## Minutes of Board Meeting of September 13, 2011

Board Members Present: William Cobham, President, Patricia Burgess, Vice President, Maureen Harty, Yaw O. Adjei-Koranteng; Carmela Schipani, and Edna Stamp.

Staff Present: Eileen Ginnetty, Patricia Johnson, Vincent McCarthy, Susan Pacheco and Emma Watkins.

Minutes from June 14 were accepted.

Board President, Bill Cobham welcomed the board members back after a summer break.

**COA Executive Director's Report;** Eileen introduced Phillip Chu, representing the Cambridge Police Department who currently is working with Sue Kale and Holly Bernier. His partner is Edward Burke and either or both will be attending our board meetings occasionally.

Eileen mentioned that the Cambridge Life brochure mentions the Fall Prevention program that is scheduled for the Citywide Senior Center. September 28 is Falls Prevention Day.

The Silver Ribbon Committee with Henrietta Davis continues to meet thru December with a focus on senior housing

Sean Solley from the New England School of Design will conduct another project helping seniors downsize with modules showing how to utilize limited space. A student project was recently conducted at 2050 to help redesign their space due to a limited area.

**Client Services;** The Medicare Open Enrollment period has changed this year from October 15, through December 7. All the changes should be received by mid October. We will conduct our forum on October 20 from 1:00 p.m. – 3:00 p.m.

The State has changed the Flu Shot procedure in that it will no longer provide free flu vaccine for cities and towns. However Cambridge Public Health has purchased the vaccine and will be doing flu clinics. The clinics that will be held at the Senior Centers will be for the senior population only. The senior's insurance provider will be billed.

**Citywide Senior Center:** Emma reported that: Matter of Balance sponsored by the Somerville Cambridge Elder Service was well received, and many new members have enrolled in this series.

Geoffrey Kotowski is now fully into his new position as Food Pantry Coordinator, and his old position, Assistant Food Pantry Assistant will be posted soon.

A Senior Talent Show has been added to the calendar for September 15. A great list of prizes has been donated. September 22 is the monthly party featuring Joseph Barilone with a unique Oldies Show also featuring his son, Cameron, "The Little Bopper".

October is the Citywide Senior Center's anniversary month, and a spectacular show with Bobby Justin is planned for October 27.

RSVP to Emma if you wish to attend.

**North Cambridge Senior Center:** Vincent reported that on September 14 a new season for the WOW group resumes. On September 19 SCES will have their annual BBQ outside in the yard.

The participants continue to enjoy going to local restaurants for lunch. 2050 is excited that with the new Zumba Gold class starting in October, there will be some form of exercise program everyday of the week.

A new yoga instructor will be hired soon.

Next month a luncheon cruise is planned on the Odyssey. This features a Boston harbor cruise and a luncheon.