

Cambridge Water Department Proactively Battling the Forever Chemical PFAS

Based on nothing more than their name, perand polyfluoroalkyl substances (PFAS) certainly are not an ingredient you want to find in your sandwich wrap. But recent studies show, they're everywhere — in your pizza box, cosmetic bag, and maybe even in your clothing.

PFAS are widely used, long lasting chemicals, components of which break down very slowly over time. You may have even heard them being referred to as "forever chemicals." Because of their widespread use and persistence in the environment, PFAS are now being found in water, air, fish, and soil across the nation and the globe.

The many thousands of PFAS chemicals found in

different products make it a challenge to study and assess its potential human health and environmental risks. Due to the long-term use of PFAS compounds, it's no surprise to find these forever chemicals in public drinking water systems across the country. Luckily for Cambridge residents, Massachusetts has some of the strictest regulations for drinking water in the country. In 2020, The Massachusetts Department of Environmental Protection (MassDEP) promulgated a regulation for PFAS which went into effect on January 1, 2021. The regulation is a quarterly average of six specific PFAS compounds not to exceed 20 parts per trillion (ppt).

Continued on Page 2



City Manager's Message

It has been a whirlwind two months since starting as City Manager in September! The best words that describe my



feelings are energized and optimistic. We are such a unique and amazing community, and I'm excited about tackling both the opportunities and challenges that face us.

An early priority for me has been to get to know the people who keep our City running and are working hard to make it better. I've been incredibly impressed by the dedication and expertise of our City leaders and staff. The reality is that like many organizations, we are also stretched thin after more than two years of fighting the pandemic. This is an important time to renew our culture, particularly as we seek to achieve the ambitious agenda set by the City Council and our community. I'm looking forward to investing in greater empowerment of our leaders, improving wellness and work/ life balance for our workforce, and continuing our commitment to anti-racism, diversity, equity, and inclusion.

I want to highlight some of the amazing work that our City has done. I spent a half-day with our Police leadership, and I came away so proud of the commitment and spirit in the department. For more than 10 years, the Cambridge Police has made significant investments in progressive policing reforms and the sustained effort has produced real results. Cambridge Police was one of the first departments in *Continued on Page 2*



Fuel Assistance Program Helps Low-Income Residents Page 3



Winter is Coming. Are You Ready? Pages 4-5



Cambridge Fire Department Brings Back In-House Fire Academy



Highlights Translated in Multiple Languages

Battling the Forever Chemical PFAS continued from cover

What is Cambridge Doing?

The Cambridge Water Department (CWD) began voluntarily sampling for PFAS in August 2019 and also initiated the development of a "PFAS reduction plan." There is a seasonal variation in Cambridge's PFAS concentrations, with the highest concentrations occurring in the late summer months and the lowest in the colder winter months. With support from MassDEP, a bench scale pilot study was developed to test the effectiveness of different filtering media to reduce PFAS concentrations. That study was completed by the end of 2021. Results determined that granular activated carbon (GAC) was the best method for CWD to significantly reduce Cambridge's PFAS concentrations.

GAC has been shown to effectively remove PFAS from drinking water when it is used in a flow through filter mode after particulates have already been removed via pretreatment methods. The filters have always been part of Cambridge's operating design. With PFAS center stage, and emerging health risks and stricter regulations on the horizon, CWD will make GAC replacement a preventative maintenance practice moving forward. Filter media changeouts are a recommended standard, especially now with PFAS in ground and surface waters across the country. Changing out the GAC filter media is not much different than changing out a Brita or home filter. After a certain amount of time or a certain volume, you change

the filter. The differences are that CWD's filters are fixed in place and the filter media changeout is simply the exchange of the old carbon inside the filter with new carbon.

In spring 2022, CWD bid out and awarded the contract for the replacement of the filter media in its 6 filters. The project was scheduled to start this summer, but due to the COVID-19 pandemic and supply chain issues, the manufacturing, delivery, and installation processes were affected and severely delayed until the fall. When CWD's initial August 2022 PFAS result came in over 20 ppt, which was subsequently rejected, the decision to switch to Massachusetts Water Resource Authority (MWRA) was made and carried out on August 30, 2022. CWD has remained in compliance with state and federal guidelines and subsequent regulation since PFAS was identified in Cambridge's water in 2019. Work on this replacement project began in October, Once completed, CWD will start collecting samples to determine PFAS levels. We expect to see levels well below 10 ppt and possibly even "no detect" levels.

Once it is determined that PFAS levels are below 10 ppt (which is half the allowable safe limit) for the first two filters, CWD will begin blending Cambridge water with MWRA water. Gradually, Cambridge water flow will increase and MWRA will decrease until completion of all 6 filters. at which time, CWD should be fully operational and delivering the safest, highest quality water to your tap.

Learn more at Cambridgema.gov/PFASFAQs.



the nation to implement procedural justice training in 2010, which focuses on improving community interactions through greater listening, transparency, care, and dignity. Recently, we were one of three cities participating in a national multi-site randomized research study that showed that these trainings resulted in reduced crime incidents and arrests, while improving community trust and relationships. Another example is Cambridge's Safety Net Collaborative, a national model that has reduced juvenile arrests by 90% and supports youth through intervention and diversion strategies. And there are many more - including investments in trauma-informed care and our Police Cadet program. Commissioner Elow and her leadership team have a deep commitment to not just enforcing our laws, but working toward the overall health and wellness of our community. While there is still more work to be done, we are moving in the right direction and with the right values.

I have also been reflecting on how the City better engages our diverse community and the many voices that are trying to speak on important issues. The reality is that many people feel unheard, and there is a broader challenge over how we make decisions when the community disagrees. I hope that we can continue to look for common ground while moving forward and that we will also have healthy community conversations, reflecting our urgency and passion, but also our empathy for each other, respect for our good intentions, and the dignity of everyone in our City. For the City's part, I recognize that there is work to do to improve our communication, transparency, and responsiveness and this is a priority for me.

As part of this, I'm excited to be more accessible and find time to sit with residents and get feedback. I am hosting regular meet-and-greets across the city. Please visit Cambridgema.gov/MeettheManager to view the schedule. You are each important parts of our community, and I'm looking forward to hearing from you!



IMPORTANT WATER CONSERVATION TIPS

Cambridge Water Department urges residents to practice these water conservation tips year-round:

- Never let water run while doing dishes, brushing teeth, or washing hands.
- Look and listen to see if you have any water leaking, checking toilets often.
- Flush toilets only when needed.
- Run full loads of laundry.

Read more about water conservation at

Cambridgema.gov/water





Photo: Courtesy of Cambridge Arts.

