



Center for Families Summer Programs, Resources, and Supports

Hello Families! Welcome to the Center for Families page all about our summer programs, resources, and supports. All of our virtual programs are run on Zoom - a free app you can download to your phone, tablet, or computer. We really miss connecting with you all in person and are looking forward to having you join our virtual programming.

Please know, we are available through email at centerforfamilies@cambridgema.gov. Please email us if you are looking for support, resources, or just want to keep connected with Center for Families staff!

Looking for activity ideas? We post and share daily family-friendly activity ideas on our FaceBook page! Check out our FaceBook page at: <https://www.facebook.com/cambridgecenterforfamilies/> or visit the Center for Families' At Home Activities and Story Times website at: <https://bit.ly/31w24Hv>. This site is updated every Friday and features 3 interactive activity ideas for parents and children to do together as well as story time videos.

We send information, resources, and supports to our Google Group several times per week. We also send weekly At Home Activities and Story Times videos to our Google Group once a week Fridays. **Want to join our Google Group? Email Cynthia at cwoodward@cambridgema.gov.**

Infant Programming:

Virtual Baby Time Infant Playgroup/Infant Support Group Series

Tuesdays from 12:30 pm-1:30 pm. Informal group for Cambridge parents with infants birth—15 months old. During the Baby Time Playgroup, Christine Doucet, our Infant Coordinator, will lead **a short sing along and share fun and engaging activities you can do with your baby while at home!** While not quite the same as in-person playgroup, you and your baby may enjoy an opportunity to interact with other parents and children through video chat. Babies and parents benefit from recognizing familiar faces and voices. Research has shown that having some structured activities or a routine helps when there is uncertainty in our lives. Baby Time does not require registration and you can join and leave at anytime. **This group will run on Zoom. For more information and help accessing zoom, contact Christine at cdoucet@cambridgema.gov.**

Virtual Summer Playgroups at Home Series

The Agenda for Children and Center for families will run our Summer Playgroups at Home Series starting in July! Every Monday morning, you will receive through email the week's literacy tip, story time video, child development information, and an at-home activity idea! **We will also host on Zoom several live story times/sing-alongs during the series!** All information and activities are also available on our Playgroups at Home website. This series will run for 5 weeks. You can sign-up to join at anytime. Interested in signing up? Email Cynthia Woodward at cwoodward@cambridgema.gov or Jen Baily at jbaily@CHAlliance.org.

Cambridge Dads

Hey Dads! We know for many of us, the social distancing has been challenging. Cambridge Dads is here for you.

Cambridge Dads' Social Media: For tips, activities, and resources, connect with Cambridge Dads on Social Media or the Fatherhood Text Campaign!

- **Facebook:** <https://www.facebook.com/cambridgedads/>
- **Twitter:** <https://twitter.com/cambdads>
- **Fatherhood Text Campaign:** To sign up text "father" to 95577 (standard text messaging rates apply)

Would you like support with something else? Connect with John directly by calling/texting 857-209-4964, or by emailing cambdads@cambridgema.gov

Child Development Supports

Ages and Stages Questionnaire (ASQ)

The Center for Families wants to support you in providing the best start for your child. The ASQ online tool helps you to better understand all your child's different stages of development from one month up to 5 years old. The ASQ ask questions about your child's communication, gross motor, fine motor, problem solving, and personal social skills. It only takes about 10-15 minutes, that's it! Once you complete the online tool, a Center for Families staff will be in touch to discuss your experience and share activity ideas and resources. The Center for Families staff are available to support you in accessing or completing the ASQ tool. Please feel free to reach out to us anytime at centerforfamilies@cambridgema.gov. To complete the ASQ, please scan the QR code below by using your phone's camera or type the link into your Internet Browser:

<https://www.asqonline.com/family/3ef982>.

ASQ Secure Website Access (scan using phone's camera):



The Early Years Project

The Early Years Project is available for families of children five years old and under, living in Cambridge and Somerville, at no cost to you. During this time, we are offering our services directly to parents rather than through childcare settings as we usually do. **If you have concerns or questions about your child's needs, development, emotions, or behavior, or are having difficulty managing the stress of being a parent during this demanding time, please contact us at evp@riversidecc.org or leave a message at 781-686-0435 to arrange for one our consultants to contact you.** Our experienced child development and parenting specialists are here to support you by phone, video, email and can provide resources and referrals as needed. Please spread the word to families that you know in Cambridge and Somerville. **We are a program of Riverside Community Care and are funded by the Cities of Cambridge and Somerville.**

Early Intervention supports families with children birth to three years old that who have difficulty with feeding, sleeping, strong emotions, challenging behavior or connecting with others; or are slow to meet developmental milestones. Staff are available to help you through the sign-up process. If your child qualifies, together we will develop a plan to support your child. If you child does not qualify, we can give you some strategies to help immediately, and refer you to other programs or resources. **Please contact us at cambsomeireferrals@riversidecc.org or call 617-702-5755.**

Early Intervention Parenting Partnership begins when women are pregnant or postpartum with babies up to three months old and continues until the baby turns one. We offer individualized one-on-one support and connection to resources, and groups. **Contact us at eippreferrals@riversidecc.org or call: 617-755-3071.**