



## Local Resources & Other Links

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### School Groups & Youth Resources

**[BAGLY \(Boston Alliance of Gay, Lesbian and Transgender Youth\)](#)** (Boston) Youth group that meets weekly and sponsors events. Queer group is especially welcoming to transgender youth.

**[Boston Area Homeschoolers' Queer-Straight Alliance \(BAHS QSA\)](#)** (Boston area) AHS QSA is a confidential space safe, inclusive environment where LGBT teens and allies can support each other, organize for social justice, and educate one another and the community.

**[Boston GLASS \(Gay and Lesbian Adolescent Social Services\)](#)** (Boston) Drop-in center for LGBTQ+ youth (ages 13-25) offering support and culturally sensitive resources.

**[Cambridge Rindge and Latin High School Project 10 East](#)** (Cambridge) The Genders and Sexualities Alliance for the Cambridge Rindge & Latin School (contact school for more information.)

**[Cambridge Teen Health Center](#)** (Cambridge) For teens and young adults ages 12-24 to get health care. Youth can come between classes and they take care of the rest. Includes physicals to immunizations, mental health evaluations to support, reproductive care to education. The center includes free and confidential sexual and reproductive health services. They want to ensure that by including sexual and reproductive health that all genders and sexualities feel included and supported in their space.

**Upper School Genders and Sexualities Alliances** (Cambridge) ([contact schools for more information](#)).

**[Gender Spectrum](#)** (California, resources available nationwide) Helps to create gender sensitive and inclusive environments for all children and teens.

**[GLSEN](#)** (New York, resources available nationwide)

- **[GLSEN "Changing the Game"](#)** For sports. Video that gives ideas for students and parents to take steps within their own schools to make school sports a more inclusive, safe space for LGBTQ+ students, including resources on Title IX as it relates to the protection of transgender athletes.
- **[GLSEN Ready, Set, Respect! Elementary Toolkit](#)** Prepares educators to teach about respect and includes lesson plans that can help seize teachable moments. The lessons focus on name-calling, bullying, bias, LGBTQ+ inclusive family diversity and gender roles and diversity and are designed to be used as either standalone lessons or as part of a school-wide anti-bias or bullying prevention program.
- **[GLSEN "Safe Space Kits"](#)** Designed to help create a safe space for LGBTQ+ youth in schools, the Safe Space Kit is GLSEN's Guide to Being an Ally to LGBTQ Students. The guide provides concrete strategies that will help you support LGBTQ+ students, educate about anti-LGBTQ+ bias and advocate for changes in your school.

**[Greater Boston PFLAG](#)** (Boston Area) Greater Boston PFLAG is a group of parents, families, friends, and LGBTQ+ people. They help change attitudes and create an environment of understanding so that LGBTQ+ family members and friends can live in a world that is safe and inclusive. They accomplish this through

support, education, and advocacy.

[How to Start a Gay-Straight Alliance](#) (Online) A short online video outlining the steps students can take to start a GSA at any public school (can be used in out-of-school time programs.)

[Mystic LGBTQ+ Youth Support Network](#) (Cambridge area) An organization dedicated to providing services and support to the area's LGBTQ+ youth.

[OUT Youth Theater](#) (Boston) Presents liberating art by, for, and about queer and trans people of color that transcends artistic boundaries, celebrates cultural abundance, and dismantles oppression.

[Teaching Tolerance](#) (Alabama, resources available nationwide) Tips for educators to ally themselves with LGBTQ+ students.

[Trans Youth Family Allies](#) (Michigan, resources available nationwide) Empowers children and families by partnering with educators, service providers, and communities to develop supportive environments in which gender may be expressed and respected.

[The Trevor Project](#) (California, resources available nationwide) The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to LGBTQ+ young people ages 13-24.

[Y2Y Harvard Square](#) (Cambridge) Shelter where young adults unite to end homelessness. Many LGBTQ+ youth.

[Youth on Fire Youth on Fire \(YOF\)](#) (Cambridge) A drop-in center for homeless and street-involved youth, ages 14-24, located in Harvard Square, Cambridge. Many LGBTQ+ youth.