Cambridge Celebrates Opening of its Newest Creative Center, the Foundry

This fall, over 3,000 members of the Cambridge community gathered to celebrate the opening of The Foundry, the City's new self-sustaining center of creativity and collaboration in Kendall Square. The 50,000 square foot space offers opportunities in science, technology, engineering, arts, and math, as well as areas and programs for visual and performing arts, entrepreneurship, workforce education, and community activities. As a City-owned building, operated in partnership with Cambridge Redevelopment Authority, the Foundry will facilitate access for residents, especially underrepresented communities, to the dynamic working and learning environment of Kendall Square. The Foundry aims to keep programming and spaces financially accessible to community members through discounts based on income. Inside the Foundry, you can find Jukebox, a storytelling project created by artist Elisa H. Hamilton and commissioned by Cambridge Arts Council through the City of Cambridge Percent-for-Art Program. Learn more at Cambridgefoundry.org.

Cambridge Fuel Assistance Program Helps Low-Income Residents Pay for Winter Heating Bills

The Cambridge Fuel Assistance Program is accepting applications for the 2022-2023 season. The program, also known as the Home Energy Assistance Program, helps residents who meet federal income guidelines, pay their winter heating bills between November 1 and April 30. Over the past five years, the Fuel Assistance program has distributed more than \$4.8 million in heating bill assistance to Cambridge and Somerville residents.

"It is important to us that all Cambridge and Somerville households who qualify for this program get the support they need to save money and stay warm this winter," explains Claudia Cruz, Fuel Assistance Program Manager. "We have Spanish speakers on staff and can provide additional language support upon request. We can also accommodate in-person requests for appointments and make home visits to applicants who are homebound and need support completing their application."

The Fuel Assistance Program also helps clients access benefits offered through other agencies, such as gas and electric bill discounts, weatherization improvements like insulation and sealing, the state's Heating System Repair and Replacement Program, and more. Eligible applicants in no-heat situations or who are facing immediate utility shutoff can receive Fuel Assistance within 24 hours. For more information, call 617-665-6234 or visit Cambridgema.gov/FuelAssistance.

View this CityView issue online at Cambridgema.gov/digital.

Cambridge is First City in Massachusetts to Invest in Local Solar Using Contributions from its Community Aggregation Program

Cambridge is the first city in Massachusetts to invest in a local solar project using contributions from its electricity aggregation program. A 540-panel installation added to Graham & Parks School in September was paid for and is collectively owned by the 41,000 customers of Cambridge Community Electricity (CCE) aggregation program. The 243kW solar installation is expected to generate 280,000kWhrs of electricity annually. Over its lifetime, the solar installation's carbon-free electricity will reduce global warming emissions by over 4 million pounds, which is the equivalent of taking 426 cars off the road or planting over 32,000 trees.

The City is continuing to look for new ways to add more new renewable energy to the CCE program. Launched in 2017, CCE is a City-run program that provides Cambridge residents and businesses with an alternative to Eversource's Basic Service for electricity supply. Since launching, participants have saved over \$30 million on their electricity bills, while contributing to this local solar project. Residents and businesses can also opt-up to 100% renewable electricity through the CCE program. For more information visit Masspowerchoice.com/cambridge.



Winter is Coming. Are You Ready?

With the winter season upon us, we remind residents and property owners of their responsibilities per City Ordinance regarding snow and ice removal following a storm.

- Clear sidewalks adjacent to your property 3-4 feet wide to bare pavement. This must occur within 12 hours after snow stops falling in the daytime, and before 1 p.m. when it has fallen overnight.
- Clear corner properties on all sides and access to ramps at crosswalks.
- Remove or melt all ice within 6 hours of the time it forms. If you are away, it is still your responsibility to ensure someone clears sidewalks and ramps next to your property. The fine for failing to comply with the City's sidewalk clearance ordinance is \$50 per day.
- Use snow and ice melt products sparingly. When the snow melts, these products from roads, sidewalks, and driveways flow into the nearest catch basin and into our waterways. Try to buy products that are not toxic to animals and plants.



- Help keep catch basins clear to prevent flooding.
- Don't shovel snow into a bike lane.
- Please help shovel out nearby fire hydrants.



Register for Snow Alerts

Register to receive Snow Emergency Parking Ban alerts via phone, text, or email at Cambridgema.gov/ subscribe, or follow us on Twitter at @CambMA and on Facebook for updates. The City is using the hash tag #CambMASnow on Twitter to help the public follow the conversation.

Check Cambridge Snow Center for Updates

The City of Cambridge Snow Center, Cambridgema.gov/ snow, includes information and updates about snow emergency parking restrictions, alternative off-street parking, and closures.

What the City will do:

- The City will chemically treat all major streets within three hours of when snow begins, keep them plowed during all stages of a storm, and work to clear all streets and sidewalks bordering City property once a storm has ended.
- In certain instances, Public Works applies brine solution in liquid form to the roadway before anticipated snow or ice and prevents snow and ice from bonding with the street surfaces. Unlike granular salts which can bounce off roadways or get stuck on top of snow and ice, brine begins working immediately once it comes into contact with precipitation. This results in easier and more efficient snow removal. Additionally, using brine reduces the environmental impact by using approximately 30% less salt, and also cuts down on excess salt running off into tree wells and waterways.
- We continuously evaluate processes to remove snow as efficiently and effectively as possible and invest in new equipment and environmentally friendly techniques to make the City's sidewalks and streets safe and passable for all users.

Prepare for Winter Storms

- Make sure you have enough heating fuel to get through the storm;
- * Stock up on batteries, flashlights, canned goods, bottled water;
- Ensure smoke and carbon monoxide detectors are working properly;
- Make sure you have a supply of necessary medications.

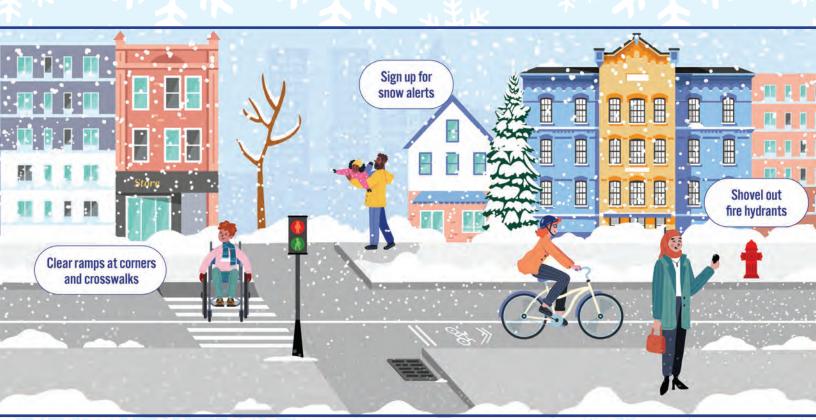
No Heat?

