

Home Energy Assistance Program (HEAP)

Do you need help paying winter heating bills? Apply for Heating Help!

We help income-eligible Cambridge and Somerville residents save money on their winter heating bills between November 1 and April 30.

- Renters and homeowners can apply.
- Eligibility is based on your 4-week gross income (see table below). Income documentation and proof of how you heat is required.
- If your circumstances have changed, you may be newly eligible.
- If you qualify for HEAP (formerly Fuel Assistance), our staff can connect you to other programs that help you save money and energy.
- **No Heat Emergencies:** If you do not have heat, you receive a 72 hour shut-off notice, or you have less than 1/8 of a tank of oil, we can help! Call us at 617-665-6234 for same-day assistance.

HEAP Federal Income Guidelines (2025 – 2026)

Household Size	4-Week Gross Income (if paid weekly or bi-weekly)	4-Week Fixed Income (if paid once per month)	Gross Annual Income
1	\$3,982	\$4,314	\$51,777
2	\$5,208	\$5,642	\$67,709
3	\$6,433	\$6,970	\$83,641
4	\$7,659	\$8,297	\$99,573
5	\$8,884	\$9,625	\$115,504
6	\$10,110	\$10,953	\$131,436



Apply online:

www.cambridgema.gov/HeatingHelp

For help, contact the Cambridge Home Energy Assistance Program at 617-665-6234 or dhspfuel@cambridgema.gov



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