



July 2025

Summer Cold Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30	1	2	3	4
BREAKFAST ENTRÉE	Wg Cereal & Fresh Fruit Turkey & Cheese Wrap Lettuce, tomato & mayo Baby Carrots	WG Corn Muffin loaf /Fresh Fruit BBQ chicken & Cheddar Wrap Cole Slaw	WG Cereal w/ Apple sauce Buffalo Chicken Wrap with Cheddar Lettuce & tomato Corn & Black Bean Salad	WG Croissant & Fresh Fruit Chicken Caesar Salad w/ Croutons Dressing & Dinner roll	
Vegetarian	Refried Bean, Cheddar & Rice Wrap	Mediterranean Orzo Salad Feta & Kidney Beans & Dinner Roll	Rice noodle wrap with veggies Crispy tofu	Caesar Salad with Canelli Beans & parmesan	
	7	8	9	10	11
BREAKFAST ENTRÉE	Wg Cereal & Fresh Fruit Turkey & Cheese Wrap Lettuce, tomato & Mayo Fresh broccoli bites	WG Muffin & Fresh Fruit Greek salad with Feta & diced chicken lett, tom, onions & olive Dinner Roll	WG Cereal w/ Apple sauce Tortellinin Pasta Salad with Fresh Basil, Grape Tomatoes, Chicken & Fresh Mozzarella	WG Bagel w/ Jelly & Fresh Fruit Grilled Chicken Caesar Wrap romaine lettuce, parmesan cheese Baby Carrots	WG Croissant & Fresh Fruit Tuna Salad Wrap Lettuce & tomato Zucchini Sticks
Vegetarian	Southwest Corn & Black Bean Salad Wg roll	Hummus Bento Box with assorted veggies pita bread	Tortellini Pasta Salad with crispy tofu	Greek Salad Wrap with Feta & Chic Peas	Tuna Salad Wrap
	14	15	16	17	18
BREAKFAST ENTRÉE	WG Cereal & Fresh Fruit Buffalo Chicken wrap w/ cheddar Lettuce & tomato Corn & Black Bean Salad	WG Blueberry muffin/Fresh Fruit Korean BBQ Chicken wrap Shredded lettuce & pickled veggies Fresh Broccoli bites	WG Cereal w/ Apple sauce Chicken Caesar Salad Dinner roll & Dressing	WG Bagel w/ Jelly & Fresh Fruit Turkey & Cheese Sandwich Lettuce, tomato & Mayo Cucumber Wheels	WG Pancakes, Syrup & Fresh Fruit Italian Hoagie Lettuce, Tomato & Pickles Carrot sticks
Vegetarian	Refried Bean, Cheddar & Rice Wrap	Mediterranean Orzo Salad Feta & Kidney Beans & Dinner Roll	Caesar Salad with Canelli Beans & parmesan	Hummus Bento Box with assorted veggies Pita Bread	Rice Noodle Wrap with Veggies Crispy Tofu
	21	22	23	24	25
BREAKFAST ENTRÉE	Wg Cereal & Fresh Fruit Chicken salad sandwich on wg roll Lettuce Cucumber Wheels	Wg Banana Muffin w/Fresh Fruit Taco Chicken Pasta Salad Cheese cubes & Salsa baby carrots & dip	WG Cereal w/ Fresh Fruit Mixed Green Salad Grilled Chicken, Roll & Dressing	WG Bagel w/ Jelly & Fresh Fruit Nacho Lunch Box - Salsa, Black Bean & Corn Salad & cheese	WG Pancakes, Syrup & Fresh Fruit Buffalo Chicken Hoagie Lettuce & Tomato Cucumber Wheels
Vegetarian	Southwest Corn & Black Bean Salad Dinner Roll	Hummus Bento Box with assorted veggies pita bread	Mixed Green Salad with Kideny Beans & Cheddar	Same as entree	Tuna Salad Wrap Lettuce & tomato

Due to the disruption in the Global Supply Chain, Our menu is subject to change without notice.

All meals meet the USDA SLP guidelines - All breads, rice, pasta and snacks are WG/WGR

All meals served with vegetable and frest fruit, Cupped fruit or 100% Juice

Milk is served with Breakfast and Lunch. Based on age group Whole, 1%, Skim and Lactaid

This Institution is an equal opportunity provider