

Wednesdays and Fridays 6:00pm – 8:15pm  
Games at **Hoyt Field** (off Western Ave)  
Games Begin July 8<sup>th</sup>, 2026

**\*No games on July 4<sup>th</sup>\***

**Championship Week: 8/6 – 8/14**

**Applications can be returned to:**

**War Memorial Recreation Center at 1640 Cambridge St (front desk) Recreation Dept at 51 Inman St, 3rd floor (front desk)**

For more information contact Geo Rodriguez at (857) 270-4383 or

[gerodriguez@cambridgema.gov](mailto:gerodriguez@cambridgema.gov)



# Cambridge Recreation SUMMER BASKETBALL LEAGUES

|                          |               |
|--------------------------|---------------|
| <b>Payment Rec'd</b>     |               |
| <input type="checkbox"/> | cash          |
| <input type="checkbox"/> | check # _____ |

## Youth Information

|              |            |                       |                       |
|--------------|------------|-----------------------|-----------------------|
| _____        | _____      | _____                 | _____                 |
| Last Name    | First Name | Date of Birth         | Age                   |
| _____        |            | _____                 | _____                 |
| Home Address |            | City, State, Zip Code | Home Telephone Number |

**Please Check Desired League**

\_\_\_ "Medina Dixon Instructional Basketball" **Girls ages 8-11**

\_\_\_ "Level Up Basketball League" **Girls ages 12-14**

\_\_\_ "Davonte Neal Instructional League" **Co-ed ages 8-11**

\_\_\_ "Sharif Moustafa Instructional League" **Co-ed ages 9-13**

\_\_\_ "Kito Jackson League" **Boys ages 12-14 (grades 6-8)**

\_\_\_ "Eurie Stamps Sr League" **Boys ages 15-19 (grades 9-13)**

**The registration fee for each player is \$20.**

**Please make the check or money order payable to "City of Cambridge"**

## Parent/Guardian Information

|                       |                       |
|-----------------------|-----------------------|
| _____                 | _____                 |
| Mother/Guardian Name  | Father/Guardian Name  |
| _____                 | _____                 |
| Home Address          | Home Address          |
| _____                 | _____                 |
| Home Telephone Number | Home Telephone Number |
| _____                 | _____                 |
| Cell Phone Number     | Cell Phone Number     |
| _____                 | _____                 |
| E-Mail Address        | E-Mail Address        |

## First Aid and Emergency Medical Care Consent

Health Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

I authorize Cambridge Recreation staff who are trained in the basics of First Aid and/or CPR to give my child First Aid/CPR when appropriate.

I understand that every effort will be made to contact me in the event of an emergency requiring medical attention for my child. However, if I cannot be reached, I hereby authorize the program to transport my child to the nearest medical care facility and/or to \_\_\_\_\_, and to secure necessary medical treatment for my child.

Does your child have any medical conditions the staff should be aware of? **YES/NO If YES, please describe.** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

|                           |       |             |
|---------------------------|-------|-------------|
| _____                     | _____ | <b>Over</b> |
| Parent/Guardian Signature | Date  |             |

# Cambridge Youth Street Hockey League

## Join the Cambridge Youth Street Hockey League (SHL) this summer!

The Cambridge Street Hockey League offers young players a chance to sharpen their skills and have fun this off-season. This outdoor, co-ed league will focus on skills, drills, and game competitions among friends.

- Co-ed leagues open to 8 – 9 year olds and 10 – 12 year olds
- New and experienced players welcome
- Sneakers, sticks, mouth pieces, and water bottles required



### 2026 League Schedule

Tuesday and Thursday evenings

July 7 – August 13

**Skills and Drills:** 5:30 – 6 p.m.

**Games:** 6 – 8 p.m.

### Location

John A. Ahern Field

259 Charles Street, Cambridge, MA 02141

### Cost

\$20 per player

### Leagues open until filled!

Return registration form (see back) and \$20 fee to:

- DHSP, 51 Inman St., 3<sup>rd</sup> Floor  
or
- War Memorial Recreation Center  
Front Desk  
1640 Cambridge St., Door 15

*View website for hours:*

*[www.cambridgema.gov/WarMemorial](http://www.cambridgema.gov/WarMemorial)*



More information:

[www.cambridgema.gov/Leagues](http://www.cambridgema.gov/Leagues)

Questions? Contact Geo Rodriguez at [gerodriguez@cambridgema.gov](mailto:gerodriguez@cambridgema.gov) or 857-270-4383



Human  
Service  
Programs





# Cambridge Recreation STREET HOCKEY LEAGUE

|  |
|--|
| <b>Payment Rec'd</b>                   |
| <input type="checkbox"/> cash          |
| <input type="checkbox"/> check # _____ |

## Youth Information

|              |            |                       |                       |
|--------------|------------|-----------------------|-----------------------|
| _____        | _____      | _____                 | _____                 |
| Last Name    | First Name | Date of Birth         | Age                   |
| _____        |            | _____                 | _____                 |
| Home Address |            | City, State, Zip Code | Home Telephone Number |

**Please Check Desired Division**  
**Ages 8 & 9**  
**Ages 10-12**  
**The registration fee for each player is \$20**  
**Please make the check or money order payable to "City of Cambridge"**

**Please send registration and payment to 51 Inman St Cambridge, MA 02139. Forms can also be dropped off at 51 Inman St (3<sup>rd</sup> Floor/Front Desk) or The War Memorial front desk, located at 1640 Cambridge St (Door 15)**

## Parent/Guardian Information

|                       |                       |
|-----------------------|-----------------------|
| _____                 | _____                 |
| Mother/Guardian Name  | Father/Guardian Name  |
| _____                 | _____                 |
| Home Address          | Home Address          |
| _____                 | _____                 |
| Home Telephone Number | Home Telephone Number |
| _____                 | _____                 |
| Cell Phone Number     | Cell Phone Number     |
| _____                 | _____                 |
| E-Mail Address        | E-Mail Address        |

## First Aid and Emergency Medical Care Consent

Health Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

I authorize Cambridge Recreation staff who are trained in the basics of First Aid and/or CPR to give my child First Aid/CPR when appropriate.

I understand that every effort will be made to contact me in the event of an emergency requiring medical attention for my child. However, if I cannot be reached, I hereby authorize the program to transport my child to the nearest medical care facility and/or to \_\_\_\_\_, and to secure necessary medical treatment for my child.

Does your child have any medical conditions the staff should be aware of? **YES/NO** If **YES**, please describe \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ **Over**  
Parent/Guardian Signature Date

# War Memorial Recreation Center

1640 Cambridge Street (Door 15), Cambridge, MA 02138

617-349-6279 • [askdhsp@cambridgema.gov](mailto:askdhsp@cambridgema.gov)

[www.cambridgema.gov/WarMemorial](http://www.cambridgema.gov/WarMemorial)



**CITY OF  
CAMBRIDGE**

Human  
Service  
Programs

Recreation  
Division