



Training Bulletin

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Seat Belts



The National Fire Protection Association (NFPA) recommends all firefighters to wear seat belts while riding in any vehicle, including fire trucks, to prevent injury or death in accidents. The NFPA identifies failure to wear seat belts as a significant contributing factor to firefighter fatalities in transportation accidents. Therefore, it is critical for firefighters to use seat belts for safety while riding in vehicles.

- Seat belt use is a critical safety measure that can reduce the risk of injury or death in the event of an accident while responding to a call.
- Transportation accidents are one of the leading causes of firefighter deaths, and wearing seat belts can help reduce the number of fatalities caused by these accidents.
- Wearing seat belts helps to prevent ejections from the vehicle and reduces the risk of being thrown around the vehicle or hitting hard surfaces in the event of an accident.
- Seat belts also help to keep firefighters in their seats, allowing them to maintain control of the vehicle and avoid collisions.
- Seat belts are a simple and effective safety measure that can protect firefighters and reduce the risk of injury or death while responding to a call.

Reference: National Fire Protection Association. (2021). Seat belts for firefighters.

Submit a potential Training Bulletin topic via email to: Training@cambridgefire.org