2019 Winter/Spring Resource Guide
for 6th, 7th, and 8th Graders

www.agendaforchildrenost.org
About This Resource Guide:

1. Afterschool opportunities for middle schoolers happen all over the city- at Upper School campuses, at City Youth Centers, at local non-profits, and businesses. This guide brings all of these opportunities together in one place.

2. The information is subject to change – for the most current and accurate information, please contact each program/opportunity directly.

3. There is no guarantee of available space, even if you apply before the deadline listed.

4. Opportunities are listed by neighborhood/location, but are available to youth throughout Cambridge unless otherwise noted.

5. The Cambridge Middle School Network (MSN) is not responsible for the administration of any of the opportunities listed in this Guide and strives for accuracy in all of the information provided.

Looking for more info about resources or programs in Cambridge?

Go to www.finditcambridge.org
All ages, all differing kinds of resources, all in one place.

ABOUT MSN
The Middle School Network (MSN), a program from Cambridge Agenda for Children Out-of-School Time, aims to ensure the equitable access and engagement of middle school youth in out-of-school time experiences in Cambridge.

Cambridge Agenda for Children Out-of-School Time is a citywide intermediary situated in both the City’s human services and school departments.

For any questions about the Middle School Network, or being included in this Resource Guide, please contact Annie at the email address below.

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MSN Coordinator
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617.349.6017
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After School in Cambridge Upper Schools

What You Should Know

FACT #1: In 6-8th grade, it’s helpful for young people to have an everyday routine, a place to do homework and a supported social space with friends after the school day.

FACT #2: Middle school is also an important time for young people to try NEW activities, expand their horizons, discover their talents and figure out who they are and what they want for their future. It is a time when many young people start specializing in one or more areas that they are truly beginning to love.

FACT #3: Cambridge middle schoolers overwhelmingly enjoy their experiences in summer and after school programs, even if they are hesitant at first about joining something new.* Sitting at home won’t help you discover your talents and new friends!

The system of opportunities in Cambridge is designed so that young people don’t have to choose between trying new activities and having an everyday after school routine – they can mix & match.

Group 1: Everyday After School
These are youth centers that operate five days a week, offer a wide range of different activities, and have some type of homework support and can be helpful to establish an every day after school routine. They are not at the school site (on-site clubs are usually 1-2 days/week) but some are very close to school campuses.

Examples: Russell Youth Center, Cambridge Community Center, Moses Youth Center, East End House, Community Arts Center

Group 2: Specialty Opportunities
These are opportunities, usually once or twice a week, in a range of locations that focus on more specific type of experiences. Clubs and Intramurals at Upper School Campuses fall in this category because they are usually 1-2 times a week.

Examples: Girls Media Program, Clubs and Intramurals at Upper Schools, Cambridge Youth Boxing, Beats by Girlz, City Step, Cambridge PRIDE, Science Club for Girls, Maud Morgan

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All of these places would be happy to see you everyday, but they also want you to try new things – so you can go to a different program one day a week and the youth center other days – they are designed to be mixed & matched.

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…which allows you to try a few more specialty activities (clubs, etc) & go to the youth center on other days

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MON. | TUE. | WED. | THUR. | FRI.
--- | --- | --- | --- | ---
Walk | @RAUC | Walk | School Bus | Walk
Go to Gately Youth Center | IM Volleyball | Go to Gately Youth Center | School Bus to YMCA Boxing | Go to Gately Youth Center
Walk or Pick Up | Late Bus Home | Walk or Pick Up | Pick Up | Walk or Pick Up

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*See recent report on Engaging Middle School Youth in Cambridge at www.agendaforchildrenost.org/publications
## Transportation

**FACT #1:** Students who take the school bus home can arrange to have the school bus drop them off at a different location (see list of stops below). Most specialty opportunities are within a short walk from one of those stops.

**FACT #2:** All Upper Schools run a late bus that can take students home after intramurals or clubs (usually around 4:30pm, Tues-Thurs). It is possible to drop students off at/near youth centers instead of at home, so young people can join late afternoon programming until they have to be home, or can be picked up.

**FACT #3:** If your child does not normally ride a school bus, they still may be able to arrange to take a school bus to one of the stops listed (as long as space on the bus is not an issue; please work with your school clerk to arrange).

**FACT #4:** It can take multiple steps to arrange transportation and go to multiple programs, but it is worth it! You don’t want to miss out on all the activities happening across the city.

### AVAILABLE LATE BUS STOPS

- King Open School, 850 Cambridge Street
- Kennedy-Longfellow School, 158 Spring Street (temporary CSUS)
- 60 Wadsworth Street
- Fletcher Maynard Academy, 225 Windsor Street
- Cambridgeport School, 89 Elm Street
- Area 4 Youth Center, 243 Harvard Street
- Old Longfellow School, 359 Broadway (temporary King School)
- Cambridge Rindge and Latin School, 459 Broadway
- YMCA, 820 Massachusetts Avenue
- Audrey Street & Vassar Street
- Amigos School, 15 Upton Street
- Morse School, 40 Granite Street
- King School, 100 Putnam Avenue
- Mt. Auburn Street & Brewer Street
- Baldwin School, Oxford Street
- Graham & Parks, 44 Linnaean Street
- Walden Square Apartments
- Peabody School, 70 Rindge Avenue
- Rindge Towers, 362 Rindge Avenue
- Haggerty School, 110 Cushing Street
- Tobin School, 197 Vassal Lane

## Not Sure About Where to Start?

Each Upper School has a designated person for young people and families to talk to about afterschool and summer options. If you need some help figuring out the best situation for your family, or if you aren’t sure how to make these opportunities possible for your child, please reach out to your school clerk to ask who can help. Listings of school-based staff can also be found at [www.agendaforchildrenost.org/msn-resources.html](http://www.agendaforchildrenost.org/msn-resources.html)
## Afterschool Planning Tool

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# Afterschool Planning Tool

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<td>Practice and game schedule TBD</td>
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7
## Afterschool Planning Tool

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<th>Start Date</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
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<th>Fri</th>
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<td>no cost</td>
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</table>
Everyday Afterschool Centers
(4-5 days/week)

Middle School Program at Moses Youth Center

**EC** FREE
September 4th- June 14th
*Open during Feb and April vacations 2-6pm, Monday- Friday
*Every day commitment not required
MOSES YOUTH CENTER
243 HARVARD STREET, CAMBRIDGE MA 02139
NICOLE RODRIGUEZ | 617-349-6262
NRodriguez@CAMBRIDGE.MA.GOV
TRACIE BROTHERS
TBROTHERS@CAMBRIDGE.MA.GOV

Primary Program Activities:
Young people have a voice in what the program can offer:
- Homework assistance
- Healthy snacks
- Leadership development
- Girls/boys group programming
- Community service opportunities
- Arts and crafts
- Basketball leagues
- Event planners
- Cooking
- Theatre, fashion & dance
- STEM programming

Grades/Ages Served: Grades 4-5 in pre-teen program
Eligibility: Cambridge residents

To Enroll: Download registration form: https://www.cambridgema.gov/-/media/Files/DHSP/Youthcenterprograms/MSAC/MsacApp.pdf?la=en OR pick up and return form to any of Cambridge’s Y Youth Centers.

Enroll by: Contact director to find out about current openings
Cost: None for 6th-8th graders
For more information: www.cambridgema.gov/dhsp/area4

Middle School Program at Frisoli Youth Center

**EC** FREE
September 4th- June 14th
*Open during Feb and April vacations 2-6pm, Monday- Friday
*Every day commitment not required
FRISOLI YOUTH CENTER
61 WILLOW STREET, CAMBRIDGE MA 02141
(VENESSA FISHER | 617-349-7746
VFISHER@CAMBRIDGE.MA.GOV
MARLEES WEST | MWEST@CAMBRIDGE.MA.GOV

Primary Program Activities:
Frisoli offers young people an opportunity to have a voice and take leadership.
- Homework assistance
- Healthy snacks
- Leadership development
- Girls/boys group programming
- Community service opportunities
- Arts and crafts
- Dance, theatre, fashion
- Cooking

Frisoli culture is focused around: Family, a Judgement Free Zone, Healthy Lifestyle, Motivation, the Arts, & Experiential Learning

Grades/Ages Served: Grades 6-8 (Grades 4-5 in pre-teen program)
Eligibility: Cambridge residents

To Enroll: Download registration form: https://www.cambridgema.gov/-/media/Files/DHSP/Youthcenterprograms/MSAC/MsacApp.pdf?la=en OR pick up and return form to any of Cambridge’s Y Youth Centers.