To report no heat in your rental housing, contact Inspectional Services Department at 617-349-6100 and ask for the Housing Inspector for your neighborhood. After hours, call Cambridge Fire Department at 617-349-4900 to contact an inspector on your behalf.

Snow Exemption Program and Shoveling Assistance

Low-income residents who are elderly or have a disability may qualify for the City's Snow Exemption Program. For more information, call the Cambridge Council on Aging at 617-349-6220.

The Council on Aging can also provide a limited list of professional snow removal companies and students who will shovel for a fee to be negotiated.



Don't Forget these Important On-Street Parking Guidelines:

- Park at least 20 feet from street corners to improve visibility and enable plows to push snow away from crosswalks.
- It is illegal to use space savers to hold a cleared parking space; objects left in on-street parking spaces will be removed.

Report Issues Online or Using Your Smartphone

- See sidewalks, bike lanes, or streets that need clearing? Reporting an issue only takes a minute and helps make our streets and sidewalks safer.
- Download the free Commonwealth Connect app for iPhone or Android or report online at Cambridgema.gov/311.

Cambridge Fire Department Brings Back In-House Fire Academy

In-house Training Helps Fill Vacancies More Quickly

In October, Cambridge Fire Department launched an intensive 11-week Cambridge Fire Academy, incorporating the principles of the Massachusetts State Fire Academy, but using its own certified fire instructors to enable more recruits to participate and to fill open positions 12 months sooner than normal.



Since 1980, Cambridge Fire Department has relied on the MA Fire Academy for new hires. This process takes 10 months and only allows six applicants per community.

Cambridge Fire Academy Recruit Class 2022-01 consists of daily fitness workouts followed by classroom and hands-on training. Twenty Cambridge Fire recruits have made it through an exhaustive background investigation process, passed medical exams, psychological exams, and Physical Ability Testing administered through the Commonwealth's Human Resource Division.

Upon graduation in January 2023, recruits will be Firefighter I/II certified; they will have successfully completed Hazardous Materials Operational Level training, water rescue, First Responder training, live burn experience, amongst other training vital to their success as Cambridge Firefighters.



Learn how you can join **Cambridge Fire Department.** Call 617-349-4921.



A Win for Housing Affordability: City Council Adopts Changes to **Incentive Zoning**



The Cambridge City Council adopted an amendment to the Incentive Zoning Ordinance on October 17, 2022, which will increase funds for the City's Affordable Housing Trust. Under the new changes to the Incentive Zoning provisions of the City's Zoning Ordinance, the affordable housing

contribution rate will increase from \$21.02 to \$33.34 per square foot of gross floor area for new, large non-residential developments. Funds received under Incentive Zoning are used by the City's Affordable Housing Trust to fund the creation and preservation of affordable housing.

Last amended in March 2020, Incentive Zoning requires a Housing Contribution to offset the need for affordable housing that large non-residential development creates. Incentive Zoning housing contributions have provided more than \$20 million toward the development of affordable housing in the past 12 months.

This new amendment adds to the many tools Cambridge has put in place over the past few years to support affordable housing, including the 100% Affordable Housing Overlay, increases to the applicability of the Inclusionary Housing provisions of the Zoning Ordinance, and increases in City funding for affordable housing. In FY23, the City of Cambridge has allocated more than \$38 million of City funds toward the creation and preservation of affordable housing. The Affordable Housing Trust has commitments of more than \$100 million to affordable housing developments currently underway to preserve or create more than 500 affordable homes when completed.

Learn more at Cambridgema.gov/housing.



Health Department Recommends COVID-19 Boosters and Flu Shots

The Cambridge Public Health Department encourages people to get vaccinated against COVID-19 and the flu.

The COVID-19 vaccine is recommended for everyone 6 months and older. People age 5 and older should receive boosters. A new bivalent booster became available this fall that offers protection against multiple COVID-19 variants. The bivalent booster is recommended for all adults and children age 5 and older. Getting all recommended doses of the COVID-19 vaccine gives you the highest level of protection.

The **flu vaccine** is also recommended for everyone age 6 months and older. Residents age 65 and older should ask for high-dose flu vaccine.

Both COVID-19 and flu vaccines are widely available at local pharmacies and many doctors' offices. To find COVID-19 vaccine locations, visit Vaxfinder.mass.gov. Cambridge Health Alliance also offers flu shots and COVID-19 vaccines/boosters to the public at its pharmacies at Cambridge Hospital, 1493 Cambridge Street, and East Cambridge Care Center, 163 Gore Street.

Call 988: Three Digits, One Connection for Individuals Experiencing Suicidal Crisis and Emotional Distress

In July 2022, a new, three-digit 988 number was implemented nationally for anyone in emotional distress or suicidal crisis.

Trained counselors, who are not clinicians, are available to provide free, confidential emotional support to all callers. It can also be used by an individual who is worried about a loved one and not sure how to support that person or where to get them help.

Calls to 988 are routed to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline). The previous Lifeline number 1-800-273- 8255 (1-800-273-TALK) will always remain available to people in emotional distress or suicidal crisis.

What Happens When I Call 988?

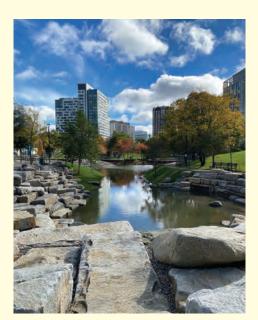
- Calls will be routed to a call center based on a caller's area code.
- All calls will be answered by a highly trained staff or volunteer who will provide compassionate, non-judgmental support.
- Although the number is shorter, it will still connect to the same service which has been available in Massachusetts for many years.

The 988 Suicide & Crisis Lifeline can also be reached through online chat, Suicidepreventionlifeline.org/chat.

What Happens When I Chat with the Lifeline?

- First, you'll see a wait-time message while we connect you to a crisis counselor.
- If demand is high, you can view "Helpful Resources" section or call the Lifeline at 988.
- · A counselor will answer your chat, listen to you, understand how your problem is affecting you, provide support, and share resources that may be helpful.

For more information about 988, please visit Mass.gov/988-suicide-and-crisis-lifeline.



Renew Residential Parking Permits Online Starting December 1, 2022

2022 Resident and Visitor Parking Permits will expire on March 31, 2023. Beginning December 1, 2022, residents can renew their permit online. Online applications take three to five weeks to process. Please note that 2023 permits will not be mailed prior to January 3, 2023.

