

SOMERVILLE AND CAMBRIDGE RESOURCE GUIDE FOR LESBIAN, GAY, BISEXUAL, AND TRANSGENDER (LGBT) OLDER ADULTS

This guide contains resources that serve lesbian, gay, bisexual, and transgender (LGBT) older adults and their families by providing opportunities to socialize with other LGBT older adults, and to connect with the wide network of resources that are available in the community.

MEAL PROGRAMS

Community Servings617-522-7777
18 Marbury Terrace, Jamaica Plain, MA 02130 / www.servings.org
Provides free home-delivered meals throughout eastern Massachusetts to people with HIV/AIDS, cancer, MS, lupus, kidney failure and other acute life-threatening illnesses, who are unable to shop or cook for themselves.

LGBT Senior Meals Programs

BOSTON

Back Bay

Cafe Emmanuel: "The Original LGBT Meal Site!"

When: Every Thursday 11am to 1:00pm (*Book Group 10:30-11:30am*)

Where: Emmanuel Church, 15 Newbury Street, Boston

RSVP: to cafeemmanuel@ethocare.org or call (617) 477-6610

Sponsored by: Ethos & The Ethos Equality Fund

Music Program: 1st and 3rd Thursdays every month

Roslindale

Out to Brunch: Monthly Brunch & Social for Older LBT Women & Their Friends

When: First Saturday of every month 11am to 1:00pm

Where: Roslindale House, 120 Poplar Street Roslindale

RSVP: outtobrunch@gmail.com or call (617) 522-6700 x306

Sponsored by: Ethos & The Ethos Equality Fund

Jamaica Plain

Out 4 Supper: A Boston Supper Club for LGBT Seniors & Friends

When: 1st Tuesday of every month, 6:00 to 8:00pm

Where: Mount Pleasant Home, 301 South Huntington Ave., Jamaica Plain

RSVP: For more info or to RSVP - www.ethocare.org or call (617) 522-6700x306

Sponsored by: Ethos Equality Fund, Mount Pleasant Home, Boston Commission on the Affairs of the Elderly

BRAINTREE

Monthly Brunch for LGBT Seniors & Friends

When: Last Saturday of Every Month, 10am to 12pm (Except November and December) but there will be a Christmas Party on December.

Where: All Souls Unitarian Church, 196 Elm Street, Braintree

RSVP: 781-848-3910x372 Linda Kelly and <http://www.meetup.com/South-Shore-LGBT-Seniors>

Sponsored by: South Shore Elder Services

CAMBRIDGE

Kate's Café @ Ryles

When: 4th Wednesday of Every Month, 6:00pm to 8:00pm

Where: Ryles, 212 Hampshire Street, Inman Square/Cambridge

RSVP: by Friday before - call (617) 628-2601 x3193 Melissa Bryant or lgbtcafe@eldercare.org

Getting There: MBTA Bus 68, 69, 83, 91 stops nearby*

Parking: Three S&S Restaurant parking lots & street parking

**Transportation available upon request for Cambridge and Somerville residents 60 and over who have difficulty taking public transportation or The Ride*

Sponsored by: Somerville Cambridge Elder Services

FAIRHAVEN

Fairhaven Supper Club

When: 4th Wednesday of the month, 5 p.m. to 7 p.m.

Where: Fairhaven Council on Aging, 229 Huttleston Ave, Fairhaven, MA

RSVP: (508) 979-4029

Sponsored by: The Fairhaven Council on Aging, in partnership with Coastline Elderly Services

MALDEN

Mystic Tea

When: 3rd Tuesday of every month, 4:00pm – 6:00pm

Where: Mystic Valley Elder Services, 300 Commercial St. #19, Malden

RSVP: Vida Poole at 781-388-2375 or email: vpoole@mves.org

Sponsored by: Mystic Valley Elder Services

MERRIMAC

LGBT Senior Social Connection

When: 3rd Thursday of the month, 6:30 p.m. to 8 p.m.

