

# Health and Wellness Talk

## Oral Health

Thursday May 9, 2019

1:00-2:00

Oral health is a key indicator of overall health, wellbeing and quality of life. We will discuss the importance & benefits of good oral health, the danger of infections and the new role of the dentist.

Meet Dr. Caleb Tam, Intern at the Cambridge Health Alliance Windsor Street Dental Clinic for this enlightening conversation.

**\*This is a rescheduling from March 14<sup>th</sup>.**

**This program is for seniors 60+  
Cambridge Citywide Senior Center  
806 Massachusetts Avenue  
Cambridge, MA 02139  
(617) 349-6060**