Beginning January 3, 2023, permits can be renewed in-person at the City's Traffic Parking and Transporation Department in the City Hall Annex at 344 Broadway, Cambridge.

From January 3 through March 31, 2023, cars parked in spaces with signs that say "Parking by Permit Only" may use either 2022 or 2023 parking permits.

Beginning April 1, 2023, cars parked in spaces with signs that say "Parking by Permit Only" must use 2023 Resident or Visitor Parking Permits.

The 2023 Residential Parking Permit features a photo of the pond at Cambridge Crossing by Lauren Kershberg. Learn more at Cambridgema.gov/rpp.

Textiles & Mattresses Banned from Trash Disposal

As of November 1, 2022, all textiles and mattresses are banned from going into the trash in Massachusetts.

The City of Cambridge launched the Mattress Recycling Program in 2019 and a Clothing & Textiles Recycling Program in 2021. Textiles include all clothes, shoes, towels, sheets, and accessories. Items must be clean and

drv. but even torn or stained textiles can be recycled or upcycled.

Both programs are free of charge, but items must be scheduled in advance for curbside pick-up. Additionally, residents may drop-off textiles at nonprofits or at any of 12 drop-off sites sponsored by the City. To schedule a mattress or textiles pick-up, visit



Cambridgema.gov/Recycle.

Tips for Controlling Rodents

Controlling rodents can be a difficult task for any community. Below are helpful tips you can try to reduce the impact of rodents (rats, mice, and squirrels) on our everyday lives:

- Eliminate their source of food and water. A rodent only needs one ounce of food waste per day to survive. Placing all food waste in locking compost carts is one of the best ways
 - to combat rodents. The lock on compost carts seal in the odors so rodents have a much harder time locating and accessing food. Eliminate any standing water on your property.
- **Ensure your trash is properly managed.** Make sure all trash carts have their lids closed and make sure there are no food materials in the trash, especially in any excess trash bags placed at the curb on the morning of collection. If you have a trash, recycle, or compost cart with a chewed through hole in it, contact the Department of Public Works to request a replacement at: Cambridgema.gov/Recycle.
- Apply for City's Private Property Rodent Control Program. Residents in buildings with 4 units or less are encouraged to sign up for the City's Private Property Rodent Control Program. The Program provides free inspection and at least 3 baiting/ trapping/follow-up inspections within a 60-day period. Learn more at Cambridgema.gov/Rodents.





Building Connections with Separated Bike Lanes

The City of Cambridge aims to design our streets for people of all ages and abilities, whether they are walking, bicycling, driving, or taking transit. Our goal? To eliminate transportation-related deaths and serious injuries while increasing healthy, equitable mobility for all.

Building separated bike lanes is one way for us to meet that goal. Using a barrier or curb to physically separate people biking from vehicle traffic increases comfort and encourages more people to use this active, sustainable form of transportation. If people who want to can safely avoid car trips, Cambridge can reduce greenhouse gas emissions, improve our air quality, and reduce vehicle traffic.

But having separated bike lanes scattered randomly throughout the city doesn't get people where they want to go: that's why the City is building a network of separated lanes that connect people to important destinations around Cambridge. The City's Cycling Safety Ordinance requires that Cambridge install 25 miles of separated bike lanes by roughly 2026, and we're making progress on that goal. Since 2020, the City has installed approximately 8 miles of separated bike lanes.

Over the summer, the City installed quick-build separated lanes along Massachusetts Avenue near Porter Square. This fall, we installed quick-build lanes on Garden Street, a key east-to-west route connecting residents and visitors to retail, jobs, parks, and squares. The City is also in the midst of longer-term construction projects that will include separated lanes in Inman Square, River Street, and segments of Mass Ave known as the MassAve4.

These projects were designed with significant community input. Cycling Safety Ordinance projects generally include at least three community meetings, outreach to local businesses and other organizations, conversations with key stakeholders, and pop-up informational sessions that sometimes lead to the creation of community working groups.

What's coming next?

Quick-build separated bike lanes will come to part of Brattle Street (between Mason Street and Sparks Street) and the City is finalizing plans for Phase 2 of the project, between Sparks Street and Mt. Auburn Street.

The City of Cambridge is also starting design and engagement for upcoming quick-build projects on Hampshire Street, Main Street, and Aberdeen Avenue. Visit Cambridgema.gov/streetsandtransportation/ projectsandprograms to learn more and sign up for mailing lists.

Lo más destacado de esta edición del boletín informativo CityView

Lo que debe saber sobre las sustancias guímicas PFAS

- Las PFAS se encuentran en el agua, el aire y el suelo.
- Cambridge está trabajando para eliminar esta sustancia química nociva de nuestra agua.
- Para más información, visite Cambridgema.gov/water

Conserve el agua durante todo el año

- Nunca deje correr el agua mientras lava los platos, se lava las manos o se cepilla los dientes.
- Tire de la cadena del inodoro solo cuando sea necesario.



El programa Fuel ayuda a los residentes con bajos ingresos a pagar las facturas de calefacción en invierno

- El programa ayuda a los solicitantes a pagar las facturas de calefacción desde el 1 de noviembre hasta el 30 de abril.
- El personal habla varios idiomas y puede realizar visitas a domicilio para los solicitantes que no pueden salir de sus hogares.
- Para más información, visite Cambridgema.gov/fuelassistance

Cambridge es la primera ciudad del estado que invierte en un nuevo tipo de proyecto solar

- El proyecto solar reduce las emisiones responsables del calentamiento global.
- El programa Cambridge Community Electricity le ha ahorrado a los usuarios más de \$30 millones.
- Para más información, visite Masspowerchoice.com/Cambridge



Se acerca el invierno. ¿Está en condiciones de afrontar las nevadas?

- Recuerde quitar la nieve de las aceras próximas a su propiedad.
- Para más información, visite Cambridgema.gov/snow



¿Quiere convertirse en bombero en Cambridge?

- El Cambridge Fire Department inauguró una nueva
- Para más información, llame al 617-349-4921.



El Cambridge City Council aprobó cambios en las tasas de incentivos de zonificación

Los fondos que se obtengan del aumento de las tasas se destinarán a financiar más viviendas asequibles.

El Departamento de Salud recomienda refuerzos de la vacuna contra la COVID-19 y la gripe

- Todo aquel que tenga 6 meses o más debe vacunarse contra la gripe y la COVID-19.
- Para más información, visite vaxfinder.mass.gov



Puede llamar a la nueva línea 988 que atiende a personas con crisis suicidas o angustia emocional

También puede llamar al 988 para obtener ayuda para un ser querido.

