

# NEW RESIDENT RESOURCES

New to Cambridge? This list includes resources typically needed by new immigrant residents. If you have questions or need more information, please contact the Commission on Immigrant Rights & Citizenship at 617-349-4396.





# Schools & Education

## Cambridge Public Library Literacy Project

<del>5</del> 617-349-4013

www.cambridgema.gov/cpl/services/theliteracyproject

Offers free classes in English conversation, job search and resume writing, and computer basics.

## Cambridge Public Schools' Student Registration Center

617-349-6551

www.cpsd.us/departments/src

Has resources and registration information for pre-K through high school-aged children. It is helpful to schedule an appointment with SRC staff.

Many school liaisons have language capabilities. Staff can also use a language line to interpret.

#### Childcare Information

617-349-6466



earlychildhood@cpsd.us

Contact the DHSP Office of early childhood for an updated list of all licensed childcare centers, family childcare providers, and preschool providers in Cambridge.

## Community Learning Center (CLC)

617-349-6363

www.tinyurl.com/CLCcambridge

Has many adult learning programs, including English classes and career services.

# **Healthcare Services**

#### Cambridge Economic Opportunity Committee (CEOC)

617-868-2900

ceoccambridge.org

The CEOC is a nonprofit organization that works closely with the City and provides many services.

Help with MassHealth applications, including choosing a plan, choosing medical providers, and related resources. Also help with applications for public benefits.

## Cambridge Health Alliance (CHA) Providers

617-665-1000

www.challiance.org

Provides primary care, behavioral/mental health and psychiatry services, and some specialties. Call number above to make a new patient appointment.

Visit <u>www.challiance.org/services-programs/mental-health-and-substance-use/trauma-services</u> to learn about services for those who have experienced trauma or violence.

CHA also has an Asylum Program, which conducts free forensic medical evaluations for asylum seekers/refugees.

# Behavior Health Urgent Care (CHA)

833-222-2030

www.challiance.org/services-programs/mental-health-and-substance-use/psychiatry-crisis-services

Walk-in service for people of all ages. Will provide assessment to identify behavioral health issues and treatment needs. Can provide referrals for therapists, support groups, medication consultation, and hospital treatment.

## **Boston Medical Center (Providers & Support Services)**

617-414-1994

www.bmc.org/immigrant-refugee-health-center

Has a dedicated Immigrant and Refugee Health Center. BMC provides connections to social services in addition to basic healthcare. They have the capacity for personalized case management.

## Massachusetts Behavioral Health Help Line

833-773-2445

https://www.masshelpline.com

Free, confidential helpline to connect you directly to clinical help. No health insurance required. Call or text the above number, or use the chat function on the website. Available 24 hours a day, 365 days a year.

## Cambridge/Somerville WIC Program

617-575-5330

www.challiance.org/services-programs/obstetrics-andgynecology/wic

Provides healthy food, nutrition education, breastfeeding support and does referrals to other organizations. Serves pregnant, postpartum, and breastfeeding individuals, infants and children under 5 years old. WIC is not included in the federal government's public charge rule and is available regardless of immigration or citizenship status.

# **Employment**

#### Cambridge Employment Program (CEP)

617-349-6166

cambridgema.gov/Services/cambridgeemploymentprogram

Help with resumes, cover letters, interviewing skills, and online job search tools. Offers referrals to skills-training programs.

## Cambridge Works Program (Adults)

617-349-6234

<u>cambridgema.gov/dhsp/programsforadults/cambridgeworks</u> Transitional jobs program designed to serve residents ages 18-35 who need help finding jobs.

#### Mayor's Summer Youth Employment Program

617-349-6200

tinyurl.com/youthemploymentcambridge

Annual summer program for youth. Provides job experience and community building for youth aged 14 through the summer after high school.

#### Just-A-Start

617-918-7520

https://justastart.org/

Organization providing career training, education, financial coaching for youth and adults.

## Jewish Vocational Services (JVS)

617-399-3131

www.jvs-boston.org

Service provider with educational programs, skill training, job coaching, financial services, refugee and immigrant services, and disability services.

#### MassHire Metro North Career Center

617-661-7867

https://masshiremncareers.com/

🕜 186 Alewife Brook Parkway, Suite 310, Cambridge, MA 02138

Career center with individual consultation for resume and cover letter writing, career coaching, and job search workshops.

#### African Bridge Network (ABN)

617-600-8132

https://africanbn.org/

Provides orientation workshops, mentoring, networking opportunities, career advising, and fellowship programs for immigrants with foreign education or credentials.

#### **MIT Job Connector**

617-253-7854

https://jobconnector.mit.edu

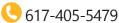
iobconnector@mit.edu

Free program for Cambridge residents with one on one consultations for interview preparation, job search, resume and cover letter writing, and skill training.

# **Legal Services**

These are a few key legal service providers in the area that provide free or low-cost representation. More information is available at <a href="https://tinyurl.com/CIRClegal">https://tinyurl.com/CIRClegal</a>

## City of Cambridge Immigration Legal Screening Clinic



Free legal clinic held on the third Wednesday of every month. Call the number above and leave a message with your name and contact number. Staff will call you back to connect you with an attorney. Interpreters available.

#### **GBLS Immigration Unit**

617-603-1808

https://www.gbls.org/what-we-do/immigration

General legal representation and advocacy on behalf of low-income immigrants.

