ADULT PROGRAMS

VARIANTS, BREAKTHROUGHS, AND BOOSTERS: UNDERSTANDING OMICRON AND THE FUTURE OF THE COVID-19 PANDEMIC  VIRTUAL
Wednesday, February 2, 6-7 p.m.
The Omicron variant of SARS-CoV-2 rose to prominence less than a month after it was first detected. Dr. Gaurav Gaiha and Dr. Wilfredo Garcia Beltran will present information on how the immune system reacts to Omicron and other variants, and how we can protect ourselves. Derrick Neal, Chief Public Health Officer of the Cambridge Public Health Department, will discuss the rise of COVID-19 cases in our community. A question-and-answer session will follow.

KAITLYN GREENIDGE PRESENTS LIBERTIE  VIRTUAL
Wednesday, February 16, 6-7:30 p.m.
The critically acclaimed and Whiting Award-winning author of We Love You, Charlie Freeman returns with Libertie, an unforgettable story about one young Black girl’s attempt to find a place where she can be fully herself. The event features a reading by Kaitlyn Greenidge, followed by a conversation with Dr. Ianna Hawkins Owen of Boston University. Supported by the Cambridge Public Library Foundation.

ESSENTIALS OF AFRICAN AMERICAN CUISINE: RASTA PASTA WITH CHEF MALCOLM GREEN  VIRTUAL
Wednesday, February 9, 6:30-8 p.m.
Celebrate Black History Month with Cambridge native and Master Chef Season 4 contestant Malcolm Green as he prepares a rasta pasta dish. This is your chance to cook the perfect rasta pasta in your own kitchen, or just meet and chat with fellow rasta pasta lovers!

JESSICA ROSEMAN PRESENTS NOURISH  VIRTUAL
Thursday, February 10, 6-7 p.m.
NOURISH is not a dance class or workout. NOURISH is moving in our own spaces, talking, drawing, and writing together. You will be guided to create your own gentle movement sequences to help bring centering, grounding, and clarity for yourself. We will focus on feeling whole through our breath and attention. No dance experience necessary, welcome for people of different abilities and ages! Jessica Roseman is an award winning choreographer, solo dance performer, movement educator, and a mother.

MARCUS ELEY PRESENTS BUT NOT FORGOTTEN: MUSIC BY AFRICAN AMERICAN COMPOSERS FOR CLARINET  VIRTUAL
Wednesday, February 23, 6-7 p.m.
Marcus Eley will discuss the songs, research and stories behind his album But Not Forgotten: Music by African American Composers for Clarinet. The majority of the pieces in this collection get their world premiere recording exposure as it presents hidden musical gems from clarinet composers spanning a time period from 1868 to the present day. This event will conclude with a live solo performance not to be missed!

CPL INTERNATIONAL BRIEFING: US-IRAN NUCLEAR CONFRONTATION WITH TRITA PARSI  VIRTUAL
Thursday, February 24, 12:15-1:15 p.m.
Trita Parsi is an award-winning author and the 2010 recipient of the Grawemeyer Award for Ideas Improving World Order. In 2021, he was named by the Washingtonian Magazine as one of the 50 most influential voices on foreign policy in Washington DC, and Noam Chomsky calls Parsi “one of the most distinguished scholars on Iran.” In this lecture for the CPL International Briefing Series, Parsi will speak on the US-Iran confrontation over the nuclear issue.

Workshops

JUMPSTART YOUR FINANCIAL FUTURE: MANAGING YOUR MONEY TO BUILD YOUR BEST LIFE  VIRTUAL
Tuesday, February 8, 7-8 p.m.
Paying your bills should be a top financial priority for everyone. Of course, most of us also want some extra money for a major purchase, dream of owning a home or want to retire comfortably. This workshop will help you learn how to budget your money and start building a nest egg for your future. Registration is required. Registrants who participate in all four sessions receive a certificate at the end of the series.

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Registration is required for all virtual events. Register online on our website.

All Library locations will be closed Monday, February 21 for Presidents’ Day.
Workshops

**FUEL FOR LIFE: NUTRITION 101 FOR A HEALTHY LIFESTYLE [VIRTUAL]**

*Thursday, February 17 & 24, 7-8 p.m.*

Join “Fuel For Life, LLC” for a deeper look into nutrition and its role on health. Over the span of 4 weeks, participants in each session will cover and overview the following topics: Nutrition 101 and the Indicators of a Nutritious Diet (including recipes); Sleep, Stress, Lifestyle and the Role of Nutrition; The Gut Brain Connection; Healthy Snacking; Navigating the Grocery Store and Eating Out.

**READING TOGETHER - A Yearlong Library Challenge**

*Mon. February 28, 6:30-7:30 p.m.*

Reading Interests: We choose the theme, you choose the book!

February theme: Celebrate Black Voices

For more information, visit camb.ma/readingtogether

**MENDING MATTERS [VIRTUAL]**

*Wednesday, February 23, 6:30-8 p.m.*

Learn how to get more life out of your clothes or put household textiles to new use in this monthly hands-on workshop! Teaching artist Jessamy Kilcollins will demonstrate different techniques each month and provide guidance on your projects. A limited number of supply kits will be available for registered participants to pick up at the Valente Branch (826 Cambridge St).

