

Pool Schedule – Winter 2024

- Children’s fee must be paid from birth–17 years.
- Senior Citizen rates are for those 55 and over as well as participants with a disability with suitable documentation.
- Lap swim may be impacted from time to time for regularly scheduled swim meets.
- Proof of age must be shown when ticket or passes are purchased. MBTA card, MA Driver’s License or ID accepted.
- A couple constitutes two people living at the same address. Proof must be shown by both participants. To purchase a family ticket all family members must have proof they live at the same address.
- To receive the resident rate on any activity, proof of residence must be shown. Proof of residence is a valid MA Driver’s License or ID, utility bill, or rent receipt. This is all that will be accepted.
- Please be aware that our pool is a shared space and this schedule may shift as needed.

***Note:**

- On Friday, December 8, Family Swim will be 7:30 – 8:30 p.m.
- No Adult Lap Swim or Family Swim on the following dates due to high school swim meets:
 - Tuesday, December 12
 - Tuesday, December 19
 - Thursday, December 21
 - Tuesday, January 9
 - Tuesday, January 16
 - Tuesday, January 23

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Family Swim* 5:15 – 6:30 p.m. (lap pool not available)		Family Swim* 5:15 – 6:30 p.m. (lap pool not available)	Family Swim* 5:30 – 8:30 p.m. (lap pool not available)	The Cambridge Program 8 – 10 a.m.	Family Swim 12:30 – 4:30 p.m.
Sea Dawgs 5:30 – 7:30 p.m.	Adult Lap Swim* 5:15 – 6:45 p.m.	Sea Dawgs 5:30 – 7:30 p.m.	Adult Lap Swim* 5:15 – 6:45 p.m.	Sea Dawgs 5:30 – 7:30 p.m.	Cambridge Synchro 8:30 – 10 a.m.	Adult Lap Swim 12:30 – 4:45 p.m.
Aqua Aerobics 5:30 – 7:45 p.m.		Aqua Aerobics 5:30 – 7:45 p.m.			Children’s Swim Lessons 10 a.m. – 2 p.m.	
	Cambridge Synchro 6:30 – 9 p.m.	Cambridge Synchro 7:15 – 8:30 p.m.	Cambridge Synchro 6:30 – 9 p.m.		Family Swim 2 – 4:30 p.m.	
Adult Lap Swim 7:30 – 8:45 p.m.	Masters Swim 6:45 – 8 p.m.	Adult Lap Swim 7:30 – 8:45 p.m.	Masters Swim 6:45 – 8 p.m.	Adult Lap Swim 7:30 – 8:45 p.m.	Adult Lap Swim 2 – 4:45 p.m.	