## De Novo Center for Justice and Healing

617-661-1010

https://www.denovo.org/immigration

Handles asylum cases, assists immigrant survivors of domestic violence, T-Visa and U-Visa help, assists special immigrant juveniles, and conducts mental health evaluations for asylum seekers.

#### **PAIR Project**

617-742-9296

https://www.pairproject.org/

Assists asylum seekers and detained immigrants.

## Mayor's Office of Immigrant Advancement

617-635-2980

www.boston.gov/departments/immigrant-advancement

Offers free one-time immigration consultations on the first and third Wednesday of every month from 12:00 - 3:00 p.m. Call number above in advance to schedule an appointment.

### **Rian Immigration Center**

617-542-7654

www.riancenter.org

Offers free legal consultation, free and low cost legal representation in immigration cases, and other immigrant support services.

#### **Project Citizenship**

617-694-5949

project citizen ship.org

Provides free legal help to apply for US citizenship.

# Catholic Charities Refugee and Immigrant Center

617-464-8100

http://www.ccab.org/refugee-immigrant-services/

Accepts low-income referrals from within Greater Boston areas. Handles immigration applications and represents clients before US Citizenship and Immigration Services and the Immigration Court.

## Cambridge Human Rights Commission

617-349-4396

www.cambridgema.gov/hrc

Investigates complaints of discrimination relating to housing, employment, education, and public accommodation in Cambridge. Call or visit the website to file a complaint.

# **Housing & Benefits**

## **Community Development Department Housing Division**

617-349-4622

https://www.cambridgema.gov/CDD/housing.aspx

Oversees many affordable housing programs for low and middle-income residents.

#### Fuel Assistance Program

617-655-6234

www.cambridgema.gov/iwantto/applyforfuelassistance

Assists low-income households with winter heating costs between November 1 and April 30. Renters and homeowners eligible.

#### Multi-Service Center

617-349-6340

https://tinyurl.com/multiservicecenter

Assists with housing searches and can provide a housing case manager.

## Office of the Housing Liaison

617-349-6337

https://tinyurl.com/housingliaison

Focuses on affordable housing issues and complex cases.

#### **Summer Food Program**

617-349-6247

www.cambridgema.gov/services/summerfoodprogram

Provides free meals to ages 18 and under. No ID required. Vegetarian options. June-August.

# **Community Connection**

#### Adbar Ethiopian Women's Alliance

(339) 203- 6691

ethiopianwomen.org

😲 1151 Massachusetts Avenue, Cambridge, MA 02138

Provides workshops, social services, business cooperatives, computer clinics, community advocacy, translation services, and community connection.

#### Cambridge Women's Center

617-354-6394

https://www.cambridgewomenscenter.org/

🗘 46 Pleasant Street, Cambridge, MA 02139

Drop in space with free workshops and group spaces for cooking, reading and crafting. Access to computer and printing, phone, and fax; food & supplies, emotional support and much more.

#### **Enroot**

617-876-5214

https://www.enrooteducation.org

😲 99 Bishop Allen Drive, Cambridge, MA 02139

Program for new immigrant youth. Includes weekly leadership seminars, academic tutoring, one-on-one mentoring, job readiness training, paid internships, and community service.

## Islamic Society of Boston Cultural Center (ISBCC)

- 617-858-6114
- https://isbcc.org/
- 204 Prospect Street, Cambridge, MA 02139

Mosque and community center with prayer services, social services, food distribution, housing assistance, and financial assistance.

## Massachusetts Alliance of Portuguese Speakers (MAPS)

- 617-864-7600
- https://maps-inc.org/
- 1046 Cambridge Street, Cambridge, MA 02139

Works with Portuguese-speaking communities to increase access and remove barriers to health, education and social services through direct services, advocacy, leadership, and community development.

#### **Ukrainian American Educational Center**

- http://www.ukrainiancenter.org/UCC/homepageList.php
- https://www.facebook.com/UkrainianBoston/about

Community group with events relating to Ukrainian history, culture, language, and heritage.

#### Cambridge LGBTQ+ Commission

- 617-349-3355
- www.cambridgema.gov/lgbtqplus
- 😯 51 Inman St. 2<sup>nd</sup> Floor, Cambridge, MA 02139

The Cambridge LGBTQ+ commission has events and resources for LGBTQ+ people who live and work in Cambridge. Visit <a href="mailto:tinyurl.com/camblgbtqresource">tinyurl.com/camblgbtqresource</a> or call the number above for a list of local resources. Interpreters available.

# **Additional Resources**

#### Center for Families

617-349-6385

https://tinyurl.com/DHSPcenterforfamilies

The Center for Families has a wide range of programs and events for families. Visit the website for more information.

#### **Community Engagement Team**

617-349-6278

https://tinyurl.com/CEToutreach

The Department of Human Service Programs has a team of outreach workers – the Community Engagement Team – who speak different languages and help connect individuals to a variety of resources and programs.

#### Find It Cambridge

617-686-2998

https://www.finditcambridge.org

Find It Cambridge is an online resource that helps you find the activities, services, and resources you need in Cambridge.

## International Commission for Refugees Boston

617-991-6072

icfrboston.org

Support refugees with resources for resettlement, social integration, case management (Help with; SNAP, Health Insurance, Interpretation, setting necessary appointments with any government agencies or for any medical purposes).



To view this resource guide in additional languages, scan the QR Code or go to our website to view the New Resident Guide.

www.cambridgema.gov/circ