Where: Merrimac Senior Center, 100 East Main Street, Merrimac (Rt. 110)

RSVP: Ron Bourque at Elder Services of Merrimac Valley 978-946-1476 or RBourque@ESMV.org; or Laura or Gerry at the Senior Center, (978) 346-9549 Ldmailman@townofmerrimac.com

Sponsored by: Merrimac Council on Aging and Elder Services of Merrimac Valley

NEWTON

Dinner with the Newton Department of Senior Services Lesbian Gay Bisexual Transgender & Friends

When: 3rd Wednesday of each month, 6:00 pm to 7:30 pm

Where: Newton Senior Center, 345 Walnut Street, Newtonville

Getting there: Accessible by MBTA bus lines 59, 503 and 504 & commuter rail. Taxi vouchers available for Newton residents. Parking available.

RSVP : Allanah Seidmann 617-796-1670 or email ilevine@newtonma.gov

SALEM

Over The Rainbow Supper Club

When: 2nd Tuesday of every month, 5:00pm to 6:00pm

Where: House of Seven Gables, 115 Derby Street, Salem

RSVP: (978) 624-2261, Lisa Orgettaf

Sponsored by: The Old and Bold Coalition of North Shore Elder Services

SHARON

Lakeside Cafe

When: 3rd Monday of every month, 11:00am to 1:00pm

Where: Sharon Adult Center, 219 Massapoag Ave., Sharon

RSVP: to Jayne Davis, HESSCO (781) 784-4944 or jdavis@hessco.org

Transportation: Call Nancy Weiner, Sharon Adult Center (781) 784-8000

Sponsored by: HESSCO Elder Services and Sharon Adult Center

SOMERVILLE

Not provided at this time (as of Nov 2015)

WORCESTER

Rainbow Lunch Club

When: 2nd Wednesday of every month, 12:00 to 2:00pm

Where: Unitarian Universalist Church of Worcester 90 Holden Street, Worcester

RSVP: For more info or to RSVP by first Wednesday [508\) 756-1545 ext.339](tel:5087561545) / wlen@eswa.org

Sponsored by: Elder Services of Worcester Area, Worcester LGBT Elder Network, Unitarian Universalist Church of Worcester

Somerville Cambridge Elder Services (SCES)617-628-2601

61 Medford Street, Somerville, MA 02143 / www.eldercare.org

Helps older adults remain safe and independent in their own homes by providing a wide range of supportive services. Offers resources, information, advice, and services to seniors, caregivers and disabled people in the community. SCES has partnered with the LGBT Aging Project to establish an LGBT Task Force. Our mission: "SCES is committed to policies and procedures that are inclusive for LGBT individuals. We provide ongoing staff education and training regarding LGBT issues, and ongoing outreach efforts to LGBT older adults, caregiver, families and community agencies. Our mission is to increase awareness and visibility of the LGBT older adult community."

HEALTH

AIDS Action Committee.....617-437-6200

Local office/Cambridge Cares About AIDS, 359 Green Street, Cambridge, MA 02139 / www.aac.org
Community-based health organization whose mission is to stop the HIV/AIDS epidemic by preventing new infections and optimizing the health of those already infected. Provides services, education, advocacy and prevention.

Association of Gay and Lesbian Psychiatrists (AGLP).....Roy Harker, 215-222-2800

4514 Chester Avenue, Philadelphia, PA 19143 / www.aglp.org
Educates and advocates on LGBT mental health issues and provides referrals to LGBT-friendly providers.

Boston Living Center.....617-236-1012

29 Stanhope Street, Boston, MA 02116 / <http://www.vpi.org/boston/>
Community drop-in center for people living with HIV/AIDS. Offers peer support, congregate meals, arts, educational seminars, social activities, and referrals to alternate health care.

Fenway Health.....617-267-0900

1340 Boylston Street, Boston, MA 02215 / www.fenwayhealth.org
Community Health Center serving the needs of the LGBT community. Offers mental health services, ongoing support groups, and medical services.