Enroll by: Contact director to find out about current openings
Cost: None for 6th-8th graders
For more information: www.cambridgema.gov/dhsp/frisoli

Middle School Partnership Program at Gately Youth Center

**NC** FREE
September 4th- June 14th
*Open during Feb and April vacations 2-6pm, Monday- Friday
*Every day commitment not required
GATELY YOUTH CENTER
70R RIDGE AVE, CAMBRIDGE MA 02140
(BEHIND RAUC/ PEABODY SCHOOL)
BO LEMBO | BLEMBO@CAMBRIDGE.MA.GOV
MELINDA MAXWELL | 617-349-6277
MMAXWELL@CAMBRIDGE.MA.GOV

Primary Program Activities:
- Specialized homework help
- Healthy snacks
- Sports
- Arts
- Science
- Social activities
- Field trips
- Cultural exploration

Grades/Ages Served: 6th-8th grades
Eligibility: Cambridge residents

To Enroll: Download registration form: https://www.cambridgema.gov/-/media/Files/DHSP/Youthcenterprograms/MSAC/MsacApp.pdf?la=en OR pick up and return form to any of Cambridge’s Y Youth Centers.

Enroll by: Contact director to find out about current openings
Cost: None for 6th-8th graders
For more information: www.cambridgema.gov/dhsp/gately

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly. register now regardless of deadline...opportunities are available to youth throughout Cambridge unless otherwise noted.
Everyday Afterschool Centers (continued)

Middle School Program at Russell Youth Center

September 4th - June 14th
*Open during Feb and April vacations 2-6pm, Monday- Friday
*Every day commitment not required
RUSSELL YOUTH CENTER
680 HURON AVE, CAMBRIDGE MA 02138
NELITA DEPINA | 617-349-6314
NDEPINA@CAMBRIDGEMA.GOV
GREG GREEN | 617-349-6292
GGREEN@CAMBRIDGEMA.GOV

Primary Program Activities:
Russell offers young people an opportunity to have a voice and take leadership.
- Homework assistance
- Healthy snacks
- Leadership development
- Girls/boys group programming
- Community service opportunities
- Arts & crafts
- Sports
- Event planners
- Cooking
- Dance, theatre, and fashion
- STEM programming

Grades/Ages Served: 6th-8th grades

Eligibility: Cambridge residents

To Enroll: Download registration form: https://www.cambridgema.gov/~media/Files/DHSP/youthcenterprograms/MSAC/MsacApp.pdf?la=en OR pick up and return form to any of Cambridge’s 5 Youth Centers.

Enroll by: Contact director to find out about current openings

Cost: None for 6th-8th graders

For more information: www.cambridgema.gov/dhsp/russell

The Work Force

PT | MC | EC | NC
Mid-September through June
*Second semester starts February 25th 3:00-5:30pm, Monday-Friday
FOUR LOCATIONS AROUND CAMBRIDGE:
119 WINDSOR STREET, CAMBRIDGE 02139
(COMMUNITY CENTER BASEMENT)
MANOUCHECA LORIO | 617-499-7107
MJULCE@CAMBRIDGEHOUSING.ORG
CAMBRIDGE RINDGE AND LATIN SCHOOL
459 BROADWAY, CAMBRIDGE 02138
AYESHA WILSON | 857-235-9923
AWILSON@CAMBRIDGEHOUSING.ORG
ROOSEVELT TOWERS
14 ROOSEVELT TOWERS, CAMBRIDGE 02141
BRYAN ZULUAGA | 617-499-7169
BZULUAGA@CAMBRIDGEHOUSING.ORG
JEFFERSON PARK, CAMBRIDGE 02140
ELKA ULMAN | 617-499-7110
EULMAN@CAMBRIDGEHOUSING.ORG

Primary Program Activities:
- Five year curriculum that works towards personal empowerment, academic achievement and economic mobility for students
- Employment mentoring through paid afterschool jobs
- On-site homework help and tutoring
- Individual case management that includes parents and teachers
- College tours

Grades/Ages Served: 8th-12th grades

Eligibility: Cambridge Housing Authority or Section 8 Residents only

To Enroll: Visit site or download application at http://chaworkforce.org/for-current-students-and-parents/forms

Enroll by: First come, first serve, young people can join anytime throughout their 8th grade year

Cost: None

For more information: http://chaworkforce.org/

Community Art Center: Upper School Program

PT
Mid September- June
*Open during Feb and April vacations 2-6pm, Monday- Friday
119 WINDSOR STREET, CAMBRIDGE MA 02139
MARIE FRANCE ST GERMAIN | 617-688-7100
MFRAINE@COMMUNITYARTCENTER.ORG

Primary Program Activities:
- Artistic Growth, Personal Development and Community Engagement; learn to become creative problem solvers through hands-on arts curriculum
- Classes cover disciplines including the visual arts, dance, theater and media arts
- Junior Leadership Groups and intermediate level arts classes prepare pre-teens for success in high school and beyond

Grades/Ages Served: Ages 9-12

To Enroll: Contact Marie France

Enroll by: Anytime

Cost: $20.71/day, scholarships available, vouchers accepted

For more information: http://www.communityartcenter.org/
#isacc198g
Everyday Afterschool Centers (continued)

Cambridge Community Center

September 4th - June 21st
*Open during school vacations & holidays
2-6pm, Monday- Friday
*Every day commitment not required, but recommended
5 CALENDAR STREET, CAMBRIDGE MA 02139
RACHEL KINCH | 617-547-6811
RACHELK@CAMBRIDGECC.ORG

Primary Program Activities:
- Karate
- Cooking
- Girls group
- Boys group
- Sports

Grades/Ages Served: 4th- 6th grades
To Enroll: Download forms or fill out online at http://www.cambridgecc.org/enrollment.html
Enroll by: Anytime!
Cost: $110/week, scholarships available, vouchers accepted
For more information:
http://www.cambridgecc.org/enrollment.html

East End House Middle School Program

September 24th - June 2:55-5:30pm, Monday- Friday
*Youth are required to participate at least 3 days/ week
PUTNAM AVE UPPER SCHOOL
100 PUTNAM AVE, CAMBRIDGE MA 02138
CHRISTINE DELVECCHIO | 617-876-4444
CHRISTINE@EASTENDHOUSE.ORG

Primary Program Activities:
- Homework help
- Sports & fitness
- Student-driven clubs
- Cooking

Grades/Ages Served: Grades 6-8
To Enroll: Fill out enrollment packet and entrance interview. Contact Christine, or stop by EWH or PAUS to get the enrollment packet.
Enroll by: Rolling enrollment- currently still enrolling PAUS students
Cost: None
For more information:
http://eastendhouse.org/programs-and-services/middle-school-program

Academic Support & Enrichment (1-2 days/week)

Cambridge School Volunteers (CSV) Learning Centers

October- May
3:00-4:15pm, Tuesday- Thursday
LOCATION: AT EACH UPPER SCHOOL
KASEY APPLEMAN | 617-349-6794
KAPPLEMAN@CPSD.ORG

Primary Program Activities:
- Upper School Learning Centers serve students in grades 6-8 at all
  Upper Schools (including the Amigos School) and provide individual academic support
  services via on-to-one tutoring.
- Programs are developed and coordinated by CSV staff and
  Upper School staff collaboratively.

Grades/Ages Served: 6th- 8th grades
To Enroll: Talk to your Upper School teacher, referral required for student enrollment. Spots are limited- referral does not guarantee enrolment.
Enroll by: April
Cost: None
For more information:
http://www.csvvinc.org

Tutoring Plus @ CSUS & Fresh Pond Apartments

Week of October 1st- Week of June 3rd
5-7pm, Tuesday & Thursday (CSUS)
5:30-7:15, Mon & Wed (Fresh Pond)
TWO LOCATIONS:
CAMBRIDGE STREET UPPER SCHOOL
158 SPRING ST, CAMBRIDGE MA 02141
FRESH POND APARTMENTS
364 RINDEGE AVE, CAMBRIDGE MA 02140
ERICA TALAMO | 857-266-7960
TALAMO@TUTORINGPLUS.ORG

Primary Program Activities:
- 1-on-1 tutoring and mentoring
  - Develop academic skills; improve grades; and become stronger, more confident students

Grades/Ages Served: 6th- 8th grades
Eligibility: Cambridge residents only
The Fresh Pond location is giving priority to students who live in the Fresh Pond
Apartments at Rindge Ave.
To Enroll: Returning families will be mailed a
registration packet; new families can register online or come to the office to pick up a
registration packet in the Fall.

Enroll by: Call to see if there is space. Program may be full, but you can add yourself to the waitlist.
Cost: None
For more information:
https://tutoringplus.org/tutoring-programs/1-on-1-programs/
Academic Support & Enrichment (continued)

Club Z! Tutoring

Primary Program Activities: Customizable individual tutoring programs, including:
- **Singapore Math Program** encourages active thinking process, communication of mathematical issues, and problem solving in real world contexts
- **Academic Subject Tutoring** follows the school curriculum in the respective subject
- **Individualized study skills** such as time management, concentration and memory, test preparation and anxiety, organization skills, and more

**Grades/Ages Served:** 1st-12th grades

**To Enroll:** Contact Celine by phone or email to enroll

**Enroll by:** Call to see if there is space

**Cost:** Varies based on level and program length, usually starts at $64/hr

**For more information:**
www.clubztutoring.com/cambridge

Middle School Activities Club (sponsored by Cambridge Youth Programs)

Most activities occur on Fridays and Saturdays, but each activity will have a different schedule and may include early release days and some evenings.

