Intent
To minimize light trespass from the building and site, reduce sky-glow to increase night sky access, improve nighttime visibility through glare reduction and reduce development impact from lighting on nocturnal environments.

Requirements
Project teams must comply with one of the two options for interior lighting AND the requirement for exterior lighting.

For interior lighting
Option 1
Reduce the input power (by automatic device) of all nonemergency interior luminaires with a direct line of sight to any openings in the envelope (translucent or transparent) by at least 50% between 11 p.m. and 5 a.m. After-hours override may be provided by a manual or occupant-sensing device provided the override lasts no more than 30 minutes.

OR

Option 2
All openings in the envelope (translucent or transparent) with a direct line of sight to any nonemergency luminaires must have shielding (controlled/closed by automatic device for a resultant transmittance of less than 10% between 11 p.m. and 5 a.m.).

For exterior lighting
Light areas only as required for safety and comfort. Exterior lighting power densities shall not exceed those specified in ANSI/ASHRAE/IESNA Standard 90.1-2007 with Addenda i for the documented lighting zone. Justification shall be provided for the selected lighting zone. Lighting controls for all exterior lighting shall comply with section 9.4.1.3 of ANSI/ASHRAE/IESNA Standard 90.1-2007, without amendments.

Classify the project under 1 of the following zones, as defined in IESNA RP-33, and follow all the requirements for that zone:

LZ1: Dark (developed areas within national parks, state parks, forest land and rural areas)
Design exterior lighting so that all site and building-mounted luminaires produce a maximum initial illuminance value no greater than 0.01 horizontal and vertical footcandles (0.1 horizontal and vertical lux) at the LEED project boundary and beyond. Document that 0% of the total initial designed fixture lumens (sum total of all fixtures on site) are emitted at an angle of 90 degrees or higher from nadir (straight down).

LZ2: Low (primarily residential zones, neighborhood business districts, light industrial areas with limited nighttime use and residential mixed-use areas)
Design exterior lighting so that all site and building-mounted luminaires produce a maximum initial illuminance value no greater than 0.10 horizontal and vertical footcandles (1.0 horizontal and vertical lux) at the LEED project boundary and no greater than 0.01 horizontal footcandles (0.1 horizontal lux) 10 feet (3 meters) beyond the LEED project boundary. Document that no more than 2% of the total initial designed fixture lumens (sum total of all fixtures on site) are emitted at an angle of 90 degrees or higher from nadir (straight down).

LZ3: Medium (all other areas not included in LZ1, LZ2 or LZ4, such as commercial/industrial, and high-density residential)
Design exterior lighting so that all site and building-mounted luminaires produce a maximum initial illuminance value no greater than 0.20 horizontal and vertical footcandles (2.0 horizontal and vertical lux) at the LEED project boundary and no greater than 0.01 horizontal footcandles (0.1 horizontal lux) 15 feet (4.5 meters) beyond the site. Document that no more than 5% of the total initial designed fixture lumens (sum total of all fixtures on site) are emitted at an angle of 90 degrees or higher from nadir (straight down).

LZ4: High2 (high-activity commercial districts in major metropolitan areas)
Design exterior lighting so that all site and building-mounted luminaires produce a maximum initial illuminance value no greater than 0.60 horizontal and vertical footcandles (6.5 horizontal and vertical lux) at the LEED project boundary and no greater than 0.01 horizontal footcandles (0.1 horizontal lux) 15 feet (4.5 meters) beyond the site. Document that no more than 10% of the total initial designed fixture lumens (sum total of all fixtures on site) are emitted at an angle of 90 degrees or higher from nadir (straight down).

LZ2, LZ3 and LZ4 - For LEED project boundaries that abut public rights-of-way, light trespass requirements may be met relative to the curb line instead of the LEED project boundary.
For all zones

Illuminance generated from a single luminaire placed at the intersection of a private vehicular driveway and public roadway accessing the site is allowed to use the centerline of the public roadway as the LEED project boundary for a length of 2 times the driveway width centered at the centerline of the driveway.

1 The requirement to use ASHRAE Addenda is unique to this credit and does not obligate Project teams to use ASHRAE approved addenda for other credits.
2 To be LZ4, the area must be so designated by an organizations with local jurisdiction, such as the local zoning authority.

Credit substitution available
You may use the LEED v4 version of this credit on v2009 projects. For more information check out this article.