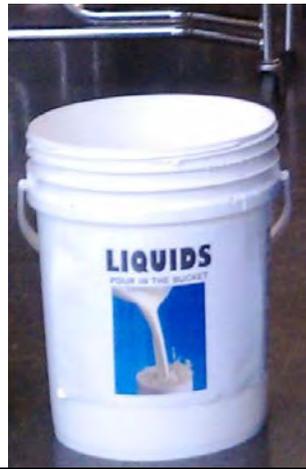




TRASH

- Condiments Packets (sugar, sweet & sour, syrup)
- Drink & Food Pouches
- Foil with food on it*
- Forks, Knives, Spoons, Sporks
- Plastic Bags & Wrappers (carrot bags, cheese stick wrappers, chip & cookie bags, plastic wrap, sandwich bags, spork wrappers)
- Plastic Containers with food on it* (applesauce cups*, yogurt cups*, mini cups (like at Tasting Day, too dirty and small))
- Tissues
- Straws

*Too dirty to recycle at school. At home, please rinse and recycle.



LIQUIDS

- Drinks (juice, milk, water, etc.)
- Ice
- Soup



EMPTY CONTAINERS (no food or liquids)

- Aluminum Cans
- Foil
- Juice Boxes
- Juice Cups
- Milk Cartons
- Soup Cans
- Stiff Plastic Containers (dried seaweed container, Lunchables tray, salad clamshell (a little dressing is OK))

CLEAN PAPER & CARDBOARD (no napkins or paper towels)



ALL FOOD (no liquids or soup)

- Yogurt is OK!
- **Take all food out of wrappers**

DIRTY PAPER

- Napkins
- Paper Bags (empty)
- Paper Condiment Cups
- Paper Towels
- Waxed Paper



EMPTY STYROFOAM

- Trays
- Bowls



COMPOST THAT STUFF
FOOD TO FLOWERS

Questions?

Contact Meryl Brott, Recycling Program Manager, DPW:
617-349-4836 or mbrott@cambridgema.gov



Some composting tips to share with students:

Before getting up to discard your "waste":

UNWRAP

- Remove food from wrappers -- worms can't eat plastic or foil.

Buildings without an upper school still have spork kits, so...

- Take your napkin out of the spork wrapper. Worms can eat paper because it's made from plants!

AND:

STRAWS OUT

- Take your straw out of the drink container.

DRINK IT UP, OPEN IT UP

- Try to finish all your drink. If you can't, enlarge the opening so the liquid pours out faster.

PILE YOUR PLASTICS

- Put all plastic wrappers, utensils, straws, etc. together to make it easier to put them in the trash.

TRASH FIRST

- Start at the Trash barrel and then go to the Liquids, Recycling, Compost, Styrofoam.
- When you get to the yellow compost barrel there should be only food on your tray so you can dump all food into the compost. Then place your empty tray in the clear bag.



Questions?

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