**Location Varies by Activity**

**Primary Program Activities:** Structured social events, activities, and field trips designed for middle school youth to have experiences with peers

Some activities use the youth center vans for transportation and provide transportation from the youth centers.

**Grades/Ages Served:** 6th-8th grades

**Eligibility:** Cambridge residents

**To Enroll:** Registration forms are available at the City’s 5 youth centers or 5 upper schools, or you can download it at https://www.cambridgema.gov/~media/Files/DHSP/youthcenterprograms/MSAC/MSacApp.pdf?la=en

**Enroll By:** For each activity, register one week before the event

**Cost:** Varies by activities; some activities are no cost.

**For more information:**
https://www.cambridgema.gov/DHSP/programsforkidsandyouth/youthcenterprograms/MSAC

**Real Talk**

**PT**
March 11th - May 6th
5-7pm, Monday
225 WINDSOR STREET, CAMBRIDGE 02139
ERICA TALAMO | 617-349-6588 x 421
TALAMO@TUTORINGPLUS.ORG

**Primary Program Activities:** Participate in discussions and activities facilitated by high school peer leaders and the program leader focused on breaking down masculinity, healthy relationships, media messages, and future planning.

**Grades/Ages Served:** 6th-8th grades

**Eligibility:** For male-identifying middle school students

**To Enroll:** Families can pre-register online at www.tutoringplus.org, Tutoring Plus staff will reach out to give families the full registration materials before youth can start participation in our programs. Families can also come into our main office to fill out registration materials in person.

**Enroll by:** Programs are filled on a first-come, first-served basis. Call to check availability.

**Cost:** None

**For more information:**
https://tutoringplus.org/enrichment-programs/gender-programs/

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Agassiz Baldwin Community Youth Employment Program (YEP) - Teacher Training Program

**Winter session:** January - March
**Spring session:** April - June
2-5:30pm, Monday - Friday

**Two Locations:**
AGASSIZ BALDWIN COMMUNITY CENTER
20 SACRAMENTO ST, CAMBRIDGE 02139 OR
MORIA BALDWIN SCHOOL
85 OXFORD ST, CAMBRIDGE, MA 02138
JESS LEACH | 617-349-6287 x28
YEP@AGASSIZ.ORG

**Primary Program Activities:** teachers in training

**Grades/Ages Served:** 6th-8th grades

**To Enroll:** Fill out the application online and submit it by December 14th. Ask your parent or guardian to fill out the permissions. Interview for the position (we will schedule a phone interview with you).

**Enroll by:** December 14th for winter session, March 14th for spring session

**Cost:** None

**For more information:**
http://agassiz.org/childrens-programs/teen-programs/

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**SB School-based**

**CW Citywide**

**EC East Cambridge**

**WC West Cambridge**

**NC North Cambridge**

**PT The Port**

**KM Kendall Square / MIT**

**CR Coast/Riverside**

**MC Mid-Cambridge/ Harvard**

**SO Somerville**

**BO Boston**

**FREE No cost**
Salvation Army: Bridging the Gap

Year-round
4-6:30pm, Mondays and Wednesdays
SALVATION ARMY
402 MASS AVE, CAMBRIDGE MA 02139
CYNTHIA GUEVARA  |  617-547-3400 x225
CYNTHIAGUEVARA@USE.SALVATIONARMY.ORG

Primary Program Activities:
- Leadership
- Life skills
- Community Service
- Self-esteem
- Field trips

Participants who complete the 12-week program will earn a free laptop

Grades/Ages Served: Ages 11-13
Genders served: All

To Enroll: Contact Cynthia to schedule an initial meeting
Enroll by: Anytime - admission is rolling. Young people can start at any point.
Cost: None
For more information: https://massachusetts.salvationarmy.org/ma/cambridge

The Neighborhood Service Project (NSP)

February-May
Times and days vary by youth center
CAMBRIDGE YOUTH CENTERS (VARIES)
KEN BOWERS  |  617-349-6272
KBOWERS@CAMBRIDGE.MA.GOV

Primary Program Activities:
- Community service learning
- Social action projects
- Public speaking
- Group work
- Media
- Event creation

Grades/Ages Served: Ages 14-15
Eligibility: Must be Cambridge resident and eligible to work in the U.S.

To Enroll: Complete and submit program application, interview with staff
Enroll by: Mid-February
Cost: None; participants are paid for their work in the program
For more information: https://www.cambridgema.gov/DHSP/programsforkidsandyouth/youthemployment/neighborhoodserviceproject.aspx

Teen Snow Shoveling Project

December-April
Times and days vary
CAMBRIDGE RESIDENTS’ ADDRESSES AND SCHOOLS IN CAMBRIDGE
GEORGE HINDS  |  617-349-6268
GHINDS@CAMBRIDGE.MA.GOV

Primary Program Activities: Youth will be assisting seniors, residents with disabilities, and schools with snow shoveling

There is no set price for shoveling; many of those needing assistance are on fixed incomes and we advise youth to set a reasonable rate with residents in advance if possible. This arrangement is between residents and youth, facilitated by the City’s Office of Workforce Development and the Council on Aging.

Grades/Ages Served: Ages 14-15
Eligibility: Must be physically able to shovel snow during or after a snowstorm

To Enroll: Complete and submit program application to have your name added to the list. You will be contacted depending on weather (when it snows) and need (amount of residents needing shoveling).

Enroll by: Mid-April
Cost: None; participants are paid for their work in the program
For more information: https://www.cambridgema.gov/DHSP/programsforkidsandyouth/youthemployment/snowshoveling

School-based
Citywide
East Cambridge
West Cambridge
North Cambridge
The Port
Kendall Square / MIT
Coast/Riverside
Mid-Cambridge/Harvard
Somerville
Boston
No cost

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly; register now regardless of deadline...opportunities are available to youth throughout Cambridge unless otherwise noted.
Jose Mateo Ballet Theatre: 
Intro to Ballet for Teens

MC

January 3- March 14 (no class Feb 21) 
March 21- May 30 (no class April 18) 
6-7:30pm, Thursdays 
JOSE MATEO BALLET THEATRE 
400 HARVARD STREET, CAMBRIDGE 02138 
617-354-7467 
REGISTRATION@BALLETTHEATRE.ORG

Primary Program Activities: “Intro to Ballet for Teens” is designed for students who have no previous ballet or dance experience, starting with basic positions and vocabulary. Each class builds on the previous class, so attendance at all 10 classes is highly encouraged.

Grades/Ages Served: Ages 10-19

To Enroll: Registration is available online through a site called MindBody. You set up a profile with your info and you are able to see classes, register and keep it all in one place.

If you are having trouble, please reach out to your school-based MSN staff for assistance - we can sit down to do it with you!

Enroll by: First day of class (Jan 3 for winter session, March 21 for spring session)

Cost: $150

For more information: 
http://www.ballettheatre.org/classes-for-teens/

Boston Mobile Dance Studio

PT

Days and times vary- see below 
DANCE COMPLEX OR STUDIO @ 550 
CENTRAL SQUARE, CAMBRIDGE

Primary Program Activities: Variety of dance classes offered

Classes and Hours:

• Sunday Hip Hop Class (Ages 12+): 
  Sundays 10-11am 
  Youth Hip Hop Dance: Sundays 4-5pm 
• Dance Hall Workout, (Ages 12+): 
  Thursdays 8:30-9:30pm 
• Party Dance 101 (Ages 12+): 
  Saturdays 9:30-10:30am 
• Saturday Hip Hop Class (Ages 12+): 
  Saturdays 10:30-11:30am

Grades/Ages Served: youth classes (ages 5-12) or beginner classes (ages 12-adult)

To Enroll: View full schedule 
http://www.bostonmobiledance.com/services/dance-for-youth/ 

Enroll by: Join any time!

Cost: $15 per class, $10 when you sign up online. Purchase a 10 class card for $90. Discount for online purchase.

For more information: 
https://www.bostonmobiledance.com/
Performing Arts (continued)

Fresh Pond Ballet School

NC
January 7th - June 16th
Monday - Saturday (Day/time depends on which level class you join)
FRESH POND BALLET SCHOOL
1798A MASS. AVE (NEAR PORTER SQ),
CAMBRIDGE MA 02140
NINA R. ALONSO, DIRECTOR | 617-491-5865
NARALONSO@GMAIL.COM

Primary Program Activities:
- Ballet classes
- Variety of classes and levels (See website for details)

Dress Code Required: ballet slippers, leotard (different colors for each level), tights

Grades/Ages Served: Ages 3 to adult (dancers are grouped by age and level)

To Enroll: Download application online: http://freshpondballet.com/docs/reg_form_121213.pdf and bring to the studio

Enroll by: Start of class
Cost: $525 to take one class per week for the semester

For more information: www.freshpondballet.com

North Cambridge Family Opera Science Festival Chorus

NC
January - April
6-8pm, Wednesdays
PEABODY SCHOOL
70 RINDGE AVE, CAMBRIDGE MA 02140
CLAUDETTE BELT-AHARON | 617-821-5043
CLAUDETTE@FAMILYOPERA.ORG

Primary Program Activities:
- A chorus of children, teens, and adults learns 20 songs about science
- MIT graduates lead discussions about science concepts in the music
- Rehearse singing, acting and dancing

- Three performances in the Cambridge Science Festival in April

Grades/Ages Served: Ages 6 to adult (children ages 6 to 11 should be accompanied in the chorus by an adult)

To Enroll: Show up for rehearsal in late January or early February
Enroll by: Mid February
Cost: None
For more information: familyopera.org

School of Honk Street Band

SO
Ongoing, join any time!
3-5pm*, Sundays
(*Newcomers arrive at 2:30pm)
COMMUNITY ARTS CENTER
119 WINDSOR STREET, CAMBRIDGE 02139
KEVIN LEPPMAN | 617-349-6824
KEVIN@SCHOOLOFHONK.ORG

Primary Program Activities:
- Community band weekly meet up
- Open to beginners – just come early on a Sunday and you’ll get a little bit of help!
- Learn fun songs that get people dancing!

