

Come Learn The Art of Belly Dance For FREE

Classes Offered at the North Cambridge Senior Center

Every Tuesday From 11am-12pm

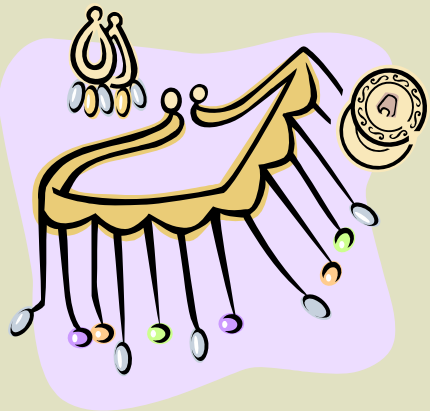
Beginning August 5, 2014 Thru September 9, 2014

No Prior Experience Needed

Suitable for all Fitness Levels

Very Low Impact

Must be 60+



Learn This Beautiful and Joyous Dance!

You will learn flowing hands and arms; Figure 8's; Isolations and More.

This is a fun and friendly class

Instructed by Carolisa of Moonlight DJ's

Funding made possible by a grant from Cambridge in Motion