**Adult Book Groups**

Visit bit.ly/cplbookgroups or call the host library for more information about joining.

**MAIN LIBRARY**

**Contemporary Book Group [VIRTUAL]**

*Tuesday, February 15, 6-7 p.m.*

*That Old Country Music: Stories* by Kevin Barry

**Great Books Book Group [VIRTUAL]**

*Tuesday, February 8 & 22, 7-9 p.m.*

2/8: Washington and Eisenhower’s farewell addresses
2/22: *A Streetcar Named Desire* by Tennessee Williams

**Nonfiction Book Group [VIRTUAL]**

*Monday, February 28, 1-2 p.m.*

*Becoming Duchess Goldblatt* by Anonymous

**Science Fiction and Fantasy Book Group [VIRTUAL]**

*Wednesday, February 9, 6-7 p.m.*

*Piranesi* by Susannah Clarke

**BRANCH LIBRARIES**

**Boudreau Book Group**

*Wednesday, February 9, 12-1 p.m.*

*What’s Mine and Yours* by Naima Coster

**Central Square Book Group [VIRTUAL]**

*Tuesdays, March 1, 6-7 p.m.*

*Chinese Soul Food: A Friendly Guide for Homemade Dumplings, Stir-Fries, Soups, and More* by Hsiao-Ching Chou

**Collins Book Group [VIRTUAL]**

*Thursday, February 10, 6-7 p.m.*

*Miracle Creek* by Angie Kim

**O’Connell Book Group [VIRTUAL]**

*Tuesday, February 15, 6:30-7:30 p.m.*

*The 100-Year-Old Man Who Climbed Out the Window and Disappeared* by Jonas Jonasson

**O’Neill Branch Book Group [VIRTUAL]**

*Monday, February 14, 6:30-8 p.m.*

*Overground Railroad: the Green Book and the Roots of Black Travel in America* by Candacy Taylor

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**Workshops FOR SENIORS**

**NAVIGATING SOLO: TOOLS FOR CREATING YOUR PLAN FOR AGING WELL [VIRTUAL]**

*Thursday, February 3 & 17, 10:30-11:30 a.m.*

Ailene Gerhardt will explore the unique considerations and planning needs of solo agers (an adult who, because of choice or circumstance, is without the family support structure of adult children or close family members). Ailene will review specific needs related to healthcare, community, and programs and resources available to support solo agers.

In partnership with Cambridge Neighbors.

Sessions 1-2 of 10 of the Navigating Solo series. Every other Thursday 10:30-11:30

**WELLNESS FOR SENIORS: COMBO DANCE FITNESS AND LET YOUR YOGA DANCE [VIRTUAL]**

*Saturday, February 7, 14, 28, 11-11:45 a.m.*

A fun, dynamic, and ultimately blissful combo. We start with some high-energy (low-impact) dance fitness, and then work our way through the seven energy centers (chakras) with Let Your Yoga Dance. You will leave with a good workout and a happy mind, body, and spirit. Good for everybody!

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**Literacy Center**

For more information call Maria Balestrieri at 617-349-4013. No classes are held on days the library is closed.

**Beginner ESOL Class [VIRTUAL]**

Tuesdays and Thursdays, 1-2 p.m.

**High Beginner ESOL Class [VIRTUAL]**

Wednesdays and Fridays, 10:30 a.m.-noon

**Intermediate ESOL Class [VIRTUAL]**

Tuesdays and Thursdays, 11 a.m.-12:30 p.m.

Tuesdays and Thursdays, 3-4 p.m.
REGULAR PROGRAMS FOR CHILDREN AND THEIR CAREGIVERS

We invite children and their grown-ups to join us for story times and sing-alongs, both virtual and in-person. Outdoor programs will be cancelled in the event of inclement weather. Please check our website for programming updates and additions or call 617-349-4038 for more information. No programs are held on days the library is closed.

**Virtual Baby Lapsit**
Mondays, 10-10:30 a.m.
Enjoy time together with other parents, caregivers, and babies to learn, play, and develop language and motor skills.

**Family Story Time**
Thursdays, 4-4:20 p.m.

**Pajama Story Time**
Presented by the Cambridge Public Library and the Center for Families.
Wednesday, February 16, 6:45-7:30 p.m.

**KIDS BOOK GROUPS**


**Main Library**
Join us virtually for a lively discussion. For a copy of the book, stop by the Children’s Room or call 617-349-4038.