Grades/Ages Served: 5th-8th graders (Families welcome, too!

To Enroll: Show up on a Sunday afternoons! Also, you can go to Schoolofhonk.org for more info and go to “Join” tab to be added to the mailing list.

Enroll by: Join any time!
Cost: None
For more information: schoolofhonk.org

Cambridge Arts Academy

SO
Private lessons offered year round
Dates and times vary
JAM SPOT, 111 SOUTH ST, SOMERVILLE 02143
617-319-5113
ADMIN@CAMBRIDGEARTSACADEMY.COM

Primary Program Activities: Private music lessons for:
- guitar
- bass
- drums
- piano
- voice
- saxophone/woodwinds

Grades/Ages Served: All ages
To Enroll: Contact Cambridge Arts Academy

at http://cambridgeartsacademy.com/get-started/
Deadline: Join any time!
Cost: Lessons range from $40-$75 per lesson, depending on length and frequency
For more information: http://cambridgeartsacademy.com

New School of Music

WC
September 10th - June 15th
Times and days vary (Mon- Sat)
NEW SCHOOL OF MUSIC
25 LOWELL ST, CAMBRIDGE MA 02138
KRISTINE KIRBY | 617-492-8105
INFO@NEWSCHOOLOFMUSIC.ORG

Primary Program Activities:
- Group instrument classes
- Musical ensembles
- Private lessons

Grades/Ages Served: All ages

To Enroll: Register for programs online, or by contacting our office at 617-492-8105 or info@newschoolofmusic.org
Enroll by: Registration is rolling, sign up anytime.

SB School-based
CW Citywide
EC East Cambridge
WC West Cambridge
NC North Cambridge
PT The Port
KM Kendall Square / MIT
CR Coast/Riverside
MC Mid-Cambridge/Maxwell
SO Somerville
BO Boston
No cost

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly. register now regardless of deadline... opportunities are available to youth throughout Cambridge unless otherwise noted.
Performing Arts (continued)

New School of Music (continued)

Cost: Varies depending on the program. Scholarships are available for all programs by submitting an application. Applications are available online or by contacting our office.

For more information: www.newschoolofmusic.org

Repertory Chorus

WC

February 2nd - June 8th
10:00-11:50am, Saturdays
NEW SCHOOL OF MUSIC
25 LOWELL ST, CAMBRIDGE MA 02138
LAUREN COOK | 617-492-8105
DIRECTOR@CAMBRIDGEMUSIC.ORG

Primary Program Activities:
- Music
- Singing
- Music Literacy
- Teamwork

Grades/Ages Served: Ages 9-17

To Enroll: A brief audition with the conductor is required. To schedule the audition, email Lauren. If you are accepted, the registrar will help with enrollment.

Choir open house on January 12th (time TBD). If you are interested, you can sit in on rehearsal, meet the group, and do your audition at that time.

Enroll by: March 15th

Cost: $475. Scholarships are available. Applications are available online or by emailing Lauren.

For more information: www.newschoolofmusic.org

HARMONY Mentoring
(Harvard and Radcliff Musical Outreach to Neighborhood Youth)

MC

February 1st - April 30th
Times and days of the week are flexible, and depend on the schedules of the mentor and mentee.

Grades/Ages Served: 6th-8th grades

To Enroll: Register directly with the VPA office or through your school band, orchestra, or choir teacher. Permission slips are available with music teachers, at the VPA office, or online.

Enroll by: Rolling enrollment

Cost: None

For more information: https://www.cpsd.us/cms/One.aspx?portalid=3042869&pageid=15670400

ImprovBoston: Afterschool Laughter School

PT

January 12th - March 16th
3:30pm, Tuesdays or 10:30am, Saturdays
*Also offer February Vacation Program IMPROVBOSTON
40 PROSPECT ST (CENTRAL SQ), CAMBRIDGE
MIKE CARR | 617-576-1253
COMEDYSCHOOL@IMPROVBOSTON.COM

Primary Program Activities:
- Improvisation
- Games
- Comedy
- Storytelling
- No previous experience required!

Grades/Ages Served: Ages 9-16

To Enroll: Register online
www.improvboston.com

Enroll by: One week after classes begin

Cost: $300 ($250 for Cambridge residents)

For more information: www.improvboston.com/

CPS All-City Ensemble: Band, Chorus, and Orchestra

MC

September 26th - April 3:30-4:45, Wednesdays
CAMBRIDGE RINDGE AND LATIN SCHOOL
459 BROADWAY, CAMBRIDGE MA 02138
BRIAN GELLERSTEIN | 617-349-6788
BGELLERSTEIN@CPSD.US

Primary Program Activities:
- Instrumental music and chorus program for middle schoolers
  - Advanced opportunity to play in ensembles
  - Two evening performances
  - Transportation provided from Upper Schools to CRLS after school

School-based
Citywide
East Cambridge
West Cambridge
North Cambridge
The Port
Kendall Square / MIT
Coast/Riverside
Mid-Cambridge/ Harvard
Somerville
Boston
No cost

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly: register now regardless of deadline...opportunities are available to youth throughout Cambridge unless otherwise noted.
Performing Arts
(continued)

Beyond the 4th Wall:
Rising Stars Theater Classes

MC
January 19th - June 15th
1-3pm, Saturdays
GRAHAM & PARKS SCHOOL
44 LINNAEAN ST, CAMBRIDGE MA 02138
LACE CAMPBELL | 617-710-3864
LACT@BEYONDTHE4THWALL.COM

Primary Program Activities: Training in acting, singing, and dancing, and an opportunity to perform in our mini-musical

Grades/Ages Served: 6th-8th grades

Eligibility: Cambridge residents. No experience is necessary!

To Enroll: Register on the website

Enroll by: January 19th

Cost: $350 with sliding scale and scholarships available

For more information: http://beyondthe4thwall.com

Visual/ Media Arts
(1-2 days/week)

Teen Program @ Community Art Center

PT FREE
Mid-September - June
Contact Amanda for dates/times
COMMUNITY ART CENTER
119 WINDSOR ST, CAMBRIDGE MA 02139

AMANDA MCARRITY | 617-868-7100 x117
AMANDA@COMMUNITYARTCENTER.ORG

Primary Program Activities:
- Multimedia literacy & public art courses
- Professional development
- Sequenced, multi-year curriculum that uses artistic expression to develop creative skills in video, photo, digital art, photography, public art, and social justice

Grades/Ages Served: Ages 13-19 years old

To Enroll: Contact Amanda at amanda@communityartcenter.org or 617-868-7100 x117

Enroll by: January 10th, 2019

Cost: None

For more information:
http://www.communityartcenter.org/tmp

Maud Morgan Arts

MC
January 7th- March 25th
Classes are in session at these times:
3:30-5:30pm, Monday-Friday
10am-12pm, Saturday
MAUD MORGAN ART CENTER
20 SACRAMENTO STREET, CAMBRIDGE 02138
VALERIE MENDEZ | 617-349-6287 x29
VMENDEZ@AGASSIZ.ORG

Primary Program Activities: Explore art with professional artists
- Ceramics
- Printmaking
- Drawing
- Painting
- Sewing
- Sculpture

Grades/Ages Served: 6th-8th grades

To Enroll: Register online at http://www.maudmorganarts.org

Enroll by: Up until classes start. Register early-classes can fill up.

Cost: Varies based on class, scholarships are available for CPS students. Check with the MSN Liaison/Youth Connector at your school.

Talk to adults at your school or email Valerie Mendez for scholarship information. Scholarships are available for each session and it is easy to set them up!

For more information:
http://www.maudmorganarts.org

Girls Media Program

TBD FREE
March 6th- May 15th
5-7pm, Wednesday
LOCATION IS TBD- CHECK WEBSITE FOR DETAILS
ERICA TALAMO | 617-349-6588 x 421
TALAMO@TUTORINGPLUS.ORG

Primary Program Activities: Students will explore identity, healthy relationships, media representations of gender and race, and create powerful and positive media of their own.

Grades/Ages Served: 6th-8th grades

Eligibility: For middle school students who identify as female

To Enroll: Families can pre-register online at www.tutoringplus.org. Tutoring Plus staff will reach out to give families the full registration materials before youth can start participation in our programs. Families can also come into our main office to fill out registration materials in person.

