

## DAYTIME DROP-IN SERVICES

### **CAMBRIDGE PUBLIC LIBRARIES SOCIAL WORK TEAM**

Resource navigation, assists w/ completion of applications, referrals to area agencies. Reach out to any of the 7 library locations, by appointment online.

### **CAMBRIDGE WOMEN'S CENTER**

25 Mount Auburn St., Cambridge. Tues 3 PM - 8 PM; Thurs 12 PM- 5PM & Sat 12 PM - 5PM. 617-354-6394

### **ON THE RISE, INC.**

341 Broadway, Cambridge. Safe haven for women, transgender and nonbinary individuals. Mon, Wed, Thurs, Fri 8:30 AM - 3:30 PM; Tues 12 PM- 3:30 PM. 617-497-7968.

### **SALVATION ARMY**

402 Massachusetts Ave, Cambridge. Daily drop in center from 10 AM - 2 PM. 617-547-3400

### **YOUTH ON FIRE**

1 Church St, Cambridge. Youth ages 14- 24 only. Mon, Tues, Wed & Fri 11 AM - 5:45 PM. 617-661-2508

## SUPPORT AND SUPPLIES

### **BRIDGE OVER TROUBLED WATERS**

Harvard Square every weeknight from 7-8:30 PM for youth 14-24. Survival aid- food, toiletries, clothing, cold weather supplies and medical care. 617-423-9575

### **FIRST STEP**

Van moves throughout the city 2 PM – 12 AM nightly. Toiletries, & cold weather supplies, referrals to services, CCAN assessments and minimal transports on a case-by-case basis. 617-876-5312

### **MATERIAL AID AND ADVOCACY PROGRAM (MAAP)**

5 Longfellow Park on Tues & Thurs from 9 AM – 3 PM Basic survival supplies, phone charging, meals, and snacks. 617-876-5312

### **MULTIDISCIPLINARY OUTREACH (MDOT)**

Team walks around the city, primarily Harvard and Central Square. Wednesdays 9 AM- 12 PM. Food, toiletries, & cold weather supplies, referrals to services.

### **THE OUTDOOR CHURCH OF CAMBRIDGE**

Harvard and Central Square. Sun, Thurs & Sat 2 PM - 5 PM. Sandwiches, snacks, water, toiletries, & socks.

### **UNIVERSITY LUTHERAN CHURCH**

Harvard Square, 8 PM - 9 PM nightly. Warm meals, cold weather supplies, drinks, snacks & resource guides. hshsstreetoutreach@gmail.com

## MEDICAL AND MENTAL HEALTH

### **CAMBRIDGE HEALTH ALLIANCE HEALTHCARE FOR THE HOMELESS**

Offers clinics at Salvation Army, 240 Albany Street, Transition Wellness Center and St. Patrick's Women's Shelter. Call 617-806-8781

### **ELIOT COMMUNITY HUMAN SERVICES**

Mental health support including the PATH and CSPECH programs. To request services or for more information about Eliot's Community Support for Persons Experiencing Chronic Homelessness, please contact hlsmnreferral@eliotchs.org. or call 718-861-0890

### **COMMUNITY BEHAVIORAL HEALTH CENTER AT CAMBRIDGE HOSPITAL, CAHILL BUILDING, 1ST FLOOR**

Walk in services for people in need of immediate, but not life threatening, behavioral health care. Open Mon-Fri 8 AM to 8 PM and Sat-Sun 9 AM to 5:30 PM. Call 617-665-1356

### **ACCESS (NEEDLE EXCHANGE)**

359 Green Street. In addition to needle exchange, harm reduction supplies, Narcan and HIV/HCV/STI testing. Walk-in nursing and behavioral health services. Call 857-313-6800

### **BRIDGE OVER TROUBLED WATERS**

Outside the Harvard Sq. T station. MON -FRI , 7 PM -8:30 PM. Free medical services for community members (any age) & drop-in survival services for young people under 25. Call 617-423-9575

### **24-HOUR ACCESS AND CRISIS LINE**

Community Behavioral Health Centers' line to get support for psychiatric emergency. Call 833-222-2030

## PERSONAL SANITATION

### **PUBLIC TOILETS**

- Harvard Square Kiosk
- Portland Loo at Massachusetts Avenue and Garden St. (Harvard Square)
- Portland Loo at Massachusetts Avenue and Western Avenue (Central Square)