[YWCA Gender Expansive Youth \(GEY\) Program](#) (Cambridge) Ages 11-18. Weekly conversations and activities like playing games, creating memes, and talking about racism, sexism, transphobia, homophobia, social justice, identity, and more.

[LGBTQ+ College Student Guide](#) (Online) Helps LGBTQ+ students in their pre-college journey by ranking LGBTQ+ inclusivity in colleges and programs across the country using aggregated publicly available data. Also assists during college and transition to the workforce.

## Bullying Prevention Resources

[The Kinder and Braver World Project](#) (Cambridge) Current research related to youth meanness and cruelty.

[Stop Bullying Now](#) (Federal Government, resources available nationwide) Presents practical research-based strategies for reducing bullying in schools.

## Older Adult Resources

[Ethos LGBT Programs](#) (Jamaica Plain, Boston area) Ethos is proud to be the sponsor of Out4Supper, Café Emmanuel and Out2Brunch – safe, affirming environments for LGBT seniors to make friends, strengthen their support circles and rebuild resiliency. Many other LGBT services offered by Ethos.

[LGBTQIA+ Aging Project](#) (Boston) A local organization whose work is focused in Massachusetts and on LGBTQ+ issues related to aging. This organization provides both Cultural Competency Trainings and Consultation, as well as Community Education Seminars, tailored specifically to mainstream elder service providers and healthcare organizations to help support their work.

[The SAGE \(Services and Advocacy for GLBT Elders\) National Resource Center on LGBT Aging](#) (Online, resources available nationwide) Has authored “Best Practices Guides” to support healthcare and housing organizations with providing LGBT inclusive care to elders

[Somerville Cambridge Elder Services \(SCES\) LGBTQ+ Resources](#) (Cambridge, Somerville, Boston area) Offers older adults resources, information, advice and services. Developed a comprehensive LGBT Elder Resource Guide that includes information about meal programs, support and social groups, faith communities, legal services, and other resources for LGBT older adults in Cambridge and the Greater Boston Area.

## **LGBTQ+ Health Resources**

[Fenway Health](#) (Boston) Advocates for and delivers innovative, equitable, accessible health care, supportive services, and transformative research and education. Centers LGBTQ+ people, BIPOC individuals, and other underserved communities to enable local, national, and global neighbors to flourish.

[The National LGBTQIA+ Health Education Center](#) (Boston) Provides educational programs, resources, and consultation to health care organizations in order to promote and improve quality and affordable health care for LGBTQ+ people.

[Health Imperatives](#) (Brockton) A non-profit organization that runs the program “The Gay, Lesbian, Bisexual, and Transgender Youth Support Project and OutHealth.”

[LGBTQIA+ Family & Parenting Services](#) (Boston) Fenway Health provides support networks, education, and advocacy for LGBTQ+ headed families. Whether they are adopting, using a gestational carrier, looking for legal referrals, or carrying a child, they can help.

## Training and Community Education Opportunities

[Fenway Institute National LGBT Health Education Center](#) (Boston area) The National LGBT Health Education Center has many training opportunities for staff of healthcare organizations. They offer webinars, live education, and training programs.

[BAGLY Speakers Bureau](#) (Boston; more [AGLY groups](#) in New England area) BAGLY's longest continuously running program and the oldest and largest LGBTQ+ youth speakers bureau in the country. They work with schools, youth organizations, service providers, and foundations in order to increase their competencies around working with LGBTQ+ youth. Members of their programs are highly skilled young LGBTQ+ public speakers who address their unique school, community, and family life experiences.

[MaeBright](#) (Online, resources available nationwide) For small non-profits, large businesses, or government agencies. They help with evaluation and improve the services and climate to provide LGBTQ+ people an inclusive and safe atmosphere. They accomplish this through policy work, trainings on LGBTQ+ cultural competency, and other proven interventions. Trans-owned.

[SpeakOUT Boston](#) (Boston area) Since 1972, SpeakOUT Boston has conducted peer-led training programs to prepare LGBTQ+ community members to effectively tell their personal stories to create positive social change. Their clients are seeking ways to create safer and more rewarding spaces for LGBTQ+ people through education and dialogue.