Enroll by: Programs are filled on a first-come, first-served basis. Call to check availability.

Cost: None

For more information:
https://www.tutoringplus.org/enrichment-programs/gender-programs/

SB School-based
CW Citywide
EC East Cambridge
WC West Cambridge
NC North Cambridge
PT The Port
KM Kendall Square / MIT
CR Coast/Riverside
MC Mid-Cambridge/Harvard
SO Somerville
BO Boston
No cost

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly; register now regardless of deadline... opportunities are available to youth throughout Cambridge unless otherwise noted.
Sports/ Athletic Opportunities
(1-2 days/week)

Premier Hoops
MC WC
December 1st- March 2nd
2:45-4:45pm, Saturdays OR
7:15-8:15 (Jr.) 8:15-9:15 (Elite), Fridays
*Can sign up for Fridays or Saturdays - see below for more details
FRIDAYS: SHADY HILL SCHOOL
178 COOLIDGE HILL, CAMBRIDGE 02138
SATURDAYS: WAR MEMORIAL REC CENTER
1640 CAMBRIDGE ST, CAMBRIDGE, MA 02138
MIKE LEYKIN | 781-724-8125
PREMIERHOOPS@GMAIL.COM

Primary Program Activities:
• 10 week basketball clinic with instruction by Division I, II and III college athletes and coaches.
• Focus on goal setting for life as well as conditioning, hard work and citizenship.

Friday Program: Triple-Threat Skills (footwork, shooting, & IQ) & scrimmaging
Saturday Program: Mixed skills (ball handling, defense, passing, shooting) & scrimmaging

Grades/Ages Served: Ages 7-18 (Jr. Skills for Ages 7-12; Elite Skills for Ages 13-18)
Genders Served: Girls & Boys

To Enroll: Call Mike or go to https://premierhoopsters.com/product/fall-pre-season-basketball-training-cambridge/
Pre-registration is recommended but not required.

Enroll by: Anytime!
Cost: Fridays:$25 for a drop-in (just one class); Saturdays:$50 for a drop-in (just one class).

Financial assistance is available – please ask (email PremierHoops@gmail.com)! If paying for only a few weeks, a reduced cost can be arranged.

For more information: https://premierhoopsters.com/

Cambridge Baby Falcons Basketball Program
MC
Starts at the end of CRLS Girls Basketball season, usually in February 9-11am, Saturday (5th & 6th grades)
11am-1pm, Saturday (7th & 8th grades)
CRLS MAIN GYMNASIUM
1640 CAMBRIDGE ST, CAMBRIDGE, MA 02138
DANA ELLCOCK | 617-892-0070
DANAEELCOCK@YAHOO.COM

Primary Program Activities: Girls’ basketball team
Grades/Ages Served: 4th-8th grades
Genders Served: GIRLS only

To Enroll: Contact Dana Ellcock at danaelcock@yahoo.com or 617-892-0070
Cost: $30 registration fee

Women’s Volleyball @ The Moses
PT
January 8th- Early March
6:30-8:30pm, Tuesday
MOSES YOUTH CENTER
243 HARVARD ST, CAMBRIDGE, MA 02139
TYRELL DORCH | 617-349-6262
KESSEN GREEN
KGREEN@CAMBRIDGEPOLICE.ORG

Primary Program Activities:
• Girls’ volleyball team
• Run by the Moses Youth Center and the Cambridge Police

Grades/Ages Served: 8th - 12th grades (Ages 13-19)
Genders Served: GIRLS only

To Enroll: Come join in on a Tuesday and we will send you home with the sign-up form.

Enroll by: Join anytime!
Cost: None

For more information: Contact Kessen Green at kgreen@cambridgepolice.org or Tyrell Dorch at 617-892-0070

Tennis Lessons @ War Memorial
MC
January 5th- March 9th
12-12:45pm, Saturdays
WAR MEMORIAL RECREATION CENTER (DOOR 15)
1640 CAMBRIDGE ST, CAMBRIDGE, MA 02138
CONTACT: 617-349-6279

Primary Program Activities: Tennis lessons for beginners or those with a little bit of experience
Grades/Ages Served: Ages 12-14
Genders served: Girls & Boys

SB School-based
CW Citywide
EC East Cambridge
WC West Cambridge
NC North Cambridge
PT The Port
KM Kendall Square / MIT
CR Coast/Riverside
MC Mid-Cambridge/Harvard
SO Somerville
BO Boston

FREE
No cost

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly; register now regardless of deadline...opportunities are available to youth throughout Cambridge unless otherwise noted.
Sports/ Athletic Opportunities (continued)

Tennis Lessons @ War Memorial (continued)

To Enroll: Online at www.cambridgemea.gov/dhs/warmemorial
Enroll by: First session
Cost: $70 for Cambridge residents

Cambridge Youth Soccer: Indoor Winter League

January- March
6-8pm, Thursday
GRAHAM AND PARKS SCHOOL GYMNASIUM
44 LINNEAN STREET, CAMBRIDGE 02138
JOHN DE LANCEY | 617-864-2588
JOHNDELANCEY@COMCAST.NET

Primary Program Activities:
- Keep your soccer skills sharp, or get practice and experience to prepare you for the spring season
- No experience required
- Wear sneakers and shin guards

Grades/Ages Served: 6th–8th grades

Genders served: Girls & Boys

Eligibility: Anyone who played soccer in the fall, or is interested in playing in the spring

To Enroll: Just show up–you can come as frequently or infrequently as you like

Enroll by: Join anytime!

Cost: None

For more information: http://cambridgeyouthsoccer.org/

Cambridge Youth Soccer: Spring Upper School League

April 6th- June 15th
Games on Saturdays; Weekday practices are late afternoon
GAMES: DANHEY PARK, CAMBRIDGE MA
PRACTICES AT VARIOUS FIELDS IN CAMBRIDGE
SUSAN RUFF | 617-876-5414
SUSAN@CAMBRIDGEYOUTHSOC.SORG

Primary Program Activities:
- Soccer skill development and competition for 6th-8th graders
- No experience required
- Used cleats available through league, shin guards required

Grades/Ages Served: 6th-8th grades

Genders served: Girls & Boys

For more information: See winter brochure

Cambridge Girls Softball-Winter Clinic

December 1st- February 9th
6-8:30pm, Saturdays
CRIS FIELD HOUSE (CAMBRIDGE ST ENTRANCE)
JOHANNA LOPEZ OR IRVING ALLEN
GIRLSFASTBALLCAMBRIDGE@GMAI.COM

Primary Program Activities:
- Girls Softball
- Pitching practice from 6-7pm
- Hitting and fielding from 7-8:30pm

Grades/Ages Served: Ages 8-17

Genders served: GIRLS only

To Enroll: Register online at www.cambridgegirlsoftball.com
Enroll by: Late registration is okay
Cost: $75/ hitting and fielding; $125 for pitching; $200 for both
For more information: http://cambridgegirlsoftball.com

BAYS Travel Soccer

April 6th- June 9th
Times and days to be determined
TRAVELING TEAM: LOCATION VARIES
SUSAN RUFF | 617-876-5414
SUSAN@CAMBRIDGEYOUTHSOC.SORG

Primary Program Activities:
- Cambridge Youth Soccer
- Requires full season commitment to practices and games
- Travel league- some games are played in other cities/towns

Grades/Ages Served: Ages 10-12 & 12-14

Genders served: Girls & Boys

To Enroll: Register online or download pdf form at: http://www.cambridgeyouthsoccer.org/registration.html
Enroll by: March 15th
Cost: $100/ season
For more information: http://cambridgeyouthsoccer.org/

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly: register now regardless of deadline...opportunities are available to youth throughout Cambridge unless otherwise noted.
Sports/ Athletic Opportunities (continued)

Central Cambridge Little Baseball League
CR
Usually mid-April through late June
Times and dates TBD
COMEAU FIELD, NORTH CAMBRIDGE 02140
PETER MCCANN | 617-852-5606
PGMCC56@GMAIL.COM
Primary Program Activities:
Community-based youth baseball league
Grades/Ages Served: Ages 10-12 (Minors) & Ages 12-14 (Majors)
Genders served: Girls & Boys
To Enroll: Register online at
http://www.ncbl.org
Enroll by: March 15th
Cost: $85/ season
For more information: www.ncbl.org

East Cambridge Little Baseball League
EC
March 1st- July 1st
5-8pm, weekdays (days vary)
DONELLY FIELD
YORK & BERKSHIRE ST, CAMBRIDGE MA 02141
JILL GORSKI | 617-372-4692
JGORSKI678@GMAIL.COM
Primary Program Activities:
• Learn the fundamentals of baseball
• Play baseball games
Grades/Ages Served: K-7th grades
To Enroll: Email Jill (jgorski678@gmail.com) or visit our website
Enroll by: May 15th
Cost: $30 or $60/ season; scholarships available; contact Jill for more information
For more information: www.ecbl.org

