

## Daytime Drop-In Services

### **Cambridge Public Libraries Social Work Team**

857-259-2647 | [cplsocialwork@cambridgema.gov](mailto:cplsocialwork@cambridgema.gov)

Resource navigation, application support, referrals to area agencies. To schedule an appointment, call, email, or speak to a CPL staff member at any of the 7 library branches

### **Cambridge Women's Center**

46 Pleasant St. Cambridge | 617-354-6394

Resources, workshops and support for all identifying as women

*Tuesdays, Thursdays, and Saturdays 1 - 6pm*

### **On The Rise, Inc.**

341 Broadway, Cambridge | 617-497-7968

Daytime community safe haven for women, transgender & non-binary people

*Monday, Wednesday & Friday 8:30am - 3:30pm;*

*Tuesday 12 - 3:30pm; Thursdays 9:30am - 3:30pm*

### **Material Aid and Advocacy Program (MAAP)**

5 Longfellow Park, Cambridge | 617-876-5312

Twice weekly drop-in space and free store providing material aid, meals, resource navigation, indoor respite space, & more

*Tuesdays and Thursdays 9am - 3pm*

### **The Salvation Army's Drop-In Day Shelter**

402 Mass Ave, Cambridge | 617-547-3400

*Monday - Saturday 10am - 2pm*

### **Youth On Fire**

1 Church St, Cambridge | 617-661-2508

Drop-in center providing resources for youth ages 14- 24

*Monday, Wednesday - Friday 11am - 8pm, Tuesday 1 - 6pm*

## Support and Supplies

### **First Step Street Outreach Team**

617-592-6895 | Cambridge & Somerville

Street Team moves throughout the city nightly distributing supplies, providing referrals to services, C-CAN assessments, and transports on a case-by-case basis

*Nightly from 2pm - 12am*

### **Multidisciplinary Outreach (MDOT)**

Team walks around the city, primarily Harvard and Central Square. Toiletries, cold weather supplies, referrals to services.

*Wednesdays 10am - 12pm*

### **The Outdoor Church of Cambridge**

Harvard Square and Central Square | 978-631-9283

Sandwiches, snacks, water, toiletries, & socks.

*Thursday 3:30 - 7pm; Saturday & Sunday 1:30 - 5pm*

### **University Lutheran Church**

66 Winthrop St. Cambridge | [hshs.streetteam@pbha.org](mailto:hshs.streetteam@pbha.org)

Warm meals, cold weather supplies, and resource guides.  
*8pm - 9pm nightly (Central Square & Harvard Square)*

## Medical and Mental Health

### **CHA Healthcare for the Homeless**

617-806-8781

Offers walk-in clinics at Cambridge Salvation Army, CASPAR/ 240 Albany, and The Somerville Homeless Coalition

### **Eliot Community Human Services**

718-861-0890 | [hlsnreferral@eliotchs.org](mailto:hlsnreferral@eliotchs.org)

Mental health support including the PATH and CSPECH programs. Call or email for service information

### **CHA Community Behavioral Health Urgent Care**

1493 Cambridge Street, 1st Fl, Cahill Bldng, | 833-222-2030

Walk-in service for people of all ages providing on-site treatment and referrals for ongoing behavioral health care.  
*Monday - Friday 8am - 8pm; Weekends 9am - 5:30pm*

### **ACCESS (needle exchange)**

359 Green St. Cambridge | 857-313-6800

Harm reduction supplies, Narcan and HIV/HCV/STI testing. Walk-in nursing and behavioral health services

*Monday - Wednesday & Friday 9am - 4pm*

### **Bridge Over Troubled Waters**

Outside the Harvard Square T station | 617-423-9575

Free medical services for community members (any age) & drop-in survival services for young people under 25

*Monday - Friday 7 - 8:30pm*

### **Massachusetts Behavioral Health 24/7 Help Line**

833-773-2445 (call or text)