Multicultural AIDS Coalition.....617-442-1622

31 Heath Street, Jamaica Plain, MA 02130 / www.mac-boston.org
The mission of the Multicultural AIDS Coalition (MAC) is to mobilize communities of color to end the HIV/AIDS epidemic. They also support broader community efforts to eradicate conditions that fuel the epidemic, including substance abuse, lack of health care access, homelessness, incarceration and oppression based on race, ethnicity, gender and sexual orientation. Programs provided include: prevention & screening, client support & services, community mobilization, technical assistance & capacity building, research, public policy & advocacy.

New England Association on HIV Over Fifty (NEAHOF)

38 Chauncy Street #500, Boston MA 02111 <http://hivoverfifty.org/>
Promoting availability of a full range of educational, prevention, service and health care programs for people 50+ affected by HIV.

Somerville Council on Aging – FIT 4 LIFE617-625-6600 x2315

167 Holland St., Somerville, MA
LBT Women’s Fitness & Nutrition program. Meets every Tuesday & Thursday evening at 6pm. There is a \$10 monthly charge, scholarships available & sometimes covered by insurance. For more information, call Chris at x 2315 / ckowaleski@somervillema.gov.

The Triangle Program at Arbor-HRI Hospital.....800-222-2237

227 Babcock Street, Brookline, MA 02446 / www.arbourhealth.com

Partial hospitalization program that comprehensively responds to the complex mental health needs of LGBT people. Provides treatment for LGBT individuals who are dealing with co-occurring mental health issues, including trauma and/or substance disorders.

SUPPORT GROUPS

Alcoholics Anonymous617-426-9444

<http://www.geocities.ws/dallasuapace/aa.html>

Listing of gay-friendly AA meetings in Boston and Cambridge.

Fenway Health.....617-267-0900

1340 Boylston Street, Boston, MA 02215

www.fenwayhealth.org

Para Información en Español, 617-927-6460

LGBT Helpline, 617-267-9001 / 888-340-4528

Community Health Center serving the needs of LGBT community. Offers mental health services, ongoing support groups, and medical services. Call the main number or visit website for other groups of interest.

LGBT Senior Support Services and LGBT Bereavement Groups: Bob Linscott, LGBT Aging Project, 857-313-6590

Therapy and Support Groups: Behavioral Health, 617-927-6202

Greater Boston Parents, Families, and Friends of Lesbians and Gays (PFLAG).....781-891-5966

85 River Street, Suite 3A, P.O. Box 541619, Waltham, MA 02454 / www.pflag.org **866-427-3524**

Helping to change attitudes and create an environment of understanding toward LGBT community through support, education and advocacy.

K Street508-450-8695

Office: 74 Kilmarnock Street, Boston, MA 02215 / www.k-street.com

Mail: K-Street Facility Committee, P.O. Box 230358, Boston, MA 02123

Safe meeting space for members and friends of the gay, lesbian, bisexual & transgender community who are seeking recovery from addictions, abuse and/or discrimination. Several groups are offered.

LGBT Caregiver Support GroupLGBT Aging Project, 857-313-6590

This is a free monthly group that welcomes new members to talk about the impact of providing care for a partner, parent, sibling, spouse or friend. Come for stress relief, resources and understanding.

The group meets the first Monday of the month, 6pm – 7:30 pm in Jamaica Plain, MA. Sponsored by the LGBT Aging Project and the Caregiver Alliance of Suffolk County.

The Network/La Red617-695-0877

P.O. Box 6011, Boston, MA 02114 / www.thenetworkla-red.org

Survivor-led organizing to end partner abuse. The Network/La Red hotline provides emotional support, information, short-term emergency safehome and safety planning for lesbian, gay, bisexual, queer and/or transgender (LGBQ/T) folks, as well as folks in SM/Kink and polyamorous communities who are being abused or have been abused by a partner(s).

