Ready. Set. Grow!

THE BIRTH TO 3RD GRADE PARTNERSHIP NEWSLETTER





OUR MISSION:

The mission of the Birth to 3rd Grade Partnership is to **connect** the Cambridge early childhood ecosystem, **align** early childhood services and information, and **advocate** for and **advance** the needs of all young children, their families, and the early childhood workforce.

A letter from our Executive Director



Dear Cambridge Early Childhood Community,

Many people use this time of year to create a list of resolutions; things that they'll change or bad habits to quit. I've never been great at sticking with my resolutions for more than a few weeks, and so a few years ago, I began making a list of things I wanted to accomplish in that year instead. Approaching the new year in this way felt so much more attainable. Here are a few other strategies to use in approaching the start of a new year:

- Implement a gratitude practice Write one thing you are grateful for in a journal each day, or share your grateful moment at the dinner table with family or friends.
- Practice mindfulness Take 5 minutes each day to turn off your brain and enjoy the present. Use nature, a walk, or one of the many mindfulness apps to help you.
- Create a vision board Collect words, photos, and drawings that express the direction you want your life to go. Hang your vision board in a place where you will be continually reminded of your future hopes and dreams.
- Select a word or mantra for the year Choose a word that defines what your focus will be. Reflect on and repeat your word or phrase each day or when you need to refocus. Soon, your word/mantra will become a part of you and will begin to shift your mindset!

As I create my list of things I want to accomplish this year in my personal life, I can't help but also reflect on some of the things I hope B3 will accomplish as well. This year we will:

- Seek opportunities to serve as an advocate for our early childhood community
- Implement strategies to further develop and support our workforce
- Strive to create greater access for more children to attend high quality preschool programs
- And so much more!

hello 2022!

In partnership,

Dr. Lisa Grant Executive Director

Birth to 3rd Grade Partnership

The Birth to 3rd Grade Partnership Team

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COVID-19 Updates

View the latest resources and information from **EEC** regarding COVID-19 <u>here</u>.

View the latest resources and information from the **City of Cambridge** regarding COVID-19 <u>here</u>.

Department of Early Education & Care News

Check out recordings of previously held events:

TA Session on Teacher Qualifications

Focus on Lead Teachers

December 16, 2021

TA Session on Teacher Qualifications

Focus on Directors

December 21, 2021

TA Session on Teacher Qualifications

Focus on Forms and Protocol

December 23, 2021

Missed the last EEC Board Meeting from December 14, 2021? Catch a recording of it <u>here!</u>

The Department of Early Care & Education's next board meeting will be held on:

January 11, 2021 from 1 - 4pm You can watch the meeting live on the Department's YouTube Channel here.

More Updates!

We want your feedback!

B3 is currently conducting a survey of the early childhood workforce regarding you and your organization's professional development needs. Please take 2 minutes to share your feedback. Your participation is appreciated!

SURVEY



Continuous Quality Improvement Program

Are you a center director or family child care educator looking for increased support, coaching, & funding to help increase the quality of your program? Or maybe you'd like to start a program of your own but don't know where to begin?

B3 is looking for programs and educators who are interested in joining us on a journey towards continuous quality improvement!

To find out more about how to join this exciting initiative, contact us at b3info@cpsd.us

The Center for Families January Newsletter is now available!

Inside you'll find information about a wide variety of resources and programs...from Cambridge Dads to Mindfulness Mondays to free resource bags for families and more.

To read the January newsletter click: <u>HERE</u>

Upcoming Professional Development Opportunities

The Rapid Response-Virtual Home Visiting collaborative (RR-VHV) provides best practice principles and strategies to support all home visiting professionals in maintaining meaningful connection with families during this time of increased anxiety and need. Check out their offerings here!

Save the Date! - Registration information to follow soon

Online Community Engagement Team (CET) Networking Event

Language Justice Part 3: "Plain Language" Best Practices

Thursday, February 10, 2022, 9:30 AM-11:30 AM

The Housman Institute presents: **Even Superheroes Need Support: The Power of Emotional Intelligence for Early Childhood Educators**

Presenters: Dr. Donna Housman and Emily Stone

Wed, Jan 26, 2022 2:00 PM - 3:30 PM EST

In this webinar Dr. Donna Housman and early childhood educator and trainer Emily Stone, discuss how imperative it is that we focus on emotional well-being in this moment and as a foundation for every early childhood learning environment. We will explore why this is so critical not only for your mental health and emotional well-being, but also for the children with whom you work. In addition to free certificates, we also offer Continuing Education Units (CEUs) through the University of Oklahoma. You will receive a link to the recording within 4 hours after the webinar concludes. Register here.

