



Center for Families Fun and Free Family Events

The following programs are open to all families living in Cambridge with children birth—8. For more information, call CFF at 617-349-6385.

Art & Literacy Night

Friday March 23rd, Kennedy Longfellow School, 158 Spring St., Cafeteria (on your right through the main entrance), 5:30—7:00pm. Cambridge families with children ages 2—8 years old and are invited to join the Center for Families for a fun evening full of stories and sensory crafts! We'll make slime, sensory bags, and have fun with paint! Every child gets one free book to keep! There will be pizza and fruit at 5:30pm and stories & crafts from 6:00—7:00 pm. **No need to register, just come! Call Kim at 617-349-6385 or email Kim at ktran@cambridgema.gov with questions.**

Yoga & Mindfulness for Parents & Children 3-part Series *Saturdays March 10th, 17th & 24th, Windsor Street Clinic, 119 Windsor Street , 1:30—2:30pm.* A movement-based series for parents and children ages **4—8 years old**, where we do relaxing exercises, mindfulness practices and yoga together. Please wear comfortable clothes. **All families must register for the entire series. To register, contact Christine at 617-349-3003 or cdoucet@cambridgema.gov.**