Renueve su permiso de estacionamiento residencial

Se puede renovar en línea: Cambridgema.gov/rpp



No se recogerá ropa ni colchones en la recogida de residuos

- Puede programar la recogida de prendas de vestir o colchones.
- Puede depositar la ropa en distintos puntos.
- Para más información, visite Cambridgema.gov/recycling

Consejos para evitar la aparición de ratas

- No deposite alimentos en los contenedores de residuos.
- Deposite alimentos únicamente en los contenedores de compostaje.
- Para más información, visite Cambridgema.gov/rodents



Cambridge está construyendo nuevos carriles exclusivos para bicicletas

- Separated bike lanes separate drivers from cyclists.
- Se instalaron nuevos carriles para bicicletas a lo largo de Massachusetts Avenue, cerca de Porter Square.



Inscríbase para formar parte de una junta o comisión de la ciudad

- Formar parte de una junta o comisión es una excelente manera de involucrarse más con su comunidad.
- Inscribase hoy en Cambridgema.gov/apply

Vea los artículos completos en español en: Cambridgema.gov/CVSpanish



Destaques nesta edição da Newsletter CityView

O que você deve saber sobre os Químicos PFAS

- O IPFAS é encontrado na água, ar e solo.
- Cambridge está trabalhando para remover este produto químico nocivo da nossa
- Saiba mais em Cambridgema.gov/water

Por favor, Economize a Água o Ano Todo

- Nunca deixe a água correr enquanto lava a louça, lava as mãos ou escova os dentes.
- Dê descarga nos vasos sanitários somente quando necessário.



O Programa Fuel ajuda moradores de baixa renda a pagar contas de aquecimento no inverno

- O programa ajuda os candidatos a pagar as contas de aquecimento de 1 de novembro a 30 de abril.
- Os funcionários falam vários idiomas e podem fazer visitas domiciliares para os candidatos que não moram em casa.
- Saiba mais em Cambridgema.gov/fuelassistance

Cambridge é a primeira cidade do estado a investir em novo tipo de projeto solar

- O projeto solar reduz as emissões do aquecimento global.
- O Cambridge Community Electricity Program economizou aos usuários mais de US\$ 30 milhões.
- Saiba mais em Masspowerchoice.com/Cambridge



O inverno está chegando. Você está pronto para a

- Lembre-se de remover a neve das calçadas próximas à sua propriedade.
- Saiba mais em Cambridgema.gov/snow



Você está interessado em se tornar um bombeiro em Cambridge?

- O Cambridge Fire Department lançou uma nova academia.
- Para mais informações, ligue para 617-349-4921.



O Cambridge City Council adota mudanças no zoneamento de incentivo Os Fundos de

Taxas aumentadas apoiarão moradias mais acessíveis.

Departamento de Saúde recomenda reforços e vacinas contra a gripe COVID-19

- Todos com 6 meses ou mais devem tomar vacinas contra a gripe e contra a COVID-19.
- Saiba mais em vaxfinder.mass.gov



Ligue para o novo número 988 para pessoas em crise suicida ou sofrimento emocional

Você também pode ligar para o 988 para obter ajuda para um ente querido.

Renove sua permissão de estacionamento residencial

Você pode renovar online, Cambridgema.gov/rpp



Roupas e Colchões Banidos da Coleta de Lixo

- Você pode agendar uma coleta de roupas ou colchões.
- Você pode deixar roupas em vários locais.
- Saiba mais em Cambridgema.gov/recycling



Dicas para Controle de Ratos

- Não coloque comida no lixo.
- Coloque os alimentos apenas em caixas de compostagem.
- Saiba mais em Cambridgema.gov/rodents



Cambridge está construindo novas ciclovias separadas **Ciclovias**

- Separadas separam motoristas de ciclistas.
- Novas ciclovias foram instaladas ao longo da Massachusetts Avenue, perto de Porter Square.



Inscreva-se para servir em um Conselho ou Comissão da Cidade

- Servir em um conselho ou comissão é uma ótima maneira de se envolver mais com sua comunidade.
- Inscreva-se hoje em Cambridgema.gov/apply

Veja os artigos completos em português em: Cambridgema.gov/CVPortuguese





Pwen Esansyèl nan nimewo Bilten Enfòmasyon CityView sa a

Sa ou ta dwe konnen sou pwodui chimik PFAS yo

- Yo jwenn PFAS la nan dlo, lè, ak nan tè.
- Cambridge ap travay pou retire pwodui chimik danjere sa a nan dlo nou an.
- Aprann plis sou Cambridgema.gov/water

Tanpri Konsève Dlo pandan tout ane a

- Pa janm kite dlo koule pandan w ap lave veso, w ap lave men w oswa pandan w ap bwose dan.
- Flòch twalèt yo sèlman lè sa nesesè.



Pwogram Fuel la ede rezidan ki gen revni fèb yo peye bòdwo chofaj ivè yo a

- Pwogram nan ede aplikan yo peye bòdwo chofaj yo soti 1ye novanm iiska 30 avril.
- Anplwaye yo pale plizyè lang epi yo ka fè vizit lakay pou aplikan ki rete lakay yo.
- Aprann plis sou Cambridgema.gov/fuelassistance



Cambridge se premye vil nan eta a ki envesti nan nouvo tip pwojè solèy

- Pwojè solèy la diminye emisyon rechofman planèt la.
- Pwogram Cambridge Community Electricity a fè itilize yo economize plis pase \$30 milyon.
- Aprann plis sou Masspowerchoice.com/Cambridge



Sezon Ivè Prèske Rive. Èske Ou Pare pou Lanèj?

- Sonje pou retire nèj ki sou twotwa bò kote kay ou ye.
- Aprann plis nan Cambridgema.gov/snow



Ou enterese vin yon Ponpye nan Cambridge?

- Cambridge Fire Department lanse yon nouvo akademi.
- Pou plis enfomasyon rele nan 617-349-4921.



Cambridge City Council Adopte Chanjman nan Pousantaj Ensitasyon Zòn yo

Lajan ki soti nan ogmantasyon pousantaj yo pral sipòte lojman ki pi bon mache.

Depatman Sante a Rekòmande Ranfòsman vaksen kont COVID-19 ak Grip yo

- Tout moun ki gen 6 mwa oswa plis ta dwe pran vaksen Grip ak COVID-19 la.
- Aprann plis sou vaxfinder.mass.gov



Rele Nouvo Nimewo 988 pou Moun ki Sibi Kriz Swisid oswa Detrès **Emosyonèl**

Ou ka rele 988 tou pou jwenn èd pou yon moun ou renmen.