North Cambridge Little Baseball League
NC
Usually mid-April through late June
Times and dates TBD
COMEAU FIELD, NORTH CAMBRIDGE 02140
PETER MCCANN | 617-852-5606
PGMCC56@GMAIL.COM
Primary Program Activities:
Community-based youth baseball league
Grades/Ages Served: Ages 10-12 (Minors) & Ages 12-14 (Majors)
Genders served: Girls & Boys
To Enroll: Register online at
http://www.ncbl.org
Enroll by: March 15th
Cost: $85/ season
For more information: www.ncbl.org

Swimming Lessons @ War Memorial
MC
January 5th- March 9th
10am-2pm, Saturdays
(two class depends on swim level)
WAR MEMORIAL POOL & RECREATION CENTER
(Door 15)
1640 CAMBRIDGE ST, CAMBRIDGE MA 02138
MARK SANTORO | 617-349-6279
MSANTORO@CAMBRIDGEMA.GOV
Primary Program Activities:
• Swim lessons
• Swimmers are placed in classes based on swim level
Grades/Ages Served: Ages 5-14
Genders served: Girls & Boys
To Enroll: Online at
www.cambridgema.gov/dhsp/warmemorial
Enroll by: First session
Cost: $70-$80 for Cambridge residents
(depending on swim level)
For more information: See winter brochure

West Cambridge Little Baseball League
WC
April 20th- Mid-June
Practices on Saturdays and Sundays
2 games during the week (days vary)
STEVE KENDALL | 617-335-4589
SKENDALL@ROCKETMAIL.COM
Primary Program Activities:
Community-based youth baseball league
focused on skill development, sportsmanship, and team spirit
Grades/Ages Served: Ages 10-12 (Minors) & Ages 12-14 (Majors)
To Enroll: Visit our website or call Steve
617-335-4589
Enroll by: The start of the season
Cost: Visit the website or contact Steve for cost
For more information: http://www.wclbl.org

School-based
SB
Citywide
CW
East Cambridge
WC
West Cambridge
NC
North Cambridge
PT
The Port
KM
Kendall Square / MIT
CR
Coast/Riverside
MC
Mid-Cambridge/Harvard
SO
Somerville
BO
Boston
FREE
No cost

Information subject to change! Please contact each opportunity for current information. Opportunities fill up quickly; register now regardless of deadline. Opportunities are available to youth throughout Cambridge unless otherwise noted.
Sports/ Athletic Opportunities (continued)

Sea Dawg’s Swim Team @ War Memorial

MC
March 25th- June 7th
(No classes May 24th & 27th)
5:30-7:30pm, Mondays & Wednesdays
5:45- 7:15pm, Fridays
WAR MEMORIAL POOL & RECREATION CENTER
(Door 15)
1640 CAMBRIDGE ST, CAMBRIDGE MA 02138
CONTACT: 617-349-6279
MSANTORO@CAMBRIDGEMA.GOV

Primary Program Activities: Competitive swim team

Grades/Ages Served: Ages 5-18

Eligibility: Must be able to swim 25 yards of freestyle, backstroke, and breaststroke without stopping

Genders served: Girls & Boys

To Enroll: Email Katie for more information

Enroll by: January 5th

Cost: $135-185 for beginning or novice teams (10 sessions).

Scholarships are available, please contact
katie@cambridgesynchro@gmail.com

For more information:
www.cambridgesynchro.org

Cambridge Synchro

MC
January 5th-March 9th (Beginners)
January 5th- June 15th (Novice team)
7:15-8:30pm, Wednesdays AND
10-11am, Saturdays (Novice Team); 10-11am, Saturdays (Beginners)
WAR MEMORIAL POOL & RECREATION CENTER
(Door 15)
1640 CAMBRIDGE ST, CAMBRIDGE MA 02138

KATIE RICE | 518-527-1945
CAMBRIDGESYNCHRO@GMAIL.COM

Primary Program Activities:
• Synchronized Swimming (if you love swimming, dancing, gymnastics or being creative, this might be for you!)
• There are groups for beginners, novices, and intermediates.

Grades/Ages Served: Ages 6-18

Eligibility: Must be able to swim 25 yards

Genders served: Girls & Boys

To Enroll: Email Katie for more information

Enroll by: January 5th

Cost: $135-185 for beginning or novice teams (10 sessions).

Scholarships are available, please contact
katie@cambridgesynchro@gmail.com

For more information:
www.cambridgesynchro.org

Cambridge Jets Track Club

BO
September- July
6:30-7:30pm, Mondays & Wednesdays
There are 4-8 competitions per season, on weekends.

HARVARD UNIVERSITY INDOOR/OUTDOOR TRACK
65 N HARVARD STREET, ALLSTON, MA
CURTIS JACKMAN | 617-380-8080
CAMBRIDGEJETS@GMAIL.COM

Primary Program Activities:
• Running: Distance & sprinting
• Some field events, mainly long jump
• Open to anyone who likes to run!
• Visit a practice to try it out and talk to the coaches.

Indoor track: Nov- Feb ($250)
Outdoor track: April- July ($250)

Check out a typical schedule at:
www.cambridgejetsofma.org/schedule.html

Grades/Ages Served: Ages 8-18

Genders served: Girls & boys

To Enroll: Sign up online at:
www.cambridgejetsofma.org/join.html

To complete registration, submit a recent physical and payment.

Enroll by: Join anytime; best to join close to the beginning of a season.

Cost: $100-250 per season or $400 for the year (3 seasons per year). Additional costs include including joining AAU, USAF, and purchasing a uniform.

Title IX Girls’ Running Club

CR
February 10th- March 31st
1:45-3:15pm, Sundays
WELLBRIDGE ATHLETIC CLUB
5 BENNETT ST, CAMBRIDGE MA 02138
KARA BLUE | 813-395-2433
KARA@TITLEIXGIRLS.ORG

Primary Program Activities:
• Running to strengthen the connection of mental, social and physical health
• No experience necessary, all skill levels welcome
• Three 8-week sessions (Fall, Winter (indoors), Spring)

Grades/Ages Served: Ages 9-15

Genders served: GIRLS only

Scholarships available: fill out financial aid form on website and talk to Coach Curtis
http://cambridgejetsofma.org/registration/jetsfinancialaid.pdf

For more information:
www.cambridgejetsofma.org/

SB School-based
CW Citywide
EC East Cambridge
WC West Cambridge
NC North Cambridge
PT The Port
KM Kendall Square / MIT
CR Coast/Riverside
MC Mid-Cambridge/Harvard
SO Somerville
BO Boston
FREE No cost

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly: register now regardless of deadline... opportunities are available to youth throughout Cambridge unless otherwise noted.
Sports/ Athletic Opportunities (continued)

Title IX Girls’ Running Club (continued)

To Enroll: Online at http://titleixgirls.org/running-club/
Enroll by: Mid-February
Cost: $20; full scholarships available- apply online at http://titleixgirls.org/running-club-application/
For more information: http://titleixgirls.org/running-club/

Cambridge Police Youth Boxing Program

PT

Ongoing and drop-in; join any time!
4:00-5:30pm, Tuesdays & Thursdays
CENTRAL SQUARE YMCA
820 MASSACHUSETTS AVE, CAMBRIDGE 02139
ELANA KLEIN, LICSW | 617-349-9345
EKLEIN@CAMBRIDGEPOLICE.ORG

Primary Program Activities: Boxing lessons for all levels
- Learn the art of boxing
- All equipment provided
- Individual workouts and cross-training as a group
- No contact; punching bags or mitts, not people
- Great for off season athletes

Grades/Ages Served: 6th- 12th grades
Genders served: Girls & Boys
To Enroll: Fill out and return our enrollment forms which can be downloaded from our website:
http://www.cambridgema.gov/cpd/community resources/cambridgeboxingprogram.aspx
Enroll by: Admission is rolling; join any time!
Young people do not need to attend both Tues and Thursdays; come when you can!
Cost: None
For more information:
http://www.cambridgema.gov/cpd/community resources/cambridgeboxingprogram.aspx

Olympia Fencing: Youth Learn to Fence

NC

Ongoing, join any time!
5-6:30pm, Tuesday and/or Thursday
10am-12:30pm, Saturday
127 SMITH PLACE, CAMBRIDGE MA 02138
JULIA HONDOR | 617-945-9448
JULIA@OLYMPIAFENCINGCENTER.COM

Primary Program Activities: Discover the Olympic sport of fencing in our 6500sq ft club featuring state of the art equipment. All experience levels are welcome!

Grades/Ages Served: Ages 6-15
Genders served: Girls & Boys
To Enroll: Call 617-945-9448 to reserve a spot in a free trial class!
Enroll by: Admission is rolling; join any time!
Cost: $99-135/month. All equipment is included. FIRST CLASS IS ALWAYS FREE!
For more information: http://olympiafencingcenter.com/

Bay State Fencers

SO

Starts January 3rd or 8th
5-6:30pm, Tuesdays (Cadet) OR
4:30-5:30pm, Thursdays (Youth)
BAY STATE Fencers
561 WINDSOR STREET, SOMERVILLE MA 02138
COACH EDDY OR STACY EDDY | 617-591-0101
DIRECTOR@BAYSTATEFENCERS.COM

Primary Program Activities:
- Fencing
- Aerobic & anaerobic activity
- Games and fencing bouts
- Open to all levels!