Connect with mental health supports, crisis services, substance use treatment, and more. 24hr, 365 days a year

## Personal Sanitation

### **Public Toilets**

- Harvard Square Kiosk
- Portland Loo at Massachusetts Avenue and Garden St. (Harvard Square)
- Portland Loo at Massachusetts Avenue and Western Avenue (Central Square)

### **Showers**

CASPAR (240 Albany St. Cambridge)

- 9am - 2pm Daily

First Church Shelter at University Lutheran Church in Harvard Square (66 Winthrop St. Cambridge)

- 9am - 3:30pm Monday - Friday

Salvation Army (402 Mass Ave, Cambridge)

- 10am - 11am & 1pm - 2pm Monday - Friday



# CAMBRIDGE POCKET GUIDE

Resources available for those experiencing or threatened with homelessness



For mobile version, scan or visit  
[cambridgecoc.org](http://cambridgecoc.org)

The City of Cambridge's Multi-Service Center has created this "Street Sheet" to identify some important resources available to you— where to get a meal, how to find shelter and where to call for help that you need right now.

*Some providers or programs may have changed since the last revision. Check each agency to verify their current service capabilities.*

Multi-Service Center  
362 Green St. Floor 1  
Cambridge, MA 02139  
(617) 349-6340

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## City of Cambridge Services

### Find It Cambridge

finditcambridge.org | 617-686-2998

One-stop-shop website to easily find activities, services, and resources available for those who live and work in Cambridge

### Cambridge Multi-Service Center (MSC)

362 Green St. 1<sup>st</sup> Floor, Cambridge | 617-349-6340

General support for homeless individuals and families and people who are facing eviction in Cambridge.

*Open for appointments and walk-ins Monday 9am - 8pm, Tuesday - Thursday 9am - 5pm, and Friday 9am - 12pm*

### Cambridge Coordinated Access Program (C-CAN)

362 Green St, 1st floor | 617-349-7715 |

cambridgeCAN@cambridgema.gov

Assessment process to be put in the queue for permanent supportive housing opportunities. Assessments can be done at the Multi-Service Center, all shelters and by the First Step Van. Call or email for support and availability.

### Cambridge Housing Authority (CHA)

362 Green St. 3<sup>rd</sup> Floor, Cambridge | 617-864-3020

Affordable, elderly, disabled and public housing applications. Appointments strongly encouraged.

*Monday - Friday 8:30am - 5pm*

### Community Safety Department CARE Team

Crisis Response for behavioral health access via 9-1-1. Team is staffed by clinicians and responders trained to address behavioral health and quality of life needs. They also conduct outreach and can provide C-CAN assessments in the field.

*Available Monday - Friday*

## Misc. Services

### Transition House

617-349-7200 | 617-661-7203 (24-hour hotline)

Domestic violence crisis intervention and safety support

### Safelink 24-Hour Hotline

CasaMyrna.org/chat | 877-785-2020

State-wide domestic violence shelter hotline and chatline

### Alcoholics Anonymous (AA)

aaboston.org | 617-426-9444

Resources and local support groups for alcohol addiction

### Cambridge Senior Center

806 Mass Ave & 2050 Mass Ave | 617-349-6220

Meals, social services and activities for Cambridge residents over 60 years old. Medicare consultations available

### Department of Transitional Assistance (DTA):

600 Washington St. Boston | 877-382-2363

Economic assistance (cash benefits) & food assistance (SNAP)

## Cambridge Meal Programs

### Daily

- 11:30am - 12:30pm at Salvation Army (402 Mass Ave.)

### Tuesday

- 9am - 3pm at MAAP (5 Longfellow Park)
- 4 - 6pm at First Parish (Enter at 3 Church St.)

### Wednesday

- 4pm - 6pm at First Parish (Enter at 3 Church St.)