Boston Children's Hospital presents: **COVID Guidance in Early Care Settings**

Presenters: Dr. Katherine Hsu and Dr. Katherine Wu

Tuesday February 15, 2022 6:30-8:00 pm

The agenda will include looking through the AAP resource: Managing Infectious Diseases in Child Care and

School Settings, COVID updates, and time for Q&A.

Join Zoom Meeting:

Meeting ID: 894 0457 7122

Passcode: 116509

Intentional & Inclusive Spaces in Early Education

Promoting
Children's Success
through Positive
Relationships with
Children, Families,
and Colleagues

Please join B3 Director Mentor Nicole Johnson for a thoughtful series of virtual workshops on intentional practices in Anti-racist, Anti-bias, inclusive education. While acknowledging the current barriers and stress levels within our communities, we will help support program leaders and teachers in cultivating conversation around culturally relevant and sustaining pedagogical practices, reflective application, and safe learning spaces.

This series will take place virtually from 1:00-2:00 on: January 19, 2022 February 23, 2022 March 23, 2022 April 20, 2022

We encourage attendance for all 4 sessions. If you are unable to attend, recordings will be available to those who register.

Registration is required:

https://www.cb3p.org/sessions/80/

Please join Marcela Simpson for a 3-session workshop series based on the Pyramid Model. The Pyramid Model provides the framework for implementing practices needed to intentionally promote young children's social and emotional competence. Relationships form the foundation of the Pyramid Model and are necessary for everything else we do. Through discussions, vignettes, and group activities, we will explore the importance of building relationships with children, families, and colleagues. This series will take place virtually from 6:30-8:30 pm on:

Tuesday January 25, 2022 Tuesday February 1, 2022 Tuesday February 8, 2022

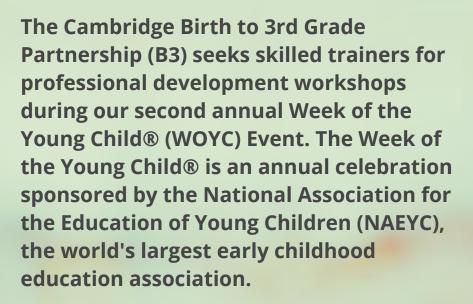
Attendance is required for all 3 sessions.

Please register here: https://www.cb3p.org/sessions/84/

You will receive a zoom link one day before the first session.

Week of the Young Child April 2 - 8, 2022

Request for Proposals



The purpose of the Week of the Young Child® is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs. NAEYC first established the Week of the Young Child® in 1971. WOYC is a time to come together for a fun-filled week celebrating young children and their families. (Source: NAEYC)

This year's Week of the Young Child is April 2-8, 2022. B3 will host virtual and in-person PD sessions Saturday through Friday.

Submit your proposal here!





Junior Kindergarten and Kindergarten registration is happening in January!

Will your child be 4 by March 31, 2022 or 5 by August 31, 2022?

Who should apply?

If you are a Cambridge resident and your child's birth date is between:

September 1, 2017 - March 31, 2018......apply as a Junior Kindergartner.

September 1, 2016 - August 31, 2017......apply as a Kindergartner.

Registration dates

The January 2022 JK/K Lottery opens on January 3, 2022 and closes promptly at 4:00PM on January 31, 2022.

How to apply?

Register and upload your documents easily through the online registration system: https://registration.cpsd.us/login

Or, you may submit paper forms and required documents via email: welcome@cpsd.us

What documents are needed:

- Lease, mortgage, or other approved proof of address.
- Utility bill dated within 30 days
- Child's birth certificate or passport
- Immunization (shots) record

- Parent photo identification
- Health History Form

More Information

CPSD Student Registration Website

JK / K Lottery Booklet

Virtual Visits of CPS schools

Contacts

CPS Student Registration Center

welcome@cpsd.us | 617.349.6551 www.cpsd.us/departments/src

Birth to Third Grade Partnership

Liz Barlock | School Readiness Manager ebarlock@cpsd.us | 617.349-9784





Have a child birth to 4 years? Need new ideas to do at home?

Join other Cambridge dads and moms to get fun ideas for talking, reading, playing and telling stories during your everyday activities to support your child's literacy development!

Early Literacy at Home Virtual Series: Dads and Moms Make a Difference!

Tuesdays January 25, February 1, 8,15 from 8:00-9:15 pm on Zoom

Register here: bit.ly/EarlyLit2022

Questions or need help registering? Contact Cynthia - cwoodward@cambridgema.gov, 617-349-6385.

FREE BOOKS!





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