### **SHOWERS**

- CASPAR at 240 Albany Street from 9 AM – 2 PM daily. Towels, soap, and shampoo will be provided.
- First Church Shelter at University Lutheran Church in Harvard Square (66 Winthrop Street). Showers operate MON – FRI, 9 AM to 3:30 PM.
- Salvation Army drop-in MON - FRI, 10 AM – 2 PM
- On the Rise at 341 Broadway showers for women and transgender/nonbinary individuals MON- FRI, 9 AM to 1 PM

# CAMBRIDGE POCKET GUIDE

Resources available for those experiencing or threatened with homelessness

The City of Cambridge's Multi-Service Center has created this "Street Sheet" to identify some important resources available to you— where to get a meal, how to find shelter and where to call for help that you need right now.

*Some providers or programs may have changed since the last revision. Check each agency to verify their current service capabilities.*



JAN 2023 EDITION

## CITY OF CAMBRIDGE SERVICES

### FIND IT CAMBRIDGE

The one-stop-shop website to help you easily find activities, services, and resources available for those who live and work in Cambridge. In addition, if you need help finding anything you can contact Andrew - the Find It Manager. Visit: [www.finditcambridge.org](http://www.finditcambridge.org) Call or Text: 617-686-2998 Email: [info@finditcambridge.org](mailto:info@finditcambridge.org)

### CAMBRIDGE MULTISERVICE CENTER FOR THE HOMELESS (MSC):

362 Green Street, 1st Floor. General support for homeless individuals and families and people who are facing eviction in Cambridge. The MSC is open MON 9 AM - 8:00 PM, TUES - THURS 9 AM - 5:00 PM and FRI 9 AM - 12 PM by appointment and walk-ins. Appointments can be made by phone at 617-349-6340.

### CAMBRIDGE COORDINATED ACCESS (C-CAN) PROGRAM:

362 Green Street, 1st Floor. Assessment process to be put in the queue for permanent housing opportunities. Walk-in hours 1-4 PM on TUES and THURS. CASPAR FirstStep staff also are able to conduct C-CAN assessments in the field for people currently homeless in Cambridge. For general questions or inquiries, clients can call the main C-CAN line at 617-349-7715.

### CAMBRIDGE HOUSING AUTHORITY:

362 Green Street, 3rd Floor. Affordable, elderly, disabled and public housing applications. MON - FRI, 8:30 AM - 5 PM. Appointments are strongly encouraged, call 617- 864-3020

## MISC. SERVICES

### TRANSITION HOUSE:

Domestic violence intervention and support. Call 857-777-6724 for crisis intervention and safety planning.

### SAFELINK 24-HOUR HOTLINE:

State-wide domestic violence shelter hotline. Call 877-785-2020

### ALCOHOLICS ANONYMOUS (AA):

Support for alcohol addiction. 617-426-9444. Multiple meetings in Cambridge, full list of meetings: [aaboston.org](http://aaboston.org).

### CAMBRIDGE SENIOR CENTER:

Meals, social services and activities for residents over 60 years old. Medicare consultations available. 806 Massachusetts Ave. & 2050 Massachusetts Ave. 617-349-6220.

## MEAL PROGRAMS

### SUNDAY

- Hope Fellowship Church: 16 Beech St. 4 PM – 5:30 PM

### MONDAY

- Mass Ave Baptist Church / Project Manna: 146 Hampshire St. 1:30 -2:30 PM
- First Church: 11 Garden St. 5 PM
- Solutions at Work: Central Square. 4 PM - 5:30 PM

### TUESDAY

- MAAP: 5 Longfellow Park. 9 AM – 3 PM
- First Parish: 3 Church St. 3:30 PM - 6:30 PM
- Solutions at Work: Central Square. 4 PM - 5:30 PM

### WEDNESDAY

- First Parish: 11 Garden St. 3:30 PM- 6:30 PM
- Solutions at Work: Central Square. 4 PM - 5:30 PM

### THURSDAY

- MAAP: 5 Longfellow Park. 9 AM – 3 PM
- Christ Church: 0 Garden St. 5 PM
- Union Baptist Church of Cambridge (Project Uplift): 874 Main St. 5 PM – 6 PM
- Solutions at Work: Central Square. 4 PM - 5:30 PM

### FRIDAY

- Friday Café: 11 Garden St. 12 PM – 3PM
- Solutions at Work: Central Square. 4 PM - 5:30 PM