### Thursday

- 9am - 3pm at MAAP (5 Longfellow Park)
- 5pm at Christ Church (0 Garden St.)
- 5 - 6 PM at Union Baptist Church of Cambridge (Project Uplift) (874 Main St.)

### Friday

- 12 - 3pm at Friday Café (11 Garden St.)

### Saturday

- 1 - 3pm at Food Not Bombs (James Cronin Park)
- 5:30pm at First Korean Church-Loaves and Fishes Meal Program (35 Magazine St.)

### Sunday

- 4 - 5:30pm at Hope Fellowship Church (16 Beech St.)

## Meals for Older Adults

Cambridge Senior Center- Cambridge residents over 60 can reserve a lunch meal by calling 617-349-6047.

Reservations 2 days prior to pick-up strongly suggested

## Cambridge Food Pantries

### Cambridge Economic Opportunity Committee (CEOC)

Wednesday 10am - 6pm (11 Inman St.)

### St. James Episcopal Church/Helping Hand Food Pantry

2nd & 4th Saturday of the month 9 - 11am (1991 Mass Ave)

### East End House

Tuesday and Friday 1 - 2pm (105 Spring St.)

### St. Paul's Parish:

Saturday 10 - 11am (29 Mt. Auburn St.)

### Cambridge Community Center

Tuesday and Friday 1pm (5 Callender St.)

### St. Paul AME Church / Elnora Yard Food Pantry

Wednesday 3 - 5pm & Thursday 12 - 2pm (85 Bishop Allen Dr.)

### Margaret Fuller Neighborhood House

Wednesday 4 - 6:30pm; Thursday 2 - 5pm; Friday 9am - 12pm & Saturday 10am - 1pm (71 Cherry St.)

### Salvation Army

Monday, Wednesday & Friday 11am - 2pm (402 Mass Ave)

*Also by appointment Monday-Friday, call 617-547-3400*

## Overnight Shelters

### All-Gender

#### CASPAR Shelter (240 Albany)

240 Albany St. Cambridge | 617-661-0600 | 617- 592-6895  
Permanent beds, ask to be added to waitlist

#### Green Street Shelter

11-15 Green St. Cambridge | 617-714-4266 or 617-714-4989

Call from 8am - 3:15pm and if there is room, an individual will get an intake appointment with a staff member.

#### Boston Night Center

131 Bowker St. Boston | 857-296-0322

First come, first served until 45-person capacity is reached.

### Men's

#### Salvation Army

402 Mass Ave. Cambridge (*enter on Green St.*) | 617-547-3400  
Sober requirement. Permanent beds but nightly lottery for empty beds if available.

#### First Church Shelter

11 Garden St., Cambridge | 617-661-1873

Please call shelter to inquire about referrals.

### Women's

#### St. Patrick's Shelter (Union Square):

270 Washington St, Somerville - 617-464-8133

Sober requirement. No walk-ins. Please call shelter at 7:30am to inquire about openings.

## Seasonal Shelters

### Cambridge Winter Warming Center

437 Green St. Cambridge | 857-772-3489

All-gender, first come first served 7pm to 7am daily. (Line begins at the rear parking lot on Green St)

*Open December - April*

### Somerville Overnight Warming Center

42 Prescott St. Somerville (Cummings School) | 617-666-3311

All-gender, first come first served 5pm - 7:30am

*Open December - April*

### Harvard Square Homeless Shelter

66 Winthrop St. | 888- 285-4038

All-gender. sober requirement. 7pm - 8am daily. call between 7:30am - 8am for lottery process. For emergency 1 night shelter availability, call between 9- 9:30pm

*Open November - April, and mid-June to early August*

### Youth

#### Y2Y Young Adult Shelter Harvard Square:

1 Church St. Cambridge | 617- 864-0795 | y2ynetwork.org

All-gender, ages 18-24 only. Call or complete electronic form between 8 - 8:30am to enter daily lottery.

*Open October to April, and mid-June to early August*