Cadet Intro to Fencing
Ages 13-16, Tuesdays from 5-6:30pm

Youth Intro to Fencing
Ages 8-12; Thursdays from 4-5pm

Grades/Ages Served: Ages 8-12 (Youth);
13-16 (Cadet)

Genders served: Girls & Boys

To Enroll: Register online
Enroll by: Admission is rolling; join any time!
Cost: $80 per month for Youth class; $95 per month for Cadet class
For more information: http://baystatefencers.com/

Kenpo Karate @ War Memorial

MC

January 5th- March 9th
10:30-11:15am, Saturdays
WAR MEMORIAL RECREATION CENTER (DOOR 15)
1640 CAMBRIDGE ST, CAMBRIDGE MA 02138
CONTACT: 617-349-6279

Primary Program Activities:
- Karate class
- Students are taught traditional stances, blocks, kicks, and strikes.
  The program focuses on respect, discipline, and integrity.

Grades/Ages Served: Ages 8 and up
Genders served: Girls & Boys
To Enroll: Registration can be done by mail or in person. Online registration is not available.
Enroll by: First session
Cost: $170 (includes uniform, belt, patches)
For more information: See winter brochure:

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly: register now regardless of deadline...opportunities are available to youth throughout Cambridge unless otherwise noted.
Sports/ Athletic Opportunities (continued)

New England Aikikai

NC
Ongoing, join any time!
Days & times of classes vary- see below and visit website for details
NEW ENGLAND AIKIKAI
2000 MASS AVE, CAMBRIDGE MA 02140
SHARON KANAI | 617-661-1959
SKANAI@NEAIKIKAI.COM
Primary Program Activities:
• Martial Arts focused on personal transformation & self-defense
• Learn the tradition of Japanese warrior arts
• “Aikido is more than a science of tactics and self-defense; it is a discipline for perfecting the spirit.”

Try one of their FREE classes on Saturdays from 11-12:30pm to see if you like it!

Weekly schedule:
Children’s Aikido (Ages 5-12)
• Wednesday, 4:30-5:30pm
• Saturday, 1:30-2:30pm
• Sunday, 1:30-2:30pm
Aikido Basics (Ages 13+)
• Tuesday, 7-8pm
• Thursday, 7-8pm
Grades/Ages Served: Ages 5 to adult
Genders served: Girls & Boys
To Enroll: Sign up online at http://www.neaiikikai.org/sign-up/
Enroll by: Admission is rolling; join any time!
Cost: $115 (Ages 5-12) or $125 (Ages 13+), per month for unlimited classes
For more information:
http://www.neaiikikai.org

Jae H. Kim Taekwondo

NC
Ongoing, join any time!
4:30-5:30pm, Mon, Tue, Thur, Fri
10-11am, Saturdays
JAE H. KIM TAEKWONDO SCHOOL
2000 MASS AVE (PORTER SQUARE), CAMBRIDGE

JAE HWANG | 617-492-5070
JAEKIM.TAEKWONDO@GMAIL.COM
Primary Program Activities:
• Taekwondo
• Martial Arts
• Fitness
• Self defense
Grades/Ages Served: Ages 9-13
Genders Served: Girls & Boys
To Enroll: Call or drop in to register
Enroll by: Any time!
Cost: $579 for three-month program
For more information:
http://www.tkd-cambridge.com

Parkour Generations Boston

SO
Classes are ongoing- join anytime!
Days, times, and locations vary- see below and visit website for details
BLAKE EVITT | 617-302-7542
BOSTON.INFO@PARKOURGENERATIONS.COM
Primary Program Activities: Parkour is a movement discipline in which participants learn to move their bodies through their environment, overcoming mental and physical obstacles, conquering challenges, and learning to apply these skills in the real world.

Parkour training is entirely progression-based, which makes it safe, fun, and scalable activity for all ages (6 - 70+), abilities, and fitness levels!
Weekly schedule:
Girls Parkour @ Somerville Armory
• Monday, 4-6pm; Ages 8-13
Indoor Class @ Somerville Armory
• Tuesday, 7:30-8:30pm; Ages 10-13
Advanced Indoor Class @ Brooklyn Boulders (Requires instructor permission)
• Thursday, 6-7:30pm; Ages 8-13
Afterschool Program @ Brooklyn Boulders
• Friday, 4-6pm; Ages 8-13
Outdoor Class- location varies
• Sunday, 11am-12:30pm; Ages 6-13
Grades/Ages Served: All ages (see above)

Genders Served: Girls & Boys
To Enroll: Go to www.pkgenboston.com to sign up for classes, email boston.info@parkourgenerations.com or call 617-302-7542
Enroll by: Admission is rolling; join any time!
Cost: Varies- see website; Scholarships available (email blake@parkourgenerations.com)
For more information:
www.pkgenboston.com

BKBeasts Climbing- Club Team

SO
Ongoing- join any time!
5-7pm, Tuesday & Thursday
BROOKLYN BOULDERS SOMERVILLE
12A TYLER STREET, SOMERVILLE MA 02143
SARAH BUCKNAM | 617-623-6700
SARAH.BUCKNAM@BROOKLYNBoulders.COM
Primary Program Activities:
• Indoor rock climbing (top roping, bouldering, and lead climbing)
• Opportunities to learn about outdoor rock climbing
• Physical fitness training
• Team building
• Open to all levels and abilities

We also have competitive teams for kids looking to improve their climbing ability and compete against other kids at the local, regional, and even national level!
Grades/Ages Served: Ages 11-18
To Enroll: Contact Sarah (head coach); sign up at the front desk at Brooklyn Boulders
Enroll by: Admission is rolling; join any time!
Cost: $300/month. Scholarships available (email sarah.bucknam@brooklynboulders.com)
For more information:
https://brooklynboulders.com/somerville/youth-teams/

School-based
CW Citywide
EC East Cambridge
WC West Cambridge
NC North Cambridge
PT The Port
KM Kendall Square / MIT
CR Coast/Riverside
MC Mid-Cambridge/Harvard
SO Somerville
BO Boston

School-based
Free
Innovators for Purpose: Robots that Make a Difference
MC
February 26th - May 14th
3:30-6:30pm, Tuesday
CAMBRIDGE PUBLIC LIBRARY - MAIN BRANCH
449 BROADWAY, CAMBRIDGE MA 02138
MICHAEL K. DAWSON | 978-206-1440
INFO@INNOVATORSFORPURPOSE.COM

Primary Program Activities:
• Integrated Design, Science and Technology program focusing on robots from a human-centered perspective.
• Design robots that "make a difference" with an emphasis on assistive technologies.
• Skills Learned: Human Centered Design, Mechanical Engineering, Electronics, Computer Programming, 3D Modeling and more.

Students (and/or their parents) can arrange transportation from Upper Schools to CRLS on after-school bus. Must check with their school’s Clerk/front office to make arrangements.

Grades/Ages Served: Ages 13 and up
To Enroll: Sign up online: bit.ly/ifprobots2018-19
Enroll by: Space is limited- enroll ASAP!
Cost: None
For more information: www.innovatorsforpurpose.org

Grades/Ages Served: Ages 13-18
Gender served: Anyone who identifies as a GIRL
To Enroll: Advanced registration is required. Registration will open at start of January.
Please call the Teen Room phone number Monday-Thursday, 12:00-7:00, or Friday-Saturday, 9:00-5:00, to register.

Enroll by: Registration closes on February 5th, the third week of the program.
Cost: None
For more information: https://girlswithocode.com/

Youth Cities March-to-May Bootcamp
KM
Early March - Early May
Usually 9am-12pm, Saturday
CAMBRIDGE INNOVATION CENTER (CIC)
1 BROADWAY, CAMBRIDGE MA 02142
VICKY WU DAWSON | 617-290-5499
VICKY@YOUTHCITIES.ORG

Primary Program Activities:
• 19-week Saturday program
• Work as teams or as individuals to start a venture
• Work with a variety of entrepreneurs to start a venture, figure out how it impacts your local community, and determine how it will generate revenue while driving social change

Grades/Ages Served: 5th-12th grades
To Enroll: Register online:
http://youthcities.org/march-to-may-bootcamp?rmb=1545668837
Enroll by: Usually early February- see website for details

School-based
Citywide
East Cambridge
West Cambridge
North Cambridge
The Port
Kendall Square / MIT
Coast/Riverside
Mid-Cambridge/Harvard
Somerville
Boston
No cost
STEM Opportunities (continued)

Youth Cities March-to-May Bootcamp (continued)

Cost: $475 + registration fee. Scholarships are available. To apply, check the Financial Aid box in online registration (at least 50% of our students receive program fees waivers).

For more information:
http://youthcities.org/march-to-may-bootcamp/?rmcb=1545668837

City Sprouts: Vertical Farms Club

October: June
3-4:15pm, Tuesday & Wednesday
LOCATIONS: RAUC & PAUS
SOLOMON MONTAGNO | 617-876-2436
MIDDLESCHOOLPROGRAM@CITYSPROUTS.ORG

Primary Program Activities:
- STEM
- Leadership development
- Learn about ecosystems & food systems
- Gardening
- Vertical gardens

Grades/Ages Served: 6th-8th grades

Eligibility: CPS students

To Enroll: Email Solomon at middleschoolprogram@citysprouts.org, call 617-876-2436, or ask your OST coordinator or Youth Connector for details

Enroll by: No deadline, however space is limited.