## Substance Abuse and Mental Health Resources for LGBTQ+ People

[25 LGBTQ Addiction & Mental Health Support Resources](#) (Online, resources available nationwide)

Substance abuse and addiction rates in the LGBTQ+ community are higher than in any other sector of society. Societal stigma, discrimination, mental and physical abuse, and co-occurring mental health disorders are just a few of the unique substance abuse triggers among this population. The good news, however, is that LGBTQ+ resources for addiction and mental health are readily available to help members of this community conquer substance abuse.

[Gay & Sober](#) (Boston area and Massachusetts- Find meetings in your area online) Gay & Sober's mission is simple – to provide a safe, fun, and enriching experience to the sober LGBTQ+ community. Their primary purpose is to encourage unity and enhance one's sobriety.

[Rehabs.org](#) (Online, resources available nationwide) Provides info for people at any stage of their recovery journey, including info on different types of therapy/recovery options, warning signs, how to talk to a family member, definitions of different types of treatment, and a local treatment center directory.

## Miscellaneous

[Bisexual Resource Center](#) (Boston area) The Bisexual Resource Center works to connect the bi+ community and help its members thrive through resources, support, and celebration. They envision an empowered, visible, and inclusive global community for bi+ people.

[Central Square Theater](#) (Cambridge) They commit to be anti-racist and inclusive, and to dismantle barriers related to (but not limited to) ethnicity, nationality, religion, age, gender identity, sexual orientation, ability, and socioeconomic status. Central Square Theater (CST), is dedicated to the exploration of social justice, science, and sexual politics through theater.

[Expert Consensus Guidelines for Parents and Caregivers: Navigating Early Childhood Gender Identity and Expression](#) (Online) These guidelines were created to help parents and other primary caregivers of young children better understand gender identity and expression in early childhood. Another purpose of the guidelines is to help parents and caregivers support the mental health and well-being of young transgender and gender non-conforming children.

[Familia Es Familia](#) (Online, resources available nationwide) Support and resources among for acceptance of LGBTQ+ family members in Latino communities (currently English language only.)

[GLAD Legal Advocates and Defenders](#) (Boston) Through strategic litigation, public policy advocacy, and education, LGBTQ+ Legal Advocates & Defenders (GLAD) works in New England and nationally to create a just society free of discrimination based on gender identity and expression, HIV status, and sexual orientation.

[The History Project](#) (Boston) The History Project is the only organization focused exclusively on documenting and preserving the history of New England's LGBTQ+ communities and sharing that history with LGBTQ+ individuals, organizations, allies, and the public.

[Keshet](#) (Boston) Keshet envisions a world in which all LGBTQ+ Jews and their families can live with full equality, justice, and dignity. By strengthening Jewish communities and equipping Jewish organizations with the skills and knowledge they need to make all LGBTQ+ Jews feel welcome, they work to ensure the full equality of all LGBTQ+ Jews and our families in Jewish life. They also create spaces in which all queer Jewish youth feel seen and valued and advance LGBTQ+ rights nationwide.

[Massachusetts Transgender Political Coalition \(MTPC\)](#) (all Massachusetts, resources available nationwide) Dedicated to ending discrimination on the basis of gender identity and gender expression.

[The Theater Offensive](#) (Boston) Presents liberating art by, for, and about queer and trans people of color that transcends artistic boundaries, celebrates cultural abundance, and dismantles oppression.

[The Trans Teen and Family Narratives \(TTFN\) Project Toolkit](#) (Online) An online designed for trans teens, their families, and mental health providers.

[US Birth Certificates](#) (Online) For help with transgender birth certificates. US Birth Certificates is the number one resource to obtain official, government-issued birth certificates online. We provide a convenient service that allows you to easily and securely obtain your vital records without the hassle of having to go to government offices.



[LGBTQ+ College Student Guide](#) (Online) This guide shows how to research colleges and review additional topics such as the unique challenges LGBTQ+ students face and the resources and legal rights available to them.

Did we miss anything? Want your group added? Want to tell us about a change? Email us at:  
[LGBTQPlusCommission@CambridgeMA.gov](mailto:LGBTQPlusCommission@CambridgeMA.gov)

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