New England Gay, Lesbian, Bisexual & Transgender Veterans, Inc617-628-2810
P.O. Box 657, Canton, MA 02021 / www.newengland-glbvets.com
Support organization for LGBT and heterosexual active duty, reserve and veteran members of the United States Armed Forces, their families, friends and supporters.

Women with HIV**Sandy McLaughlin, 617-724-0050 / Jennifer Kubic, 617-724-2476**
A membership group of women who meet twice monthly to offer mutual support to others living with HIV. This group is offered thru Massachusetts General Hospital and meets the 1st and 3rd Friday of the month.

SOCIAL GROUPS

Bisexual Resource Center (BRC)617-424-9595
P.O. Box 1026, Boston, MA 02117/ biresource.net
An international organization providing education about and support for bisexual and progressive issues. Resources also available through Facebook, Tumblr, and Twitter.

Boston Gay Men's Chorus617-542-7464
Office: 95 Berkeley Street, Suite 410, Boston, MA 02116 / www.bgmc.org
One of New England's largest community-based choruses. Holds auditions in September and January.

Boston Prime Timers617-447-2344
566 Columbus Avenue, Boston, MA 02118 / www.bostonprimetimers.org
Boston-area social network of mature gay and bisexual men. Meets one Saturday each month.

Cambridge Men's Group
www.cambridgemen.org / CambridgeMen@comcast.net
A social group for gay and bi men and their friends. The group meets regularly for social & other events, either at member's homes, local restaurants, theater or movie excursions, day trips, etc. Members live or work in Cambridge, Somerville, Arlington, Medford, Boston & beyond.

Cambridge Women's Center617-354-8807
46 Pleasant Street, Cambridge, MA 02139 / www.cambridgewomenscenter.org
Resources, info, networking, referrals, social & support groups, and individual counseling. Offers several support groups, including a Coming Out Discussion Group for women of all ages.

Compass.....
Website: <http://www.compassftm.org/index.html> / Email: compassftm@gmail.com
New England area female-to-male (FTM) trans support, information, and social group for people assigned female at birth who feel that is not an accurate or complete description of their gender.

Keshet617-524-9227
284 Amory Street, Jamaica Plain, MA 02130 / <http://www.keshetonline.org/>
Inclusive community for LGBT Jews in Greater Boston.

Lesbians Available for Fun and Networking (LAFFAN)

P.O. Box 324, Lynnfield, MA 01940 / <http://www.reocities.com/westhollywood/park/6642/join.html>
Boston-area social organization offering a wide variety of social events.

Old Lesbians Organizing for Change (OLOC)

P.O. Box 5853, Athens, OH 45701 / www.oloc.org
National network of lesbians 60+ confronting ageism through education and public discourse.

OUTVETS.....617-600-8186

Boston, MA / www.outvets.com
Fosters community among LGBTQ veterans and active service members. Raises the visibility of this community through their Living History Project.

Ova4D

<http://groups.yahoo.com/group/Ova4D>
Ova4D is a social group for lesbians and bisexual women born women, over the age of 40 in the Boston, MA area. We're all about building community, supporting each other, and having fun. Members may post social events for our community on our message board, and propose "meetups" via email to the Organizer.

Rainbow Lifelong Learning Institute (LLI)

www.Rainbowliboston.org / rainbowliboston@gmail.com
Offers lesbian, gay, bisexual and transgender seniors and friends the opportunity to build and strengthen community through educational programs and social activities.

RALLY

www.meetup.com/RALLY/
Boston-area social group providing opportunities for LBT women 55 and older (and their partners of any age) to gather together in a supportive atmosphere. Offers both small and large social, recreational, and cultural events.

Somerville Council on Aging 617625-6600 x2300

<http://www.somervillema.gov/departments/council-on-aging> / MBastardi@Somervillema.gov
LGBTQ event night the 3rd Monday of every month with the exception of City Holidays and snow emergencies. The Atrium has been booked for 5:30 PM on these days. Contact Maureen Bastardi for more information on event details.