**Books Not Binaries**
Wednesday, February 2, 6-7 p.m.
(Ages 11-14)
Anna On the Edge by A. J. Sass

**Parent/Child Book Group**
Tuesday, February 8, 6-7 p.m.
For ages 7-10 and a parent or caregiver.
Freya & Zoose by Emily Butler

**Parent/Child Book Group**
Wednesday, February 9, 6-7 p.m.
For ages 10-13 and a parent or caregiver.
The Beatryce Prophecy by Kate DiCamillo

**Branch Libraries**
Please pick up a copy of the book beforehand at the host Branch.

**Book Buzz**
Monday, February 7, 3:30-4:30 p.m.
For ages 10 and up.
Jukebox by Nidhi Chanani

**Chapter Chat**
Thursday, February 17, 4-5 p.m.
For ages 7-10.
Sanity and Tallulah by Molly Brooks

**Magic Tree House Book Group**
Friday, February 4, 4-5 p.m.
For ages 5-10.
Pirates Past Noon by Mary Pope Osborne

**Need a laptop or hotspot to attend a virtual event?**

**Call the Library to check out our Takeout Tech!**

- **Chromebook Laptop**
  Available at all Library locations

- **Mobile Hotspot**
  Available at the Main Library

- **Chromebook + Hotspot Bundle**
  Available at all Library locations

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Registered is required for all virtual events. Register online on our website.
The Hive

Welcome to the state-of-the-art makerspace located at the Main Library! It is a hub for STEAM learning, creativity, and community collaboration in Cambridge. Its mission is to provide free, hands-on learning opportunities to the Cambridge community, resources for personal projects, and to serve as a hub for skill sharing and creative collaboration.

The Hive is open to individuals with a Minuteman library card. The space is designed for independent use for patrons ages 12 and up and supervised use for children under the age of 12.

Check out our February workshops and go online to camb.ma/cplhive to see the latest schedule and register for workshops.

HIVE SAFETY TRAINING (VIRTUAL)
In this workshop, you will learn about our makerspace, how to use our resources, and how to keep safe in The Hive.

Tuesday, February 1, 2:30-3 p.m.
Wednesday, February 2, 1-1:30 p.m.
Tuesday, February 8, 8-8:30 p.m.
Thursday, February 10, 2-2:30 p.m.
Wednesday, February 16, 1-1:30 p.m.
Friday, February 18, 3:30-4 p.m.
Tuesday, February 22, 6:30-7 p.m.
Thursday, February 24, 6-6:30 p.m.

3D MODELING WITH TINKERCAD (VIRTUAL)
Learn the fundamentals of Tinkercad to design and edit objects for 3D printing. Tinkercad is a free, web-based application. Basic computer skills are necessary for this course. Registration is required. This course is open to all audiences. You do not need to take Hive Safety Training before attending this virtual workshop.

Thursday, February 3, 7-8 p.m.
Tuesday, February 8, 3-4 p.m.
Tuesday, February 15, 5-6 p.m.
Wednesday, February 16, 3:30-4:30 p.m.

GRAPHIC DESIGN WITH GOOGLE DRAWINGS (VIRTUAL)
Interested in graphic design? Learn the fundamentals of using Google Drawings to design and edit your own distinctive images. Google Drawings is a free web-based application. Basic computer skills and a free Gmail account are necessary for this course. Registration is required. This course is open to all audiences. You do not need to take Hive Safety Training before attending this virtual workshop.

Friday, February 4, 1:30-2:30 p.m.
Friday, February 4, 3:30-4:30 p.m.
Tuesday, February 8, 6:30-7:30 p.m.
Wednesday, February 9, 1:30-2:30 p.m.
Thursday, February 24, 7-8 p.m.

AUDIO ENGINEERING IN GARAGEBAND (VIRTUAL)
Get started with audio editing for podcasts, music, audiobooks, and other creative sound projects using GarageBand, the sound creation software found on Mac and iOS devices. You will become familiar with the GarageBand interface, explore the basics of audio engineering, and learn about more resources and tools you can use at home and in the Hive to create with sound. This course is open to all audiences. You do not need to take Hive Safety Training before attending this virtual workshop.

Thursday, February 17, 1:30-2:30 p.m.
Tuesday, February 22, 7:30-8:30 p.m.
Thursday, February 24, 3:30-4:30 p.m.

EQUIPMENT AND STUDIO RESERVATIONS
Anyone who has completed Hive training and is badged to use equipment or studio(s) can reserve Hive equipment or studio spaces during these times. Staff will assist participants as they are able.

Tuesday, February 1, 6-8:30 p.m.
Wednesday, February 2, 2-5 p.m.
Thursday, February 3, 1-4 p.m.
Saturday, February 5, 1-3 p.m.
Wednesday, February 9, 3-5 p.m.
Thursday, February 10, 6-8:30 p.m.
Friday, February 11, 1-5 p.m.
Saturday, February 12, 12-3 p.m.
Tuesday, February 15, 6:30-8:30 p.m.
Thursday, February 17, 5:30-8:30 p.m.
Saturday, February 19, 11 a.m.-3 p.m.
Wednesday, February 23, 2-5 p.m.
Saturday, February 26, 11 a.m.-3 p.m.

The City of Cambridge does not discriminate on the basis of disability. The Cambridge Public Library will provide auxiliary aids and services, written materials in alternative formats, and reasonable modifications in policies and procedures to persons with disabilities upon request.

website cambridgepubliclibrary.org
instagram @cambridgepubliclibrary
twitter @cambridgepl

Scan with a smartphone camera to check out our Calendar of Events online and register for events!