Cost: None

For more information:
http://www.citysprouts.org

Bio-Coding Club with the Broad Institute

January 30th- May 29th
3-4:15pm, Wednesday
PUTNAM AVENUE UPPER SCHOOL (PAUS)
100 PUTNAM AVE, CAMBRIDGE MA 02139

ASHELY JOHNSON | 617-714-8849
AJOHNSON@BROADINSTITUTE.ORG

Primary Program Activities:
- Explore how computers are used to solve health problems
- Learn about biology through hands-on activities
- Code your own project using the Scratch coding language

Grades/Ages Served: 6th grade

Eligibility: 6th grade PAUS students only

To Enroll: Contact Ashley Johnson at ajohnson@broadinstitute.org or 617-714-8849

Enroll by: February 6th

Cost: None

For more information: Contact Ashley

Science Club for Girls

March 2nd- May 4th
10:15-11:30am, Saturdays
MARGARET FULLER NEIGHBORHOOD HOUSE
71 CHERRY STREET, CAMBRIDGE MA 02139
CRISTINA ULLMAN | 617-391-0361
SCFGPROGRAMS@SCIENCECLUBFORGIRLS.ORG

Primary Program Activities:
- Hands-on STEM activities

Grades/Ages Served: 6th-8th grades

Eligibility: GIRLS only

To Enroll: Register online and/or email scfgprograms@scienceclubforgirls.org

Enroll by: March 9th

Cost: None

For more information:
http://clubhousebeat.org/

Flagship Clubhouse

BO

Ongoing- come anytime!
2:30-7pm, Wednesday-Thursday
2:30-8pm, Friday
12-6pm, Saturday

THE CLUBHOUSE (NEW LOCATION: DUDLEY SQ)
2107 WASHINGTON ST, ROXBURY MA 02199
JEFF ROGERS | 617-318-3460
JROGERS@THECLUBHOUSENETWORK.ORG

Primary Program Activities:
- Afterschool drop-in program focused on media arts/production and STEM (Science, Technology, Engineering and Math)
  - Music
  - Art
  - Programming
  - Building
  - Technology

Grades/Ages Served: Ages 14-18

To Enroll: Come to the Flagship Clubhouse to sign up and be a member (forms also online)

Enroll by: Join anytime!

Cost: None

For more information:
www.scienceclubforgirls.org

SB School-based
CW Citywide
EC East Cambridge
West Cambridge
NC North Cambridge
PT The Port
KM Kendall Square / MIT
CR Coast/Riverside
MC Mid-Cambridge/ Harvard
SO Somerville
BO Boston

FREE No cost

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly...register now regardless of deadline...opportunities are available to youth throughout Cambridge unless otherwise noted.
Upper School Clubs & Intramural Sports

Starting in early January, each Upper School offers a variety of FREE enrichment clubs, intramural sports, and Learning Centers.

Clubs, Academic Resource Centers (ARC), and Intramural Sports that meet AFTER SCHOOL will run from 3:05pm – 4:20pm on Tuesdays, Wednesdays, and/or Thursdays and typically operate on a TRIMESTER schedule (Fall: October – Dec, Winter: Jan – March, Spring: April – May).

A LATE BUS will be available to students that participate (see page 3 for a list of available bus stops). Please note that the late bus only runs on Tuesdays, Wednesdays and Thursdays.

Each Upper School will develop and offer its own selection of ENRICHMENT CLUBS that are available to students that attend that school.

ACADEMIC RESOURCE CENTERS are either operated by school staff or in collaboration with Cambridge School Volunteers at all Upper Schools. They may be offered before and after school.

INTRAMURAL SPORTS are usually twice a week.

CPS Upper School Winter/Spring Intramural Sports*: Volleyball, Basketball, Soccer, Track, Orienteering (*varies by school)
January - March, April - May 3:05-4:20pm, days vary by school (Tuesdays, Wednesdays, Thursdays)
LOCATION: AT EACH UPPER SCHOOL
Primary Program Activities:
- Volleyball starts in November
- Basketball starts in January
- Soccer starts in April
- Spring orienteering starts in April
- No experience necessary! Try something new – most sports include both brand new athletes and more experienced athletes

Grades/Ages Served: 6th-8th grades
To Enroll: Sign up at school, usually with the school clerk, PE teacher, or coach
Cost: None
For more information: Visit YOUR Upper School’s website

Other options at Upper School Campuses:

For Middle School Programming run by outside organizations AT Upper Schools, check out:
- East End House Middle School Program @ PAUS on page 11
- Tutoring Plus @ CSUS on page 11
- Cambridge School Volunteers on page 11
- City Sprouts on page 25

If you choose to participate in any of these programs at your Upper School, you can still take the LATE BUS home afterwards (usually around 4:30pm).

This year’s club offerings at each upper school have included:

| Amigos          | Cross Country (T, Th), Volleyball (T, Th), Homework Help (T, W, Th), some programming through Amigos-Cambridgeport Community School |
| Cambridge Street | Student Council (Th), Math Circle (W), Cobra Dance Crew (T, W), Colorguard (Th), The Art of Thinking (W), Debate Team (W, Th), Photography (Th) |
| Putnam Avenue   | David Walker Scholars (M, F), Dare to Dream (TBD), Student Government (W), TED-Ed (Th), City Sprouts (T, W), East End House (M, T, W, Th, F), Anime (Th), Retro Games (T), Model United Nations (T), Drum Line (W), Choir (T) |
| Rindge Avenue   | RAUC Morning News (T), Parkour (T), Debate (T), Board & Card Games (T), Math Club (W), Dance Club (W), City Sprouts (W), Model United Nations (Th), Polar Bear Running Club (Th) |
| Vassal Lane     | HW Help Centers (6th-8th before school, 7th-8th, 8th-TWTh), Nature Explorers (T), Brass Ensemble (T), Black & Caribbean Studies (W), Origami (W), Photography (W), Black Student Union (Th), City Sprouts (Th), Student Government (F morning) |

For current information, please check each with each Upper School office or visit each Upper School’s website:

Amigos: http://amigos cpsd.us/activities
Cambridge Street Upper School: http://cambridgestreet.cpsd.us/activities
Putnam Avenue Upper School: http://putnamavenue.cpsd.us/activities
Rindge Avenue Upper Campus: http://rindgeavenue.cpsd.us/activities
Vassal Lane Upper School: http://vassallane.cpsd.us/activities

Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly: register now regardless of deadline... opportunities are available to youth throughout Cambridge unless otherwise noted.
Cambridge Public Libraries

Visit one of the 6 branches of the Cambridge Public Library to:

- Browse or borrow books, movies, music, video games, magazines, comics, and graphic novels.
- Log in, surf, text, or game—free WIFI!
- Do your homework
- Attend an event where you and your friends can watch a movie, play video games, make something, or meet your favorite author
- Join a book club!

For more information:
http://www.cambridgepubliclibrary.org

Branch Hours and Locations:

Cambridge Public Library - Main Library
449 Broadway 02138
Open Monday-Thursday 9am-9pm, Friday-Saturday 9am-5pm, Sunday (fall-spring) 1-5

Children's Room: open
Monday-Thursday 9am-7pm, Friday-Saturday 9am-5pm, Sun (fall-spring) 1-5

Teen Room: open Monday-Thursday 12-7pm, Friday 12-5pm, Saturday 9am-5pm, Sun (fall-spring) 1-5

Phone Numbers:
- Circulation Desk: 617-349-4040
- Q&A Desk: 617-349-4041
- Children's Room/Services: 617-349-4038
- Teen Room/Services: 617-349-4027

Boudreau Branch (617-349-4017)
245 Concord Avenue 02138
Open Monday, Wednesday, Friday 10am-6pm, Tuesday 10am-8pm, closed Thursday

Central Square Branch (617-349-4010)
45 Pearl Street 02139
Open Mon, Wed, Fri 10am-6pm, Tue & Thu 10am-9pm, Sat 10am-2pm

Collins Branch Library (617-349-4021)
64 Aberdeen Avenue 02138
Open Monday, Tuesday, Friday 10am-6pm, Thursday 1-8pm, Closed Wednesday

O'Connell Branch (617-349-4019)
48 Sixth Street 02141
Open Monday, Tuesday, Wednesday 10am-8pm, Thursday & Friday 10am-6pm

O'Neill Branch (617-349-4023)
70 Rindge Avenue 02140
Open Monday & Wednesday 10am-8pm, Thursday & Friday 10am-6pm, closed Tuesday

For Middle School Programming at the Library, check out:
- Girls Who Code on page 24

Winter/Spring Resource Guide
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Information subject to change! Please contact each opportunity for current information...opportunities fill up quickly: register now regardless of deadline...opportunities are available to youth throughout Cambridge unless otherwise noted.