### SATURDAY

- Food Not Bombs: 1 Central Sq. (Carl Barron Plaza) . 1 - 3 PM
- First Church: 11 Garden St. 5 PM
- First Korean Church (Loaves and Fishes Meal Program): 35 Magazine St. 5:30 PM

### DAILY

- Salvation Army: 402 Mass Ave. 11:30 AM - 12:30 PM
- Solutions at Work: 1 Central Sq. (Carl Barron Plaza). Monday-Friday, 4:30 PM - 5:30 PM

## FOOD PANTRIES

- **Cambridge Economic Opportunity Committee (CEOC):** 11 Inman St., TUES 12-2 pm; THURS 11 AM - 1 PM and at 266B Rindge Ave., MON & WED 2-6 PM
- **St. James Episcopal Church / Helping Hand Food Pantry:** 1991 Mass Ave., 2nd & 4th SAT of the month, 9-11 AM
- **Mass Ave Baptist Church / Project Manna:** 146 Hampshire St., 3rd Saturday of the month, 8 AM
- **East End House:** 105 Spring St., TUES & FRI, 1 PM
- **St. Paul Parish:** 29 Mt. Auburn St., SAT, 10 AM-12 PM
- **Cambridge Community Center:** 5 Callender St., TUES -FRI, 1-3 PM
- **St. Paul AME Church / Elnora Yard Food Pantry:** 85 Bishop Allen Dr. WED 3-5 PM; THURS 12-2 PM
- **Margaret Fuller Neighborhood House:** 71 Cherry St., WED 4-6:30 PM; THURS 2-5 PM; FRI 9 AM-12 PM; SAT 10 AM-1 PM
- **Salvation Army:** 402 Mass Ave., MON, WED, FRI 11 AM-3 PM (Also available MON-FRI by appt, call 617-547-3400)

### MEALS FOR OLDER ADULTS

The Cambridge Citywide Senior Center (806 Mass Ave.) offers meals MON - THURS, 11:30 AM - 12:15 PM for Cambridge residents over 60. Reservations must be made by 11 am two business days before by calling 617-349-6047.

## OVERNIGHT SHELTERS

### SALVATION ARMY:

402 Mass Ave., Cambridge. (entrance in rear on Green St.). Male only, sober requirement. Permanent beds but nightly lottery for empty beds if available. (617) 547-3400

### CASPAR SHELTER (AKA 240 ALBANY):

240 Albany St., Cambridge. Male and Female. Permanent beds but waitlist available. Call 617-661-0600 or call FirstStep at 617-592-6895.

### TRANSITION WELLNESS CENTER (AKA SPAULDING):

1575 Cambridge St., Cambridge. Male and Female. No walk-ins. Please call shelter to inquire about referrals. 857-270-8775

### GREEN STREET SHELTER:

111-15 Green St., Cambridge. Male and Female. Call from 8 AM - 3:15 PM and if there is room, an individual will get an intake appointment with a staff member. 617-714-4266 (primary); 617-714-4989

### FIRST CHURCH SHELTER:

11 Garden St., Cambridge. Male only. Please call shelter to inquire about referrals. 617-661-1873

### ST. PATRICK'S SHELTER (UNION SQUARE):

1270 Washington St, Somerville. Female only, sober requirement. No walk-ins. Please call shelter to inquire about openings. 617-628-3015

### SOMERVILLE HOMELESS COALITION:

1 Davis Square, Somerville. Male and Female. Please call shelter to inquire about openings. 617-623-2546

### BOSTON NIGHT CENTER:

131 Bowker St., Boston. Male and Female. First come, first served until 60 person capacity is reached. 857-296-0322

## SEASONAL SHELTERS

### CAMBRIDGE WINTER WARMING CENTER:

806 Mass Ave. (entrance at the rear parking lot on Green Street). Male and Female. Open Dec - April. Walk-ins only 7:00 PM to 7:00 AM daily. 857-292-1870

### HARVARD SQUARE HOMELESS SHELTER:

66 Winthrop St. Male and Female, sober requirement. Open Nov - April 7:00 PM to 8:00 AM daily. Contact between 7:30 AM -8 AM for lottery process. Emergency 1 night shelter available, call between 9- 9:30 PM. 888- 285-4038

### Y2Y HARVARD SQUARE:

1 Church St. Male and Female, ages 18-24 only. Open Oct- Aug. Contact for lottery process between 8:00 a.m.-8:30 a.m. on the days you wish to enter the daily lottery at 617- 864-0795 or online at [y2ynetwork.org](http://y2ynetwork.org).