Stonewall Communities Lifelong Learning Institute (LLI).....617-287-7312

https://www.umb.edu/olli/sigs/stonewall_at_olli
Community-building and learning, by and for older lesbians and gay men and their allies. Offers study groups, social events, day trips and workshops on diverse topics at UMass Boston. Email ollireg@gmail.com for more information.

Tiffany Club of New England781-891-9325

P.O. Box 540071, Waltham, MA 02454 / www.tcne.org
A non-profit social and support club for transgender people in the New England region.

Voices Rising617-396-7086
P.O. Box 300476, Jamaica Plain, MA 02130 / www.voicesrising.org
Women's chorus: We sing together to give voice to our lives, identities and beliefs, and to celebrate the diverse lesbian, gay, bisexual, transgender and women's communities in and around Boston. The chorus meets Tuesday evenings, 6:30-9:30, First Church Boston, 66 Marlborough Street, Boston. Auditions required. Please e-mail auditions@voicesrising.org for more information.

FAITH COMMUNITIES

Am Tikva.....617-383-9539
P.O. Box 1268, Brookline, MA 02446 / www.amtikva.org *Boston-area community of LGBT Jews.*

College Avenue United Methodist Church.....617-776-4172
14 Chapel Street, Somerville, MA 02144 / www.collegeaveumc.org

Congregation Eitz Chayim617-497-7626
136 Magazine Street, Cambridge, MA 02139 / www.eitz.org

Dignity/Boston (Catholic).....617-421-1915
Office: Boston Living Center, 29 Stanhope St., Boston, MA 02116 / www.dignityboston.org
Mail: P.O. Box 408, Boston, MA 02117
Weekly Liturgy: Sundays at 5:00 p.m., St. John Stephen's Church, 419 Shawmut Avenue, Boston

First Congregational Church of Cambridge, United Church of Christ617-547-2724
11 Garden Street, Cambridge, MA 02138 / www.firstchurchcambridge.org

First Church Somerville, United Church of Christ617-625-6485
89 College Avenue, Somerville, MA 02144 / www.firstchurchsomerville.org

First Parish Cambridge, Unitarian Universalists.....617-876-7772
3 Church Street, Cambridge, MA 02138 / www.firstparishcambridge.org

Memorial Church (United Ministries of Harvard University)617-495-5508
1 Harvard Yard, Cambridge, MA 02138 / www.memorialchurch.harvard.edu

Old Cambridge Baptist Church.....617-864-9275
1151 Massachusetts Avenue, Cambridge, MA 02138 / www.oldcambridgebaptist.org
A progressive, liberal American Baptist Congregation, with a lesbian and gay group.

Tremont Street Shul.....617-864-6388
8 Tremont Street, Cambridge, MA 02319 / www.tremontstreetshul.org
An independent synagogue in Cambridge offering both egalitarian and orthodox services on the Sabbath. We offer a warm, friendly environment to our members and guests. Please note our sanctuary is handicap accessible, however our restrooms and function space are not. Email office@tremontstreetshul.org.

LEGAL SERVICES

Gay & Lesbian Advocates and Defenders (GLAD).....617-426-1350
30 Winter Street, Suite 800, Boston, MA 02108 / www.glad.org
Legal rights organization dedicated to ending discrimination based on sexual orientation, HIV status, and gender identity and expression. Provides litigation, advocacy and education. Operates legal information and referral hotline between 1:30 and 4:30 Mon-Fri.

Greater Boston Legal Services (GBLS)

www.gbbs.org

Main Office: 197 Friend Street, Boston, MA 02114.....617-371-1234
Cambridge/Somerville Legal Services (CASLS)617-603-2700
60 Gore Street, Suite 203, Cambridge, MA 02141
Provides free civil legal advice and services through several different programs: Senior Citizens Law Project, Medicare Advocacy Project, LGBT Elder Legal Rights Project.

