



Wednesday, May 7, 2025

Summary of Conversation Topics

- Cambridge Youth Council
- Youth Wellness Working Group May-December Action Plan

Chair: ~~Mayor Simmons~~

Co-Chair Sumbul Siddiqui

Members: Tina Alu, Eva Asraf, Jasper Adiletta, Johanny Castillo, ~~Christine Elow~~, Lida Griffins, Michelle Godfrey, Tabithlee Howard, Caroline Hunter, ~~Mike Johnston~~, Michelle Lower, Jasper Mallon, ~~Maria McCauley~~, Larisa Mendez-Penate, Dave Murphy, Matt Nelson, ~~Geeta Pradhan~~, ~~Bridget Rodriguez~~, Ellen Semonoff, Liz Stapleton, ~~Tagesech Wabeto~~, Ayesha Wilson Derrick Neal, ~~Yoyo Yau~~

Executive Director: Nancy Tauber

Notetaker/Find It Manager: Andrew Liedtka

CYC Coordinator: Izzy Schpeiser

CYC Members: Eliana Mamo, Lio Caravan, Fatima Najri, Rehaan Anjaria, Shakia Afrose, Sophia Salehi, Urbana Barua,

,

Guests: Connor Epsteinkraus, Sarah Lincoln, Marsé Romero, Nadia Davila, Joyce Majewski, Meg Ramsdell, Nikoi Coley, Meagan Albright, Yemi Kibret

5:30 Welcome and Introductions

- Family Policy Council Business
 - Approval of March 27, 2025 Minutes
 - PASSES: Unanimously
- Public Comment
 - N/A
- Announcements
 - The Family Policy Council is the Advisory Council for The Center for Families, the Coordinated Family and Community Engagement Grantee. Affordable Housing event for the community (flyer April 2)
 - Baby U Graduation

- Where Do Black Men Live Film Screening
- Juneteenth Parade
- Congratulate the seniors
 - Urbana and Eliana - Have been on CYC for 4 years
 - Rehaan, Sophia, and Labonna have been members for 3 years
 - Abel has been a member for 2 years.
- Congratulations to CYC and Ellen Semonoff for winning CEOC's Together We Rise award at the 60th Anniversary Block Party on Saturday.
-

Cambridge Youth Council

- Icebreaker - Take 5 minutes to look at the mural and take notes on anything that stands out to you. When we come back we will go around and everyone will share something that stood out to them. Try and have the most original answer.
- CYC Community Mural Presentation
 - 📄 5-7-25 FPC Meeting Slide
 - Community Mural Documentary <https://youtu.be/3hGSCXNs7ZY>
- Events Subcommittee
 - Library Teen Room Events - Arts & Game and Valentine's Day
 - College Prep Panel on April 3rd (all are welcome)
 - Helped with the CEOC Block Party and received a Together We Rise award
- 5th Annual CYCxBSU Fundraiser
 - Raising money for CEOC starting on April 3rd.
 - Cambridge Community Foundation is matching up to \$5,000

Youth Wellness Working Group Progress (Nancy Tauber, Sarah Lincoln, and Connor Epsteinkraus)

- 📄 Draft Action Plan for FPC 5-7-25
- Review Wellness Group Recommendations and May-September Action Plan
 - Support efforts to hire DHSP Social Worker, CPS Substance Policy, Wellness Policy
 - 3 strategies
 - Professional Development
 - Every Student Known and Seen
 - Youth Engagement
- Q&A

Small Group Discussion

Review 3 strategies: Every Youth Connected, Every Adult Equipped, Every Youth Empowered to Lead

Please nominate people you think would like to work on each of the strategies.

Do you have any advice or feedback for us?

Notes on Green Sheets:

- Don't rush the process, take the time to do it right. Build off of what currently exists, don't create something entirely new.
- Discreet, specific, measurable goals to make CPS Wellness & Substance Use Policy happen. Get an outside perspective, make sure there is funding, make sure there is youth buy-in and generational scaffolding,
- Falcon block, teachers in charge of it need support in order to be the trusted adults.
- Instead of creating a new network, reaching out to groups that already exist, clubs, peer groups/ mentoring groups like pathfinders and big brothers big sisters as examples. Bridge the knowledge gap so that those who really want to be involved can participate.
- Perseverance, weighing the significance of each item individually. Not just for one person but still adaptable to an individual's needs.

Next steps

Next meeting in Sept. Nancy will reach out to each member to meet and talk about how this year went and ideas for next year.

Adjourn 7:15