



**Center for Families  
Baby Time Infant Drop-in Playgroups  
Parent Support Groups**

Christine Doucet, CMI, a lactation counselor and infant massage instructor with a background as a nurse-midwife, leads several programs just for infants and their parents/caregivers. For more information on any of the following programs, you can contact Christine at 617-349-3003 or e-mail her at [cdoucet@cambridgema.gov](mailto:cdoucet@cambridgema.gov).

**Baby Time Infant Playgroup**

Informal groups for parents or caregivers with infants birth—15 months old. Groups are an opportunity to connect with other adults, ask questions to the group or Christine, and relax while babies explore the playroom. Christine leads a short sing-a-long.

- **Mondays, 12:30pm—2:30pm**, Center for Families, 70 Rindge Ave., rear of Peabody School (please enter through the main door of the school and sign in at the front office).
- **Tuesdays, 12:00pm,—2:00pm**, Moses Youth Center, (formally Area IV Youth Center), 243 Harvard St. **New Location and time!**

*Baby Time does not require registration and you can come and go as you please. **Please choose only one group to attend per week.** Contact Christine at [cdoucet@cambridgema.gov](mailto:cdoucet@cambridgema.gov) with questions.*