ADVOCACY

American Civil Liberties Union (ACLU).....617-482-3170
211 Congress Street, Boston, MA 02110 / www.aclu.org
Works to defend and preserve individual rights and liberties specifically regarding Constitutional Law, including First Amendment rights, equal protection, due process, privacy rights, police brutality and the rights of society's most vulnerable. They do not work with issues surrounding Family Law. They are familiar with LGBT rights and issues.

Cambridge GLBT Commission617-349-4329
795 Massachusetts Ave, Cambridge, MA 02139 / www.cambridgema.gov/glbts/
The GLBT Commission meets monthly to work on LGBT issues in the city, and is open to the public.

The History Project617-266-7733
29 Stanhope Street, Boston, MA, 02116 / www.historyproject.org
Non-profit documenting the history of lesbian, gay, bisexual, transgender, and queer communities of Boston and the greater New England area. Extensive archives of LGBTQ community history.

Human Rights Campaign (HRC)202-628-4160
1640 Rhode Island Ave., N.W., Washington, D.C. 20036-3278 / www.hrc.org
Civil rights organization working to achieve lesbian, gay, bisexual and transgender equality.

The LGBT Aging Issues Network (LAIN).....415-974-9641
575 Market Street, Suite 2100, San Francisco, CA 94105 / www.asaging.org/LAIN

A constituent group of the American Society on Aging (ASA). Works to raise awareness about the concerns of LGBT older adults. Their website provides a directory of resources on LGBT aging, articles in group newsletter, and information on events & activities.

LGBT Aging Project at Fenway Institute.....857-313-6590

1340 Boylston St., Boston, MA 02215 / www.lgbtagingproject.org

Works to ensure that lesbian, gay, bisexual, and transgender older adults have equal access to the life-prolonging benefits, protections, services, & institutions that heterosexual neighbors take for granted.

Mass Equality617-878-2300

14 Beacon Street, Suite 620, Boston, MA 02108 / www.massequality.org

MassEquality is the leading statewide grassroots advocacy organization working to ensure that everyone across Massachusetts can thrive from cradle to grave without discrimination and oppression based on sexual orientation, gender identity, or gender expression.

National Gay and Lesbian Task Force (NGLTF) www.thetaskforce.org

Local Office: 1151 Mass. Ave., Cambridge, MA 02138.....**617-492-6393**

National Office: 1325 Mass. Ave. NW, Suite 600, Washington, DC 20005.....**202-393-5177**

Civil rights and advocacy organization working to build the grassroots political strength of the LGBT community by training state and local activists and leaders, working to strengthen the infrastructure of state and local allies, and organizing broad-based campaigns to build public support for complete equality for LGBT people.

Services and Advocacy for GLBT Elders (SAGE).....212-741-2247

305 7th Avenue, 15th Floor, New York, NY 10001 / www.sageusa.org

Non-profit agency dedicated to serving lesbian, gay, bisexual, and transgender older adults. Provides programs and services for the aging LGBT community, technical assistance and training to expand opportunities for LGBT older adults across the country, and provides a national voice on LGBT aging issues.

Somerville Commission for the LGBT Community.....617-625-6600 x2404

Andra Oshinsky, LGBTQ Liaison

City Hall Annex, 50 Evergreen Avenue, Somerville, MA 02145

Contact with suggestions, concerns or complaints regarding city programs, policies and procedures.

Transgender American Veterans Association (TAVA)718-849-5665

PO Box 4513, Akron, OH 44310 / www.tavausa.org

Works to ensure that transgender veterans receive appropriate care for medical conditions. Educates the Department of Veterans Affairs (VA) and the Department of Defense (DoD) on issues regarding fair and equal treatment of transgender and transsexual individuals. NOT an emergency number

Veterans Crisis Hotline800-273-8255

NEWSPAPERS & ONLINE NEWS

The Advocate www.advocate.com

Bay Windows www.baywindows.com

Gaygull www.gaygull.com

The Huffington Post, Gay Voices www.huffingtonpost.com/gay-voices

LGBTQ Nation www.lgbtqnation.com

The Rainbow Times www.therainbowtimesmass.com