

Home Energy Assistance Program (HEAP)

Do you need help paying winter heating bills? Apply for Heating Help!

We help income-eligible Cambridge and Somerville residents save money on their winter heating bills between November 1 and April 30.

- Renters and homeowners can apply.
- Eligibility is based on your 4-week gross income (see table below). Income documentation and proof of how you heat is required.
- If your circumstances have changed, you may be newly eligible.
- If you qualify for HEAP (formerly Fuel Assistance), our staff can connect you to other programs that help you save money and energy.
- **No Heat Emergencies:** If you do not have heat, you receive a 72 hour shut-off notice, or you have less than 1/8 of a tank of oil, we can help! Call us at 617-665-6234 for same-day assistance.

HEAP Federal Income Guidelines (2026–2027)

Household Size	4-Week Gross Income (if paid weekly or bi-weekly)	4-Week Fixed Income (if paid once per month)	Gross Annual Income
1	\$4,121	\$4,465	\$53,585
2	\$5,390	\$5,839	\$70,073
3	\$6,658	\$7,213	\$86,561
4	\$7,926	\$8,587	\$103,049
5	\$9,195	\$9,961	\$119,536
6	\$10,463	\$11,335	\$136,024



Apply online:

www.cambridgema.gov/HeatingHelp

For help, contact the Cambridge Home Energy Assistance Program at 617-665-6234 or dhspfuel@cambridgema.gov



Human
Service
Programs