Renouvle Pèmi pou Pakin Rezidansyèl Ou An

Ou ka renouvle anliy sou, Cambridgema.gov/rpp



Rad ak Matla yo Entèdi nan Koleksyon Fatra

- Ou ka planifye yon ranmasaj rad oswa matla.
- Ou ka depoze rad nan divès kote.
- Aprann plis sou Cambridgema.gov/recycling



Konsèy pou Kontwole Rat

- Pa mete manje nan fatra ou.
- Mete manje nan poubèl fatra sèlman
- Aprann plis sou Cambridgema.gov/rodents



Cambridge ap Konstwi Yon Lòt Liy pou Bisiklèt

- Liy pou bisiklèt yo separe chofè yo ak siklis yo.
- Nouvo liy bisiklèt yo te enstale nan Massachusetts Avenue tou pre Porter Square.



Aplike pou Sèvi nan Konsèy oswa Komisyon yon Vil

- Sèvi nan yon konsèy oswa yon komisyon se yon bon fason pou patisipe plis nan kominote w la.
- Aplike jodiya sou Cambridgema.gov/apply

Gade tout atik ann Angle sou:

Cambridgema.gov/CVHaitianCreole



በ CityView ጋዜጣ ላይ ዋና ዋና ዜናዎች

ስለ PFAS ኬሚካል ማወቅ ያለብዎት ነገር

- PFAS በውሃ፣ አየር እና አፈር ውስጥ ይገኛል።
- Cambridge ይህንን ሳጂ ኬሚካል ከውሃችን ውስጥ ለማስወንድ እየሰራ ነው።
- የበለጠ ለማወቅ Cambridgema.gov/water ን ይሳብኙ

እባክዎን ውሃን ዓመቱን ሙ**ሉ በ**አፃባቡ ይጠቀሙ

- ውሃን ሳያባክኑ ይጠቀሙ።
- አስፈላጊ በሚሆንበት ጊዜ ብቻ መጸዳጃ ቤቶች ላይ ውሃ ይጠቀሙ።



የ Fuel ፕሮ*ግራም* ዝቅተኛ *ገቢ ያ*ላቸው ነዋሪዎች ለክረ ምት ማምቂያ ሂሳቦች እንዲከፍሉ ይረዳል

- ፕሮግራሙ አመልካቾች ከኖቬምበር 1 እስከ ኤፕሪል 30 ድረስ የማምቂያ ክፍያዎችን እንዲከፍሉ ይረዳል።
- ሰራተኞቹ ብዙ ቋንቋዎችን ይናንራሉ እና ለቤት ውስጥ አመልካቶች የቤት ጉብኝት ማድረባ ይችላሉ።
- የበለጠ ለማወቅ Cambridgema.gov/fuelassistance ን ይሳብኙ

Cambridge በአዲስ ዓይነት የፀሐይ ፕሮጀክት ላይ ኢንቨ ስት በማድረባ በባዛት የመጀመሪያዋ ከተጣ ነች

- የፀሐይ ፕሮጀክቱ የአለም ሙቀት መጨመርን ይቀንሳል።
- የ Cambridge Community Electricity ፕሮግራም ተጠቃሚዎችን ከ \$30 ሚሊዮን ዶሳር በሳይ ወጪ ታድጓል።
- የበለጠ ለማወቅ Masspowerchoice.com/Cambridge ን ይነብኙ



ክረምቱ እየመጣ ነው። ለበረዶው ተዘጋጅተዋል?

- ከንብረትዎ አጠንብ የሚገኘውን የእግረኛ መንገዶችን ላይ የሚገኘውን በረዶ በአካፋ መዛቅ እንዳለብዎት ያስታውሱ።
- የበለጠ ለማወቅ Cambridgema.gov/snow ን ይሳብኙ



በ Cambridge ውስጥ የእሳት አደጋ ተከላካዮች ለመሆን ፍላንት አለዎት?

- የ Cambridge Fire Department አዲስ አካዳሚ አስጀምሯል**።**
- ለበለጠ መረጃ፡ በ 617-349-4921 ይደውሱ።



የ Cambridge City Council በማበረታቻ የ የዞን ዋጋዎች

ላይ ለውጦችን ተግባራዊ አድርጓል ከተጨመሩ ተመኖች የሚገኘው ገንዘብ የበለጠ ተመጣጣኝ መኖሪያ ቤትን ይደፃፋል።

የጤና ዲፓርትመንት የ COVID-19 መከላከያ እና የፍሎ ክትባቶችን ይመክራል

- 6 ወር ወይም ከዚያ በሳይ የሆነ ሁሉም ሰው የፍሉ እና የ COVID-19 ክትባቶችን መውሰድ አለበት።
- የበለጠ ለጣወቅ vaxfinder.mass.gov ን ይንብኙ



ራስን የማጥፋት ቀውስ ወይም የስሜት ጭንቀት ላጋጠማቸው ሰዎች አዲስ 988 ቁጥር ላይ ይደውሱ

ለምትወዱት ሰው እርዳታ ለማግኘትም 988 ላይ መደወልም ይችላሉ።

የመኖሪያ ፓርኪንግ ፈቃድዎን ያድሱ

· በ Cambridgema.gov/rpp መስመር ላይ ማደስ ይችላሉ



አልባሳት እና ፍራሽ ከቆሻሻ ኮሌክሽን

- ታግደዋል ልብስ ወይም ፍራሽ ለመውሰድ ቀጠሮ ማስያዝ ይችላሉ።
- ልብሶችን በተለያዩ ቦታዎች መጣል ይችላሉ።
- የበለጠ ለማወቅ Cambridgema.gov/recycling ን ይሳብኙ



አይጦችን ለመቆጣጠር የሚረዱ ምክሮች

- ምግብን ወደ ቆሻሻ መጣያ ውስጥ አያስቀምጡ።
- ምግብን በማዳበሪያ bins ውስጥ ብቻ ያስቀምጡ።
- የበለጠ ለማወቅ Cambridgema.gov/rodents ን ይሳብኙ



Cambridge አዲስ የተለያየ የብስክሌት መስመሮችን እየገ ነባ ነው

- የተለያዩ የብስክሌት መስመሮች አሽከርካሪዎችን ከብስክሌት ነጂዎች ይለያሉ።
- አዲስ የብስክሌት መስመሮች በ Massachusetts Avenue በ Porter Square አጠንብ ተንንብተዋል።



በከተማ ቦርድ ወይም ኮሚሽን ላይ ለማገልገል ያመልክቱ

- በቦርድ ወይም በኮሚሽን ማገልንል ከማህበረሰብዎ ጋር የበለጠ ለመሳተፍ ጥት *መንገ*ድ ነው።
- ዛሬ Cambridgema.gov/apply ላይ ያመልክቱ



ሙሱ ጽሁፎችን በአማርኛ በ: Cambridgema.gov/CVAmharic ይመልከቱ

نم ددعلا اخه یف ةزرابلا طاقنلا CityView Newsletter

ما يجب معرفته عن المادة الكيميائية PFAS

- PFAS موجودة في الماء والهواء والتربة.
- تعمل Cambridge على إزالة هذه المادة الكيميائية الضارة من
 - اعرف المزيد على Cambridgema.gov/water



يرجى الحفاظ على المياه على مدار العام

- لا تدع الماء ينساب أبدًا أثناء غسل الأطباق أو غسل اليدين أو تنظيف الأسنان.
 - اغسل المراحيض عند الحاجة فقط.



