

Minutes of COA Board Meeting Tuesday, December 9, 2025 – Via Zoom

Board Members Present: Harriet Ahouse, Pearl Hines, Debra Mandel, Lily Owyang, Eva Paddock, Beverly Sealey, Joumathe Theodore

Board Members Absent: Mary DeCoursey

Staff Present: Alicia Johnson, Vincent McCarthy and Susan Pacheco

Call to Order – Meeting called to order at 9:39 a.m.

Review/Acceptance of minutes: October 2025 meeting minutes were approved. (*There was no November Board meeting due to Veterans Day Holiday*). Motion made by Eva and seconded by Deb. All in favor.

Executive Director – Susan Pacheco

ED updated Board on happenings.

- An offer has been made for the position of NCSC Director. Offer is contingent. ED will notify Board once it is finalized.
- The COA Extension Pilot at the Russell Youth and Community Center is going well. Programming began November 6 – January 16, 2026. Programs will be offered on Thursday and Friday mornings. Currently, there are 59 new registered members.
- Acknowledgement of the 30th Anniversary celebration on 10/30. Kudos to staff were expressed by Board members who were able to attend.

Cambridge Senior Center – Alicia Johnson

- Lei Shen, Food Service Manager, resigned effective 10/31. Position has been posted.
- Alicia shared that on 12/8, 204 individuals walked through the Center, to participate in classes, attend lunch, client services or just to spend time in the Center.
- Reviewing potential class offerings for the new year ~ Vision 2026 meeting is scheduled after the new year.
- On Wednesday, 12/10, The Cambridge Senior Center will host an Art Exhibit. Various art classes from both Centers will display pieces of work. Example but not limited to: Acrylic Painting; Watercolors; Portrait Drawing; Quilting; etc.
- Alicia and Team are currently focusing on Class Etiquette. Meeting with each instructor and once meetings are complete, class etiquette will be drafted ~ with goal of presenting in January.

North Cambridge Senior Center – *No report, as Director position is vacant. Updates are reported through ED's report.*

Client Services – Vincent McCarthy

- SHINE Open Enrollment has been completed for 2025!
- Client Services presented to the Ethiopian Social Group at North Cambridge Senior Center.
- Meditation and Mandala continues to grow in popularity. Additional program highlights: Film & Discussion, as well as monthly Safety Awareness Meeting.
- Men's Group does an annual service project. Once again, the group will be assembling “care bags” for the guests at The Warming Center.

Old Business: None

New Business: None

The meeting was adjourned at 10:55 a.m. Deb motioned, and Eva seconded. All in favor.

Next meeting: Tuesday, January 13, 2026 @ 9:30 a.m.

Minutes respectfully submitted by
Susan Pacheco