- يساعد البرنامج المتقدمين على دفع فواتير التدفئة من 1 نوفمبر حتى 30 أبريل.
- منزلية للمتقدمين المقيمين في المنزل.
 - اعرف المزيد على



على دفع فواتير التدفئة الشتّوية

- يتحدث الموظفون عدة لغات ويمكنهم القيام بزيارات

 - Cambridgema.gov/fuelassistance



Cambridge هي أول مدينة فى الولاية تستثمر فى نوع جديد من مُشروع الطاقةُ الشَّمسية

- يقلل مشروع الطاقة الشمسية من انبعاثات غازات
- وفر برنامج مجتمع الكهرباء في Cambridge مبلغا يزيد عن 30 مليون دولار.
 - اعرف المزيد على
 - Masspowerchoice.com/Cambridge



الشتاء قادم. هل أنت مستعد للثلج؟

- تذكر أن تجرف الثلج من الأرصفة المجاورة لممتلكاتك.
 - اعرف المزيد على Cambridgema.gov/snow

هل أنت مهتم بأن تصبح رجل إطفاء فى Cambridge؟

- اطلق Cambridge Fire Department أكاديمية جديدة.
- للمزيد من المعلومات اتصل على الرقم 4921-617.



تقسيم المناطق الحافزة ستدعم الأموال من المعدلات المتزايدة إسكانًا أكثر بأسعار معقولة.

توصى وزارة الصحة بمعززات المناعة ضد 19-COVID ولقاحات البنفلونزا،

- يجب أن يحصل كل شخص يبلغ من العمر 6 أشهر أو أكثر على لقاحات الإنفلونزا و COVID-19.
 - · اعرف المزيد على vaxfinder.mass.gov ·

اتصل برقم 988 الجديد للأشخاص الذين يعانون من أزمة انتحارية أو ضائقة عاطفية

يمكنك أيضًا الاتصال بالرقم 988 للحصول على مساعدة لمن

جدد تصريح وقوف السيارات الخاص بك

يمكنك تجديده عبر الإنترنت،

Cambridgema.gov/rpp



- يمكنك تحديد موعد لاستلام الملابس أو الملاءات.
 - يمكنك ترك الملابس في مواقع مختلفة.
- اعرف المزيد على Cambridgema.gov/recycling

نصائح للتحكم فى الفئران

- لا تضع الطعام في سلة المهملات.
- ضع الطعام في صناديق السماد فقط.
- اعرف المزيد على Cambridgema.gov/rodents



تبنى Cambridge ممرات دراجات منفصلة جديدة

- · تفصل ممرات دراجات منفصلة السائقين عن راكبي
- · New bike lanes were installed along تم إنشاء ممرات جديدة للدراجات على طول Massachusetts Avenue و .Porter Square



التقديم للخدمة فى مجلس المدينة أو اللجنة

- الخدمة في لجنة مجلس الإدارة هي طريقة رائعة للمشاركة بشكل أكبر في مجتمعك.
 - قدم طلبك اليوم على Cambridgema.gov/apply



اقرأ المقالة الكالة باللغة الإنجليزية على الرابط: Cambridgema.gov/CVArabic

CityView নিউজলেটারের এই সমস্যার হাইলাইটসমূহ

PFAS রাসায়নিক সম্পর্কে আপনার যা জানা উচিত

- PFAS পানি, বায়ু এবং মাটিতে পাওয়া যায়।।
- Cambridge আমাদের পানি থেকে এই ক্ষতিকর রাসায়নিক অপসারণের জন্য কাজ করছে।
- Cambridgema.gov/water -এ আরও জানুন

অনুগ্রহ করে সারা বছর পানি সংরক্ষণ করুন

- থালা-বাসন পরিষ্কার, হাত ধোয়া বা দাঁত ব্রাশ করার সময় কখনই পানি ছেডে রাখবেন না।
- শুধুমাত্র প্রয়োজন হলেই টয়লেট ফ্লাশ



Fuel প্রোগ্রাম স্বল্প-আয়ের বাসিন্দাদের শীতকালীন হিটিং বিল পরিশোধে সহায়তা

- প্রোগ্রামটি আবেদনকারীদের 1 নভেম্বর থেকে 30 এপ্রিল পর্যন্ত হিটিং বিল পরিশোধ করতে সহায়তা করে।
- কর্মীরা একাধিক ভাষায় কথা বলে এবং অসুস্থতাজনিত কারণে গুহে অবস্থানরত আবেদনকারীদের ক্ষেত্রে হোম ভিজিট করতে পারে।
- Cambridgema.gov/fuelassistance -এ আরও জানুন

স্টেটের প্রথম সিটি হিসেবে Cambridge নতুন ধরনের সৌর প্রকল্পে বিনিয়োগ করেছে

- সৌর প্রকল্প বৈশ্বিক উষ্ণায়নের জন্য জন্য দায়ী নির্গমন হ্রাস করে।
- Cambridge Community Electricity প্রোগ্রাম ব্যবহারকারীদের \$30 মিলিয়নেরও বেশি সাশ্রয় করেছে।
- Masspowerchoice.com/Cambridge -এ আরও জানুন



শীত আসছে। আপনি কি তুষারের জন্য প্রস্তুত?

- আপনার বাড়ির পাশের ফটপাথ থেকে তৃষার সরানোর কথা মনে রাখবেন।
- Cambridgema.gov/snow -এ আরও জানুন



Cambridge-এ দমকলকর্মী হতে চান?

- Cambridge Fire Department একটি নতুন একাডেমি চালু করেছে।
- আরও তথ্যের জন্য, কল করুন 617-349-4921 **নম্বরে**।



Cambridge City Council ইনসেনটিভ জোনিং রেটে পরিবর্তন সমন্ত্রয় করে

বর্ধিত রেটের ফান্ড আরও সাম্রয়ী আবাসনকে সমর্থন করবে।

স্বাস্থ্য বিভাগ covid-19 বুস্টার এবং ফুলু শট সুপারিশ করে

- 6 মাস বা তার বেশি বয়সের প্রত্যেকেরই ফলু এবং covid-19 টিকা নেওয়া উচিত।
- vaxfinder.mass.gov-এ আরও জানুন



যারা আত্মঘাতী অবস্থা বা মানসিক যন্ত্রণা ভোগ করছেন তারা নতুন 988 নম্বরে কল করুন

আপনি প্রিয়জনের জন্য সাহায্য পেতেও 988 নম্বর কল করতে পারেন।

আপনার আবাসিক পার্কিং পার্রমিট নবায়ন করুন

আপনি অনলাইনে নবায়ন করতে পারেন, Cambridgema.gov/rpp

আবর্জনার ঝুডি থেকে জামাকাপড এবং ম্যাট্রেস সংগ্রহ নিষিদ্ধ করা হয়েছে

- আপনি জামাকাপড় এবং ম্যাট্রেস পিকআপের জন্য একটি সময় নির্ধারণ করতে পারেন।
- আপনি বিভিন্ন স্থানে পোশাক রেখে দিতে পারেন।
- Cambridgema.gov/recycling -এ আরও জানুন

ইঁদুর নিয়ন্ত্রণের টিপস

- আপনার আবর্জনার ঝুডিতে খাবার ফেলবেন না।
- শুধুমাত্র কম্পোস্ট বিনে খাবার রাখুন।
- Cambridgema.gov/rodents -এ আরও জানুন

Cambridge নতুন আলাদা বাইক লেন তৈরি করছে

- আলাদা বাইক লেন ড্রাইভারদেরকে সাইক্লিস্টদের থেকে আলাদা করে।
- Porter Square-এর কাছে Massachusetts Avenue বরাবর নতুন বাইক লেন স্থাপন করা হয়েছে৷



সিটি বোর্ড বা কমিশনে কাজের জন্য আবেদন করুন

- বোর্ড বা কমিশনে কাজ করা আপনার কমিউনিটির সাথে আরও সংশ্লিষ্ট হওয়ার একটি দর্দান্ত উপায়।
- Cambridgema.gov/apply -এ আবেদন করুন

বাংলায় সম্পূর্ণ নিবন্ধটি এখানে দেখুন: Cambridgema.gov/CVBangla





本期 CityView 通讯的亮点

您应该了解的关于 PFAS 化学品的知识

- PFAS 存在于水、空气和土壤中。
- Cambridge 正在努力从我们的水中去除这种有害化学品。
- 访问 Cambridgema.gov/water 了解更多信息

请全年节约用水

- 洗碗、洗手或刷牙时切勿长开水龙头。
- 仅在需要时冲马桶。



Fuel计划帮助低收入居民支付冬季取暖费

- 该计划帮助申请人支付从11月1日到4月30 日的取暖费。
- 工作人员会说多种语言, 可以为居家申请者 讲行家访。
- 访问 Cambridgema.gov/fuelassistance 了解更 多信息



Cambridge是该州第一个投资新型太阳能项目的 城市

- 太阳能项目减少了全球暖化排放。
- Cambridge Community Electricity计划为用户节省了 超过\$30M。
- 访问 Masspowerchoice.com/Cambridge 了解更 多信息



冬天即将来临。你准备好迎接下雪天了吗?

- 记得铲除您住家附近人行道上的积雪。
- 访问 Cambridgema.gov/snow 了解更多信息

您有兴趣成为Cambridge的消防员吗?

- Cambridge Fire Department成立了一所新学院。
- 有关更多信息,请致电617-349-4921。



CambridgeCityCouncil通过改变激励分区利率

提高利率的资金将支持更多的经济适用房。

卫生部建议接种COVID-19加强针和流感疫苗

- 年满6个月或以上的人都应该接种流感和 COVID-19疫苗。
- 访问 vaxfinder.mass.gov 了解更多信息



为有自杀危机或情绪困扰的人致电新的988号码

您也可以致电988为亲人寻求帮助。

更新您的住宅停车许可证

您可以在线更新, Cambridgema.gov/rpp



禁在垃圾场丢弃衣物和床垫

- 您可以安排收取衣物或床垫。
- 您可以把衣服放在不同的地方。
- 访问 Cambridgema.gov/recycling 了解更多信息



防治老鼠的技巧

- 不要将食物放入垃圾桶。
- 仅将食物放入堆肥箱。
- 访问 Cambridgema.gov/rodents 了解更多信息



Cambridge正在建造新的独立自行车道

- 独立的自行车道将驾驶人与骑自行车的人分
- 沿着Porter Square附近的Massachusetts Avenue安装 了新的白行车道。



申请在市议会或委员会任职

- 在董事会或委员会任职是让您更积极参与社区的好方法。
- 立即在 Cambridgema.gov/apply 申请

通过以下网址查看完整的英文文章: Cambridgema.gov/CVChinese





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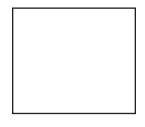


City Manager Yi-An Huang

Cambridge City Council:

Mayor Sumbul Siddiqui Vice Mayor Alanna M. Mallon Councillor Burhan Azeem Councillor Dennis J. Carlone Councillor Marc C. McGovern Councillor Patricia M. Nolan

Councillor E. Denise Simmons Councillor Paul F. Toner Councillor Quinton Y. Zondervan



Consider Serving on a City Board or Commission

Serving on a board or commission can be a rewarding experience and an excellent way to contribute to our community. Board members also have the opportunity to participate in the City's decision-making process for a variety of topics. The City has 80 boards and commissions with over 500 members.

The City of Cambridge is committed to advancing a culture of antiracism, diversity, equity, and inclusion. Board and commission members should have the ability to collaborate with individuals with a variety of identities, cultures, backgrounds and ideologies.

Are you ready to play a critical role in shaping Cambridge's civic landscape? If so, check out our current vacancies. Boards and commissions do not generally require an educational or

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technical background, though most require Cambridge residency.

Multilingual Highlights Inside on Page 9-15



Página 9 Lea la información en español

Página 10 Leia as informações em português

Pai 11 Li enfòmasyon an kreyòl ayisyen

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صفحة 13 قراءة المعلومات باللغة

বাংলায় তথ্য পড়ন

第 15 页 阅读中文信息